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Title: Instability in the geological regulation of Earth's climate

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Abstract: Negative feedback between climate and atmospheric CO₂, as mediated via weathering of silicate minerals, is thought to provide the dominant regulation of Earth's climate on
 geological timescales. In contrast, we show here that faster feedbacks involving organic matter are critical and create unexpected instability in the system. Specifically, using an Earth system model, we show how organic carbon burial, amplified by climate-sensitive phosphorus feedbacks, can dominate over silicate weathering, inducing a cooling 'over-shoot' and, paradoxically, an ice age in response to massive CO₂ release. This instability in the Earth system is most strongly expressed in the model at intermediate redox states of the ocean and atmosphere, offering a novel explanation for the occurrence of past 'snowball' climates as the Earth's surface became appreciably oxygenated.

25 **One-Sentence Summary:** Organic carbon burial, supercharged by climate-sensitive phosphorous feedbacks, can turn warming events into ice ages.

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Main Text: Negative feedback must help regulate Earth's climate on geological timescales (here: ca. 100,000 years or more), otherwise even small imbalances between rates of mantle carbon (C) input and removal from the ocean-atmosphere-biosphere system would inexorably lead to unbounded warming (excess input) or cooling (excess removal) (1, 2). The principal stabilizing mechanism is widely assumed to derive from: (i) the climate-sensitive weathering rate of (Ca and Mg-bearing) silicate minerals at the Earth's surface and the associated removal of CO₂ from the atmosphere, and (ii) the atmospheric-CO₂ sensitivity of surface climate – together known as the 'silicate weathering feedback' (3, 4; Fig. 1). The response of such a self-regulating 35 system to an initial perturbation, such as the injection of CO₂ into the atmosphere and associated induced climate warming, is a monotonic decrease in the partial pressure of CO₂ in the atmosphere (pCO_2) and cooling back towards the baseline (pre-perturbation) state of climate and global carbon cycling. This decrease in pCO_2 is driven by a well-studied sequence of ocean geochemical and marine sedimentary processes, with silicate weathering being the ultimate 40 (slowest) sink for excess CO₂, operating on a model-estimated timescale of ca. 200 – 300 kyr (5,6). Terrestrial silicate weathering feedback (together with the alteration of oceanic basalts via subsurface circulation of seawater (7, 8)) should have been active and provided stabilizing feedback on climate since the inception of plate tectonics on Earth (9). However, the episodic occurrence of extreme cooling and 'snowball Earth' events (10,11) and massive organic matter 45 deposition in response to warming events (e.g., 12), suggests that additional processes are required to fully understand the regulation of climate on geological timescales.

As life evolved on Earth, carbon capture by CO₂ reaction with silicate rocks and subsequent removal by carbon burial in the form of calcium (and magnesium) carbonates (CaCO₃) in marine sediments was supplemented by carbon removal in the ocean (and later, at the land surface) in 50 the form of organic matter, i.e., carbon fixed by photo- (or chemo-) synthesis which escapes bacterial degradation to be buried in accumulating sediments (13). Although organic matter burial is modulated by temperature and oxygen together with the mineralogy and accumulation rates of other sediment phases (14), ultimately, nutrient availability and the total rate of biological primary productivity that can be supported must exert overall control (13, 15). Here 55 we focus on the global cycle of phosphorus (P) (16 - 18), both as a principal component of the control of organic matter production, as well as providing additional feedback with climate. Firstly, as is the case for silicate minerals, the weathering rate of phosphorus-bearing minerals such as apatite (together with a lesser contribution from kerogens (ancient organic matter)) is climate-sensitive (19, 20). In the absence of limitation by additional nutrients (fixed nitrogen, 60 dissolved iron), higher rates of P weathering and supply to the ocean will support enhanced rates of primary production and hence organic carbon (C_{org}) burial in marine sediments – a negative feedback on climate (Fig. 1). Secondly, increased seafloor de-oxygenation, driven by increased organic matter production and remineralization, will promote PO₄³ regeneration from the sediments (21). The resulting increased oceanic PO₄³⁻ inventory will further increase primary 65 production in a positive feedback, which in turn, and critical to this study, amplifies the C_{org} burial negative feedback on climate (Fig. 1).

That these feedbacks operate is supported by the geological record of events such as 'Ocean Anoxic Event 2' (OAE2) – a severe carbon cycle and climate perturbation during the Cretaceous at ~93 Ma. OAE2 follows an interval of elevated volcanism and CO₂ release and is characterized by the global occurrence of black shales (12) (indicating enhanced C_{org} burial) together with anomalously high sedimentary (organic) C/P ratios (22) (indicating enhanced PO₄³⁻ regeneration). However, while the potential role of the organic matter sub-system in climate

recovery has previously been explored in numerical modeling of specific events such as OAE2 (23), transient warming at the Paleocene-Eocene boundary (the Paleocene-Eocene Thermal Maximum – 'PETM') (24), and cooling associated with Late Ordovician glaciation (25), missing has been a full appreciation of how this leads to a very different underlying dynamic to the geological regulation of Earth's climate as does silicate weathering alone.

With a series of numerical experiments using the cGENIE 'muffin' Earth system model (26), we illustrate how the evolution of life and progressive surface oxygenation of the Earth 80 paradoxically gives rise to climate instability rather than increasingly robust regulation. We configure the model (Materials and Methods) using an idealized continental arrangement (so as to be independent of any particular time in Earth's history). We include the set of inorganic (CO₂ consumption via silicate weathering plus CaCO₃ preservation in marine sediments) and organic $(CO_2 \text{ and } PO_4^{3-} \text{ release via kerogen and apatite (P-only) weathering on land plus$ 85 parameterizations of C_{org} and P preservation in marine sediments) global carbon cycle processes that together constitute the primary long-term feedbacks with climate (as outlined above). In a first set of model experiments (see Table 1), we isolate different combinations of C and P feedbacks to illustrate which processes promote climate destabilization as opposed to stabilization (results of all possible feedback combinations are given in SM). Our second set of 90 experiments takes the form of a limited (4x4) gridded parameter ensemble over which we vary the initial strength of the marine biological pump and atmospheric pO_2 to explore how the relative strengths of key feedbacks may have varied through Earth's history. All experiments (both series) are run for a total of 400 kyr starting from a common initial steady state (from 1112 uatm, Materials and Methods) and are perturbed by a total release of 10,000 PgC, which is 95 released evenly over the first 10 kyr of the simulation (i.e., 1 PgC yr⁻¹) – comparable to inferred rates associated with well-studied past events such as the PETM (24) and the end-Permian mass extinction (27).

