

Slip-tremor interaction at the very beginning of Episodic Tremor and Slip in Cascadia

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Key Points:

- Multi-site stacking of geodetic deformation time series efficiently resolves moment function of slow slip during its initiation
- Geodetic moment tends to dramatically accelerate ~ 1 day after the tremor onset during the initiation of Episodic Tremor and Slip in Cascadia
- Unruptured tremor patches perhaps represent a relatively strong portion of the ETS zone fault, which impacts the SSE growth

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Abstract

In Cascadia, the concomitance of slow slip events (SSE) and tremors during Episodic Tremor and Slip (ETS) episodes is well documented. Brittle tremor patches embedded in the ductile background deforming aseismically is the most common sketch for the fault structure, but whether tremor patches impact the SSE process is under debate. This study focuses on the initiation stage of major Cascadia ETSs. So far, few observational constraints exist on the details of ETS initiation because spatiotemporal SSE inversions usually oversmooth their temporal evolution. Scrutinizing tremors and SSE over a short period at the beginning of major ETS events gives us insights into their mechanical relationship. We directly retrieve the temporal evolution of SSE moment by stacking sub-daily Global Navigation Satellite System time series at multiple sites, without slip inversions. Comparison of the GNSS stack with tremor activity demonstrates that SSE moment release accelerates drastically ~ 1 day after the onset of vigorous tremor activity. We propose that heterogeneous interface strength limits the growth of SSE and that unruptured tremor patches may strengthen the fault. This scenario suggests that seeds of SSE grow more efficiently with the macroscopic weakening of the interface through the rupture of tremor patches. In that scenario, isolated tremor bursts lacking SSE signal would mark failed and aborted initiation due to an under-stressed interface. When the SSE moment release accelerates, the tremor area expands more rapidly, suggesting that the growth of the ETS occurs through a feedback mechanism between slip and tremor once the SSE is well developed.

Plain Language Summary

Slow slip events (SSE) and tremors are aseismic and seismic components of the slow earthquake family, respectively, which have considerably smaller slip rates than regular fast earthquakes. In the Cascadia subduction zone, they occur at the down-dip extension of the seismogenic zone along the subduction interface. Their interaction during the initiation of SSEs should provide us with insights into their mechanical connection, but it is so far unclear because of the technical limitations of conventional SSE analysis methods. By analyzing the temporal evolution of SSEs in Cascadia using a stacking method for geodetic time series at multiple observation sites, we found that tremor occurrence tends to precede the acceleration of SSE during the initiation stage. Enlightened by our knowledge from other seismological observations and computer simulations of SSE and tremors, the observed lag implies that unruptured tremor patches might represent a relatively strong location of the locked plate interface and that SSE can grow more efficiently after the rupture of these tremor patches, unpinning the interface.

1 Introduction

Slow earthquakes are prevalent on tectonic faults in various settings around the world (Obara & Kato, 2016; Peng & Gomberg, 2010). They are shear slip like regular earthquakes, but their slip rate and rupture velocity are considerably lower (and hence event duration is longer) than regular "fast" earthquakes with comparable magnitude (e.g., H. Gao et al., 2012; Ide et al., 2007; Ito et al., 2007; Royer & Bostock, 2014; Schmidt & Gao, 2010; Shelly et al., 2006, 2007; Sweet et al., 2014). Tremors and low frequency earthquakes (LFEs) are a seismic manifestation of slow earthquake processes with feeble shaking, and tremors are thought to be swarms of LFEs (e.g., Kao et al., 2005; Obara, 2002; Shelly et al., 2006, 2007). Slow slip events (SSEs) are aseismic fault transient slips lasting for days to years, captured by geodetic observations such as Global Navigation Satellite System (GNSS) or Global Positioning System (GPS) (e.g., Dragert et al., 2001; Nishimura et al., 2013), tiltmeters (e.g., Hirose & Obara, 2005; Yabe et al., 2023), or strainmeters (e.g., Dragert & Wang, 2011; Hawthorne et al., 2016; Katsumata et al., 2024; Yabe et al., 2023). These seismic and aseismic components of the slow earthquake family are

64 observed simultaneously in space and time in some subduction zones such as Cascadia,
 65 also called "Episodic tremor and slip (ETS)" (Rogers & Dragert, 2003). The spatiotem-
 66 poral association of tremor and SSE is usually found at the down-dip extension of the
 67 seismogenic zone (e.g., Behr & Bürgmann, 2021; Obara & Kato, 2016; Peng & Gombert,
 68 2010), where the fault rheology transitions from brittle to ductile regime due to the grad-
 69 ual increase of pressure and temperature with depth (Scholz, 1998). Geological outcrops
 70 of ancient ETS fault zone evidence the presence of finite-thickness megathrust consist-
 71 ing of a mixture of ductile and brittle materials at the ETS depth (e.g., Angiboust et
 72 al., 2015; Behr & Bürgmann, 2021; Fagereng et al., 2014; Kotowski & Behr, 2019; Ujiie
 73 et al., 2018; Tulley et al., 2022) which are thought to host SSE and seismic slow earth-
 74 quakes (LFE and tremors), respectively. Brittle-ductile mixture (e.g., Ando et al., 2012,
 75 2023; Beall et al., 2019; Behr et al., 2021; Lavier et al., 2021; Wu, 2021) and the asperity-
 76 in-matrix (e.g., Luo & Liu, 2019, 2021) models for ETS are inspired by the geological
 77 evidence.

78 Despite the well-known concomitance of tremors and SSE, their mechanical rela-
 79 tionship remains unraveled. Tremor patches are known to be much weaker than regu-
 80 lar earthquake patches (e.g., Houston, 2015; Ide & Tanaka, 2014). Tremors are there-
 81 fore usually considered a passive response to SSE that does not impact the SSE behav-
 82 ior (e.g., Bartlow et al., 2011). Contrary to this weak tremor patch scenario, a few ob-
 83 servations suggest that unruptured tremor patches modulate the behavior of ETS by in-
 84 troducing heterogeneity in the interface strength (Yabe & Ide, 2014). Because the dif-
 85 ference between these two scenarios should be most evident when the SSE moment rate
 86 is low, the ETS behavior at its very beginning should give key insights into the mechan-
 87 ics of SSE growth and the mechanical relationships between tremors and SSE. Although
 88 tremor behavior at the initiation of ETS has been well studied (Houston, 2015; Sweet
 89 et al., 2019; Yabe & Ide, 2014; Yabe et al., 2015), the temporal evolution of SSE moment
 90 during the ETS initiation remains poorly documented because time-dependent inversion
 91 of daily GNSS data usually smooth temporal evolution of SSE, regardless of the inver-
 92 sion method used (e.g., Fukuda et al., 2008; Radiguet et al., 2011; Segall & Matthews,
 93 1997). Some inversion methods do not explicitly impose any temporal smoothness con-
 94 straint, but even in such cases, the data fit plots exhibit smoother slip evolution than
 95 the actual (Bletery & Nocquet, 2020) or inferred temporal evolution of slip and poten-
 96 tially lack details of their actual evolution (e.g., Gualandi et al., 2016; Kositsky & Avouac,
 97 2010; Michel et al., 2019; Zhang et al., 2023). Hence, despite these technical advances
 98 and the substantial expansion of GNSS networks, the initiation process of SSEs and their
 99 relationship with tremors is hardly imaged. Another method to resolve the temporal evo-
 100 lution of the SSE initiation without inversion is necessary to obtain novel insights into
 101 the mechanics of ETS initiation.

102 The initiation stage of ETSs, which corresponds to the initial growth preceding their
 103 lateral migration, is expected to last for only up to a few days (Bartlow et al., 2011; Hall
 104 et al., 2019; Itoh et al., 2022; Michel et al., 2019; Wech & Bartlow, 2014). Hence, daily
 105 GNSS coordinates, most widely used for imaging SSE processes, cannot access the de-
 106 tails of initiation processes. Strainmeters and tiltmeters have sub-daily temporal reso-
 107 lution for SSE imaging, but their application to studies of SSEs is not always straight-
 108 forward because they are sensitive to non-tectonic processes such as precipitations and
 109 their spatial distribution is generally not as dense as GNSS stations (e.g., Dragert & Wang,
 110 2011; Hawthorne et al., 2016; Hirose & Obara, 2005; Katsumata et al., 2024; Yabe et al.,
 111 2023). Noise level of sub-daily GNSS coordinates is typically of centimeters (e.g., Itoh
 112 & Aoki, 2022; Itoh et al., 2022; Twardzik et al., 2019), which is larger than SSE-induced
 113 surface motion, of a few millimeters (e.g., Bartlow et al., 2011; Dragert et al., 2001; Michel
 114 et al., 2019; Nishimura et al., 2013; Okada et al., 2022; Rousset et al., 2017; Wech & Bart-
 115 low, 2014). Yet, a recent application of sub-daily GNSS coordinates to a major SSE in
 116 Cascadia demonstrated that after carefully removing of inherent fluctuations, the long-
 117 period component of SSE-induced surface motion can be captured with a much finer time

118 interval than using daily time series (Itoh et al., 2022). Hence, the sub-daily GNSS time
 119 series is a dataset with great potential to resolve processes at the initiation stage of SSEs
 120 if their fluctuations are properly mitigated and/or modeled.

121 We first present a new data analysis specifically targeting the initiation stage of
 122 ETSs in Cascadia. We exclude spatiotemporal SSE inversions of GNSS time series to avoid
 123 the distortion of the actual temporal evolution of the SSE moment. Instead, we stack
 124 sub-daily GNSS time series to improve signal-to-noise ratio (e.g., Bletery & Nocquet, 2023;
 125 Jara et al., 2024; Marill et al., 2021; Rousset et al., 2017). Based on the obtained results,
 126 we discuss two end-member models of interaction between tremor and SSE and propose
 127 a conceptual model of ETS initiation which can reconcile major observational features
 128 of ETS. In this study, we purposely use the term "initiation" instead of "nucleation" to
 129 describe the earliest stage of ETS events, as "nucleation" is a specific term for earthquake
 130 initiation with frictional instability (e.g., McLaskey, 2019), which can inadequately nar-
 131 row the range of possible physical process behind the beginning of ETS. We design all
 132 the analyses to discuss the first-order feature of ETS, that is, their initial growth that
 133 precedes their lateral migration. Many observational features of ETS in a finer spatial
 134 and temporal scale are ignored for the sake of simplification (e.g., Bletery et al., 2017;
 135 Ghosh et al., 2010; Hawthorne et al., 2016; Houston et al., 2011; Rubin & Armbruster,
 136 2013).

137 2 Data analysis

138 In this section, we describe our data analysis strategy specifically designed for the
 139 ETS initiation stage. We went through three steps: (1) identifying zones of SSE initi-
 140 ation using associated tremors, (2) calculating the cumulative tremor count with time
 141 in this zone, and (3) stacking sub-daily GNSS time series at multiple sites weighted by
 142 surface displacements expected from unit slip in the initiation zone. This procedure al-
 143 lows us to quantify the temporal evolution of tremor and SSE at the ETS initiation stage.

144 2.1 Initiation event selection

145 In this study, we focus on the temporal evolution of SSE moment at the initiation
 146 stage, by analyzing major ETSs reported by previous studies in Cascadia (e.g., Bartlow
 147 et al., 2011; Bletery & Nocquet, 2020; Costantino et al., 2023; Dragert et al., 2001; Dragert
 148 & Wang, 2011; Itoh et al., 2022; Michel et al., 2019; Schmidt & Gao, 2010; Wech & Bart-
 149 low, 2014). We chose the Cascadia subduction zone as the target region because, there,
 150 short-term SSEs are on average larger than in other subduction zones such as Nankai
 151 (e.g., Hirose & Obara, 2005; Nishimura et al., 2013; Okada et al., 2022; Yabe et al., 2023)
 152 and well recorded with better spatiotemporal observation coverage than in Mexico (e.g.,
 153 El Yousfi et al., 2023; Rousset et al., 2017). The availability of a long-lasting tremor cat-
 154 alog was another reason to choose Cascadia for our target (Ide, 2012; Wech, 2021). We
 155 used Michel et al. (2019)'s SSE catalog in Cascadia to pick up 9 spatial and temporal
 156 windows in which major ETSs occur (Table S1). The number of the picked windows is
 157 much smaller than the number of events reported in Michel et al. (2019)'s catalog be-
 158 cause we noticed that some of their individual events can spatiotemporally be merged.
 159 We excluded the events before June 2009 because the dense tremor catalog was not avail-
 160 able at that time. We focus only on northern and central Cascadia where plenty of GNSS
 161 stations are available above and around the ETS zone (Table 1).

162 We plotted tremors in each spatiotemporal window to identify each ETS' initia-
 163 tion zone. Our analysis mainly employed the Pacific Northwest Seismic Network (PNSN;
 164 Wech, 2021) catalog, which starts on August 6, 2009 (Decimal Year 2009.5954825462)
 165 in the region of interest. We noticed that the activity of Event #1 (Tables 1 and S1) ini-
 166 tiated before that date, so we merged the tremor catalog of the World Tremor Database
 167 (WTD; Ide, 2012; Idehara et al., 2014) with the PNSN catalog before that date. The den-

168 sity of recorded tremors is much smaller in WTD than in PNSN, which impacts the event
 169 count evolution. Nevertheless, as we discuss later, the qualitative discussion and conclu-
 170 sions still hold, so we included this event in our analysis. Based on the spatiotemporal
 171 pattern of tremor epicenters and their strike-time plots (Figures 1c-d and S1c-d-S12c-
 172 d), we visually identified approximate areas of ETS initiation. Some events, which start
 173 at one along-strike location and migrate unilaterally or bilaterally, have only one initi-
 174 ation stage. On the other hand, some SSEs show more complex and irregular spatiotem-
 175 poral evolution patterns. For instance, some of them started at multiple places and merged
 176 in the end (Event #6-7 (Figure S5-S6), e.g., Bletery & Nocquet, 2020). An ETS in spring
 177 2017 near the Canada-US border experienced a short halt of tremor activity shortly af-
 178 ter the migration started (Event #12-13 (Figure S11-S12), e.g., Itoh et al., 2022; Luo
 179 & Liu, 2019). For such irregular events, we defined multiple initiation stages. In total,
 180 we obtained 13 initiation stages to analyze, from the 9 major ETSs considered (Figures
 181 1 and S1-S12; Tables 1 and S1). In the rest of this paper, the term "event" describes each
 182 ETS's initiation, not the entire process of the ETS.

183 We defined the area of the initiation stage for each event solely based on the tremors.
 184 We defined the initiation zone as an area where a cluster of tremors appear but do not
 185 propagate along-strike and continue for a while (Figures 1c and S1c-S12c). We designed
 186 a square which encloses the spatially distributing tremors associated with the initiation
 187 stages. We manually adjusted the square size and location by checking the spatial pat-
 188 tern of tremor epicenters and along-strike versus time tremor distribution to gain the pre-
 189 ferred initiation zone quantification (Figures 1 and S1-S12). We counted the cumulative
 190 number of tremors with time inside the initiation zone (green in Figures 1b and S1b-S12b).
 191 The interval of the tremor count series is 5 minutes, which is consistent with the sam-
 192 pling rate of sub-daily GPS coordinates we used (Section 2.2). We explain our defini-
 193 tion of the onset time of the tremor activity in Section 3.1.

194 2.2 Multi-site stacking of sub-daily GPS time series

195 We employed GPS coordinates at a 5-minute interval processed by Nevada Geode-
 196 tic Laboratory (Blewitt et al., 2018) to resolve the moment release associated with the
 197 SSE initiation. We first, corrected them for various noise by mostly following the pro-
 198 cedure of Moutote et al. (2023) and Itoh et al. (2023) (Figure S13a): after fixing the co-
 199 ordinates into the North American plate reference frame (Altamimi et al., 2017), we re-
 200 moved spatiotemporally correlating fluctuations due to multipath (e.g., Choi et al., 2004;
 201 Itoh & Aoki, 2022; Larson et al., 2007; Ragheb et al., 2007), diurnal variation (Itoh et
 202 al., 2022). Then, we removed the common mode error (e.g., Wdowinski et al., 1997) and
 203 outliers from the time series. Finally, we removed artificial offsets due to instrumental
 204 changes and other technical reasons on days described on NGL's database. The detailed
 205 procedures of each step are supplied in Text S1.

206 To resolve the temporal evolution of SSE at the initiation stage, we performed a
 207 weighted stack of multi-site time series (e.g., Bletery & Nocquet, 2023; Jara et al., 2024;
 208 Marill et al., 2021; Okada et al., 2022; Rousset et al., 2017; Wdowinski et al., 1997). For
 209 each event e , the GPS stack $d_e(t)$ is:

$$d_e(t) = \frac{\sum_{i=1}^{N_e} \mathbf{d}_i^{GPS}(t) \cdot \mathbf{w}_i^e}{\sum_{i=1}^{N_e} |\mathbf{w}_i^e|}, \quad (1)$$

210 where the term $\mathbf{d}_i^{GPS}(t)$ is the cleaned GPS time series at site i out of N_e time series.
 211 Here, $\mathbf{d}_i^{GPS}(t)$ is a matrix containing two time series in the east and north directions.
 212 The weight term \mathbf{w}_i^e is a two-dimensional vector containing east and north elastic dis-
 213 placement due to anticipated thrust slip in a template square fault located in the ini-
 214 tiation zone, which was modeled using the dislocation model for the homogeneous isotropic
 215 elastic half-space (Okada, 1985). We adopted the square area we used to define the ini-
 216 tiation zone for the template fault for GPS stack. For each event, \mathbf{w}_i^e is time-invariant

217 expected displacements associated with slip in the initiation zone. Their dot product $\mathbf{d}_i^{GPS}(t)$.
 218 \mathbf{w}_i^e projects the time series in the two directions into the anticipated SSE-induced dis-
 219 placement direction and assign a weight for multi-site stacking according to the antic-
 220 ipated displacement amplitude, similar to Marill et al. (2021) and Bletery and Nocquet
 221 (2023). This procedure naturally enhances the expected signal associated with the ini-
 222 tiation stage of SSE. We then applied a moving median with a window length of 3 days
 223 to the stacked time series to mitigate high-frequency fluctuations and better resolve the
 224 long-period temporal evolution of the GPS stack. Finally, we removed the local linear
 225 trend which is evident prior to and/or following the transient during the high tremor ac-
 226 tivity period in the initiation zone (Figures 2a and S14a-S25a). We explain the details
 227 of template fault parameter setting, selection of sites to stack, and sensitivity tests re-
 228 garding the choice of sites in Text S1 and Figure S26.

229 The GPS stack exhibits a rapid transient signal roughly during the high significant
 230 tremor activity in the initiation zone (Figures 2a and S14a-S25a). A synthetic test us-
 231 ing a kinematic SSE model demonstrates that the GPS stacks we obtained (Figures 2a
 232 and S14a-S25a) are a reasonable approximation of moment-time function shape in the
 233 initiation zone (Text S2, Figure S27). The intrinsic assumption of the multi-site stack-
 234 ing approach is that the temporal change in the spatial pattern of slip during the SSE
 235 initiation stage is not significant in comparison with the station distribution. This as-
 236 sumption is clearly not satisfied when the SSE starts to migrate laterally. The same syn-
 237 thetic test (Section 2 and Figure S27) verifies that the actual moment-time history with
 238 a crack-like stationary expanding slip at the initiation stage (e.g., Bartlow et al., 2011;
 239 Gomberg et al., 2016; Itoh et al., 2022; Michel et al., 2019; Wech & Bartlow, 2014) is not
 240 distorted by stacking.

241 3 Temporal evolution of slip and tremor at their initiation stage

242 3.1 Definition of time window of the ETS initiation stage

243 The synthetic test also verifies that the surface displacement time series and the
 244 moment-time function match fairly well until the slip outside the initiation zone becomes
 245 significant (Section 2 and Figure S27). This means that for retrieving the moment re-
 246 lease process at the initiation stage from the actual GPS stack, we should use the data
 247 before such a timing at which non-negligible moment release starts outside the initia-
 248 tion zone. To infer such timing, we use the tremor activity in the initiation zone. As the
 249 tremor activity dramatically decreases within the initiation zone once tremors start to
 250 migrate laterally, we defined the end time T_e of each initiation event e as the inflection
 251 point of the curve of cumulative tremor count in the ETS initiation zone. This inflec-
 252 tion point is determined by computing the second time derivative of this curve (Figure
 253 S28). For the subsequent analysis, we only consider data before this end-time T_e (Fig-
 254 ures 1 and S1-S12). We also defined the onset timing of tremor activities for each event
 255 T_e^{tb} by the same approach.

256 3.2 Acceleration of slip moment and tremors at different timings

257 A comparison of the stacked GPS (referred to as slip proxy hereafter) and the cu-
 258 mulative tremor count in the initiation zone (referred to as tremor proxy hereafter) sug-
 259 gests their temporal shift for most of the analyzed events (Figures 2, 3a, 4a, and S14-
 260 S25). We measured this temporal shift for each event by calculating the cross-correlation
 261 (CC) between the tremor and slip proxy curves (Figures 3 and S14-S25). A compilation
 262 of the measured temporal shift systematically indicates that the slip proxy is delayed from
 263 0 to less than 2 days with respect to the tremor proxy, except for one event with the low-
 264 est correlation (Figure 3c). CC curves as a function of the temporal shift show a plateau
 265 near the maximum CC value, but the range of shift values with high CC values is usu-
 266 ally found on the positive side (Figures 3 and S14-S25), which supports the delay. The

267 measured delay for Event #1 is likely biased by the merged tremor catalog, but the de-
 268 lay of slip proxy holds for Event #1 because the PNSN catalog records considerably am-
 269 pler tremors than WTD (e.g., Figure 11c of Michel et al., 2019). The temporal shift of
 270 onset timings of the observed tremors and SSEs for all the events reflects the difference
 271 in detection capability of tremors and SSEs with seismometers and GNSS, respectively.
 272 GNSS data are unable to record signals of low amplitudes, and will thus be blind to aseis-
 273 mic moment release at a low rate. Hence, this shift marks the delay between the onset
 274 of vigorous tremor activity and the acceleration of the moment release. This interpre-
 275 tation implicitly but reasonably assumes that no significant change in the noise level of
 276 GNSS during each event’s period. We discuss the possibility of a tiny moment release
 277 before the acceleration observed by the multi-site stack in Section 3.3. There are numer-
 278 ous short-duration tremor bursts which last for only a few days and are not accompa-
 279 nished by detectable slip signals (Figures 1c and S1c-S12c)(e.g., Frank, 2016; Wech, 2021).
 280 This implies that a typical time scale of acceleration of SSE moment release is a few days.

281 Another way to illustrate the difference between slip and tremor evolution is to rep-
 282 resent the slip proxy as a function of the tremor proxy (Figure 4b). For a fair compar-
 283 ison among all the analyzed events, we normalized each slip and tremor axis by their fi-
 284 nal value at the end of the initiation stage at time T_e (Figures 4b-c). The use of the un-
 285 normalized slip moment and tremor proxies makes it more difficult to illustrate their gen-
 286 eral feature (Figure 4c). In spite of the fluctuations in each event’s tremor-slip curve, the
 287 geodetic slip moment rate per seismic tremor count tends to be larger at the later stage.
 288 To confirm this tendency, we stacked the normalized curves of all the events to retrieve
 289 the average behavior (Figures 4b). The stacked tremor-slip curve clearly exhibits the grad-
 290 ual acceleration of geodetic slip moment release with respect to the development of tremor
 291 activity. In other words, the slip moment per tremor increases with time.

292 Although the cumulative tremor count does not significantly accelerate in the ini-
 293 tiation zone following the SSE moment acceleration (Figure 4a), some tremor proper-
 294 ties are known to increase after the first few days since the onset of ETS. For example,
 295 tidal sensitivity of LFEs and tremors (Houston, 2015; Sweet et al., 2019) and tremor en-
 296 ergy (Yabe & Ide, 2014; Yabe et al., 2015) increases after the first few days of each ETS.
 297 Similarly, our results show that tremor energy for events #12 and #13 also increases af-
 298 ter the first few days (Figure S29). Likewise, LFE amplitudes increase during the first
 299 12 hours and so (Rubin & Armbruster, 2013). Together with our data analysis results,
 300 they suggest that the mechanical interaction mode between SSE and tremors changes
 301 after the first few days of ETS.