Isolating different carbon and phosphorus feedbacks

We start by illustrating the consequences of a 'classic' silicate-weathering-only response to 100 perturbation (e.g., as per (5, 6)) – experiment 'fixedCwCbPwPb' (Table 1). The model simulates a peak pCO_2 value of 4068 µatm at the end of the 10 kyr interval of CO_2 emissions, after which, and as expected from previous studies, there is a simple monotonic decline (here reaching 1317 µatm by 400 kyr) (Fig. 2a). In contrast, if we add organic carbon weathering and Corg burial to silicate weathering and CaCO₃ burial ('fixedPwPb'), we obtain runaway greenhouse warming. 105 This is because CO₂ released from kerogen weathering provides a positive feedback that is stronger than the negative silicate weathering feedback, while the global rate of C_{org} burial (and the related negative feedback on climate) responds only weakly (Fig. 2h). However, two notable changes occur if we add responsive P weathering and burial to complete the set of all feedbacks encoded in the model ('fixedNONE'), as illustrated in Fig. 1. Firstly, *p*CO₂ decreases much 110 faster following the end of carbon emissions than in the silicate-weathering-only scenario ('fixedCwCbPwPb'). Secondly, and unexpectedly, *p*CO₂ overshoots the initial value some 80 kyr into the experiment to create a cooler climate than in the initial state and with more expansive sea-ice cover (Fig. 2a, b, c). This 'over-cooling' persists for ~150 kyr until pCO₂ and climate rebound back above the initial state, creating a damped oscillatory response to the perturbation. 115 Damped oscillatory responses are not unexpected in systems with multiple interacting feedbacks and have been seen in mathematical representations of the interaction between ice sheet dynamics and carbon cycling (28) as well as, more, recently in ocean circulation models (29).

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We note that with all feedbacks activated, climate instability exists even in the corresponding control experiment in which there is no CO₂ release or explicit initial perturbation (SM, Fig. S3).

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Our findings do not qualitatively depend on the assumption that the global carbon kerogen weathering flux is significant and/or climate-dependent. For instance, comparing experiments 'fixedCw' (invariant kerogen weathering) and 'fixedNONE' demonstrates that adding a positive kerogen weathering CO_2 feedback in the latter configuration only leads to a slightly longer-lasting initial interval of elevated pCO_2 (Fig. 2a). This, in turn, further increases the total (time-integrated) weathering supply of P to the ocean (Fig. 2d, 2f) and hence ultimately amplifies the magnitude of climate over-cooling by a further 1.7°C (Fig. 2b). Testing additional combinations of feedbacks reveals that an initial warming-induced increase in the oceanic PO_4^{3-} inventory from weathering is a pre-requisite to activating strong positive P (and negative C_{org} burial) feedbacks (contrast 'fixedPw' vs. 'fixedNONE'). Conversely, fixing P burial ('fixedPb') prevents the oceanic PO_4^{3-} inventory from ever returning to its initial value. In this scenario, continuously elevated biological productivity and C_{org} burial eventually induce a fully ice-covered snowball state in the model (Fig. 2).

The possibility of over-cooling in response to a warming trigger is also evident in the model results of Papadomanolaki et al. (23), who simulate transient global carbon cycle dynamics 135 across OAE2. Although OAE2 is widely recognized to be an initially volcanism-driven warming event, an abrupt temperature drop of ca. $4 - 11^{\circ}$ C occurred during the recovery interval of black shale deposition and elevated carbon isotopic composition (δ^{13} C, (30, 31)) – the so-called Plenus Cold Event. A transient cooling episode, characterized by elevated C_{org} burial and $\delta^{13}C$, during recovery is qualitatively consistent with our model findings (Fig. 2h, i). Although the box model 140 used by Papadomanolaki et al. (23) (LOSCAR-P; (32)) differs from our model in resolution and whether climate dynamics (e.g., ocean circulation) and feedbacks (e.g., sea-ice extent) are accounted for, it includes comparable representations of the same key C and P feedback processes. This leads us to conclude that the critical combination of C and P feedbacks enables over-cooling and, furthermore, that this is an inherent and fundamental property of the Earth 145 system. To increase confidence in our inference, we additionally repeat the main perturbation experiments (Table 1) but with a very different idealized continental arrangement and substitute a mechanistic, oxygen- and burial-rate-dependent representation of Corg preservation (33) in place of the empirical schemes (Materials and Methods). We find an almost identical dynamical response (SM). 150

Quantifying feedback strength over Earth history

Critically, the key feedbacks we identify are not invariant through geological time. Because (a) terrestrial weathering responds to changes in continental configuration and evolutionary innovations in land plants (*34*), and (b) sedimentary P-regeneration is sensitive to the oxygenation state of the ocean (and atmosphere) (*18*, *21*), the relative strengths of the feedbacks and hence how climate is regulated, will have changed as the Earth surface evolved. To illustrate this, we consider all feedbacks acting together but now change their relative strengths. We do this by initializing the model with different plausible boundary conditions spanning at least the past ca. 600 million years. Specifically, we explore variability in (i) atmospheric oxygen (pO_2 , in the range: x0.4 to x1.0 modern (0.21 atm)) and (ii) ocean PO_4^{3-} inventory (range: x0.6 to x1.2 modern (2.1 µmol kg⁻¹)). Variability in pO_2 is chosen to modulate P burial rates via the influence of ocean oxygenation on the fraction of PO_4^{3-} that is regenerated (*21*) (this also has a minor secondary impact on C_{org} burial). Whereas changes in $[PO_4^{3-}]$, by controlling biological export, modulates both C_{org} and P_{org} burial rates (as well as seafloor oxygenation and hence PO_4^{3-} 165 regeneration). The 16 parameter combinations of initial pO_2 vs. $[PO_4^{3-}]$ create a wide range of steady-state C_{org} and P burial rates (Fig. 3a, b), P residence times (Fig. 3c), and hence feedback strengths. We then run the same 400 kyr-long carbon perturbation experiments as before (plus controls). Note that we do not aim to simulate the long-term evolution of atmospheric oxygen itself in these experiments, although atmospheric pO_2 can evolve in our simulations in response to changes in organic carbon burial.