302 3.3 Function shape of SSE moment release

303 We examined how the SSE moment release evolves with time during the ETS ini-
 304 tiation. For most events, the following piece-wise linear function approximates well the
 305 slip proxy (Figure 4a):

$$\begin{aligned} \hat{d}_e(t) &= c_{e1} && (t < T_e^{sb}), \\ &= c_{e1} + c_{e2} \frac{t - T_e^{sb}}{T_e - T_e^{sb}} && (T_e^{sb} \leq t \leq T_e), \end{aligned} \quad (2)$$

306 where $\hat{d}_e(t)$ is the individual-event stack for event e following the smoothing and the lo-
 307 cal trend removal, c_{e1} and c_{e2} are the initial position and the amplitude of the GPS stack
 308 for each ETS initiation event, respectively, and T_e^{sb} and T_e are the onset and the end time
 309 of the SSE moment release. T_e was defined in Section 3.1 and T_e^{sb} was determined by
 310 grid search at an interval of 0.1 days. This piece-wise linear approximation gives us the
 311 shortest estimation of the duration of slip moment release during each ETS initiation.
 312 The determined T_e^{sb} is typically later than the tremor onset T_e^{tb} (Section 3.1; Figures 4a
 313 and S28) and this tendency, $T_e^{sb} > T_e^{tb}$ for most events e , is consistent with the CC-
 314 based delay quantification (Figure 3c).

315 The gradual development of slip moment with respect to the tremor development
 316 (Figures 4b-c) and the shift between T_e^{sb} and T_e^{tb} (Figure 4a) hint at a tiny slip moment
 317 release prior to $t = T_e^{sb}$, that is buried in the noise of the GPS stack. We carried out
 318 a multi-event stack, by stacking the slip proxy of all the events to resolve such signal.
 319 To achieve that, we first aligned the time axis for each event by setting a new origin at
 320 each $t = T_e^{sb}$ so that $t' = t - T_e^{sb}$ (Figure 5a) and weighted each individual-event slip
 321 proxy based on their typical fluctuation level computed as a standard deviation prior to
 322 $t' = 0$. The obtained multi-event stack shows an onset of signal (Figure 5b) for $t' <$
 323 0 . This signal onset earlier than $t' = 0$ represents a possible tiny slip signal prior to the
 324 rapid linear moment release before $t = T_e^{sb}$ for each event. We determined the onset
 325 timing of this tiny slip moment release $t' = T_{mb}$ to be -0.7 days by another piecewise
 326 linear fit as follows:

$$\begin{aligned} d(t) &= c_3 + c_4 t' && (t' < T_{mb}), \\ &= c_3 + c_4 t' + c_5 \frac{t' - T_{mb}}{T_m - T_{mb}} && (T_{mb} \leq t' \leq T_m), \end{aligned} \quad (3)$$

327 where $d(t)$, c_3 , c_4 , and c_5 are the multi-event stack, the initial position, the local linear
 328 trend, and the amplitude of the multi-event stack, respectively, and T_m is the end time
 329 of the moment release for the multievent stack, which is determined from the duration
 330 of slip moment release determined by individual-event stacks, namely, $T_m = \min(T_e -$
 331 $T_e^{sb})$. We carried out a bootstrap test for this multi-event stack and gained a distribu-
 332 tion of the onset time T_{mb} associated with each resampling (Figure 5b). The distribu-
 333 tion of T_{mb} values shows that T_{mb} is likely the negative value, implying a tiny moment
 334 release prior to the larger linear moment release.

335 Our individual-event and multi-event stack analyses showed the presence of the two
 336 moment rates, namely, the rapid release ($c_{e2}/(T_e - T_e^{sb})$) and the much slower release
 337 ($c_5/(T_m - T_{mb})$) prior to the rapid release. Although our fits used the piecewise func-
 338 tion, this implies that the slip moment release during the ETS initiation does not sud-
 339 denly start but gradually accelerates. An exponential acceleration could be a candidate
 340 of such a gradual initiation as an analog to earthquake nucleation (Figure 5c; e.g., Cat-
 341 tania, 2023; Favreau et al., 1999; Latour et al., 2013), but other continuous acceleration
 342 functions such as polynomial and power-law (e.g., Latour et al., 2013; Noda et al., 2013)
 343 functions would equally fit the multi-event stack because of the noise inherent to GNSS
 344 time series. Hence, it is difficult to constrain the physical mechanism of SSE initiation
 345 by directly comparing the slip proxy with analytical slip evolution functions based on
 346 theoretical and experimental derivations of unstable slip.

347 3.4 Development of tremor activity area

348 Although not migrating along strike, the spatial extent of tremors expands dur-
 349 ing this initiation stage. Therefore, we analyzed the tremors at the initiation stage to
 350 explore the relationship between the evolution of the spatial extent of tremors and the
 351 slip moment evolution. For the analysis of each ETS initiation event, we first extracted
 352 tremors within a $150 \text{ km} \times 150 \text{ km}$ square centered at the middle of each template fault
 353 (Figure 6). Then, to align the time axis of each event, we converted their occurrence time
 354 into a normalized time axis defined as follows:

$$t_{norm} = \frac{t - T_e^{sb}}{T_e - T_e^{sb}}, \quad (4)$$

355 where t and t_{norm} indicate the time axis before and after the normalization and T_e^{sb} and
 356 T_e are already defined in Equation (2) for each ETS initiation event e . With this nor-
 357 malization, $t_{norm} < 0$ and $t_{norm} \geq 0$ correspond to the period before and during the
 358 SSE moment release detectable with the multi-site stack for each individual event, re-
 359 spectively. The period $t_{norm} \geq 1$ corresponds to the migration stage. We inferred the
 360 effective area of the tremor activity by fitting an ellipse enclosing about 95% of tremor

epicenters using singular value decomposition analysis. For each ETS initiation event, we took tremors from $t_{norm} = -1$ to $t_{norm} = T_{area}$ with T_{area} varied from -0.6 to 1 to illustrate the temporal evolution of area until the onset of the migration stage. We provide more details of the tremor area estimation in Text S3. Most events we analyzed exhibit tremor occurrence prior to the emergence of detectable slip signal (i.e., $t_{norm} < 0$) as seen in our other analyses (Figures 3 and 4b). The area at $t_{norm} = 0$, namely, $A_e(t_{norm} = 0)$ could be considered a reasonable proxy for the minimum area of tremors to form the detectable ETS (Figure 7a). The ellipse area at $t_{norm} = 0$ varies from one event to another (Figure 7a) even for those initiating at similar locations (Figure 6), but the typical dimension is tens of kilometers.

The tremor areas $A_e(t_{norm})$ increase steadily in space and time for most events (Figures 6 and 7). To illustrate common features of tremor area evolution among the events, we focus on the normalized evolution of tremor areas $\Delta A_e(t_{norm})$ (Figure 7b) given as

$$\Delta A_e(t_{norm}) = \frac{A_e(t_{norm}) - A_e(t_{norm}^{min})}{A_e(1) - A_e(t_{norm}^{min})} \quad (5)$$

where $A_e(t_{norm})$ is the ellipse area of event e as a function of t_{norm} . The term t_{norm}^{min} is the normalized time when the first estimation of A_e is obtained, namely, when a sufficient number of tremors emerges to fit an ellipse. The compilation of $\Delta A_e(t_{norm})$ for the events we analyzed indicates a tendency for faster area increase at a later time, especially after $t_{norm} = 0$ (Figure 7b). This means that the tremor area develops more efficiently when the slip moment release grows significantly, suggesting a feedback process between tremors and slip. This feedback starts after the first few days (Section 3.2).

Actually, the ellipse approximation of the tremor activity area is not always a suitable approach for all the events. For example, Event #8 and #10 exhibit a jump of tremor cluster location during the initiation stage (Figures 6 and 7b). As a result, the tendency of the quicker area increase with the detectable SSE moment rate is blurred for them. Also, we excluded 4 events from the tremor area analysis for either of the following reasons. (1) No ellipse estimations before $t_{norm} = 0$ (Event #1; Figures 4a and S14), which is due to the catalog break on August 6 2009 (Section 2.1), (2) The onset time of linear moment release earlier than the tremor onset time due to the limitation of the piecewise linear fit (Event #3 and #13; Figures 4a, S15, and S25), or (3) The too uncertain onset time of linear moment release due to the very little number of GPS sites stacked (Event #9; Figures 4a and S21).

4 Discussion

4.1 Mechanical interpretation using end-member models of slip-tremor interaction

We discuss the mechanical relationship between SSE and tremor during the ETS initiation. We first employ two end-member models proposed by previous studies and then propose a scenario reconciling them in the next section. Both end-member scenarios assume that tremor is a seismic rupture of a brittle stick-slip patch whereas SSE is an aseismic creep of the background matrix (e.g., Chestler & Creager, 2017a, 2017b; Luo & Liu, 2019, 2021). This stick-slip assumption for tremor agrees well with the recurrence of tremors at nearly identical locations (Rubin & Armbruster, 2013) and thrust-type mechanism solution of LFEs that compose tremors (Royer & Bostock, 2014; Shelly et al., 2007). The two scenarios assume a different relative strength of the unruptured tremor patches compared to the strength of the background SSE matrix. In one scenario, unruptured tremor patches are "strong" so that they prevent SSEs from accelerating. In the other scenario, unruptured tremor patches are weaker and they rupture in response to the SSE and do not modulate the SSE behavior. We compare our analysis results, other observations, and model knowledge against the anticipated behavior for each scenario to dis-

409 cuss the plausible relationship between SSE and tremors. In the following discussion, we
 410 assume a planar heterogeneous fault consisting of brittle and ductile components, but
 411 our conceptual and qualitative discussion is directly applicable to the volumetric ETS
 412 zone fault model, which is favored by the geological outcrops (e.g., Angiboust et al., 2015;
 413 Behr & Bürgmann, 2021; Fagereng et al., 2014; Kotowski & Behr, 2019; Ujiie et al., 2018;
 414 Tulley et al., 2022).

415 The first scenario considers "strong" brittle tremor patches, which govern the inter-
 416 face fault strength, and the ductile background contributes little to the fault strength
 417 (Ando et al., 2023; Beall et al., 2019; Lavier et al., 2021; Wu, 2021). Small brittle seis-
 418 mogenic patches may couple the interface and collectively generate a stress shadow pre-
 419 venting the interface from slipping (Hetland & Simons, 2010). This simple mechanical
 420 sketch may be applicable for the ETS growth and, if so, tremor patches would pin the
 421 interface and prevent the background ductile matrix from creeping at an observable mo-
 422 ment rate. In other words, the growth of SSEs in Cascadia would be hindered by the readi-
 423 ness of tremor patches to rupture and their spatial distribution. Fluid pressure and its
 424 temporal evolution indirectly modulate the interface strength and affect the readiness
 425 of the tremor patches. In this scenario, the lag between the onsets of tremor activity and
 426 detectable SSE moment acceleration would result from the necessity of interface unpin-
 427 ning by means of tremor occurrence to let SSE grow into a detectable size. The active
 428 tremor area at the onset of detectable slip (i.e., $Ae(t_{norm} = 0)$) variable from one event
 429 to another (Figure 7a) might also indicate that SSE growth is modulated by the distri-
 430 bution of unruptured tremor patches and their strength. Yet, whether unruptured tremor
 431 patches are strong enough to control the interface strength to generate the extensive inter-
 432 ETS locking in the ETS zone (Figure 8a; Saux et al., 2022) is questionable given the huge
 433 contrast in size and moment between the tremors and the surrounding SSE (Chestler
 434 & Creager, 2017b).

435 The other end-member scenario considers extremely weak unruptured tremor patches.
 436 Those patches do not contribute to the inter-ETS fault strength and locking which is in-
 437 stead supported by the background SSE fault. Tremors are a passive marker of slip (e.g.,
 438 El Yousfi et al., 2023; Frank, 2016; Jolivet & Frank, 2020). This scenario is consistent
 439 with the huge contrast in size and moment between the tremors and the surrounding SSE
 440 (Chestler & Creager, 2017b). In this scenario, tremor patches do not modulate the SSE
 441 behavior. In such case, the lag between the acceleration of the SSE moment and the on-
 442 set of tremor activity (Figures 3c and 4b) may simply highlight critically stressed tremor
 443 patches which respond to tiny local seeds of SSE. The growth of the SSE is controlled
 444 by the characteristic critical dimension of mildly velocity-strengthening faults (e.g., Liu
 445 & Rice, 2007), and the slip area needs to expand to the critical dimension to form a de-
 446 tectable SSE. Hence, the large characteristic dimension of tens of kilometers (Figure 7a
 447 and Section 3.4) might be responsible for the observed lag. However, this scenario pos-
 448 sibly fails in explaining the occurrence of isolated tremor bursts in a smaller dimension
 449 than the critical length unless spatial variation of normal stress is introduced, which lo-
 450 cally clamps the interface (e.g., Luo & Liu, 2021). Hence, highly non-uniform normal stress
 451 (and hence strength) distribution would be required to reproduce the spatiotemporally
 452 prevalent short tremor bursts. Fluids released from the subducted slab around the man-
 453 tle wedge corner (e.g., Audet & Bürgmann, 2014; Audet et al., 2009; Farge et al., 2021;
 454 X. Gao & Wang, 2017; Gosselin et al., 2020; Liu & Rice, 2007, 2009; Shapiro et al., 2018)
 455 might contribute this heterogeneous stress distribution to some extent.

456 4.2 Proposed scenario of ETS initiation in Cascadia

457 We propose a scenario reconciling the two end-member models: both the unrup-
 458 tured brittle tremor patches and the background SSE fault zone contribute to the ETS
 459 zone fault strength, but unruptured tremor patches are a relatively strong portion com-
 460 pared to the background. To describe the anticipated ETS process in this scenario, we

461 define four stages of ETS growth: (a) inter-ETS, (b) local unpinning, (c) slip-tremor feed-
 462 back growth, and (d) migration stages. The ETS initiation stage corresponds to stages
 463 b and c (Figure 8). At the inter-ETS stage (Figure 8a), locking at a large slip deficit rate
 464 is anticipated in the ETS zone, supported by the recent geodetic analysis (Figure 8a; Saux
 465 et al., 2022). During this stage, only very tiny SSEs with feeble displacement signals are
 466 allowed, which are, however, hidden in the noise of geodetic observations and observable
 467 only by stacking a large amount of GNSS data (Frank, 2016; Jolivet & Frank, 2020). When
 468 tremor activity starts, namely, at the beginning of the local unpinning stage (Figure 8b),
 469 the locked background fault is locally unpinned. However, it is not allowed to form a de-
 470 tectable large slip while the rest of the interface remains coupled, partly supported by
 471 unruptured tremor patches. Our multi-event stack suggests the presence of such a tiny
 472 slip during the local unpinning stage (Figure 5). Once a sufficient number of tremor patches
 473 are ruptured, the background SSE fault creeps more efficiently. The lag between the tremor
 474 onset and the slip acceleration claims for a transition from the local unpinning to the
 475 slip-tremor feedback growth stages. This transition happens within a few days, as high-
 476 lighted by many observations (Section 3.2). As such a fast slip rate triggers further un-
 477 pinning of the interface, ETS grows as a feedback between slip and tremor (Figure 8c).
 478 The collocation of slip and tremor peaks during the initiation stage (e.g., Dragert & Wang,
 479 2011; Hall et al., 2019; Itoh et al., 2022) supports the idea that the unpinning of the in-
 480 terface via tremor ruptures facilitates the creep of the interface. Once the SSE is grown,
 481 its stress perturbation may trigger tremors at the tip of the slipping area, which facil-
 482 itates the spatial expansion of the slipping area. Then, once the slipping region saturates
 483 the down-dip extent of the ETS zone, the SSE can only propagate laterally (Gomberg
 484 et al., 2016), which is commonly seen as migration (Figure 8d). This stress-driven un-
 485 pinning allows the slip peak to migrate into these unpinned areas in the lateral adjacent
 486 zones, resulting in the observed spatial shift of tremor and slip peaks (e.g., Dragert &
 487 Wang, 2011; Hall et al., 2019; Itoh et al., 2022).

488 The proposed scenario is consistent with the occurrence of isolated tremor bursts
 489 lasting for a few days without detectable slip signal unless extensively stacked (e.g., Frank,
 490 2016; Jolivet & Frank, 2020) (Figures 1c and S1c-S12c). They can be interpreted as events
 491 aborting at the local unpinning stage (Figure 8b), which fail to evolve into the slip-tremor
 492 feedback growth stage (Figure 8c). Their more frequent occurrence than major ETSs is
 493 consistent with the assumption that the readiness of tremor patches to rupture controls
 494 the slip growth process. Hence, during most time of the ETS cycle, the interface state
 495 oscillates between the inter-ETS stage and the local unpinning stage.

496 4.3 Implication for moment-duration scaling of slow earthquakes

497 The scaling relationship between the moment and the duration of slow earthquakes
 498 offers a clue to their physical mechanism, but it has been under debate for decades (Frank
 499 & Brodsky, 2019; Ide & Beroza, 2023; Ide et al., 2007; Gomberg et al., 2016; Michel et
 500 al., 2019). The scaling relationship usually investigates the total moment and duration
 501 of each event, and the temporal evolution of this scaling for specific event phases (ini-
 502 tiation, propagation, termination) has not been investigated. Such temporal snapshots
 503 should contain ample information which potentially constrains the underlying physical
 504 mechanisms of slow earthquakes, so we discuss a snapshot of the moment-duration scal-
 505 ing at the end of the ETS initiation stage. We converted the slip proxy (i.e., the moment-
 506 time function shape) into absolute moment evolution by following Bletery and Nocquet
 507 (2023); the moment function is linear to the GPS stack with a conversion coefficient which
 508 is a function of \mathbf{w}_i^e in Equation (1) (i.e., the distribution of sites stacked and the tem-
 509 plate fault parameters). We attempted two different ways of measuring each initiation
 510 event's duration; the first one is based on the duration of the second section of the piece-
 511 wise linear fit $T_e - T_e^{sb}$ (Figure 4a) and the other is based on the tremor activity du-
 512 ration in the initiation zone $T_e - T_e^{tb}$ (Figure S28). Whichever duration measurement
 513 we use, the moment and duration fall near the upper bound of cumulative slow earth-

quake moment with a given total duration Ide and Beroza (2023) (Figure 9). The linear relationship between moment and duration over the range of 0.1 seconds to a few years marks this upper bound Ide and Beroza (2023); Ide et al. (2007). This suggests that the moment and duration of SSEs evolve by following the upper bound during the migration stage, meaning that SSEs migrate diffusively. This diffusive nature of SSE migration is consistent with many observations and models (e.g., Ando et al., 2012; Ide, 2008; Ide & Maury, 2018).

During the initiation stage, the piecewise linear function in Equation (2) satisfactorily fits the moment proxy (i.e., the GPS stacks) for most events (Figure 4a), indicating that the development of SSE source during the slip-tremor feedback stage (Figure 8c) is also a diffusive process once the slip moment has significantly accelerated. Meanwhile, the development of ETS is not diffusive at the local unpinning stage (Figure 8b) because the multi-event stack suggests the presence of possibly continuous slip acceleration during this local unpinning stage (Figures 5). We speculate that the moment-duration relationship during the local unpinning follows that of tremors or LFEs as ingredients of tremors, which do not necessarily obey the linear scaling (Farge et al., 2020; Oikawa & Aso, 2024; Supino et al., 2020). The deviation from the linear scaling at the very beginning of ETS unpinning conforms also with the scenario that external perturbations activate the unpinning process such as continuous loading from the stable sliding zone (e.g., Wech & Creager, 2011), dynamic triggering (e.g., Itaba & Ando, 2011; Rubinstein et al., 2007, 2009), and fluid pressure transient (Gosselin et al., 2020; Kita et al., 2021; Nakajima & Uchida, 2018; Shapiro et al., 2018; Warren-Smith et al., 2019).

5 Conclusions

We carried out ETS analyses specifically designed to observationally illustrate the ETS initiation stage without time-dependent slip inversions which smooth the actual temporal history of moment release. Our results highlight that the significant acceleration of the SSE moment occurs ~ 1 day after the onset of tremors. In agreement with other seismological observations, our results imply that SSE acceleration has a typical time scale of a few days to accelerate into a detectable moment rate. We also found that the tremor area expands more rapidly once the SSE moment has accelerated, suggesting slip-tremor feedback as an efficient way of ETS growth. We propose that the interface strength is controlled by both the tremor patches and the background SSE fault and unruptured tremor patches represent a relatively strong portion of the plate interface. Unruptured tremor patches may hinder the growth of the SSE, which becomes more efficient once these tremor patches rupture collectively (Figure 8a-b). Once the SSE has accelerated, SSE itself starts to trigger tremors, the rupture of which in turn facilitates the SSE growth, exhibiting a slip-tremor feedback growth (Figures 8c-d). Our moment-duration analysis suggests that this feedback growth might be a diffusive process. Quantitative validation of the proposed scenarios through numerical modeling and laboratory experiments is necessary in the future.

Open Research Section

We processed only published results/data and no new data were acquired. The GPS coordinates (Blewitt et al., 2018) are available from Nevada Geodetic Laboratory (2024). Tremors (Ide, 2012; Idehara et al., 2014; Wech, 2021) used in this study are retrieved from Pacific Northwest Seismic Network (2024) and World Tremor DataBase (2024). We used a Fortran 90 translation of DC3D and DC3D0 (Okada, 1985) provided as Miyashita (2020).

Table 1. List of ETS initiation events and template fault parameters

#	T_e (year)	Longitude ($^{\circ}$)	Latitude ($^{\circ}$)	Depth ^a (km)	Length (km)	Width (km)
1	2009.6088200624	-123.20	46.30	36.14	80	80
2	2010.6251806221	-123.00	47.50	40.43	70	70
3	2011.4477146551	-123.30	45.00	34.59	70	70
4	2012.6889972621	-124.50	48.90	36.96	70	70
5	2013.1751749182	-123.10	45.25	35.35	80	80
6	2013.7015457449	-123.00	47.50	40.43	100	100
7	2013.7201117956	-126.50	50.00	29.47	70	70
8	2014.9189482090	-123.00	47.70	41.25	70	70
9	2014.8558445509	-125.69	49.50	32.05	60	60
10	2015.9919100312	-124.40	48.90	37.86	100	100
11	2016.1103030649	-123.50	44.50	34.23	80	80
12	2017.1566278804	-123.00	47.60	40.81	80	80
13	2017.2233249677	-123.30	47.95	38.12	60	60

The rest of fault parameters is provided in Table S2

^a Slab 2 (G. P. Hayes et al., 2018)

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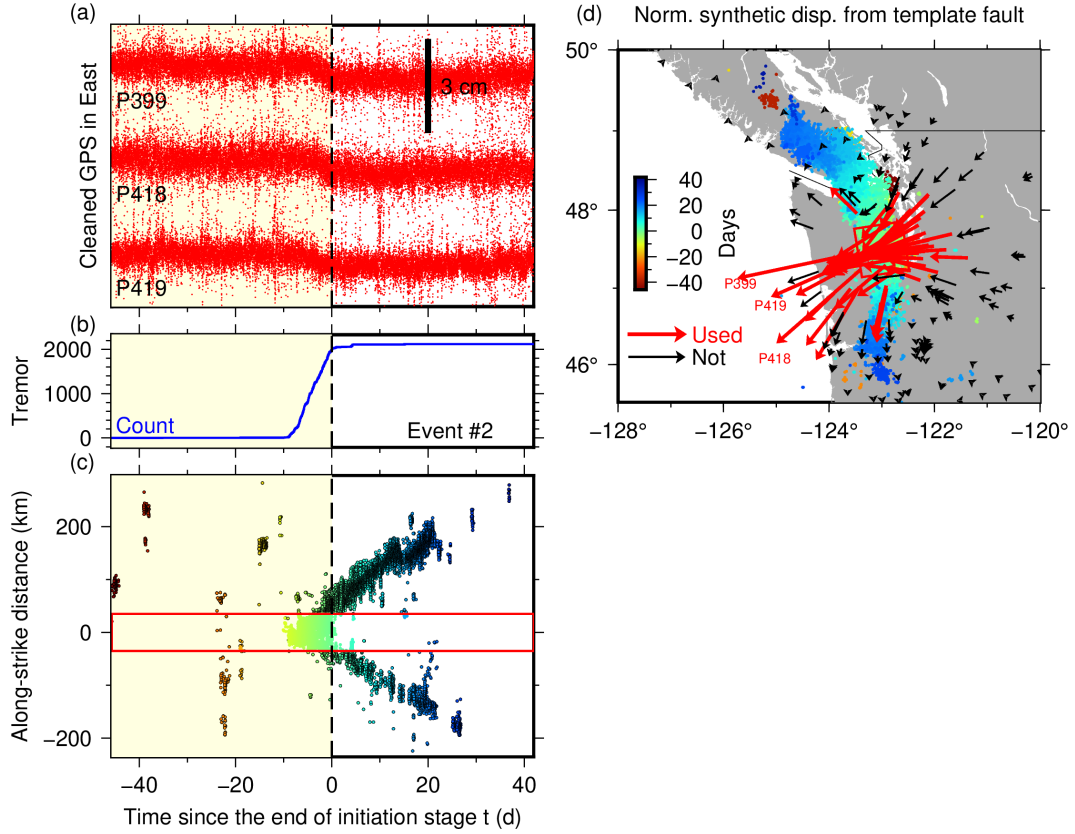


Figure 1. An example of major Cascadia ETSs analyzed in this study (Event #2; Table 1). (a) Examples of the east component of cleaned sub-daily GPS time series (site name labeled and location in (d)). Yellow background highlights the time range toward the end of the initiation stage of the ETS studied here. (b) Cumulative tremor counts in the initiation zone (red rectangle in (c-d)). (c) Time evolution of tremor location in the along-strike direction (dots). Dots without and with the outline are those inside and outside the initiation zone, respectively. The red lines indicate the along-strike range of the initiation zone. (d) Tremor distribution color-coded with time. Red rectangle indicates a template fault to compute surface displacements (vectors) used to weight time series at each site for stacking (\mathbf{w}_i^e). Only vectors in red are used for stacking $b = 0.3$ (See Text S1). Plots for other events are shown as Figures S1-S12

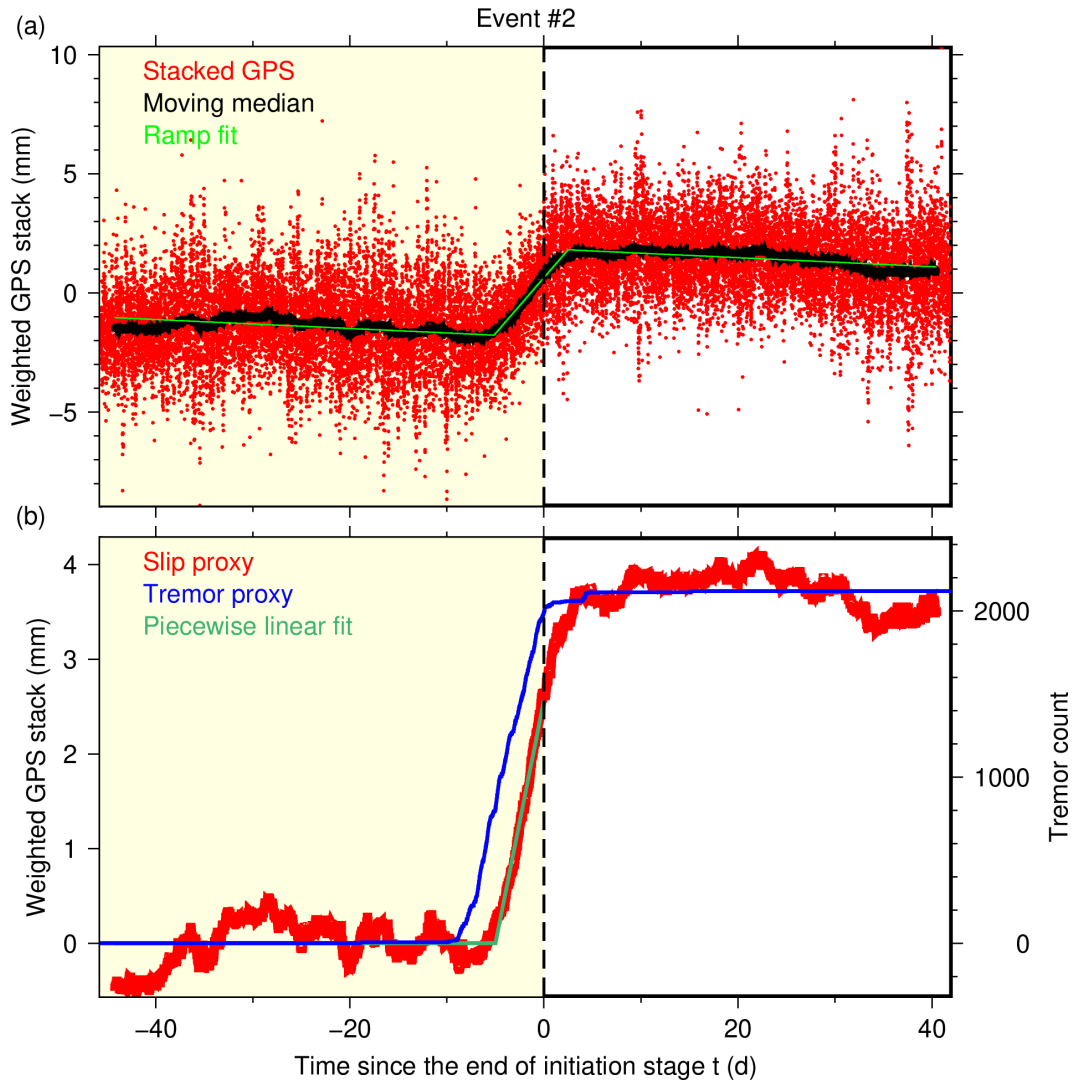


Figure 2. An example of sub-daily GPS stack (Event #2). (a) Stacked GPS (red dots), their moving median (black curve, window length = 3 days), and a ramp function fit to the moving median to remove the local linear trend (green; Text S1). (b) Detrended moving median of sub-daily GPS stack (slip proxy; red), piecewise-linear fit to it (green; data at $t \leq 0$ is used), and cumulative tremor count (tremor proxy; blue). Plots for other events are shown in Figures S14-S25.

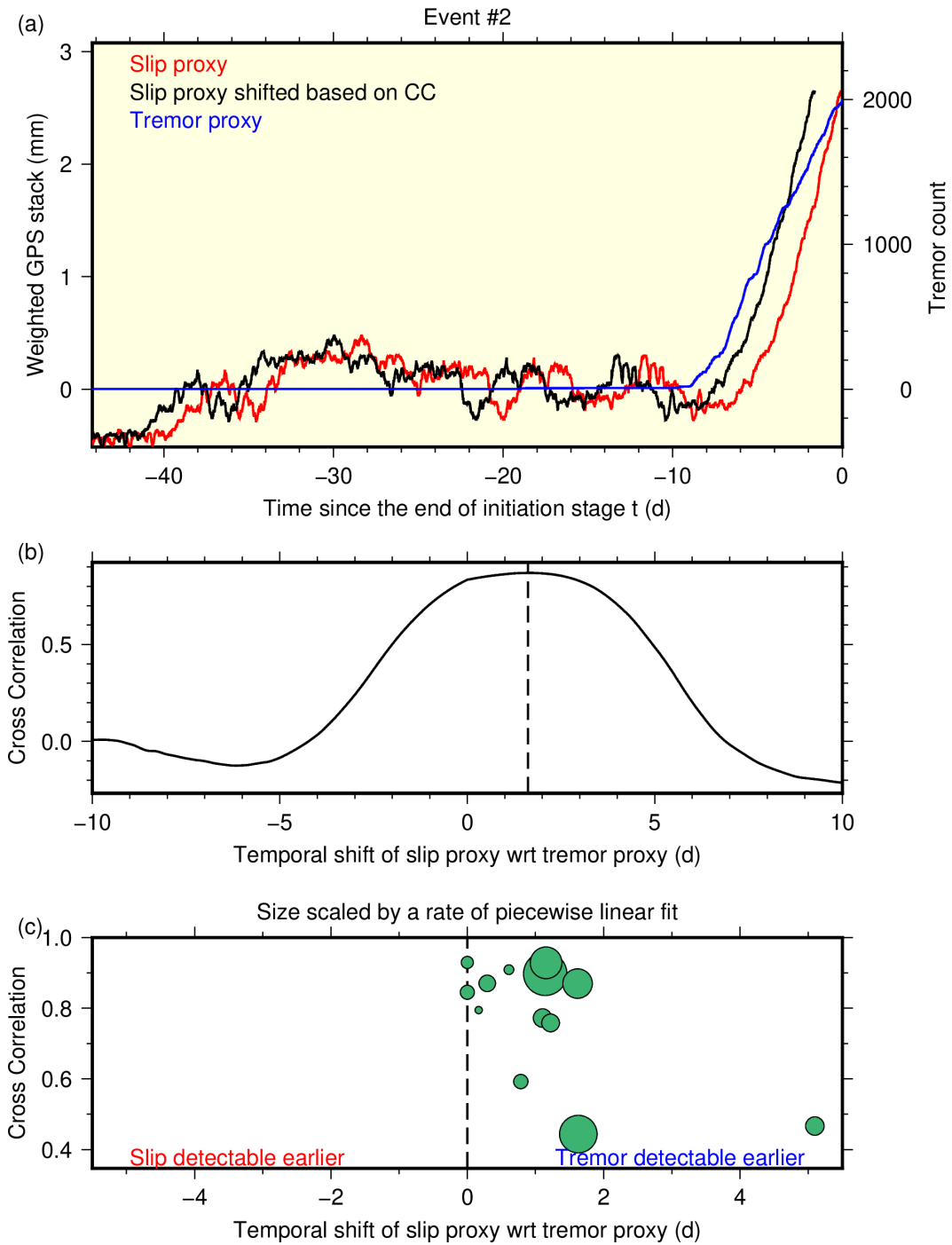


Figure 3. Cross correlation (CC) analysis. (a) Comparison of slip (red) and tremor (blue) proxies as well as slip proxy shifted by the lag measured by CC (black). (b) CC values with different temporal shifts of slip proxy. The vertical broken line indicates the delay which maximizes CC. (c) Compilation of temporal shift and corresponding CC for all the events (green dots). Dot size is scaled by a rate of the second section of the piecewise linear fit to the slip proxy (Figures 2b, 4a, S14b-S25b, and Section 3.3) which approximates signal to noise ratio of the slip proxy.

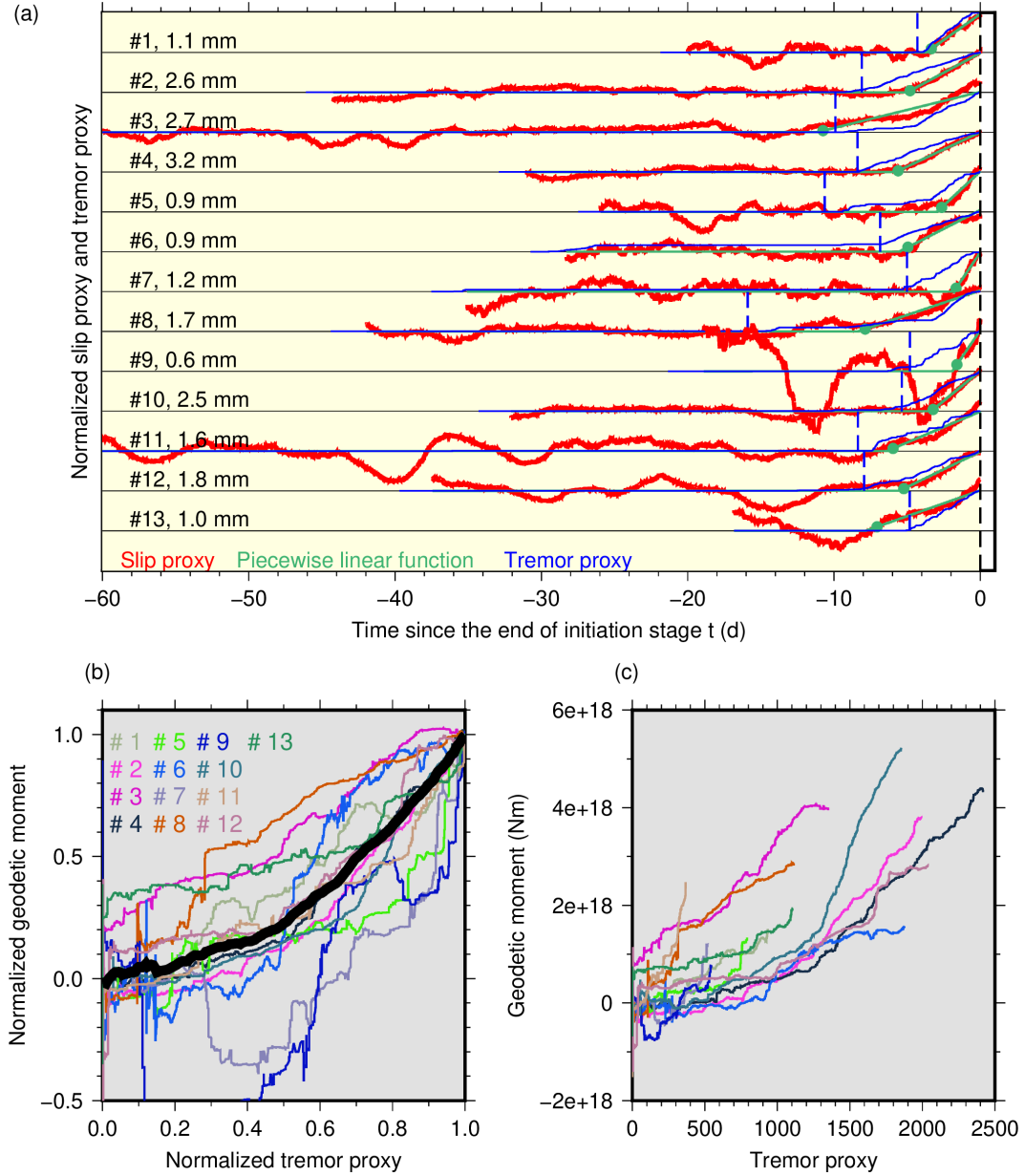


Figure 4. (a) GPS stacks for all the events (red; slip proxy), piece-wise linear fit to them (green), and cumulative tremor count (blue; tremor proxy) until the end of the initiation stage. Event # (Table 1) and corresponding amplitudes of stack displacement are labeled. Each GPS stack and corresponding piece-wise linear fit are normalized by the amplitude. Each cumulative tremor count is normalized by its value at the end of the initiation stage ($t = 0$). The green dot indicates the SSE moment onset time $t = T_e^{sb}$ while the blue vertical dotted line indicates the tremor onset time $t = T_e^{tb}$ (Figure S28). (b) Evolution of geodetic SSE moment (slip proxy) with respect to tremor count (tremor proxy) for each event (color), both of which are normalized by their respective final values for each event. Thick black curves indicate a weighted stack of the normalized curves. (c) Same as (b) but with both axes not normalized.

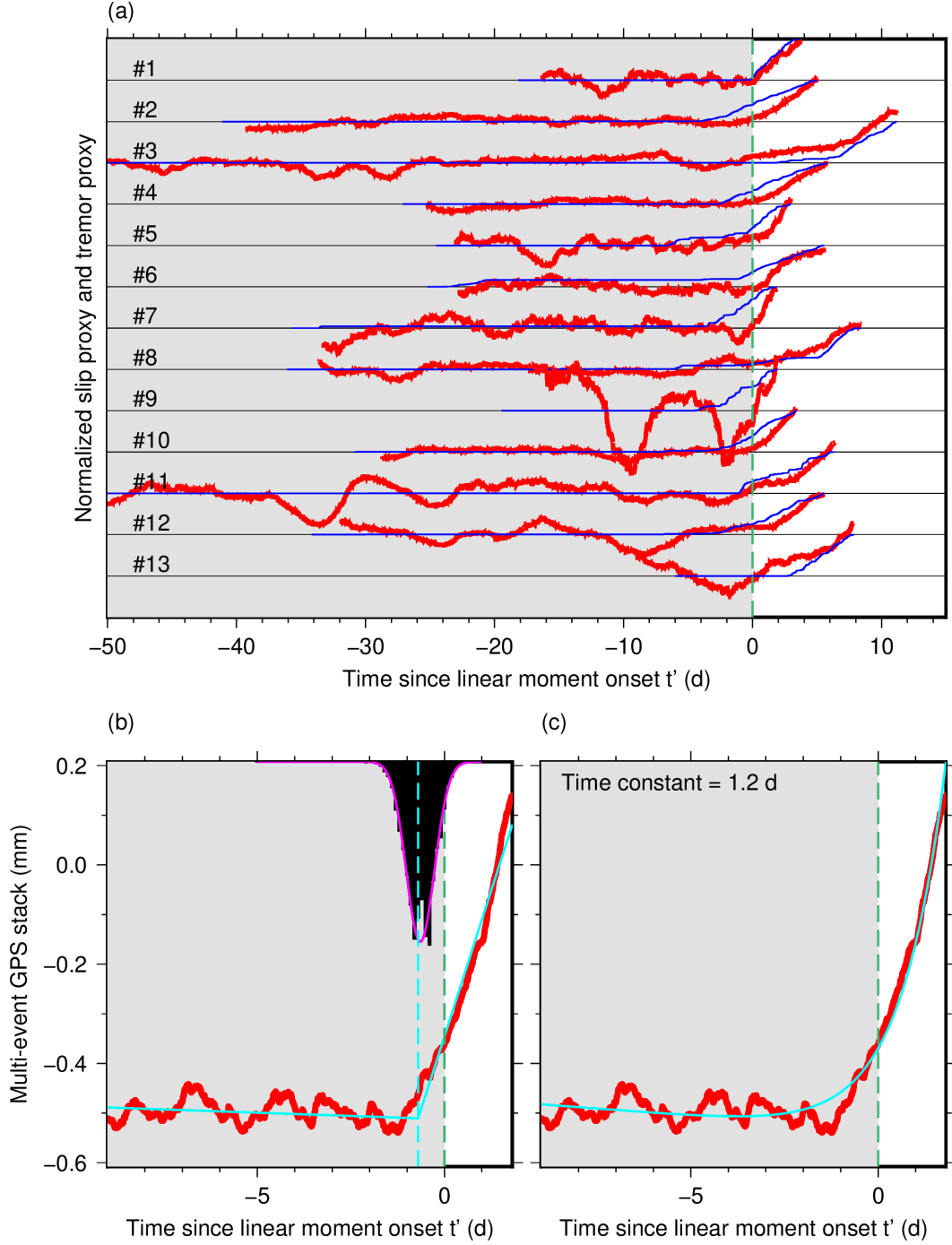


Figure 5. Multi-event GPS stack. (a) Same as Figure 4, but with the new t' time axis (Section 3.3) after shifting the time axis of the original stacks by the onset of linear moment release time. The green vertical line corresponds to $t = T_e^{sb}$ (green dot in Figure 4). Gray background indicates the period during which the clear moment release is not identified by the piecewise linear fit to the multi-site stack for each individual event. (b-c) Multi-event stack result (red) with its piece-wise linear fit (aqua). Black histogram and pink Gaussian curve fit in (b) indicate a bootstrap test result for the estimated time of the kink T_{mb} indicated as the broken line in aqua. (c) Same as (b) but with an exponential fit with the equation of $d(t') = c_6 + c_7 t' + c_8 \exp(-\frac{t' - T_m}{\tau_{exp}})$, where c_6 , c_7 , c_8 are the coefficient of each term, τ_{exp} is the time constant as labeled in (c). Refer to Section 3.3 for the other variables.

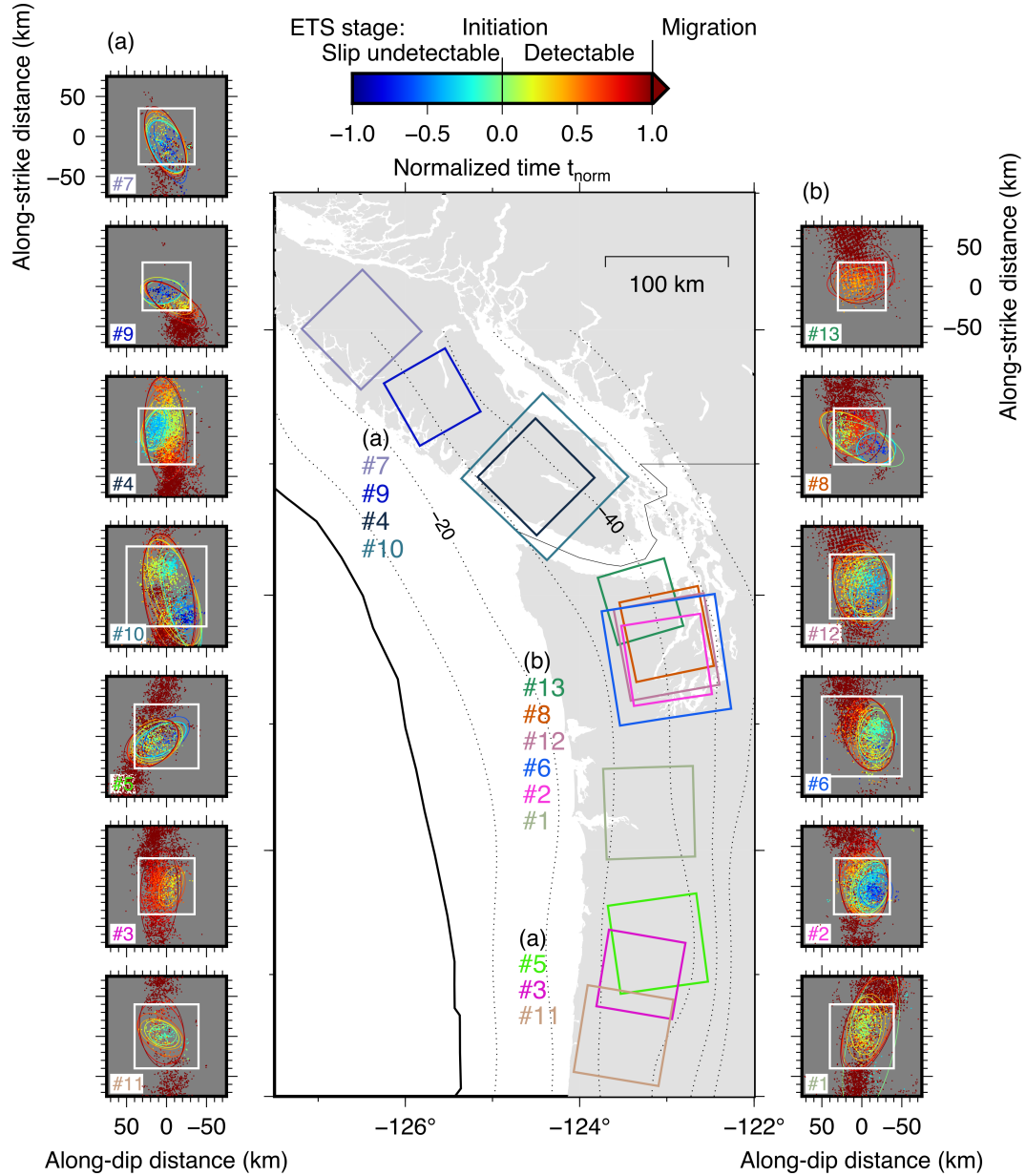


Figure 6. Map view of ETS initiation zones as template faults for GPS stack (colored rectangles in the map) with associated tremors (colored dots). (a-b) Tremor distribution color-coded by normalized time t_{norm} (Equation (4)). Colored ellipses indicate ellipsoidal areas enclosing about 95% of tremors by the time since $t_{norm} = -1$. White rectangles indicate the area of the template faults for each event.