For each member of the model parameter ensemble, we summarize the response as the difference between the initial value of pCO_2 (~1112 µatm) and the minimum value reached at any time following the end of the 10 kyr interval of carbon emissions (Fig. 3d, full experimental time series are given in SM). In this analysis, a small positive value is consistent with a monotonic decrease of atmospheric CO_2 back towards (but not yet reaching) the baseline state (i.e., a classic silicate weathering feedback response), whereas a negative value indicates cooling over-shoot. Fig. 3e shows at what time during the experiment the post-emissions pCO_2 minimum occurs. Different stability regimes become apparent, with higher initial ocean $[PO_4^{3-}]$ generally tending to amplify the cooling over-shoot (Fig. 3d), while higher atmospheric pO_2 accelerates climate recovery (Fig. 3e). A 'sweet spot' occurs for a combination of intermediate pO_2 in conjunction with modern or slightly elevated $[PO_4^{3-}]$, when pCO_2 falls below preindustrial (278 ppm, i.e., a negative deviation of ≥ 850 µatm – ensemble members #7, #8, #12 in Fig. 3d). These 'glaciation' experiments correspond to high rates of C_{org} but only intermediate P burial (Fig. 3f).

At low initial atmospheric pO_2 in our model, P regeneration is already close to its maximum limit (and sedimentary C/P is far higher than 'Redfield', Fig. S6d), which, in conjunction with a 185 long P residence time (Fig. 3c) supports only weak positive P feedback. The linked negative C_{org} burial feedback (Fig. 1) is hence also weak, resulting in only gradual and mild over-cooling (#1 – #4, Fig. 3d, e). In contrast, at high pO_2 (#14 – #16), sedimentary C/P is initially low and close to Redfield (Fig. S6d), while P burial (and weathering) is elevated. The resulting short P residence time, in conjunction with only a weak P regeneration response, due to initially well-oxygenated 190 conditions, enables ocean PO_4^{3-} to be efficiently restored back to pre-perturbation concentrations (SM, Fig. S4v, x), leading to rapid but only mild over-cooling (Fig. 3d, e). The choice of initial ocean PO₄³⁻ concentration exerts a more predictable overall control, with faster and more intense over-cooling generally scaling with PO_4^{3-} inventory. As noted, intense ice ages ('snowballs') occur in the model under relatively high ocean PO_4^{3-} inventories but only under intermediate 195 states of ocean (and atmosphere) oxygenation (#7, #8, #12; Fig. 3d, e), which we suggest offers a novel insight into the climate history of Earth.

Implications for Earth's climate regulation

Two episodes of global-scale glaciation are known from the geological record: the Huronian200glaciations during the Paleoproterozoic (2.45 - 2.22 Ga (35, 36)) and then during the late
Neoproterozoic, the Sturtian (onset 717.5 to 716.3 Ma (37)) and Marinoan glaciation (onset
649.9 to 639.0 Ma (37)). Likewise, the history of atmospheric oxygen is characterized by two
primary transitions. The first – the 'Great Oxygenation Event' – occurred 2.5-2.3 Ga (38), thus
approximately coincident with (or closely preceding) the first Huronian glaciation (39), and205could have seen pO_2 climb towards present-day values before dropping back down. The second
rise in oxygenation back again towards more modern-like values occurred between ~800 - 540
Ma and was thus closely associated in time with the Sturtian and Marinoan (37, 38). Previous
authors have linked the occurrence of glaciation and oxygenation via the highly redox-sensitive
methane (CH4) cycle and greenhouse forcing (40, 41) or entirely oxygen-independent210mechanisms such as carbon drawdown from the silicate weathering of fresh basalts associated

with Rodinia breakup (42, 43). While not exclusive of other mechanisms, we propose that changes in atmospheric oxygen are indeed central to a 'snowball Earth' event, but that glaciation occurs as a consequence of extreme instability in climate regulation under intermediate oxygenation states. As in our idealized modeling in which we induced P-cycle feedbacks and glaciation (over-cooling) via an initial release of CO₂ to the atmosphere, both global-scale glacial 215 episodes have been associated with the emplacement of large igneous provinces (LIPs) that could have acted as an initial trigger: (i) the Huronian glaciation by a series of LIP events (44) and (ii) the Sturtian glaciation by the Franklin LIP (45). However, in our model, ice ages could be triggered by other mechanisms resulting in the enhanced phosphate delivery to the ocean (18, 25, 46) with the magnitude of the cooling determined by the initial state of global C and P 220 cycling (Fig. 3). The absence of extreme glaciation prior to 2.45 Ga, during the later Paleoproterozoic and Mesoproterozoic, and later during the Phanerozoic, can be explained as a consequence of atmospheric oxygen being either too low or too high to support sufficiently strong feedbacks and hence climatic instability.

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We do not expect the specific values of pO_2 at which extreme over-cooling arises in the model – the 'sweet spot' interval in Fig. 3 – to necessarily correspond to values inferred from the geological record (e.g., (*38*)). The cGENIE 'muffin' Earth system model as used here is relatively low in spatial resolution, adopts an idealized continental configuration, and lacks dynamically coupled atmosphere and ice sheets. We also employ relatively simple global average and/or empirically based formulations for key P and C feedbacks (see Methods), and omit consideration of possible Fe and N co-limitations. Changing any of these assumptions might narrow or expand the 'sweet spot' interval and/or shift to lower or higher values of pO_2 . However, the existence of comparable results generated with different continental configurations and feedback formulations (SM), as well as the over-cooling observed in box modeling of OAE2 (*23*), leads us to conclude that the phenomena is real and provides a single simple interpretative framework for the occurrence of global-scale glaciation.

Finally, we point out that a classic silicate-weathering-dominated response occurs only under low PO₄³⁻ and close-to-modern pO_2 (#9, #13). For present-day ocean phosphate, and with key weathering and burial fluxes within the uncertainty of present-day estimates (Fig. 3f), we obtain mild over-cooling that starts about 70 kyr following the cessation of emissions (Fig. 2). Hence, rather than continued fossil fuel carbon release causing a persistent atmospheric CO₂ burden that could delay the next glacial inception by 100-400 kyr or more (6, 47, 48), the 'long tail' of elevated CO₂ (49) may not be quite so long after all. The underappreciated role of the organic matter sub-system in the Earth system in facilitating much more rapid future CO₂ drawdown than widely assumed (e.g., (50)) could yet allow for orbitally-triggered glacial inception within 50-70 kyr from now (48).

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Methodology: DH, AR

Investigation: DH, AR

Visualization: DH, AR

Writing: DH, AR

Competing interests: Authors declare that they have no competing interests.