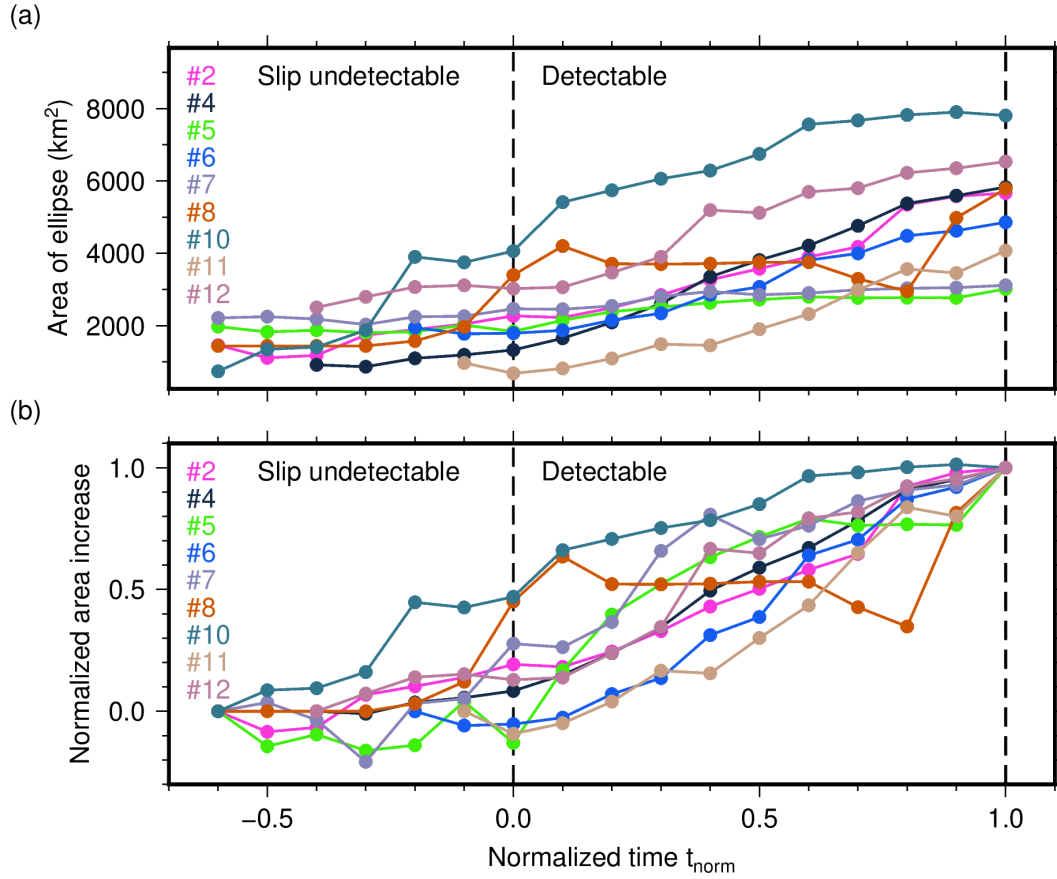


Figure 7. (a) Area of ellipse enclosing 95% of tremor epicenters $A_e(t_{norm})$ for each ETS initiation event a function of time t_{norm} (Figure 6). Tremors shown in Figure 6 are considered for the calculation and those at $t_{norm} < -1$ are excluded. (b) Normalized area increase $\Delta A_e(t_{norm})$ (Equation (5)).

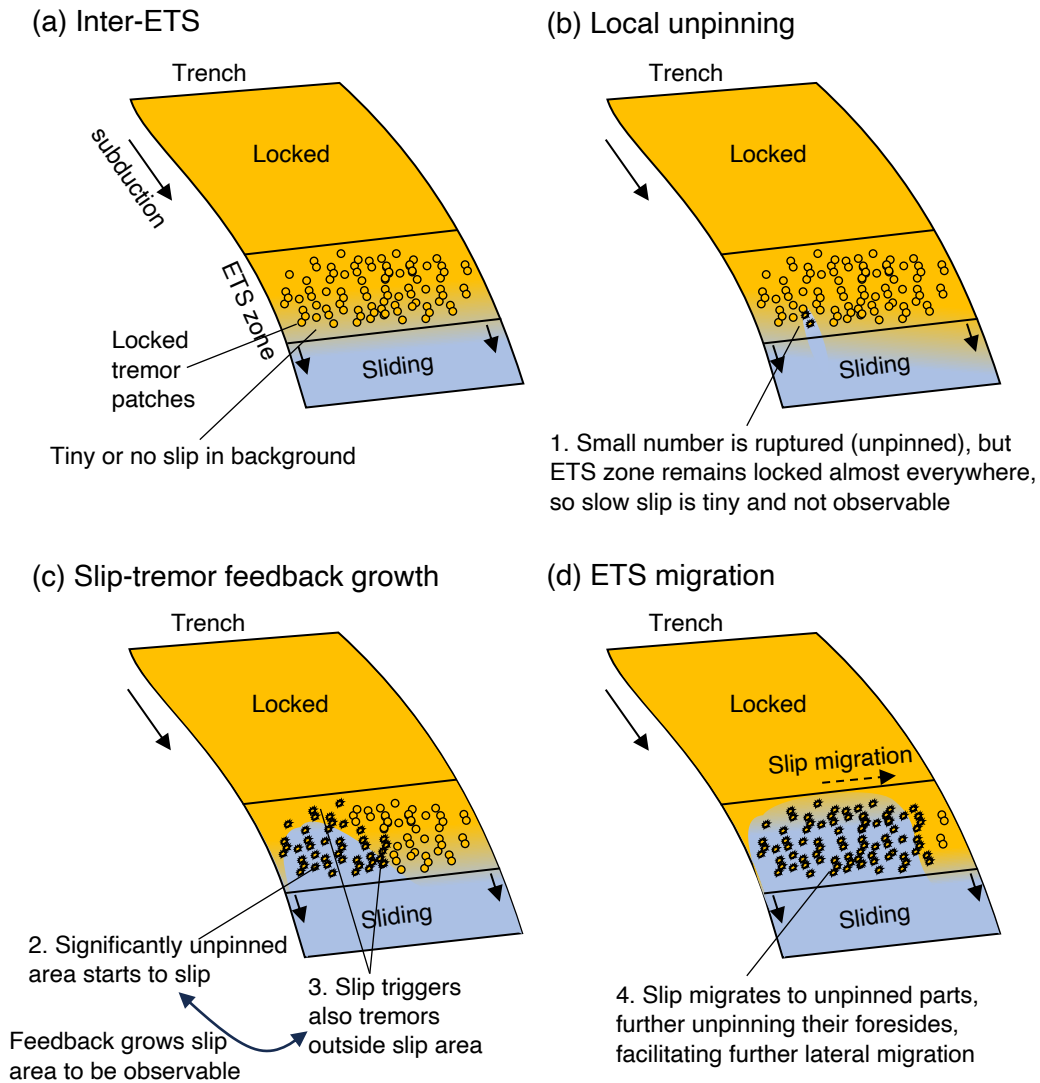


Figure 8. Sketch of the conceptual model we propose as a mechanism for ETS initiation in Cascadia. Tremor patches are a relatively strong portion of the locked interface, and their removal facilitates the SSE growth. A unilateral migration case is drawn for visual clarity, but the same model holds for the bilateral migration case. The model is drawn with a zero-thickness ETS zone fault for simplicity, but the concept here can be extended into a finite-thickness heterogeneous brittle-ductile mixed fault zone.

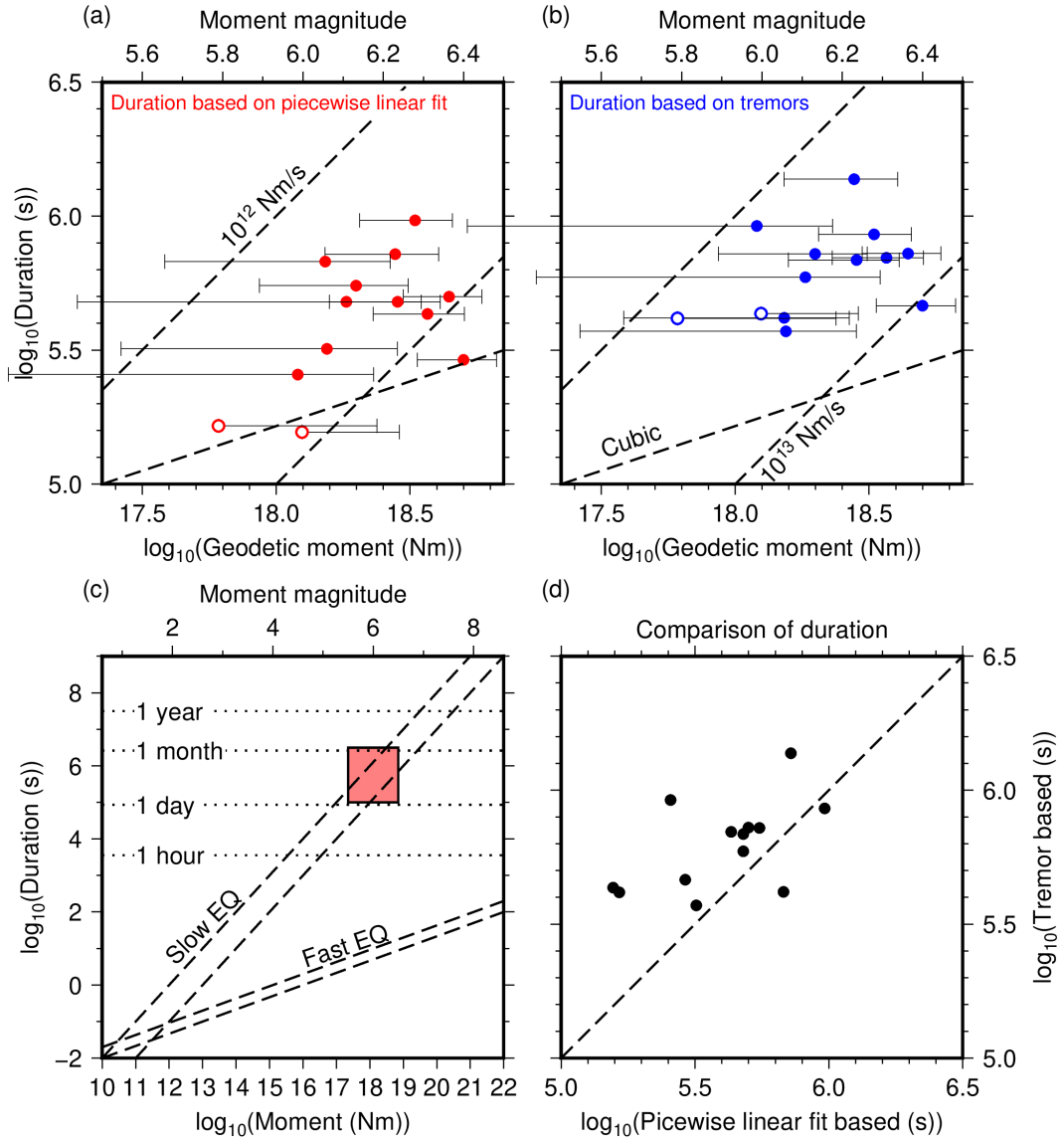


Figure 9. Moment-duration scaling of SSE initiation estimated in this study. (a-b) Moment and duration (dots) with duration estimated by the piece-wise linear fit (a; Figures 2, 4a, and S14-S25) and the tremor count analysis (b; Figure S28). We estimated error bars of geodetic moment based on the quartile deviation of the GPS stack. Data points are drawn with open symbols with error bars on the lower side trimmed when their ends are negative. (c) Global moment-duration scaling for fast and slow earthquakes (drawn after Ide and Beroza (2023)). Area of (a-b) is shown as a red rectangle. (d) Comparison of duration estimated by the two ways shown in (a-b). The broken line indicates a 1:1 ratio.

Supporting Information for ”Slip-tremor interaction at the very beginning of Episodic Tremor and Slip in Cascadia”

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1. Text S1. Details of sub-daily GPS time series cleaning and multi-site stacking

1.1. Sub-daily GPS time series cleaning

We employed GPS coordinates at a 5-minute interval processed by Nevada Geodetic Laboratory (Blewitt et al., 2018). After fixing the coordinates into the North American plate reference frame (Altamimi et al., 2017), we removed spatiotemporally correlating fluctuations due to multipath (e.g., Choi et al., 2004; Itoh & Aoki, 2022; Larson et al., 2007; Ragheb et al., 2007), diurnal variation (Itoh et al., 2022) and common mode error (e.g., Wdowinski et al., 1997). We mostly followed the procedure of Moutote, Itoh, Lengliné, Duputel, and Socquet (2023) and Itoh, Socquet, and Radiguet (2023) (Figure S13a) and outline the step-by-step procedure here. We employed Seasonal-Trend decomposition using LOESS (STL, Cleveland et al., 1990; Pedregosa et al., 2011) to separate fluctuations due to multipath and diurnal variations by setting their repeat period as 23 hours 55 minutes, and 1 day, respectively. Here, the choice of 23 hours 55 minutes is based on the closest integer multiple of the GPS sampling rate (5 minutes) to the typical multipath period (23 hours 55 minutes 54 seconds; e.g., Ragheb et al., 2007). Then, we removed the common mode error from the time series free from the two periodic noises. We explain the procedure of the common mode error estimation in the next paragraph. After removing the common mode error, we removed outliers which extremely deviate from the median of each time series based on Equation (1) of Itoh et al. (2022) with $n = 8$. Finally, we removed artificial offsets due to instrumental changes and other technical reasons on days described on NGL's database, by calculating a difference between averages of a bunch of epochs before and after the day.

To estimate the common mode error, we stacked time series at sites between 121°W and 119°W, where we assumed that the impact of the Cascadia megathrust processes was negligible (Figure S13b). Before stacking the time series at those sites, they went through a data cleaning process similar to the above-mentioned except for two points: (1) we skipped the common mode error removal step and (2) we adopted $n = 10$ for the outlier removal method. We applied a looser criterion to define the outliers because it was practically quite difficult to distinguish real outliers and coordinate deviations of common modes. We weighted each site equally in the stacking, and we excluded sites with a small number of epochs.

1.2. Multi-site stacking

To resolve the temporal evolution of SSE at the initiation stage, we performed a weighted stack of multi-site time series (e.g., Bletery & Nocquet, 2023; Jara et al., 2024; Marill et al., 2021; Okada et al., 2022; Rousset et al., 2017; Wdowinski et al., 1997). The GPS stack for event e , $d_e(t)$, is:

$$d_e(t) = \frac{\sum_{i=1}^{N_e} \mathbf{d}_i^{GPS}(t) \cdot \mathbf{w}_i^e}{\sum_{i=1}^{N_e} |\mathbf{w}_i^e|}, \quad (1)$$

where, the term $\mathbf{d}_i^{GPS}(t)$ is the cleaned GPS time series at site i out of N_e time series. Here, $\mathbf{d}_i^{GPS}(t)$ is a matrix containing two time series in the east and north directions. The weight term \mathbf{w}_i^e is a two-dimensional vector containing east and north elastic displacements due to anticipated megathrust slip in the initiation zone. For each event, \mathbf{w}_i^e is time-invariant expected displacements associated with slip in the initiation zone. Here, \mathbf{w}_i^e is elastic displacements in a homogeneous isotropic half-space (Okada, 1985) due to slip in a template fault model which has the same geometry as the square area designed for the

definition of the initiation zone (Section 2.1). Depth, strike, and dip for the template faults follow Slab 2 model (G. P. Hayes et al., 2018; G. Hayes, 2018) and rake angle is computed with the OR-JF Euler pole (Bartlow, 2020; McCaffrey et al., 2007). Their dot product $\mathbf{d}_i^{GPS}(t) \cdot \mathbf{w}_i^e$ projects the time series in the two directions into the anticipated SSE-induced displacement direction and assign a weight for multi-site stacking according to the anticipated displacement amplitude, similar to Marill et al. (2021) and Bletery and Nocquet (2023). In this way, we can naturally enhance the expected signal associated with the initiation stage of SSE. As we normalized the stack using the sum of the norm of template displacement at each site (The denominator of Equation 1), the obtained GPS stack has the displacement unit. We went through the following steps for the selection of sites to stack for each event: (1) We normalized model displacements at the available sites \mathbf{w}_i^e with respect to their maximum value $w_{max}^e = \max_i(|\mathbf{w}_i^e|)$, (2) we retrieved sites satisfying $|\mathbf{w}_i^e|/w_{max}^e \geq b$ with $b = 0.3$, and (3) we discarded sites with the number of epochs smaller than 10000 (~ 35 days) in each analysis period from those retained at step 2. In some cases, we further manually removed some bad sites which show too different trend from other sites used for stacking. After the weighted stacking, we applied a moving median with a window length of 3 days to the stacked time series to drop off high-frequency fluctuations, and better resolve the long-period temporal evolution of the GPS stack. Sensitivity tests for the choice of b and the template fault shape indicate that the trend of the GPS stack at the initiation stage is not critically impacted by these stacking parameters (Figure S26).

The GPS stack exhibits a rapid transient signal roughly during the high tremor activity in the initiation zone (Figures 2a and S14a-S25a). Prior to and/or following this transient,

most of the GPS stack exhibits a gentler displacement trend in the opposite direction to the transient signal. To remove this local trend, we fit a function consisting of a linear trend and a ramp function to the moving median of the GPS stack and subsequently removed the estimated trend (Figures 2a and S14a-S25a). The start and end times of the ramp function were determined by grid search. Event #13 is a re-initiation event after the short halt of Event #12, so we trimmed out the data period corresponding to Event #12 (Figures S24-S25). One of the reasons for this local trend could be the long-term trend representing landward motion due to interevent megathrust locking (e.g., Li et al., 2018; Schmalzle et al., 2014), which we did not remove from time series at individual sites. Yet, the origin of this trend is still enigmatic because the similar local trend before and/or after the transient appears by stacking GNSS time series corrected for the long-term trend (e.g., Okada et al., 2022; Rousset et al., 2017).

2. Text S2. Synthetic test of GPS stack using kinematic SSE model

We carried out a synthetic test to verify that part of the GPS stack time series satisfactorily represents the temporal evolution of the moment in the initiation zone and is little smeared by the migrating slip. We built a kinematic slow slip model, simulated surface displacement time series due to the slip, and carried out the same weighted-stacking analysis with these synthetic displacement time series.

2.1. Model description

In the synthetic model, the slip begins by growing as an expanding circular patch from one point, which is followed by a bilateral along-strike migration once the rupture front fills

the down-dip width of the modeled fault (Figure S27a). The initial circular slip area has a radius equal to half of the down-dip model dimension and we call this slip area initiation zone. We put the areas with the same geometry at both lateral ends of the model domain, which we call the termination zone. For simplicity, we do not consider along-dip or along-strike variation of the final slip amount except the quick tapering toward zero at the end of the model domain. The rupture velocity is set constant for simplicity; a number of SSE and slow earthquake observations proves that this simplification is valid at least for the migration stage (Figures 1 and S1-S12) (e.g., Houston et al., 2011). Following Costantino et al. (2023), the temporal evolution of slip $s(x_j, t)$ at each subfault j at location x_j and time t obeys a logistic function:

$$s(x_j, t) = \frac{S(x_j)}{1 + e^{-\tau_j(t-t_j^c)}} \quad (2)$$

where, $S(x_j)$, τ_j , and t_j^c indicate the final slip explained above, a time constant, and a time of the peak slip rate, respectively, at each subfault j . Here, τ_j and t_j^c are functions of three parameters, namely, an onset time t_j^0 of slip at each patch, an arbitrary positive slip duration T_j and a non-dimensional coefficient a ranging from 0 to 0.5:

$$\tau_j = \frac{2}{T_j} \log\left(\frac{1-a}{a}\right), \quad (3)$$

and

$$t_j^c = t_j^0 + \frac{T_j}{2}. \quad (4)$$

The onset time of each patch t_j^0 is automatically determined from a prescribed rupture velocity. The terms T_j and a need prescribing. With Equations (2) - (4), slip with an amount of $(1 - 2a)S(x_j)$ takes place during the duration T_j starting from the rupture front arrival at each subfault at time t_j^0 . Prescribing larger T_j and/or a results in slower

moment release. By setting a satisfactorily small a value, the moment release before the onset time becomes negligibly small. The duration T_j is defined as follows:

$$T_j = \begin{cases} \frac{r_j}{r}(T_{migr} - T_{nucl}) + T_{nucl} & (r_j \leq r) \\ T_{migr} & (r_j > r) \end{cases} \quad (5)$$

where r , r_j , T_{nucl} , and T_{migr} is the radius of the initiation zone, the distance of subfault j from its center, and the duration of slip at each subfault inside and outside the initiation zone, respectively. In this scenario, T_j changes from T_{nucl} to T_{migr} linearly with the distance from the center to the edge of the circular initiation zone, and at the edge, the duration is equal to the migration stage so that the continuous change is realized without a jump. By prescribing a larger duration to T_{nucl} than T_{migr} , we can better model slip hinted by the longer duration of tremor activity in the initially slipping area than the outside; the resultant slip model behaves more closely to a crack-like rupture at the initiation.

2.2. Parameter setting

We referred to Event #2 to prescribe the model parameters (Figure 1). The modeled fault has a geometry of 400 and 80 km in the strike and dip directions, so the radius of the initiation and termination zones r is 40 km (Figures S27a-b). The initiation point of slip is set at the center of the model domain where the depth is set to 40 km (Table 1). The dip angle is 10 degrees everywhere for simplicity as a representative value of the region of interest (Table S2). We imposed a dip slip everywhere and no strike slip component is considered. The rupture velocity was set to 8 km/day, consistent with earlier studies (e.g., Houston, 2015; Houston et al., 2011). We set a to 0.01 and T_{nucl} and T_{migr} to 11 and 6 days, respectively, read from the distance versus time diagram of tremors (Figures 1c and S27b). We do not implement the change in the strike orientation near the border of

Canada and the United States into this synthetic model but this simplification is enough for our aim of this synthetic model analysis.

2.3. Synthetic test result

With the prescribed parameters, we simulated a temporal evolution of surface displacements at the GPS sites projected to the synthetic model domain. The obtained time series were subsequently stacked with weights gained as elastic displacements caused by a template fault slip, which was also projected to the synthetic model domain. First, we compared the synthetic displacement stack with the moment evolution computed only from the subfaults in the initiation zone (i.e., $r_j \leq r$). We normalized them by the final value of each, which matched with each other quite well (Figure S27c). This means that the temporal evolution function of the GPS stack satisfactorily represents the temporal function of the moment evolution in the initiation zone if we could perfectly exclude the laterally migrating slip effects from the GPS stack. However, such a correction is practically not feasible. Then, we compared two synthetic displacement stacks containing the contribution from (1) the initiation zone only and (2) all the subfaults in the entire model domain (Figure S27d); the latter can be considered as a noise-free observed stack. As expected, the two stacks match with each other perfectly from the beginning to a certain time and they depart from each other after this time. This departure time is close to the time when the rupture front passes the edge of the initiation zone and, therefore, the contribution of the migrating slip to the surface displacement starts to become significant. Based on these synthetic test results, we verified that we can interpret the temporal evolution pattern of the observed GPS stacks as a representation of scale-free temporal evolution of moment release in the initiation zone until a certain time. We determined the

time until which we could consider the migration effect based on the cumulative tremor count curve (Section 3.1).

3. Text S3. Synthetic test of GPS stack using kinematic SSE model

We inferred approximate area of the tremor activity by fitting an ellipse enclosing about 95% of tremor epicenters using singular value decomposition (SVD) analysis. For each ETS initiation event, we took tremors from $t_{norm} = -1$ to $t_{norm} = T_{area}$ with T_{area} varied from -0.6 to 1 to illustrate the temporal evolution of area until the onset of the migration stage. The normalized time axis t_{norm} is defined in Section 3.4. The threshold of 95% was sometimes not enough to exclude tremors very far away from the main cluster in case some isolated clusters were recorded in the catalogs. To mitigate their influence, for all the cases, we carried out the SVD twice; after the first run, we calculated the standard deviation of tremor distribution measured in the directions of the two ellipse axes, and trimmed out tremors away from the ellipse center by 4 times of the standard deviation. Then, we repeated the same analysis without those outliers and calculated the area of tremor activity, which was finally corrected for the average dip angle of the plate interface taken from that of each template fault (Table S2).

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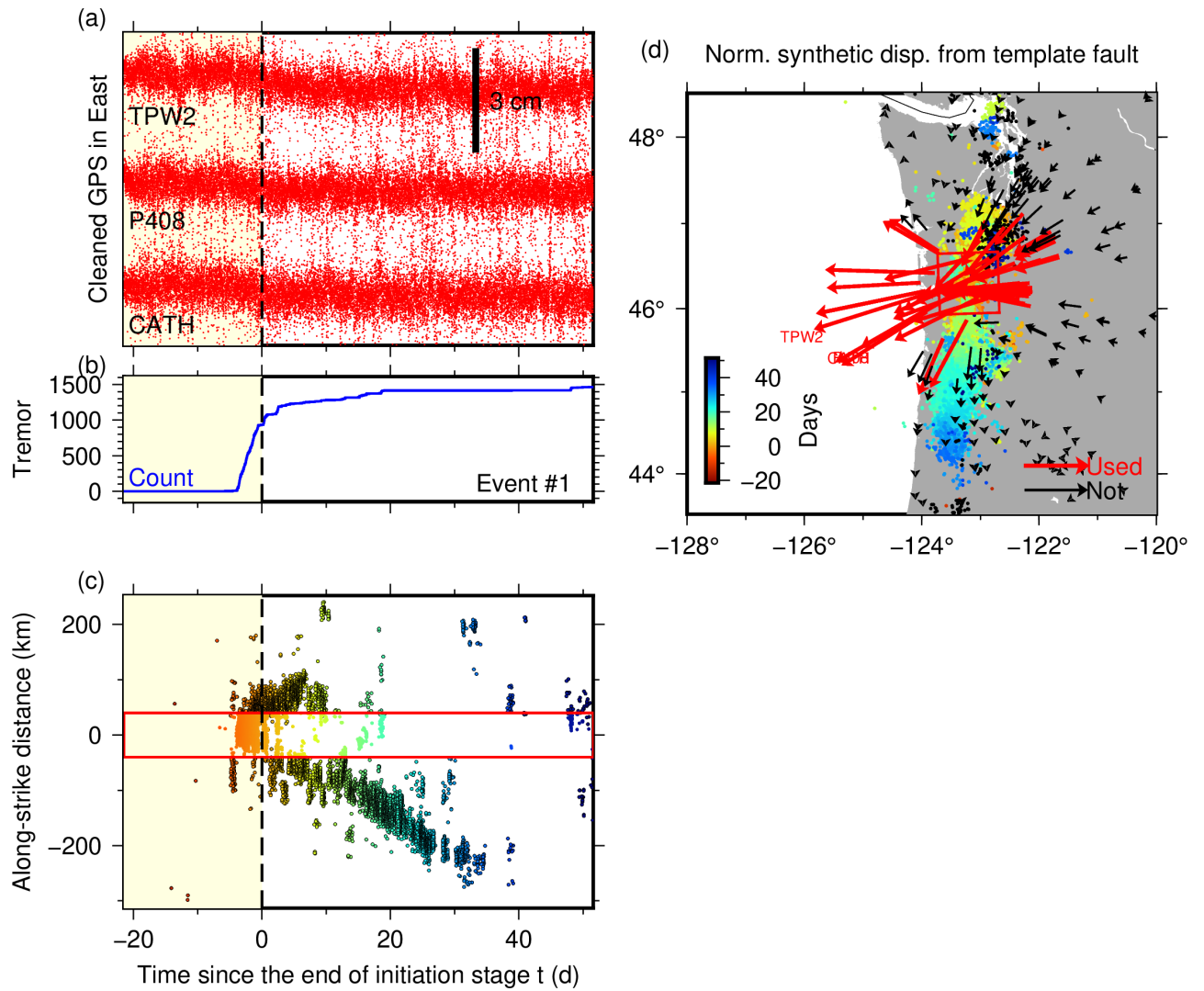


Figure S1. Same as Figure 1 but for Event #1.

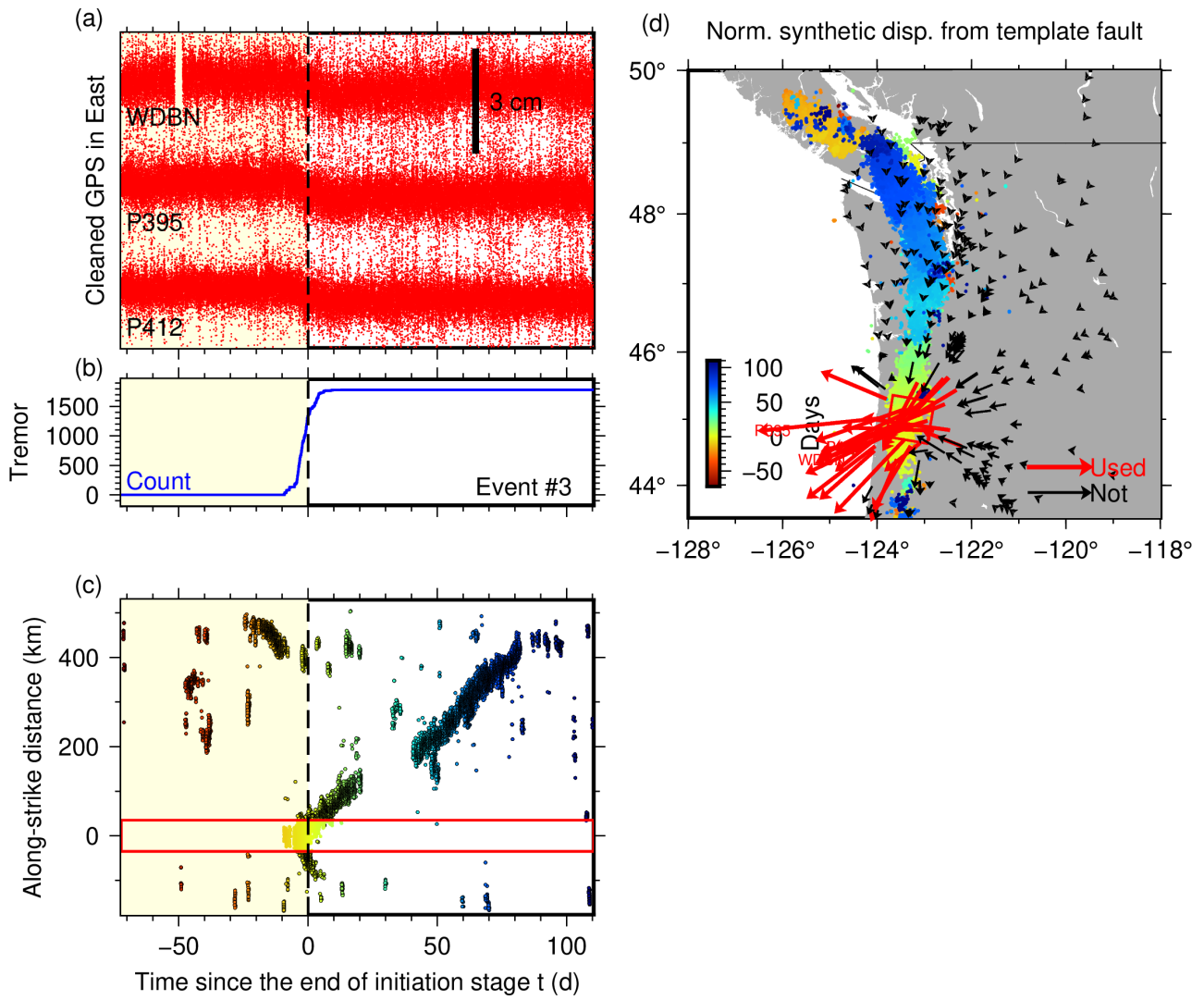


Figure S2. Same as Figure 1 but for Event #3.

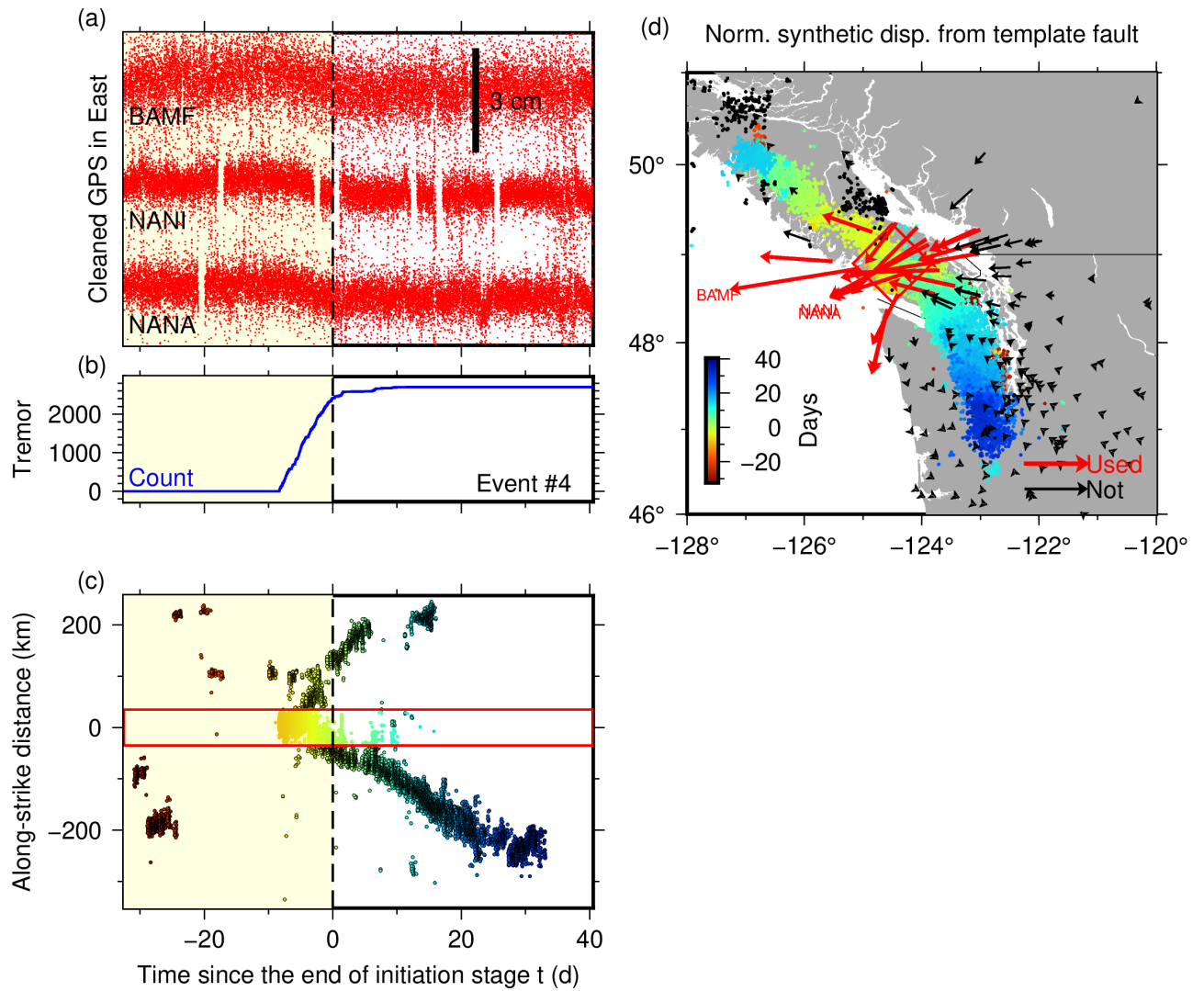


Figure S3. Same as Figure 1 but for Event #4.

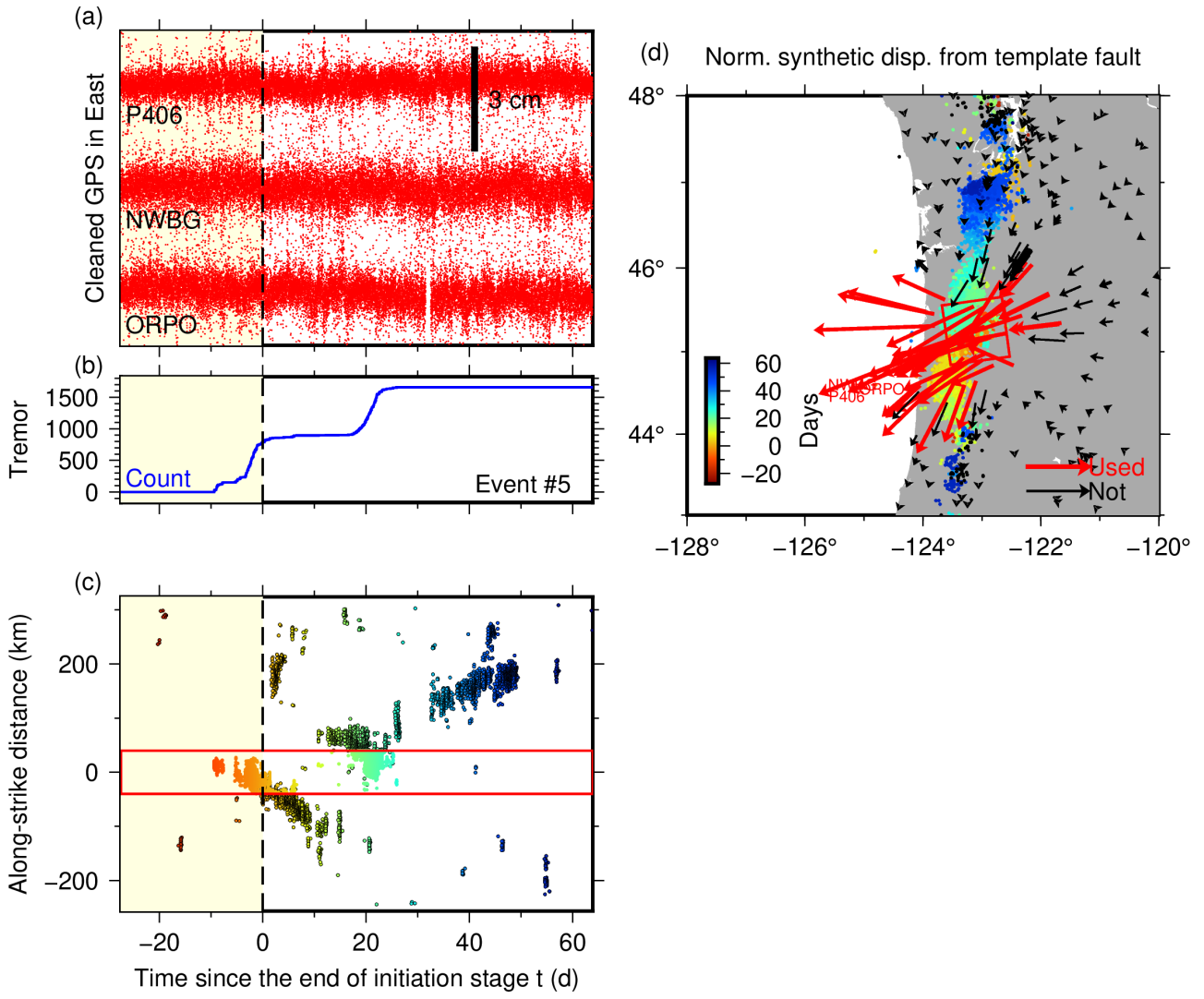


Figure S4. Same as Figure 1 but for Event #5.

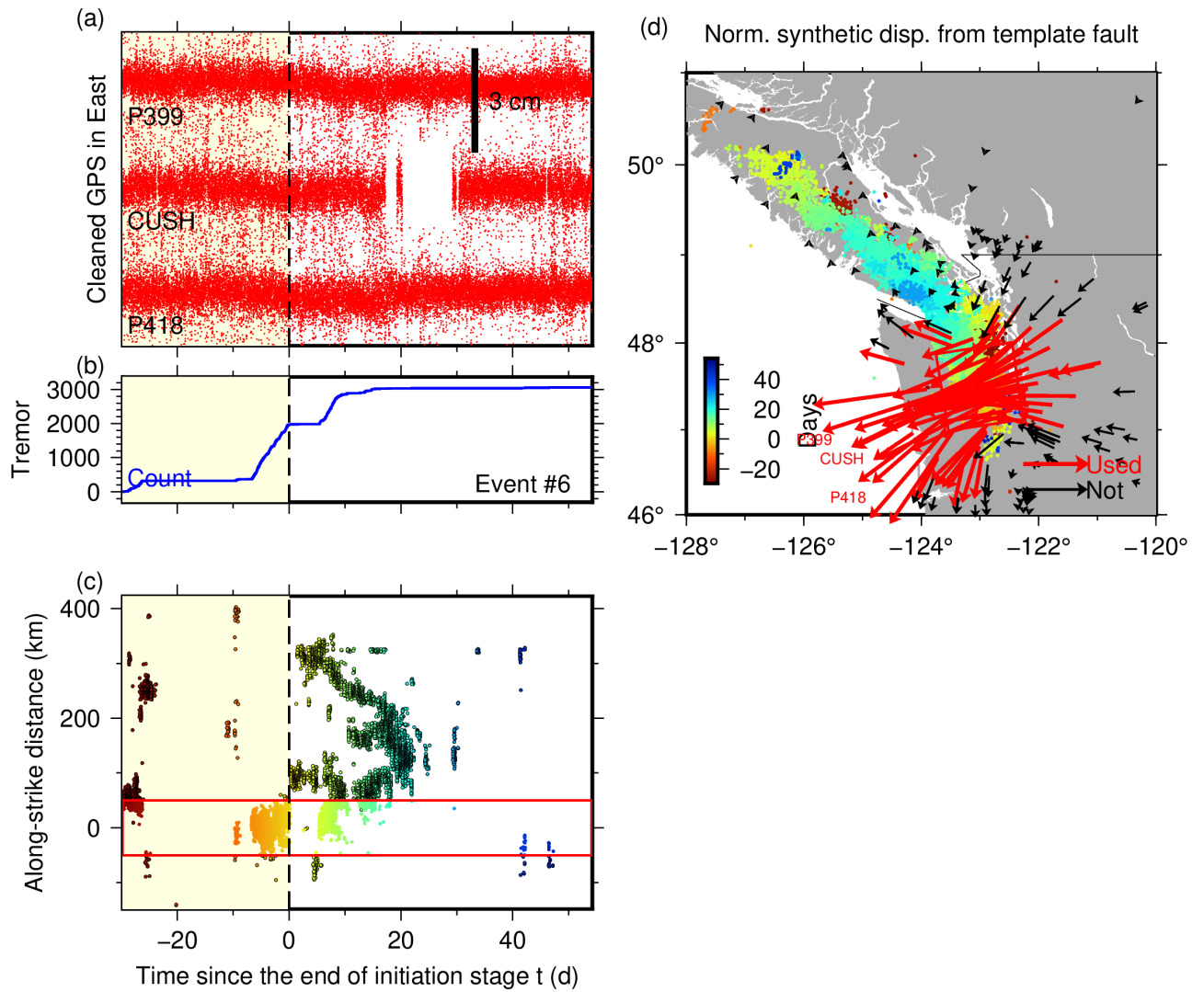


Figure S5. Same as Figure 1 but for Event #6.

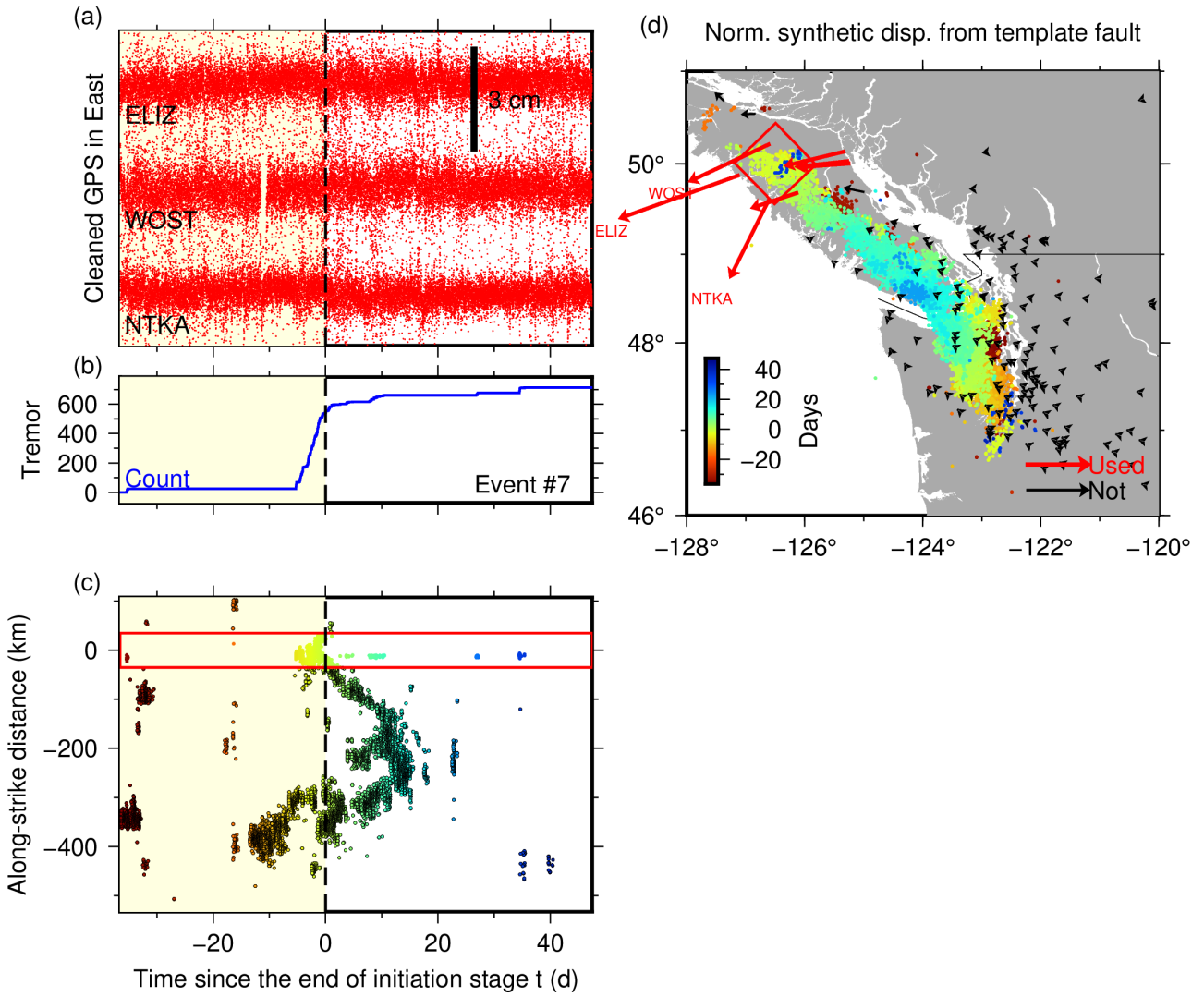


Figure S6. Same as Figure 1 but for Event #7.

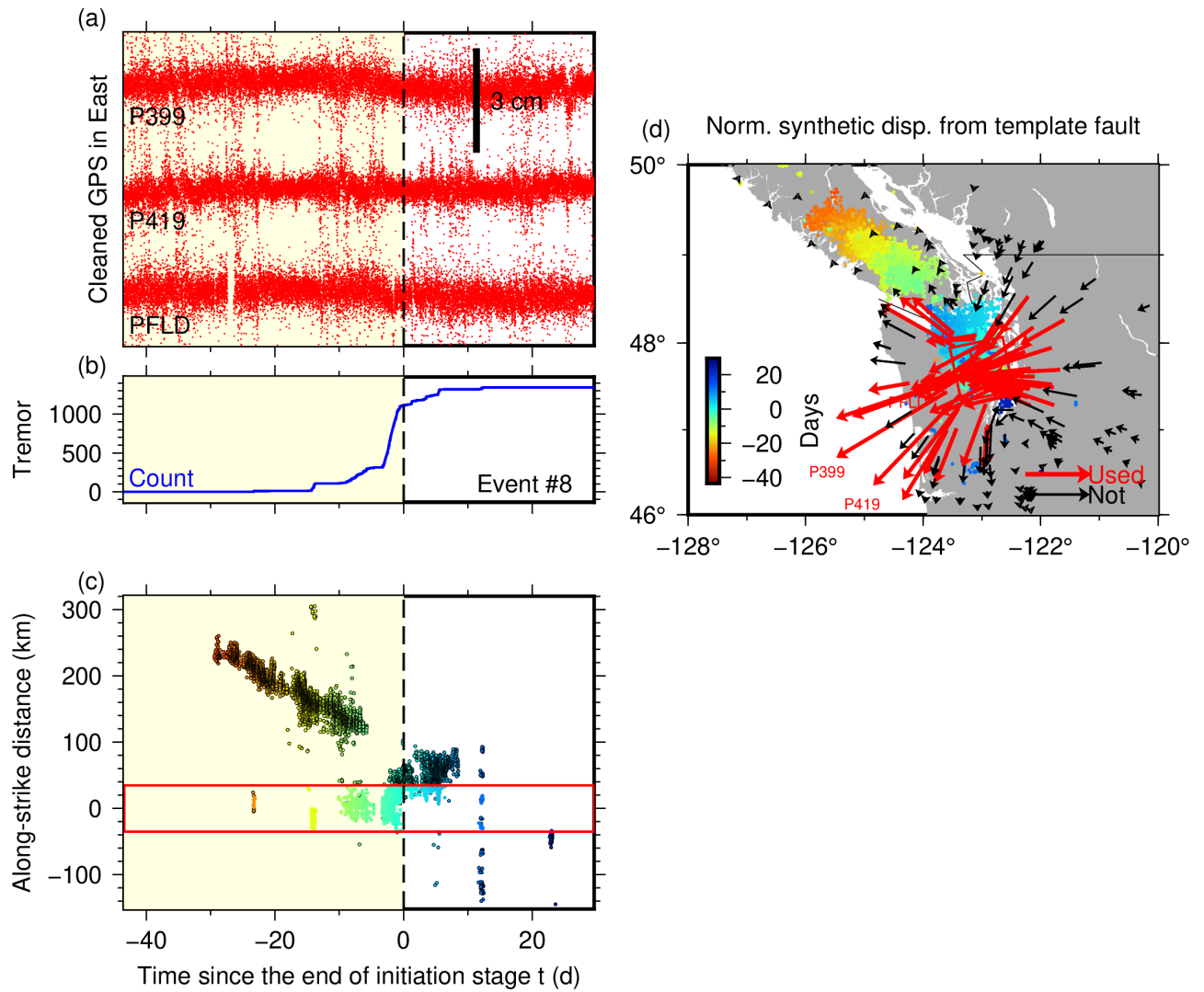


Figure S7. Same as Figure 1 but for Event #8.