Data and materials availability: The code for the version of the 'muffin' release of the cGENIE Earth system model used in this paper, is tagged as v0.9.40, and is assigned a DOI: 10.5281/zenodo.7714267. Configuration files for the specific experiments presented in the paper can be found in the directory:

genie-userconfigs/PUBS/submitted/Huelse_Ridgwell.Science.2023. Details of the
 experiments, plus the command line needed to run each one, are given in the readme.txt file
 in that directory. All other configuration files and boundary conditions are provided as part of
 the code release. A manual detailing code installation, basic model configuration, tutorials
 covering various aspects of model configuration, experimental design, and output, plus the
 processing of results, is assigned a DOI: 10.5281/zenodo.7545814.

Supplementary Materials

455 Materials and Methods

Supplementary Text

Figs. S1 to S8

Table S1

References (51 - 76) are only cited in the SM.



Fig. 1. Schematic of processes and feedback cycles included in the cGENIE model. In blue: Silicate weathering (circle A); Brown: Organic matter sub-system (circles B, C, D); Red: Volcanic outgassing. The organic matter sub-system consists of: The organic carbon (C_{org}) weathering feedback (circle B); the C_{org} burial feedback (circle C); the P cycle feedbacks (circle D) consisting of 3 sub-cycles and getting externally perturbed by P weathering and changes in ocean [O₂] due to temperature changes. Small circular arrows around the letters indicate faster feedbacks and larger circular arrows slower feedbacks. Solid arrows indicate positive feedback, dashed lines with dots indicate negative feedback. *: This effect is only explicitly accounted for in the alternative configuration tested (described in SM).

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Fig. 2. Time-evolution of the model system in response to perturbation. Time-series plots for the perturbation simulation (CO₂ release of 10,000 PgC over 10 kyr) and the system recovery over 400 kyr for the 'feedback' experiments of Table 1. The horizontal dashed lines indicate the pre-perturbation condition.



Fig. 3. Analysis of the 16 'Strengths' experiments of Table S1. The panels show steady-state **(a)** global organic carbon burial, **(b)** global P burial and **(c)** P residence time at the end of SPIN2. The pCO_2 minimum compared to initial state **(d, f)** and the model time of this minimum **(e)** during the recovery from the climate perturbation. Note the different x- and y-axis in f. Grey areas in d+e illustrate the 'sweet spot' interval of intermediate pO2. Grey areas in f show ranges for estimated modern Corg and P burial fluxes (see Fig. S1 for values and references). (Fig. S6 includes the scalar values for a-e.)

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Experiment Name	Description
fixedCwCbPwPb	Classic silicate-weathering-only: Corg and P feedbacks disabled
fixedPwPb	Silicate-weathering + C_{org} feedbacks; P feedbacks (weathering and burial) disabled
fixedPb	Silicate-weathering + C_{org} feedbacks + P-weathering; P burial fixed to equilibrium rate
fixedPw	Silicate-weathering + C_{org} feedbacks + P burial; P-weathering fixed to equilibrium rate
fixedCw	Silicate-weathering + P feedbacks + C_{org} burial; C_{org} weathering fixed to equilibrium rate
fixedNONE	All feedbacks enabled

Table 1: Overview of the 'feedbacks' experiments shown in Fig. 2. For all numerical experiments see Table S1.



Supplementary Materials for

Instability in the geological regulation of Earth's climate

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The PDF file includes:

Materials and Methods Supplementary Text Figs. S1 to S8 Table S1 References

Material and Methods

Description of the Earth system model cGENIE

cGENIE is an Earth system model of intermediate complexity based on a frictional-geostrophic 3D ocean circulation model which is coupled to a fast energy–moisture balance 2D atmosphere and a dynamic–thermodynamic sea-ice component. cGENIE includes a detailed representation of ocean biogeochemical cycles (*51*) and the long-term (inorganic) carbon cycle is represented through input and removal of dissolved carbon species via terrestrial carbonate and silicate rock weathering (*52*) and the preservation of biogenic calcium carbonates in marine sediments (*26*). The cycling of carbon and associated tracers in the ocean is based on a single (phosphate) nutrient limitation of biological productivity and a double-exponential expression to calculate the particulate organic matter (POM) flux in the water column (*51*). Note that we do not include a temperature-dependent scheme for the remineralization of POM.

cGENIE is implemented on a 18×18 equal-area grid with 14 unevenly spaced vertical levels. We deliberately chose an idealized continental configuration in order to provide a more generalized feedback understanding than would be possible, if we would use a specific configuration. We adopt the configuration of ref. (*53*) where a single continent stretches from pole to pole across all latitudes and a flat-bottom bathymetry with a maximum depth of ~3,575 m is used to approximate the modern ocean volume. We modify the bathymetry of ref. (*53*) by surrounding the continent by a continental shelf with a depth of ~175 m to include shallow water depositional environments (Figure S1a) that are expected to modulate the strength of the organc carbon (C_{org}) and P-cycle feedback. We also apply the random spatial distribution of ocean sediment depths of ref. (*53*) (Figure S1b) that is used in the pressure-dependent calculation of calcium carbonate preservation. Note that we run the same experiments using two additional idealized continental configurations. One configuration with a single super-continent centered in the northern polar region and a second configuration where the continent covers only low latitudes and features an equatorial gateway. Both configurations do not qualitatively change our results (not shown).

Because cGENIE lacks a dynamical atmosphere, we apply the simplified zonally averaged 2D wind speed and wind stress, and 1D zonally averaged albedo forcing fields generated by ref. (*53*), using the 'muffingen' open-source software (https://doi.org/10.5281/zenodo.5500687). We assume global carbon cycle conditions to approximate generic Phanerozoic greenhouse conditions and to prevent both perennial and seasonal seaice formation. Initial values comprise: 1112 μ atm atmospheric pCO₂ and -6.5% atmospheric δ^{13} C; major ion concentrations of 27.0 mmol kg⁻¹ Ca²⁺, 35.0 mmol kg⁻¹ Mg²⁺ and 11.8 mmol kg⁻¹ SO₄²⁻ for 100 Ma following Zeebe and Tyrrell (*61*); alkalinity (1983 μ mol kg⁻¹) and DIC (2056 μ mol kg⁻¹) was chosen to represent a mean ocean concentration corresponding with 1112 μ atm pCO₂. A CaCO₃/POM export rain ratio of 0.15 in conjunction with mean surface ocean $\Omega = 6.0$ was chosen to give a modern-like mean sediment wt% CaCO3. (Note that we also perform model experiments using preindustrial atmospheric CO₂ concentrations (as described in 'Additional cGENIE simulations') which does not qualitatively change our results.)

Including $C_{\rm org}$ and P feedbacks

To represent feedbacks related to the organic carbon sub-system on longer timescales we include a simple representation for organic carbon burial in the sediments into cGENIE. The approach uses the simple empirically-derived equation of Dunne et al. (58):

$$F_{\rm OC_{bur}} = F_{\rm OC_{set}} \cdot \left(0.013 + \frac{0.53 \cdot F_{\rm OC_{set}}^2}{(7.0 + F_{\rm OC_{set}})^2} \right)$$

Here organic carbon burial, $F_{OC_{bur}}$, scales with organic matter rain flux to the sediment and is hence a function of surface productivity. Note that we also use a more elaborate representation



Figure S1: cGENIE configuration and equilibrium boundary conditions at the end of SPIN2. (a) Continental configration and flat-ocean bathymetry used in the ocean circulation model. (b) Random spatial distribution of ocean depths used in the pressure-dependent calculation of calcium carbonate preservation in the sediments. (c) Simulated sea surface temperatures (SST) superimposed by vectors for ocean surface velocities, (d) the zonal mean ocean overturning strength, (e) seafloor oxygen concentration, and burial rates of (f) CaCO₃, (g) organic carbon, and (h) phosphorus in the marine sediments. Comparable modern burial fluxes: CaCO₃ = 0.074 - 0.136 PgC yr⁻¹ (54–56); organic carbon = 0.09 - 0.30 PgC yr⁻¹ (57, 58); phosphorus = 0.11 - 0.34 Tmol yr⁻¹ (59, 60).

where organic carbon burial is calculated by an early diagenetic model and degradation rates respond to the bottom water oxygen concentration (see section 'Additional cGENIE experiments' below).

In order to account for redox-dependent P-regeneration from sediments in cGENIE we implemented the empirical parameterization of Wallmann (*17*). A large fraction of the organically bound phosphorus (P_{org}) is degraded in the surface sediments and transformed into dissolved phosphate (PO_4). Some of this PO_4 is recycled back to the water column via molecular diffusion and bioirrigation, while the remaining fraction can absorb to manganese and iron oxides or form authigenic P-bearing silicate minerals, such as apatite (*62*). Measurements of sediment-water interface fluxes, and C:P regeneration and burial ratios show that PO_4 is preferentially released from sediments in low-oxygen environments (*21*, *63–66*).

The parameterization of Wallmann - see equation (1) in (17) - describes this oxygen dependence of the regeneration ratio (r_{REG}) by calculating the benthic regeneration of PO₄, PO₄^{rt}, as a function of seafloor oxygen concentration, O₂^{sf} (in μ mol/kg), and the depth integrated rate of OC degradation in the surface sediments, R_{OC} . We adapted the parameterization of Wallmann (17) by assuming that his fitting parameter A corresponds to the C/P ratio of settling POM, $\frac{C}{P_{\text{rain}}} = -\frac{C}{P}$, and then create his fitting parameter Y_F by adding an offset of o = 11:

$$r_{\text{REG}} = \frac{R_{\text{OC}}}{\text{PO}_4^{\text{rt}}} = \left(\frac{C}{P_{\text{rain}}} + o\right) - \frac{C}{P_{\text{rain}}} \cdot exp\left(-\frac{O_2^{\text{sf}}}{r}\right)$$

with r = 32 as specified in Wallmann (17). Hence, in cGENIE, the original fitting parameters Y_F and A vary with C/P of settling POM, and the anoxic C/P value (11.0) is the same as in the original parameterization.

To account for these losses over longer timescales the terrestrial weathering model of cGE-NIE has been extended with representations for the oxidative weathering of kerogen (i.e., ancient organic matter) and weathering of phosphorous-bearing minerals (e.g., apatite). Kerogen weathering can be represented by the reaction $CH_2O + O_2 \rightarrow CO_2 + H_2O$ (with organic matter represented in its simple form CH_2O) and thus represents an additional source of CO_2 to the atmosphere. The global weathering fluxes of P and kerogen can either automatically track the burial rates (i.e., creating a closed system in order to create an equilibrium state), or they can follow the same climate sensitivity as silicate- and carbonate-rock weathering. Measurements and modelling work has shown that erosion rate (or errosive stripping) and kerogen concentration in rocks are more important for the oxidative weathering rate than changes in atmospheric pO_2 (20, 67). And also more recent work has suggested a link between climate and kerogen weathering (68). Thus, following the GEOCARBSULF approach (69), we do not include an oxygen dependency of kerogen weathering.

Description of the numerical experiments and diagnostic variables for plotting

cGENIE is equilibrated in a two-step spin-up process analagous to ref. (26). In a first stage 20 kyr spin-up (SPIN1) ocean dynamics and ocean biogeochemical cycling equilabrates with the prescribed values of atmospheric pCO₂ and δ^{13} C. This spin-up is run as a closed system, so solutes lost through burial of CaCO₃, C_{org} and P are instantaneously restored through global weathering fluxes of carbonates, silicates, kerogen and P. Bioturbation is turned 'off' so an equilibrium state of surface sediment composition and burial rates are achieved faster. We use the results of SPIN1 to diagnose the global equilibrium burial rates of CaCO₃, C_{org} and P. The second stage 50 kyr spin-up (SPIN2) is run as an open system (i.e., without prescribing atmospheric pCO₂ and δ^{13} C). Weathering fluxes are set to the global CaCO₃, C_{org} and P burial rates diagnosed in SPIN1 and respond to temperature changes. Based on modern continental weathering studies (e.g., (70–72)) we assume a 0.6:0.4 carbonate:silicate weathering ratio to balance the global CaCO₃ burial. To (isotopically) balance the additional burial of C_{org} we use a combination of CO₂ outgassing and kerogen weathering with an isotopic composition

of volcanic CO₂ outgassed of -6.0 %. More details on how the weathering parameters are calculated to balance the system can be found in Section 'Mass balance calculations' below and in the online documentation (see: code availability section). Bioturbation is turned 'on' to simulate more realistic ocean-sediment interactions. The steady-state surface sediment burial fluxes are shown in Figure S1(f, g, h). Our model simulates a mean surface sediment content of 36 wt% and a global burial rate of $CaCO_3$ in deep sea sediments of 0.07 PgC yr⁻¹, thus at the lower end of previous estimates for the modern ocean (i.e., $0.074 - 0.136 \text{ PgC yr}^{-1}$ (54–56) without coral reefs). Our simulated global C_{org} burial rate is 0.09 PgC yr⁻¹ of which 0.084 PgC yr⁻¹ are preserved on the continental shelf. Our calculated Corg burial rate compares well with recent model estimates for global Corg transfer efficiency at 1m sediment depth (i.e., 0.09 Pg C yr^{-1} ; (57)) and is slightly lower than previous observational estimates for the modern ocean (i.e., 0.15 - 0.30 Pg C yr-1; (58,73)). Our global P-burial rate is 0.124 Tmol yr⁻¹ and thus at the lower end of previous estimates for the modern ocean (i.e., 0.11 - 0.34 Tmol yr⁻¹, (59, 60)). Note that in this setup Corg burial is slightly larger than CaCO3 burial. We make the opposite assumption (i.e., simulating slightly larger CaCO₃ than Corg burial) in our additional cGENIE experiments where we use OMEN-SED to calculate C_{org} burial; at the same time we also simulate slightly higher overall C burial fluxes (see Fig. S7 and the related text).