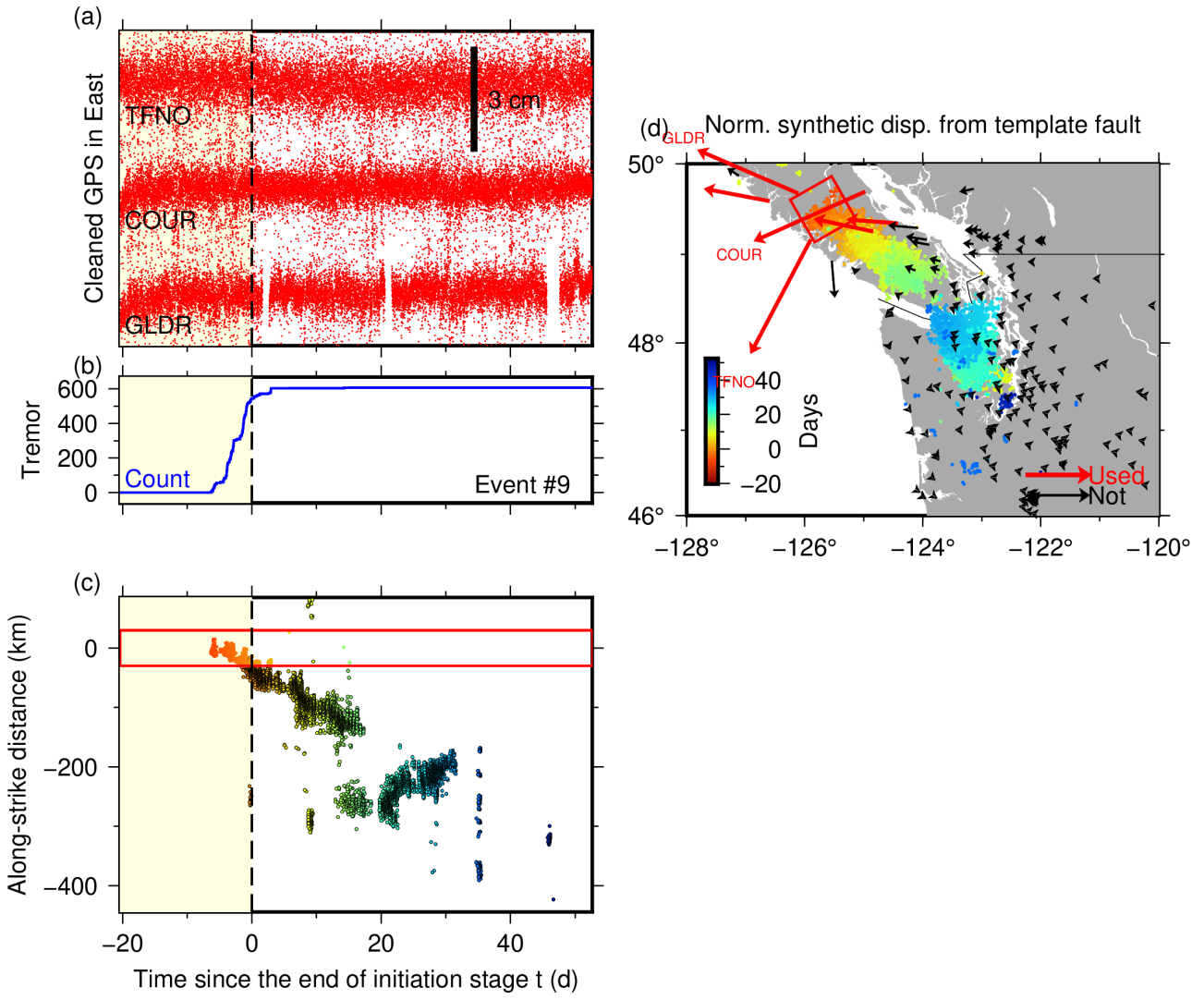


Figure S8. Same as Figure 1 but for Event #9.

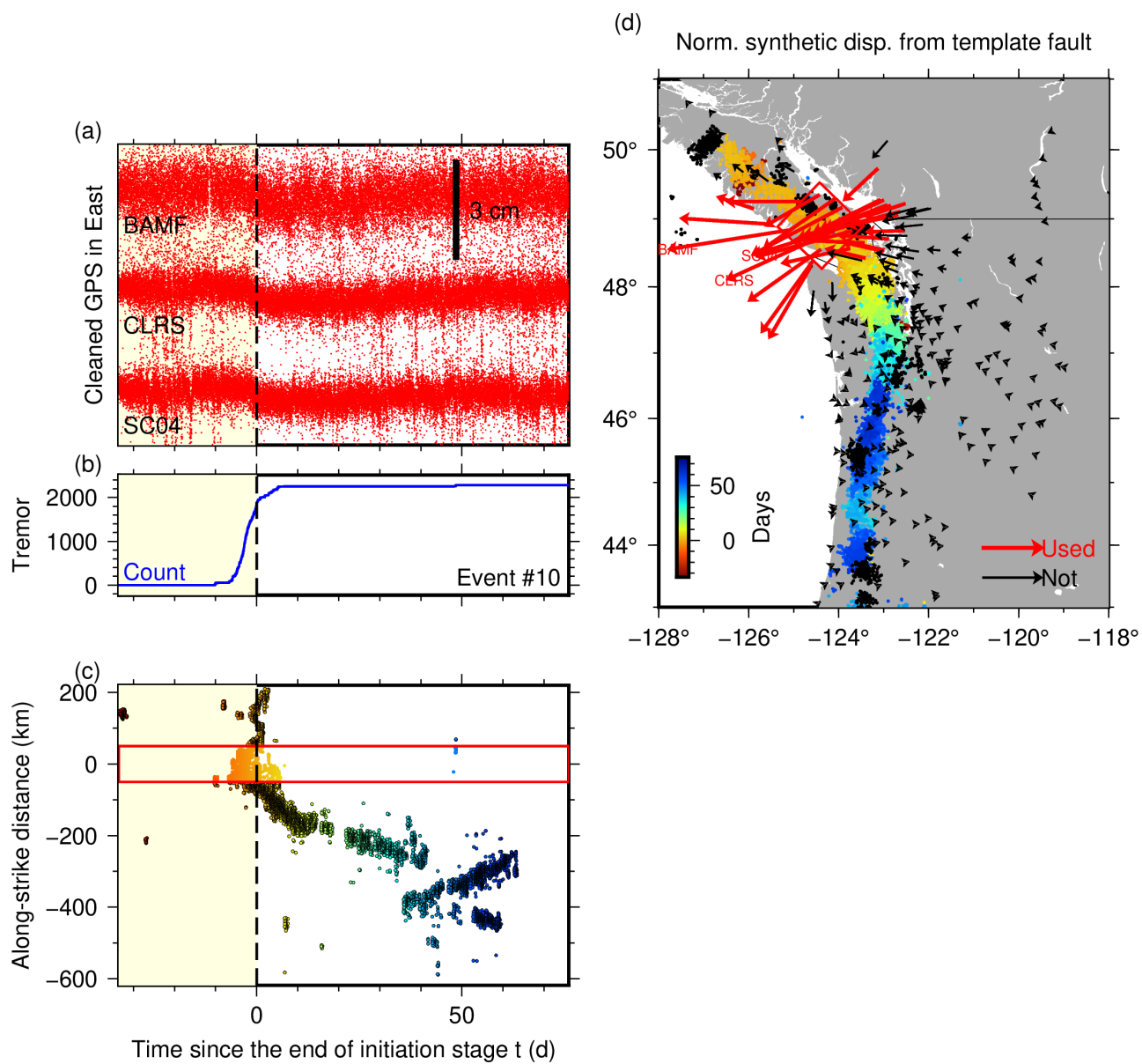


Figure S9. Same as Figure 1 but for Event #10.

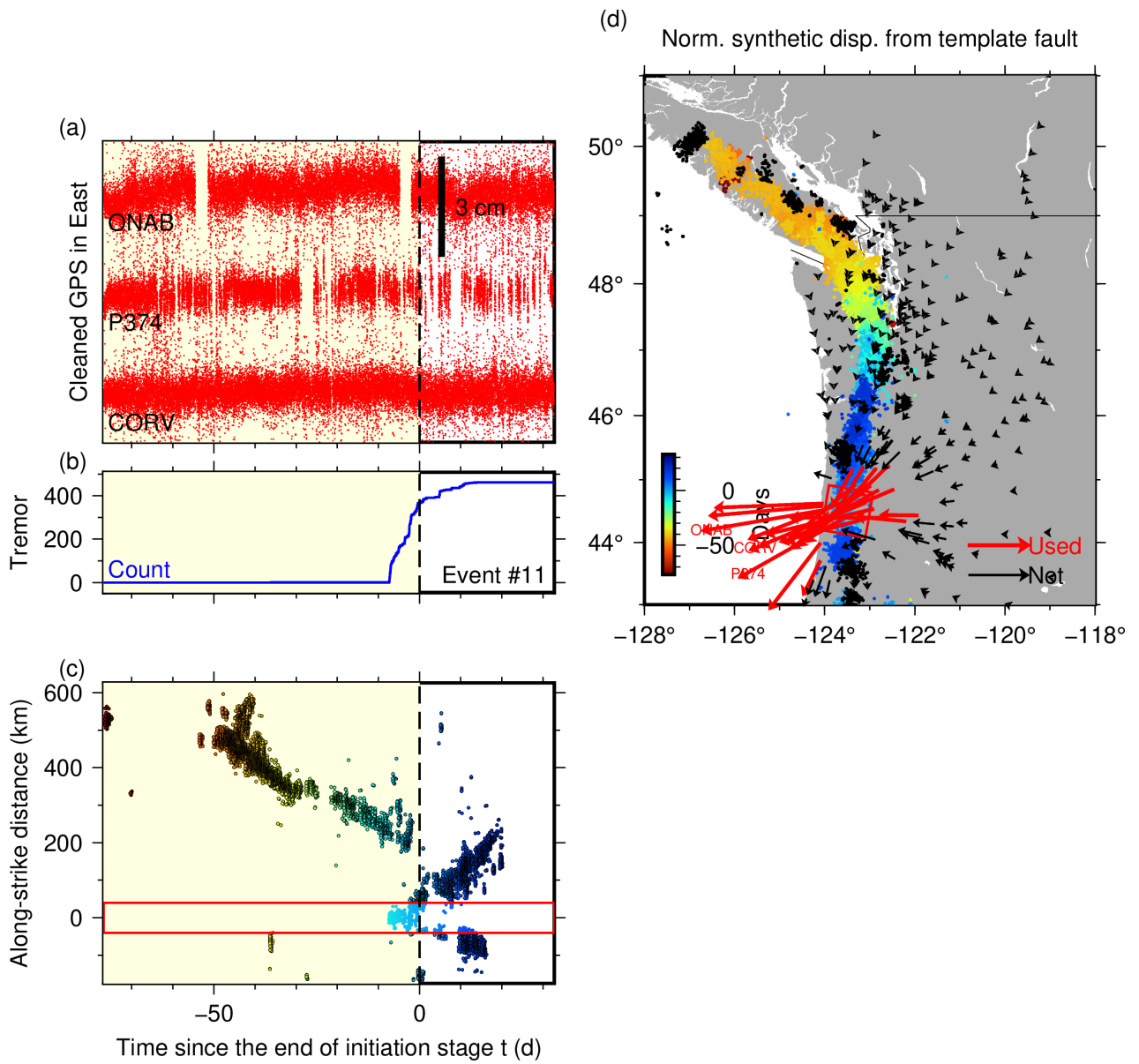


Figure S10. Same as Figure 1 but for Event #11.

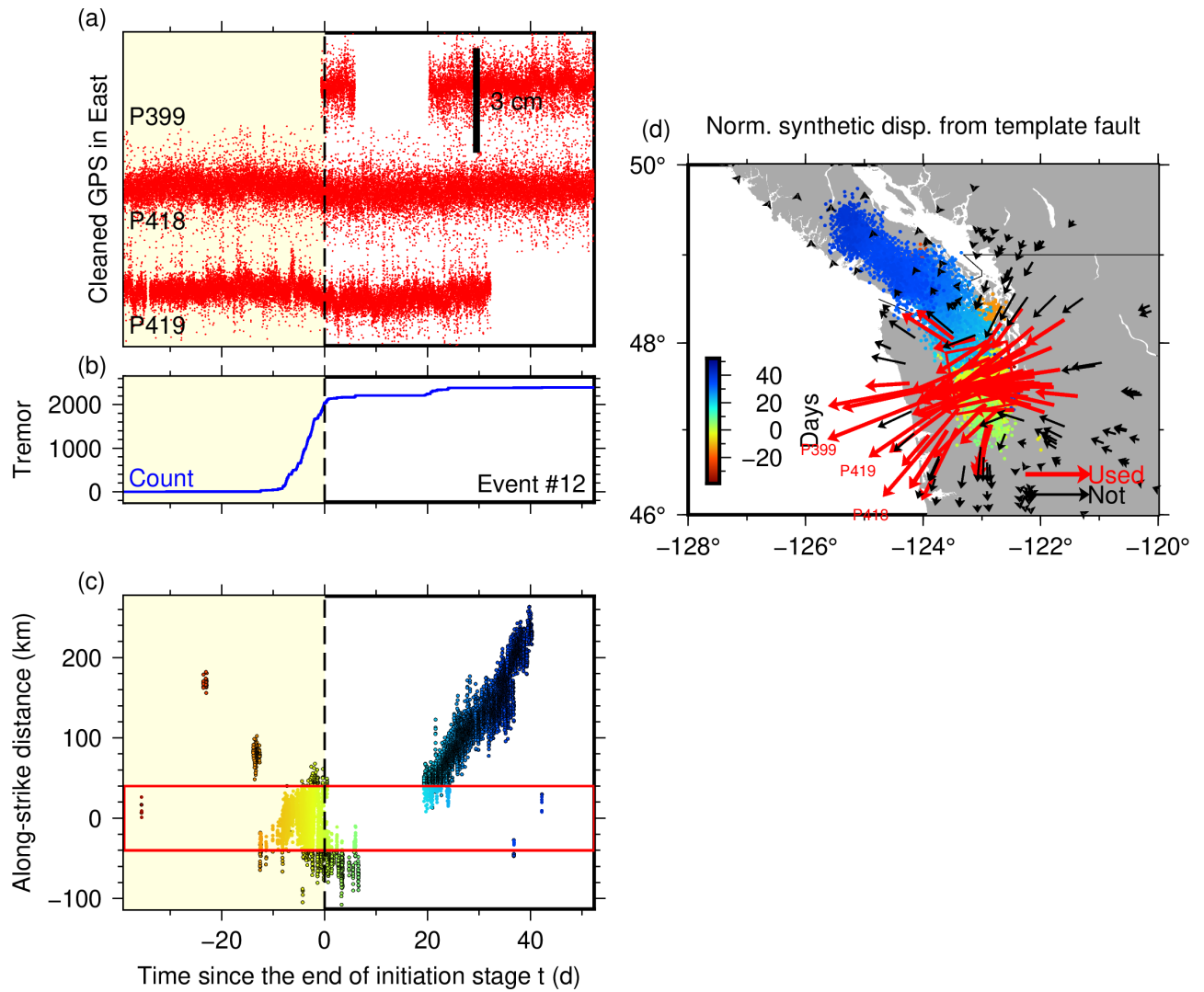


Figure S11. Same as Figure 1 but for Event #12.

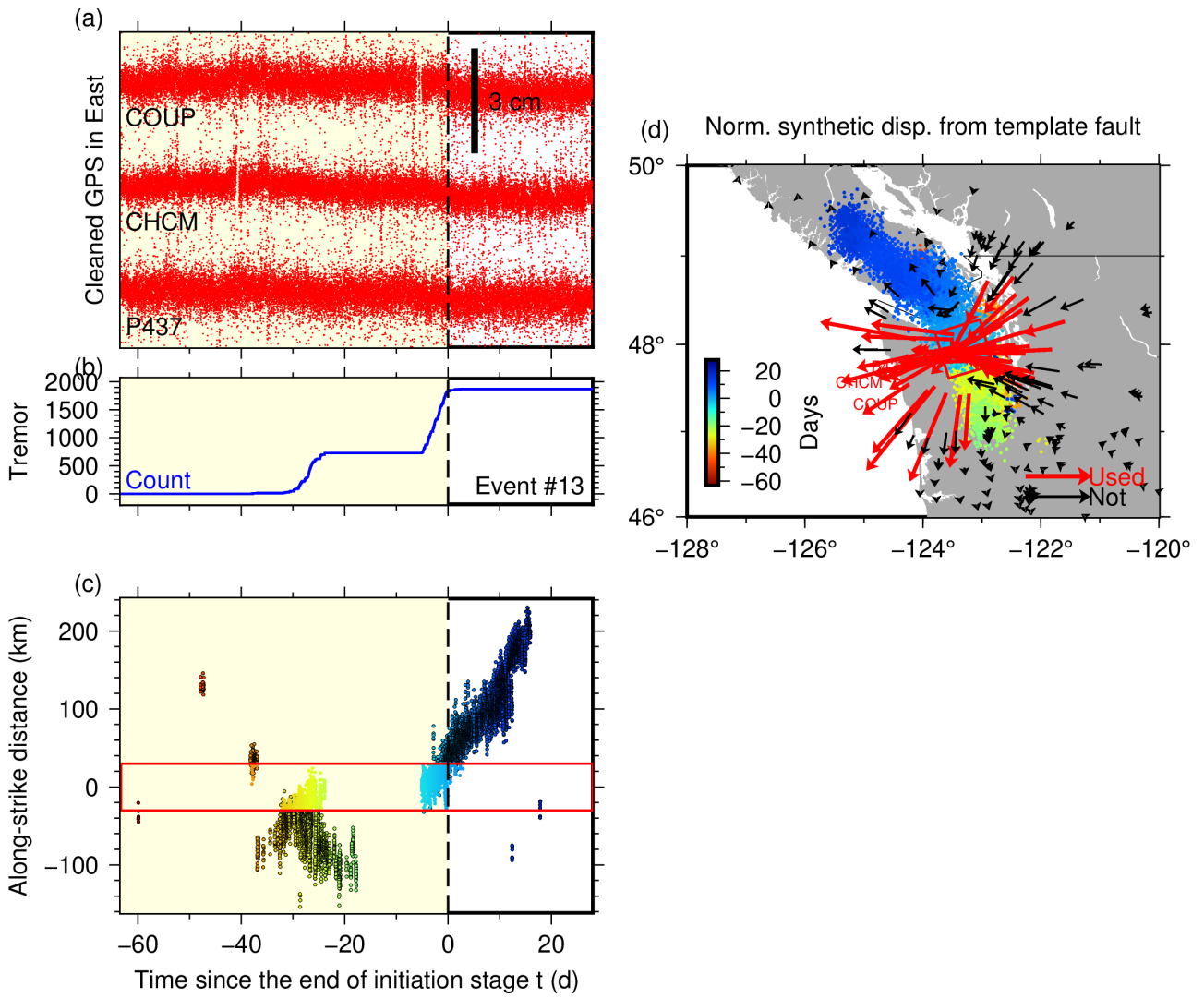


Figure S12. Same as Figure 1 but for Event #13.

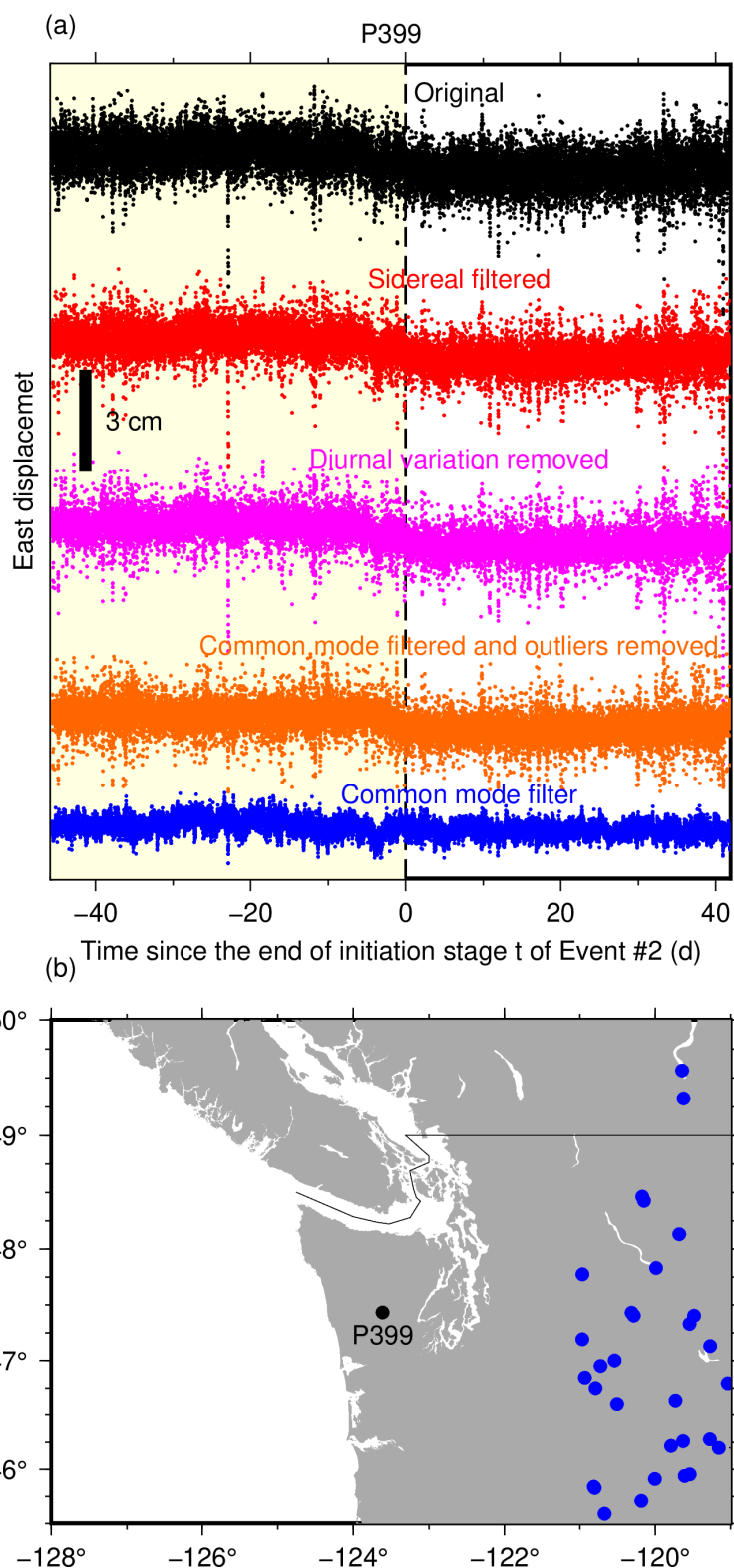


Figure S13. Cleaning process of subdaily GPS coordinates at site P399 for Event #2 as an example. (a) Results after each step of cleaning as labeled as well as common mode filter (blue) (Text S1). (b) The location of site P399 and site distribution which used to infer the common mode filter in (a) (blue dots).

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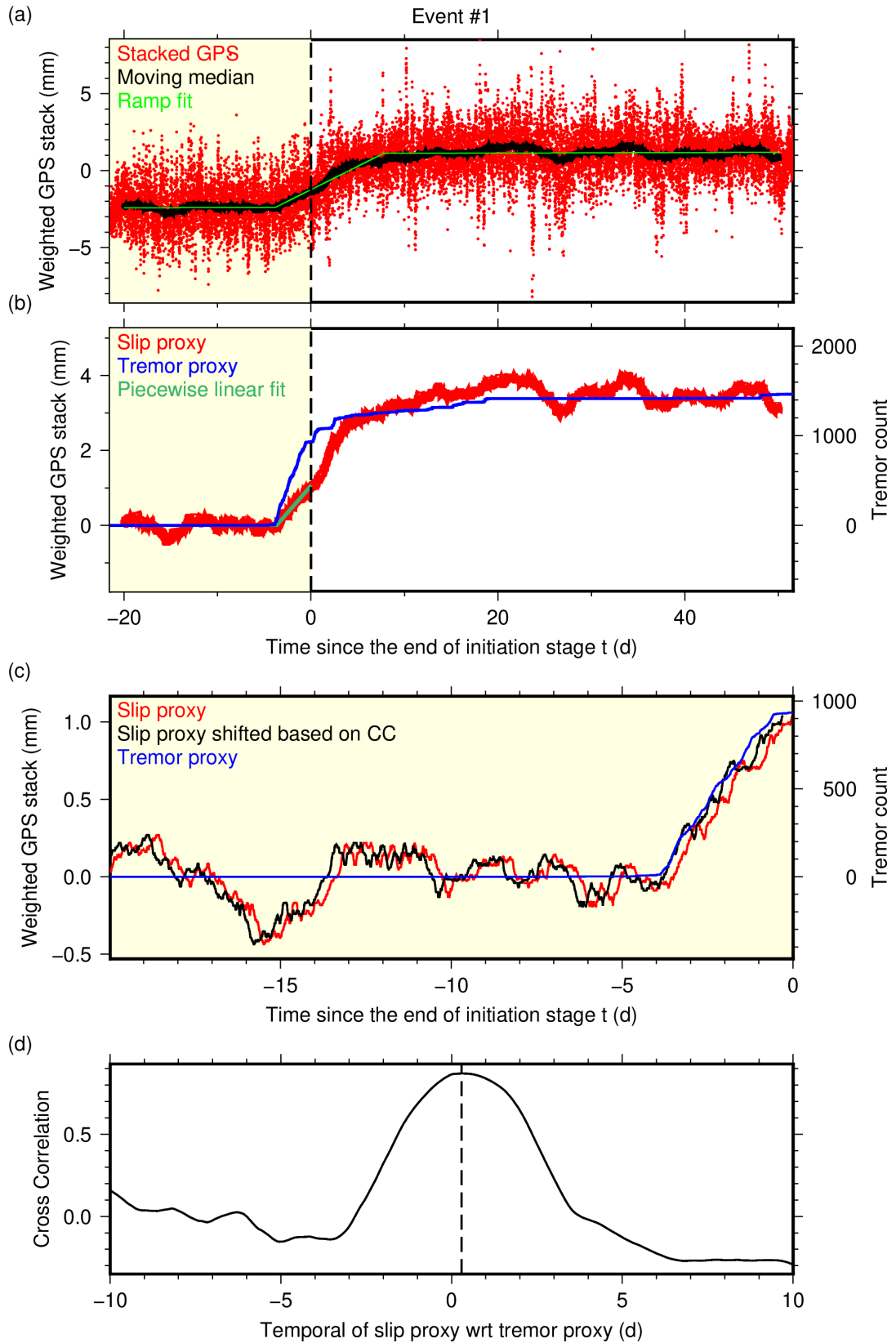