Starting from the equilibrium state, SPIN2, we force the model with a CO_2 release of 10,000 PgC to the atmosphere over 10 kyr and then simulate system recovery over 400 kyr. We assume an isotopic signal of -15‰ for the CO_2 emissions, thus representing a mixture of volcanism and organic carbon. Our emission scenario is meant to represent a generic Phanerozoic carbon cycle perturbation and not a specific event. However, comparable rates are associated with well-studied past events such as the PETM (24) and the end-Permian mass extinction (27). We run two separate sets of model experiments (plus controls) as summarized in Table S1. With the first set of experiments ('Feedbacks'), we evaluate the system response to disabling various C-P

feedbacks. In the second set ('Strengths'), we enable all C-P feedbacks and vary their relative strengths by adjusting the steady-state ocean PO_4^{3-} and atmospheric pO_2 concentration via a small (4×4) gridded parameter ensemble.

The following diagnostic variables are calculated from the model output and plotted in the output Figures S2 and S3 to aid interpretation of the dynamic behavior of the model: Subfigure (k) The fractional C_{org} burial in the sediment is calculated as C_{org} burial flux over C_{org} settling flux. Subfigure (o) The fractional P-regeneration, FracP^{reg}, is calculated as the sediment-water interface flux of dissolved P divided by the organic P transfer from the ocean to the sediment, FPorg^{ocnsed}). Subfigure (p) We calculate the P-regeneration that is caused by redox changes alone and not by an increased organic P settling flux by assuming that the fractional P-regeneration of SPIN2 (FracP^{reg}, i.e., grey dashed horizontal line in (o)) is the steady-state P-regeneration. Hence, we can calculate the redox-dependent P-regeneration over time t as: $Predox^{reg}(t) = (FracP^{reg}(t) - FracP^{reg}) \times FPorg^{ocnsed}(t)$.

Mass balance calculations

In order to reach a steady-state in our open system spin-ups the carbon losses via $CaCO_3$ and C_{org} need to be balanced. Hence the bulk carbon mass balance that needs to be satisfied in steady-state is:

$$F_{out(Corg)} + F_{out(CaCO3)} = F_{in(CO2)} + F_{in(Corg)} + F_{in(CaCO3)}$$

where $F_{out()}$ are the burial fluxes of organic carbon (C_{org}) and calcium carbonate (CaCO₃); $F_{in(Corg)}$ and $F_{in(CaCO3)}$ are the respective weathering fluxes; and $F_{in(CO2)}$ represents the volcanic CO₂ outgassing flux. Because we also want the system to be isotopically balanced we need to consider the following equation:

$$\delta^{13}C_{out(Corg)} \times F_{out(Corg)} + \delta^{13}C_{out(CaCO3)} \times F_{out(CaCO3)} = \\\delta^{13}C_{in(CO2)} \times F_{in(CO2)} + \delta^{13}C_{in(Corg)} \times F_{in(Corg)} + \delta^{13}C_{in(CaCO3)} \times F_{in(CaCO3)}$$

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Set I: ⁷ Feedbacks	
Experiment Name	Description
fixedCwCbPwPb	Classic silicate-weathering-only: Corg and P feedbacks disabled
fixedPwPb	Silicate-weathering + Corg feedbacks; P feedbacks (weathering and burial) disabled
fixedPb	Silicate-weathering + Corg feedbacks + P-weathering; P burial fixed to equilibrium rate
fixedPw	Silicate-weathering + C _{org} feedbacks + P burial; P-weathering fixed to equilibrium rate
fixedCwCb	Silicate-weathering + P feedbacks; Corg burial and weathering fixed to equilibrium rate
fixedCb	Silicate-weathering + P feedbacks + Corg weathering; Corg burial fixed to equilibrium rate
fixedSlw	Corg + P feedbacks + carbonate weathering; silicate-weathering fixed to equilibrium rate
fixedCARBw	Corg + P feedbacks + silicate-weathering; carbonate-weathering fixed to equilibrium rate
fixedSlwCARBw	C_{org} + P feedbacks; silicate - and carbonate-weathering fixed to equilibrium rates
fixedCw	Silicate-weathering + P feedbacks + Corg burial; Corg weathering fixed to equilibrium rate
fixedNONE	All feedbacks enabled
Set 2: 'Strenghts'	- all feedbacks enabled
Variable	Steady-state concentrations
Ocean PO ₄ ³⁻	0.6, 0.8, 1.0, 1.2 × default 2.159 μ mol kg ⁻¹
Atmospheric pO ₂	$0.4, 0.6, 0.8, 1.0 \times default 0.2095 atm$

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The latter equation can be simplyfied by assuming that: (i) the isotopic composition of weathered kerogen is the same as newly buried  $C_{org}$  ( $\delta^{13}C_{out(Corg)}$ ), and (ii) the isotopic composition of weathered carbonate is the same as newly buried  $CaCO_3$  ( $\delta^{13}C_{out(CaCO_3)}$ ).¹ Thus resulting the following equation for the isotopic mass balance:

$$\delta^{13}C_{out(Corg)} \times F_{out(Corg)} + \delta^{13}C_{out(CaCO3)} \times F_{out(CaCO3)} =$$

$$\delta^{13}C_{in(CO2)} \times F_{in(CO2)} + \delta^{13}C_{out(Corg)} \times F_{in(Corg)} + \delta^{13}C_{out(CaCO3)} \times F_{in(CaCO3)}$$

$$(1)$$

Note that the value of  $\delta^{13}C_{in(CO2)}$  is prescribed in the model and has a value of -6%. As we assume that CaCO₃ burial is balanced by 40% silicate and 60% carbonate weathering (e.g., (70–72)) two unknown parameters remain in equation (1): the kerogen weathering flux,  $F_{in(Corg)}$ , and the volcanic CO₂ outgassing flux,  $F_{in(CO2)}$ . We can further assume that a fraction,  $\gamma$ , of  $F_{in(CO2)}$  partly balances the C_{org} burial flux in addition to balancing silicate weathering. Thus, we have two additonal equations to balance the organic and carbonate carbon burial fluxes:

$$F_{out(Corg)} = \gamma \times F_{in(CO2)} + F_{in(Corg)}$$
⁽²⁾

$$F_{out(CaCO3)} = (1 - \gamma) \times F_{in(CO2)} + F_{in(CaCO3)}$$
(3)

Hence we have 3 equations (1) – (3) with three unknowns (i.e.,  $F_{in(CO2)}$ ,  $F_{in(Corg)}$ ,  $\gamma$ ). Substituting equations (2) and (3) into (1) and solving for  $\gamma$  gives:

$$\gamma = \frac{\delta^{13}C_{in(CO2)} - \delta^{13}C_{out(CaCO3)}}{\delta^{13}C_{out(Corg)} - \delta^{13}C_{out(CaCO3)}}$$
(4)

The values for  $\delta^{13}C_{out(Corg)}$  and  $\delta^{13}C_{out(CaCO3)}$  are reported as cGENIE output (in seddiag_misc_DATA_GLOBAL.res). From this we can calculate  $F_{in(CO2)}$  and  $F_{in(Corg)}$  using equation (3) and (2), respectively.

¹As a point of reference, the long-term Phanerozoic average value is ca. 2 - 4%.

#### **Supplementary Text**

#### Analysis of the perturbation experiments using different feedbacks

Figure S2 shows various physical and biogeochemical state-variables and diagnostics for the 'Feedbacks' experiments of Table S1. The model develops a runaway greenhouse when parts of the organic matter sub-system are considered but either P-weathering or  $C_{org}$  burial are fixed (i.e., 'fixedPw', 'fixedPwPb', 'fixedCwCb', 'fixedCb' – ordered by increasing rapidity of the runaway effect). In these experiments silicate weathering either alone ('fixedCwCb', 'fixedCb') or in combination with  $C_{org}$  burial ('fixedPw', 'fixedPwPb') does not provide a strong enough negative feedback to bring the system back to the pre-perturbation state. This results because either  $C_{org}$  burial can not keep up with the initial CO₂ perturbation ('fixedCwCb'), the positive kerogen weathering feedback is too strong ('fixedCb'), or the oceanic PO₄ inventory (and thus organic matter production, export and  $C_{org}$  burial) is not sensitive enough to climate change ('fixedPw', 'fixedPwPb'; see e.g Fig. S2h, i, j).

For all other experiments that account for parts of the organic matter sub-system feedbacks a more or less strong over-cooling occurs (i.e., 'fixedCw', 'fixedNONE', 'fixedCARBw', 'fixed-Slw', 'fixedSlwCARBw', 'fixedPb' – ordered by increasing magnitude of the over-cooling, Fig. S2 b). Note in particular that a fixed P burial alone (i.e., a no'fixedPb') prevents the oceanic  $PO_4^{3-}$  from returning to its pre-perturbation value. Here, continuesly elevated organic matter production and  $C_{org}$  burial (Fig. S2 j, n) eventually results in a fully ice-covered snowball state (Fig. S2 c). The over-cooling effect is stronger when the inorganic feedbacks (silicate and carbonate weathering) are not considered in the model (i.e., 'fixedCARBw', 'fixedSlw', 'fixedSlw', 'fixedSlwCARBw'; see Fig. S2b). For the classic silicate-weathering only scenario ('fixedCwCbP-wPb') the carbon isotope composition of dissolved inorganic carbon ( $\delta^{13}C_{DIC}$ ) only shows a negative excursion due to the initial perturbation, followed by a linear increase back towards

the pre-perturbation value (Fig. S2 l). In contrast, our model simulates elevated  $\delta^{13}C_{DIC}$  during the recovery interval when we consider responsive  $C_{org}$  burial (and a sensitive oceanic  $PO_4^{3-}$ inventory, i.e., all experiments except 'fixedPwPb', 'fixedPw', 'fixedCwCb', 'fixedCb'). The positive carbon isotope excursion is strongest when the silicate-weathering is fixed ('fixedSlw', 'fixedSlwCARBw').

Figure S3 shows the control simulations for all feedback experiments of Table S1 – i.e., the same experiments as shown in Figure S2 but without simulating the  $CO_2$  release.

#### Analysis of the perturbation experiments $pO_2$ vs. $PO_4$ using all C-P feedbacks

Figures S4 and S5 show six biogeochemical state-variables for the 'Strengths' experiments described in Table S1. Under the lowest initial pO₂ conditions (i.e.,  $pO_2 = 0.4 \times \text{modern}$ , solid lines in Fig. S4 and S5) the P-feedback is weakest as indicated by the low magnitudes of P-weathering and P-burial (e.g., Fig. S4e, f), as well as the very long P-residence times (Fig. S6c). As a result the oceanic  $PO_4^{3-}$  inventory and thus  $C_{org}$  burial responds comparably weak and slow to the pCO₂ perturbation (Fig. S4c, d). For the  $0.4 \times pO_2$  experiments the speed of the initial climate recovery inversely scales with the initial ocean  $PO_4^{3-}$  inventory (Fig. S4a) and takes longer than in experiments with higher initial pO₂ conditions (compare Fig. S5a, g, m, f). However, also the  $0.4 \times pO_2$  experiments exhibit over-cooling which starts at ~220 kyrs and its magnitude positively scales with the initial ocean  $PO_4^{3-}$  inventory (Fig. S4a).

Under all other pO₂ conditions (i.e., pO₂ of 0.6, 0.8 and 1.0×modern) the rapidity of the initial climate recovery and the size of the over-cooling positively scales with the initial ocean  $PO_4^{3-}$  inventory (Fig. S4g, m, s). Climate recovery is fastest for the largest initial pO₂ conditions and the highest nutrient inventory (yellow, dotted lines in Fig. S4 and S5). Surprisingly, however, over-cooling is strongest for experiments starting from intermediate initial pO₂ conditions (i.e.,  $0.6 \times pO_2 + 1.0 \times PO_4^{3-}$ ,  $0.6 \times pO_2 + 1.2 \times PO_4^{3-}$ ,  $0.8 \times pO_2 + 1.2 \times PO_4^{3-}$ ). Here, the



Figure S2: Time-series plots of various physical and biogeochemical state-variables and diagnostics for the perturbation simulation (CO₂ release of 10,000 PgC over 10 kyr) and the system recovery over 400 kyr for the 'feedback' experiments of Table S1. The horizontal dashed line indicates the pre-perturbation condition.





experiment  $0.6 \times pO_2 + 1.2 \times PO_4^{3-}$  drives a fully ice-covered snowball state (time-series not shown). In contrast, under modern oxygen conditions and an ocean that is initialized with only  $0.6 \times$  modern  $PO_4^{3-}$  climate recovery is comparable to the classic silicate-weathering-only system and no over-cooling occurs (blue, dotted line, Fig. S4a and S5s).

#### Additional cGENIE experiments

In order to test if system dynamics are similar when using a different continental configuration, a colder (pre-industrial) climate state (i.e., 278  $\mu$ atm atmospheric pCO₂), and a more elaborate representation of C_{org} burial we run an additional set of feedback experiments. We now use a continent that covers only low latitudes and features an equatorial gateway. Also this continent is surrounded by a continental shelf with a depth of ~175 m and again we created a random spatial distribution of ocean depths used in the pressure-dependent calculation of calcium carbonate preservation in the sediments (Figure S7a+b).

Here Corg burial is simulated with the analytical diagenetic model OMEN-SED (*33*). OMEN-SED calculates benthic Corg burial rates by solving a vertically resolved conservation equation for solid species (e.g., (*74*)). Burial rates are primarily a function of POM settling, advection rate and the reactivity of POM. The bulk POM pool is partitioned in two reactivity classes and the degradation rate constant for the less reactive POM fraction is a function of seafloor oxygen concentration – taking a lower value for  $[O_2] < 5 \ \mu M (75, 76)$ . We tuned the degradation rate constants in OMEN-SED ( $k_1^{ox} = 3.5E - 3$ ,  $k_2^{ox} = 3.5E - 4$ ,  $k_2^{anox} = 3.5E - 5$ ) to simulate a global Corg burial rate of 0.110 PgC yr⁻¹ which is higher than in our first model setup (see Fig. S1) but still conservative considering Corg preservation estimates for the modern ocean (i.e.,  $0.09 - 0.30 \ PgC \ yr^{-1}$ , (*13, 57, 58, 73*)). In this configuration we simulate a global burial rate of  $0.133 \ PgC \ yr^{-1}$  and a global P-burial rate of  $0.10 \ Tmol \ yr^{-1}$ . Note that in this setup CaCO₃ burial is slightly larger than Corg burial.



PgC over 10 kyr) for the 'Strengths' experiments of Table S1 separated by the initial atmospheric pO₂ conditions, i.e., (a – f)  $0.4 \times$  modern, (g - l)  $0.6 \times$  modern, (m - r)  $0.8 \times$  modern, (s - x)  $1.0 \times$  modern. For reference time-series with modern Figure S4: Time-series plots of six biogeochemical state-variables for the perturbation simulation (CO₂ release of 10,000 boundary conditions are plotted in black.



Figure S5: Time-series plots of six biogeochemical state-variables for the perturbation simulation (CO₂ release of 10,000 modern,  $(g - 1) 0.8 \times$  modern,  $(m - r) 1.0 \times$  modern,  $(s - x) 1.2 \times$  modern. For reference time-series with modern boundary PgC over 10 kyr) for the 'Strengths' experiments of Table S1 separated by the initial oceanic  $PO_4^{3-}$  inventory, i.e., (a – f) 0.6× conditions are plotted in black.



Figure S6: Analysis of the 16 'Strengths' experiments of Table S1 – similar to Fig. 3, here also including the scalar values. The P residence time is calculated for the steady-state situation at the end of SPIN2.

Although we changed main boundary conditions (i.e., continental configuration and preperturbation pCO₂) the general system response for the same feedback simulations (i.e., 'fixed-NONE', 'fixedCw', 'fixedPwPb', 'fixedCwCbPwPb') are comparable (compare Fig. S8 with Fig. 2). Our additional results thus indicate that the details of how the sedimentary organic matter sink responds to environmental change are not important, only that the  $C_{org}$  sink positively scales with biological productivity at the surface and P-regeneration inversely scales with seafloor oxygenation. Our additional experiments further highlight that the climate system recovers faster and over-cooling is stronger when  $C_{org}$  burial is simulated using a simple oxygen dependency (compare Fig. S8a, b, c with Fig. 2).

As in our experiments presented in Fig. 2, a rapid runaway greenhouse results if we fix P-dynamics ('fixedPwPb', Fig. S8) mainly because  $CO_2$  release from kerogen weathering provides a positive feedback that is stronger than the negative silicate weathering and  $C_{org}$  burial feedbacks. However, our additional experiment 'fixedPwPbCw' (pink dashed line, Fig. S8),



Figure S7: cGENIE configuration and equilibrium boundary conditions for the additional cGE-NIE experiments. (a) Continental configration and flat-ocean bathymetry used in the ocean circulation model. (b) Random spatial distribution of ocean depths used in the pressure-dependent calculation of calcium carbonate preservation in the sediments. (c) Simulated sea surface temperatures (SST) superimposed by vectors for ocean surface velocities, (d) the zonal mean ocean overturning strength, and (e) seafloor oxygen concentration . Burial rates of (f) CaCO₃, (g) organic carbon , and (h) phosphorus in the marine sediments. Comparable modern burial fluxes: CaCO₃ = 0.074 - 0.136 PgC yr⁻¹ (54–56); organic carbon = 0.09 - 0.30 PgC yr⁻¹ (57, 58); phosphorus = 0.11 - 0.34 Tmol yr⁻¹ (59, 60).



Figure S8: Time-series plots of various physical and biogeochemical state-variables and diagnostics for the perturbation simulation (CO2 release of 10,000 PgC over 10 kyr) for five feedback experiments using OMEN-SED to calculate Corg burial. The horizontal dashed line indicates the pre-perturbation condition.

where we also fix the positive kerogen weathering feedback, shows that the climate system does also not recover to its pre-perturbation state (Fig. S8a, b). Responsible for this is an imbalance in  $C_{org}$  sources and sinks. Transient climate warming after the perturbation leads to reduced ocean overturning and thus nutrient availability and export productivity in the upper ocean (pink dashed lines, Fig. S8j, k). As a result, the  $C_{org}$  burial rate (Fig. S8h) is slightly lower than the steady-state  $C_{org}$  burial (and weathering) rate (grey dashed lines in Fig. S8g, h), leading to a steady increase in pCO₂ (pink dashed line, Fig. S8a). Hence, we conclude that a responsive P-cycle is a prerequisite for a recovery to the pre-perturbation climate when any type of  $C_{org}$  feedbacks are considered.