Figure S14. Same as Figures 2 and 3a-b but for Event #1

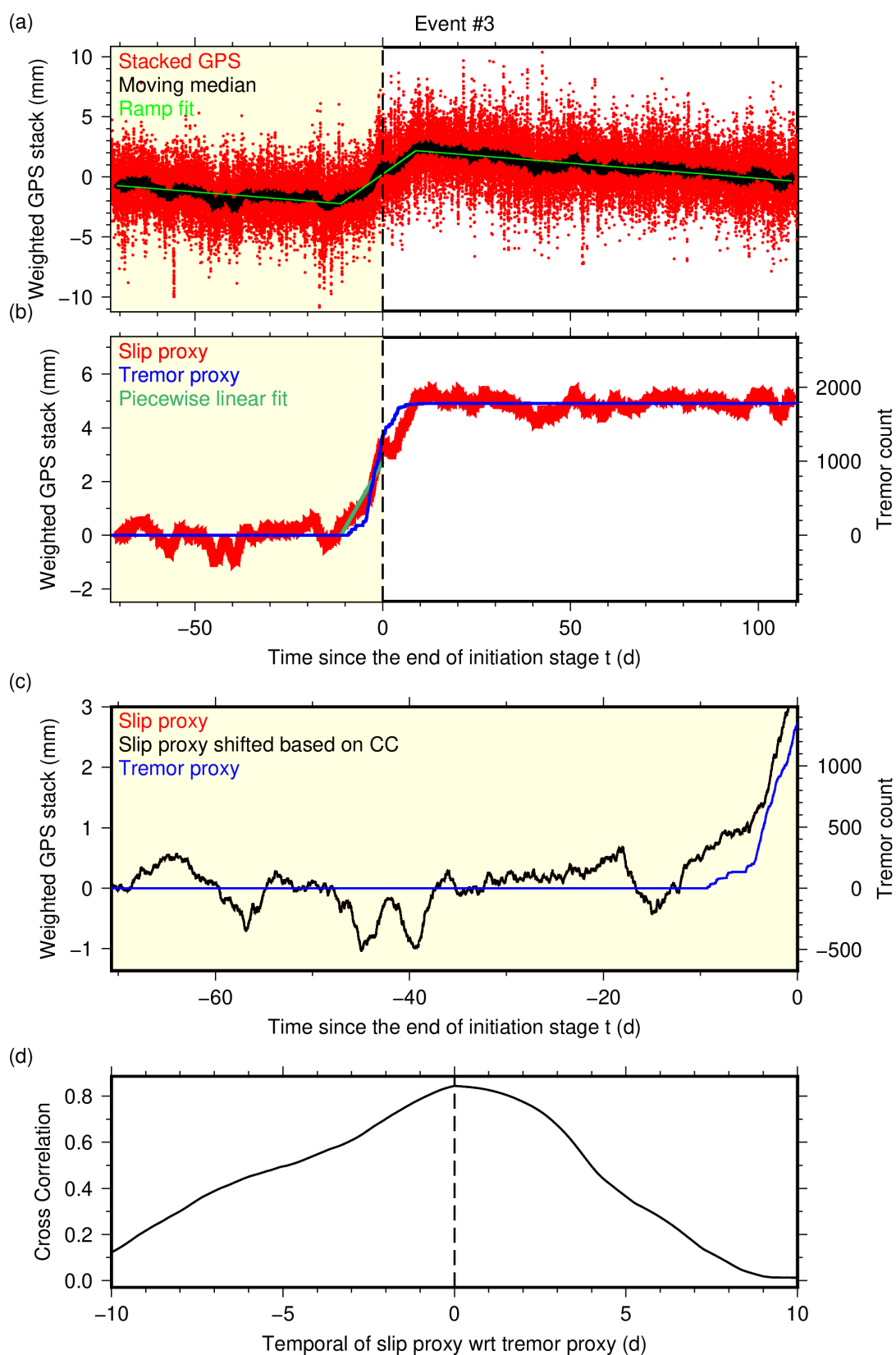


Figure S15. Same as Figures 2 and 3a-b but for Event #3

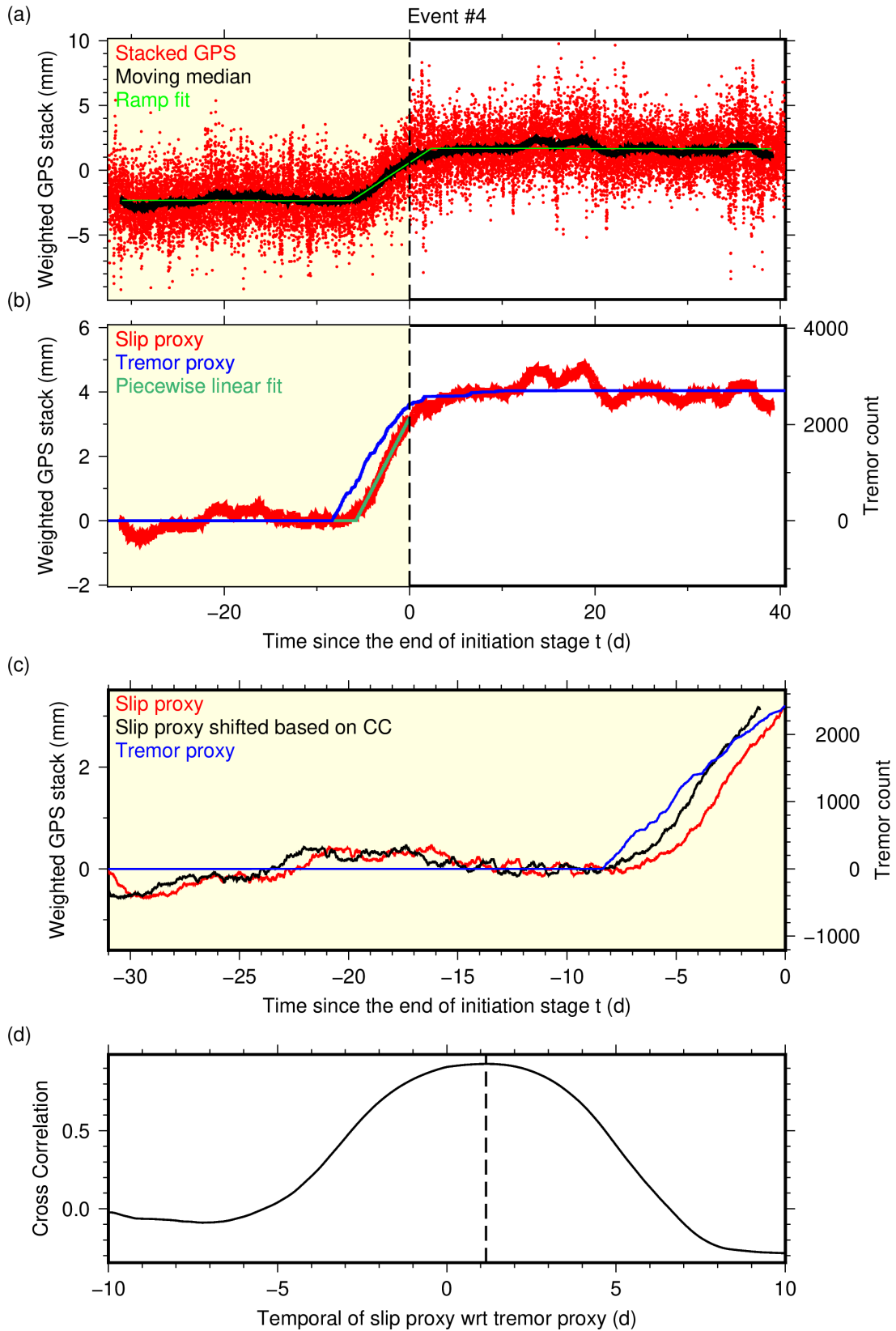


Figure S16. Same as Figures 2 and 3a-b but for Event #4

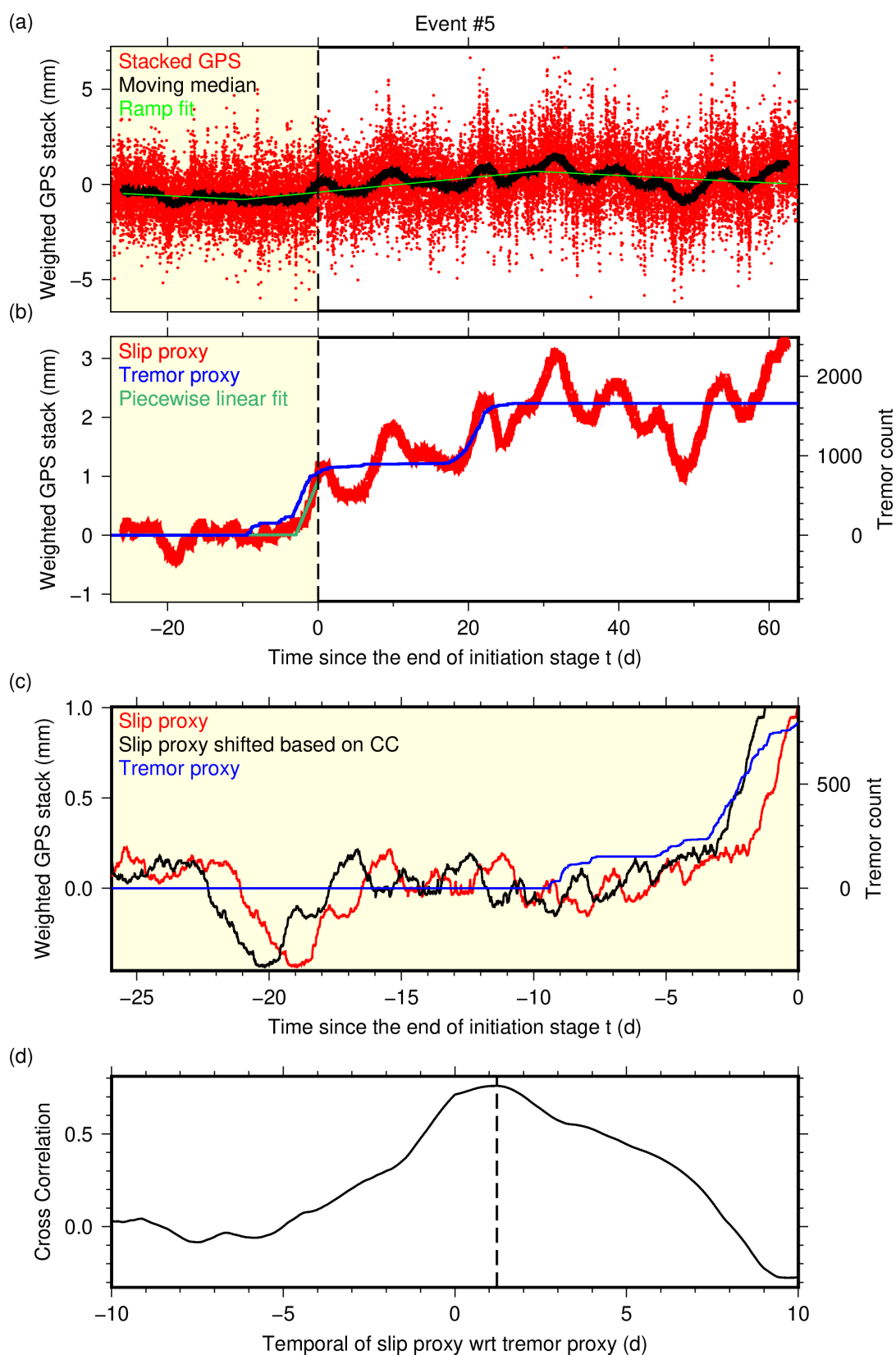


Figure S17. Same as Figures 2 and 3a-b but for Event #5

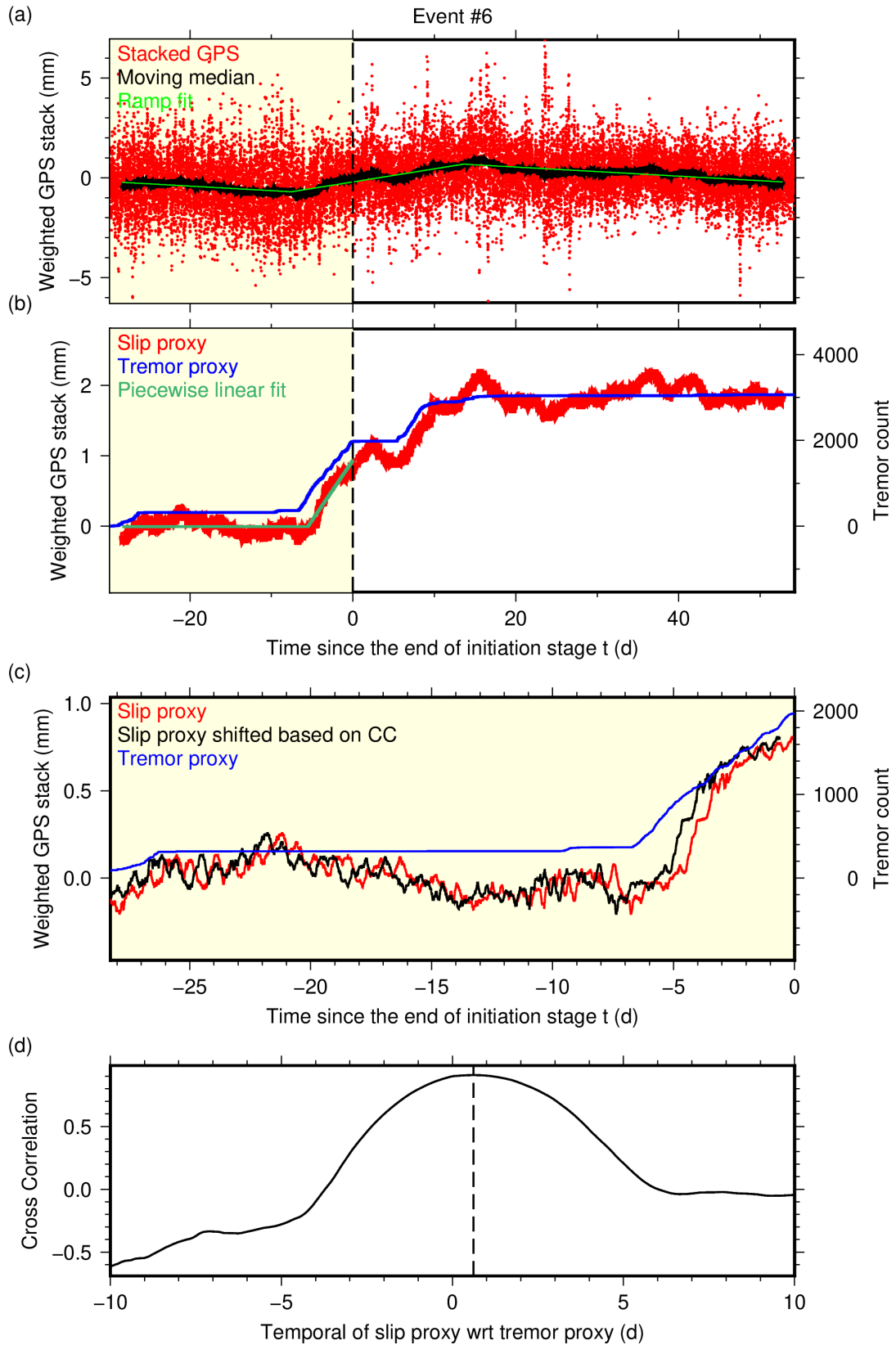


Figure S18. Same as Figures 2 and 3a-b but for Event #6

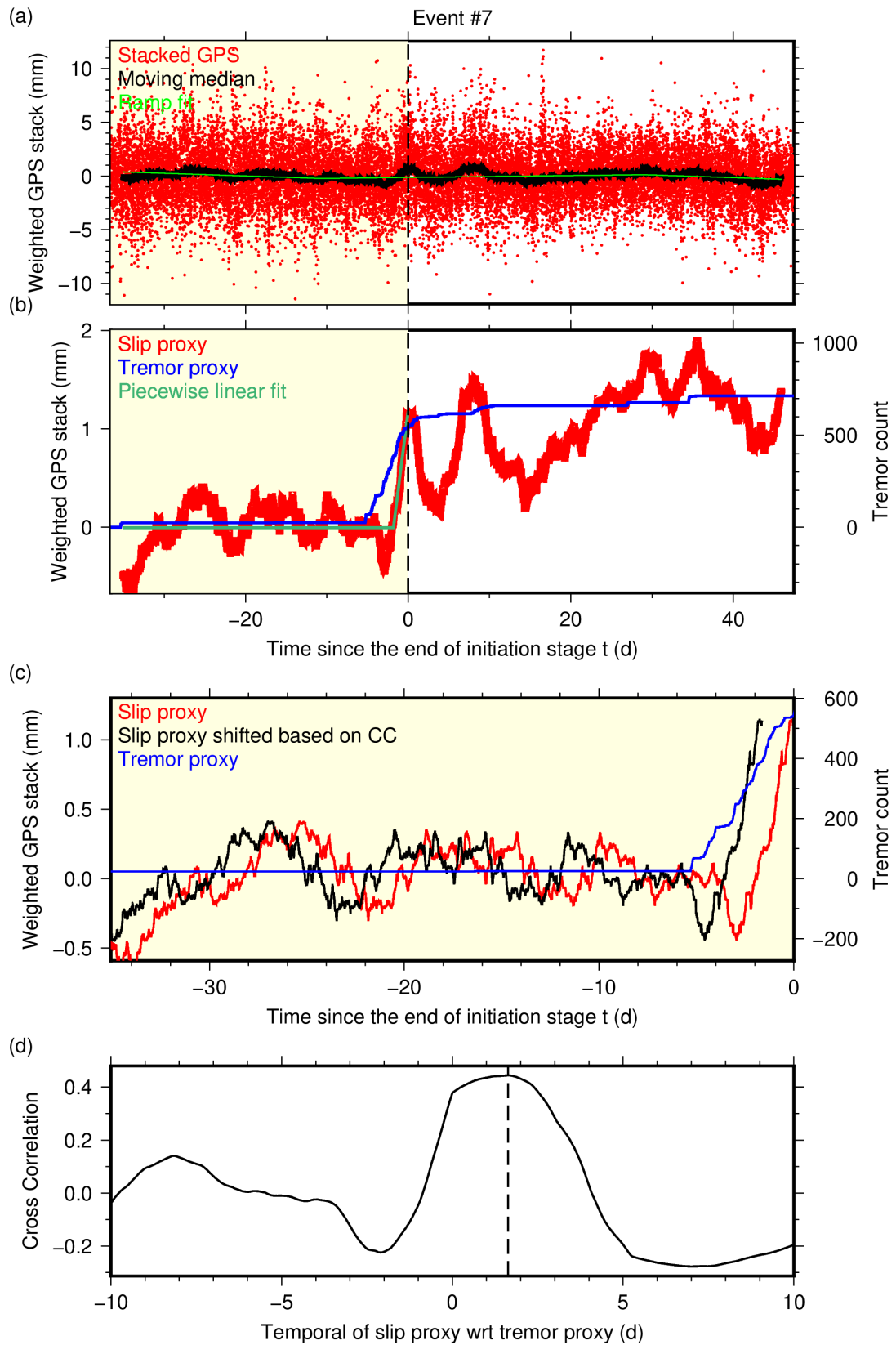


Figure S19. Same as Figures 2 and 3a-b but for Event #7

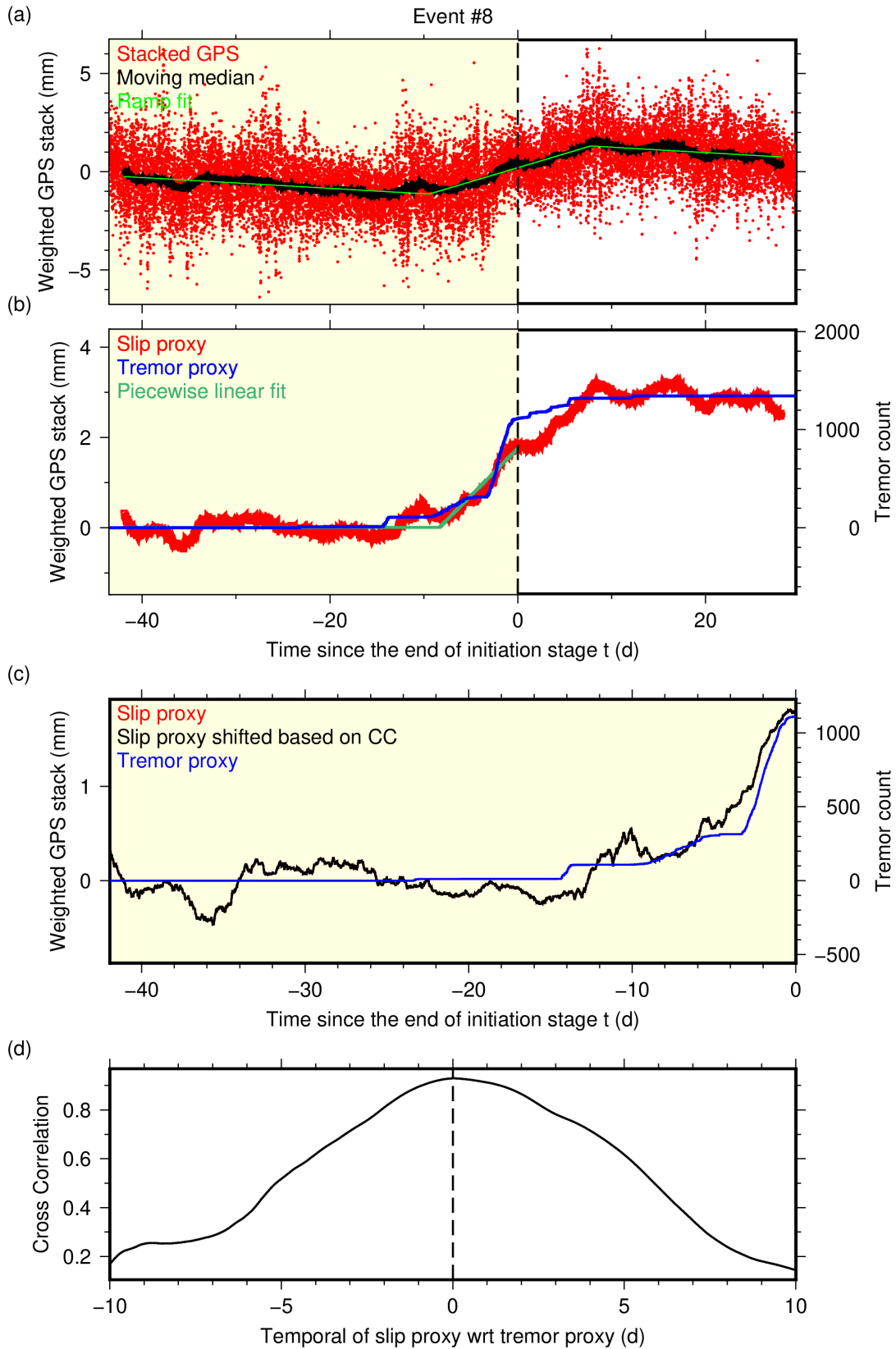


Figure S20. Same as Figures 2 and 3a-b but for Event #8

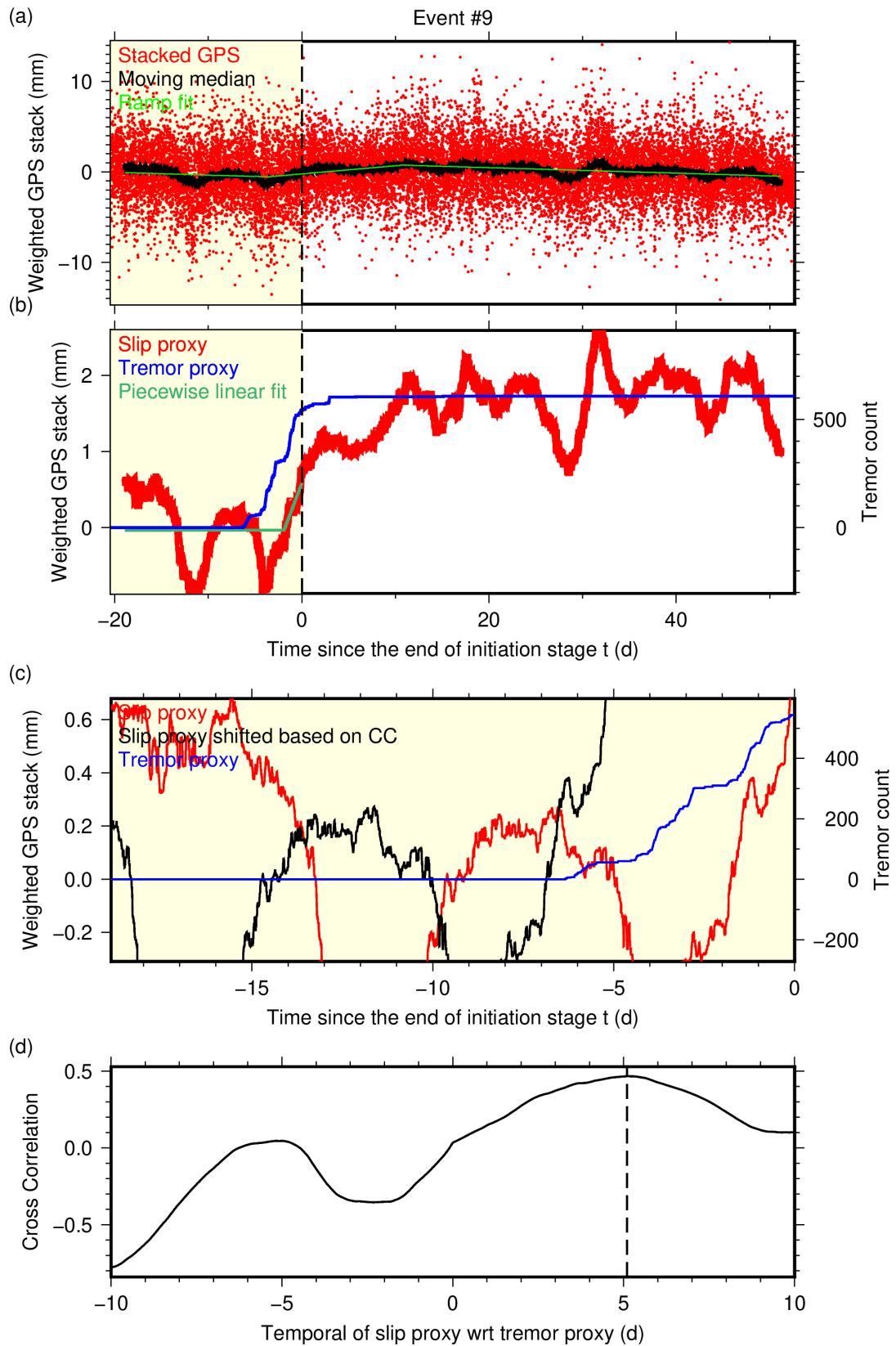


Figure S21. Same as Figures 2 and 3a-b but for Event #9

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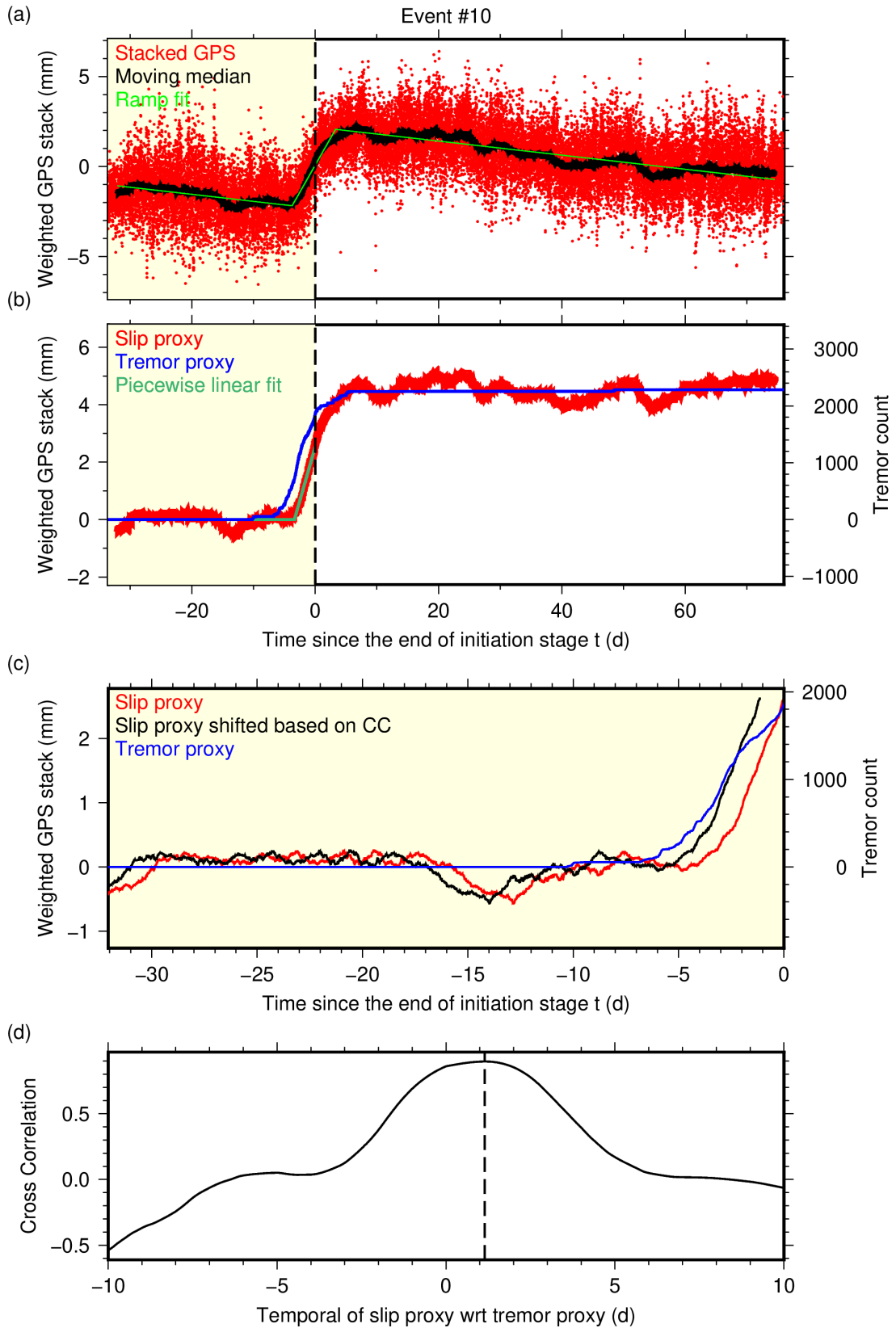


Figure S22. Same as Figures 2 and 3a-b but for Event #10

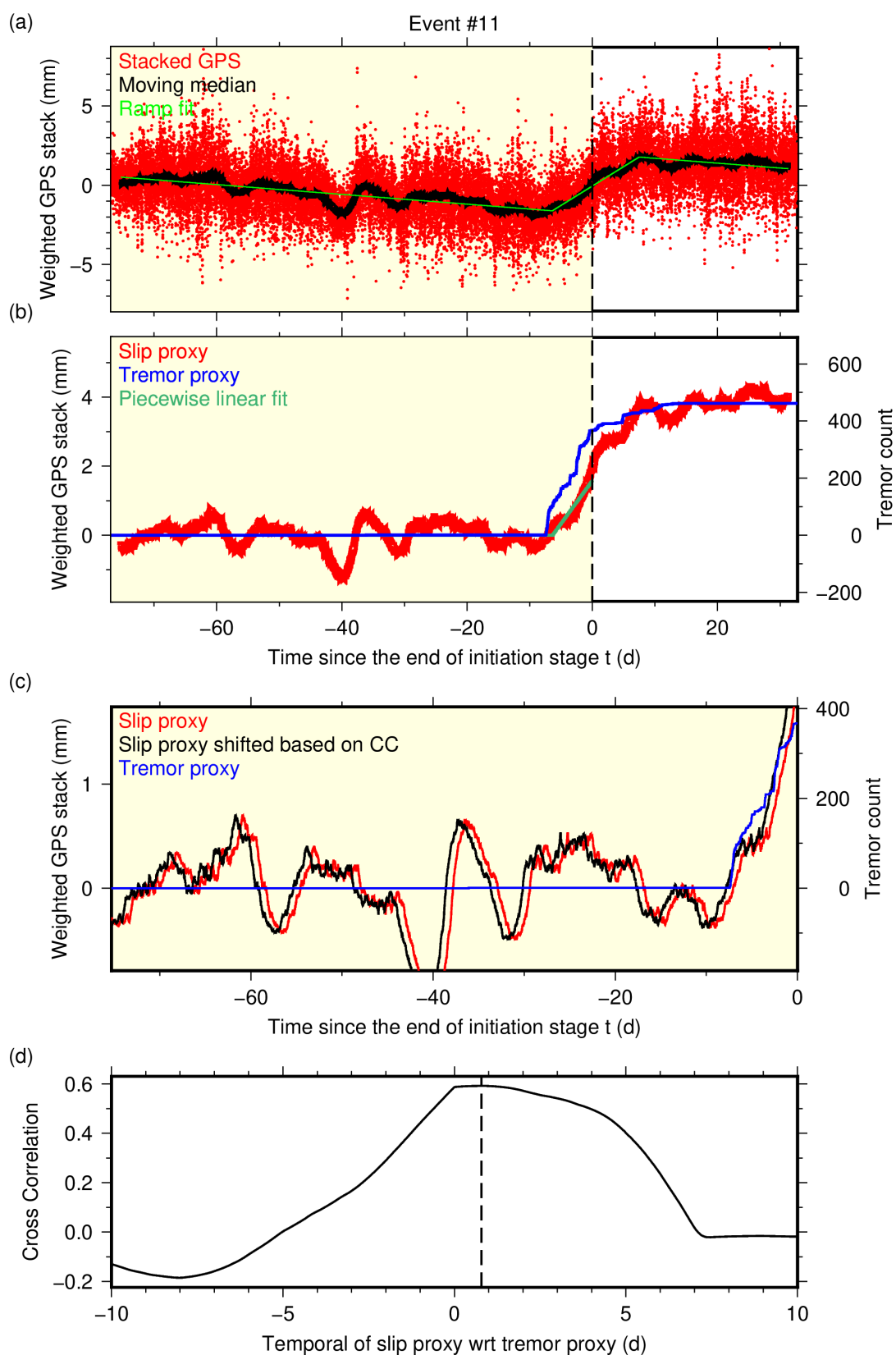


Figure S23. Same as Figures 2 and 3a-b but for Event #11

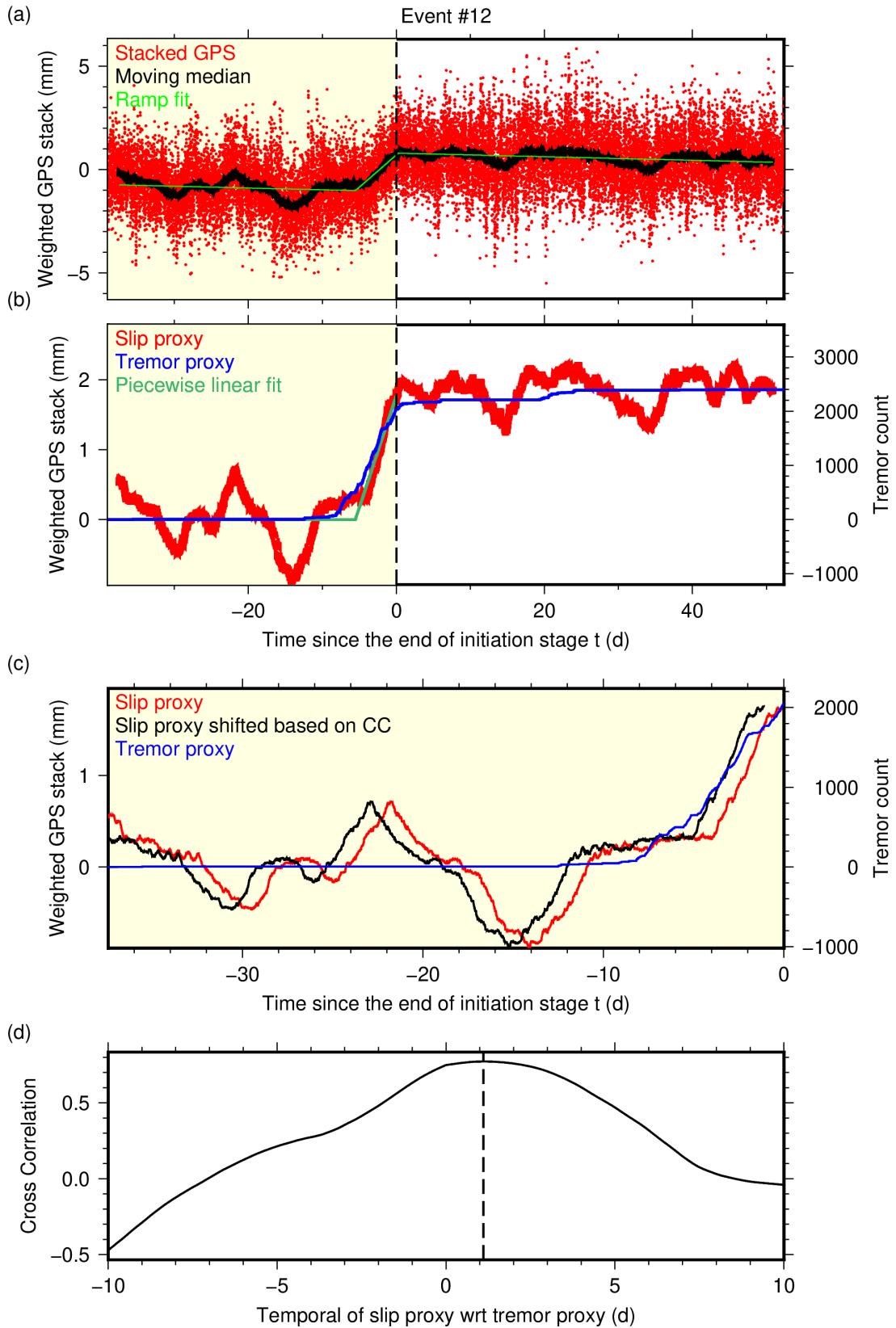


Figure S24. Same as Figures 2 and 3a-b but for Event #12

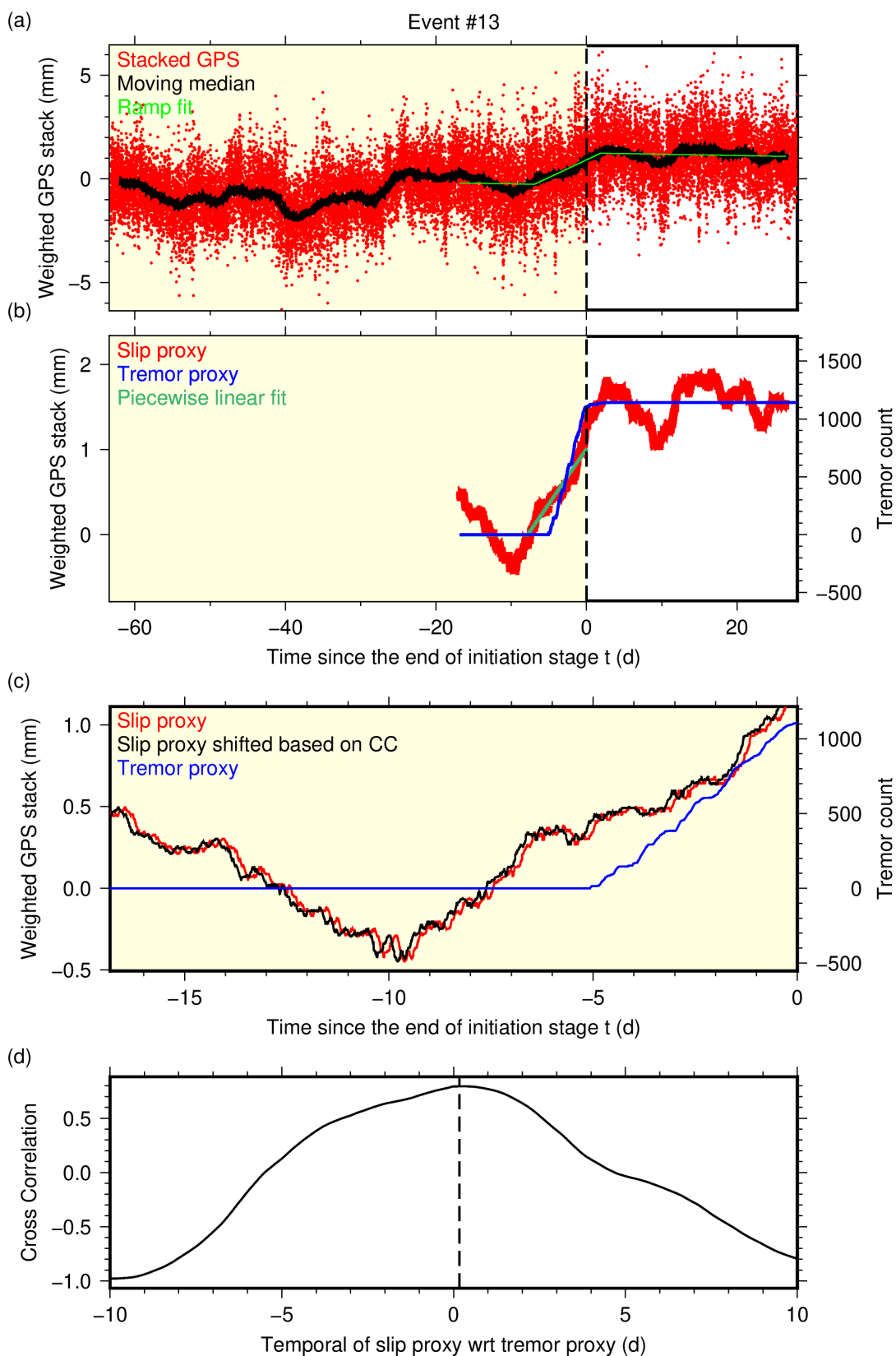


Figure S25. Same as Figures 2 and 3a-b but for Event #13. We removed the data period corresponding to Event #12 (Figures S24) because this event is a re-initiation event after the short halt of Event #12.

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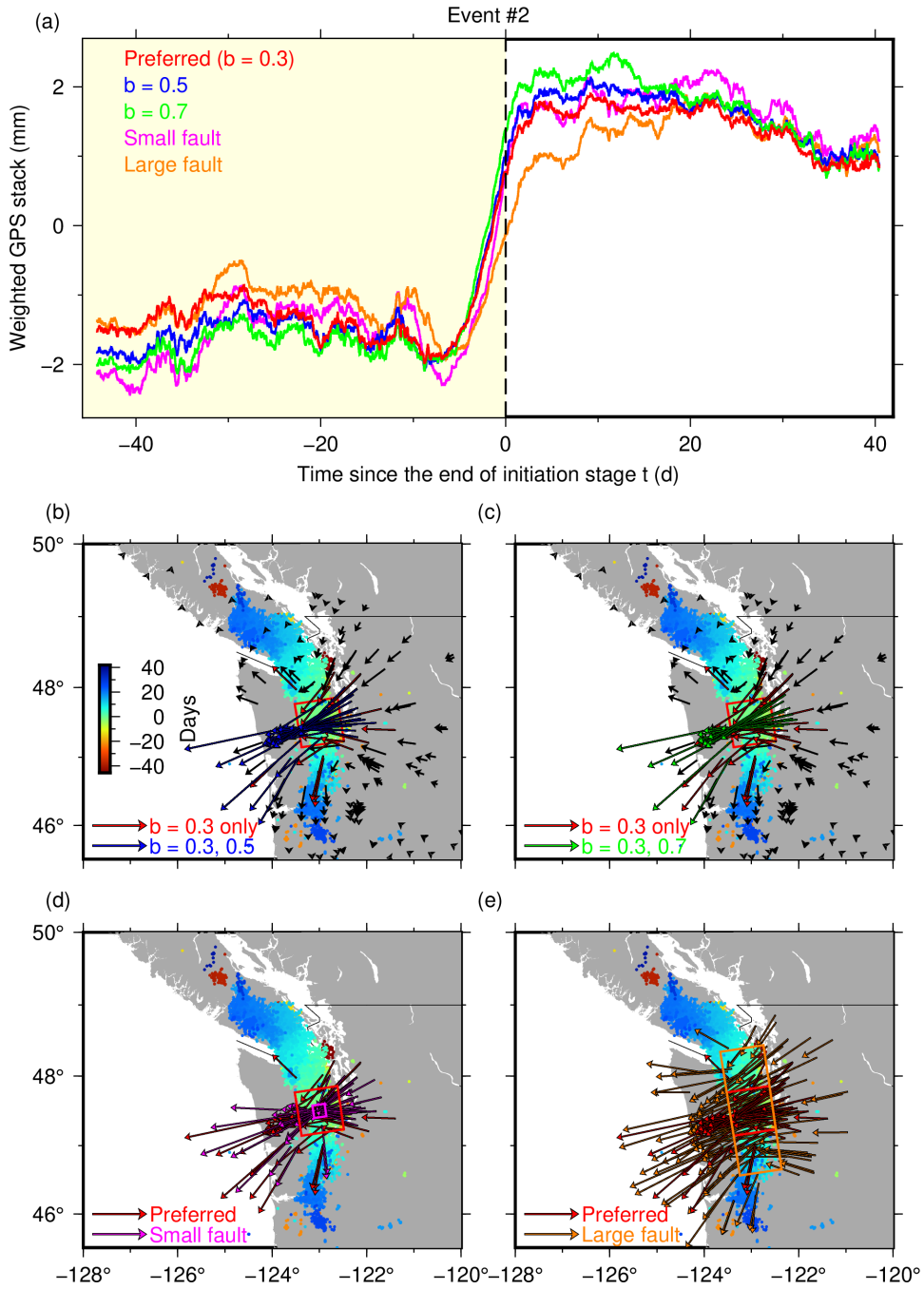


Figure S26. Tests for weights and site selection for GPS stack. (a) Stacked GPS with the preferred and four test cases as labeled. The main period of interest is highlighted in light yellow. (b-e) Weights (vectors) and template faults (rectangle) for the tests. (b-c) Tests with the preferred template fault but with a smaller number of sites controlled by b as labeled. (d-e) Cases with a smaller (d) and a larger (e) template faults. The template fault tested in (d) is too small (20 km x 20 km) and so not clearly illustrated.

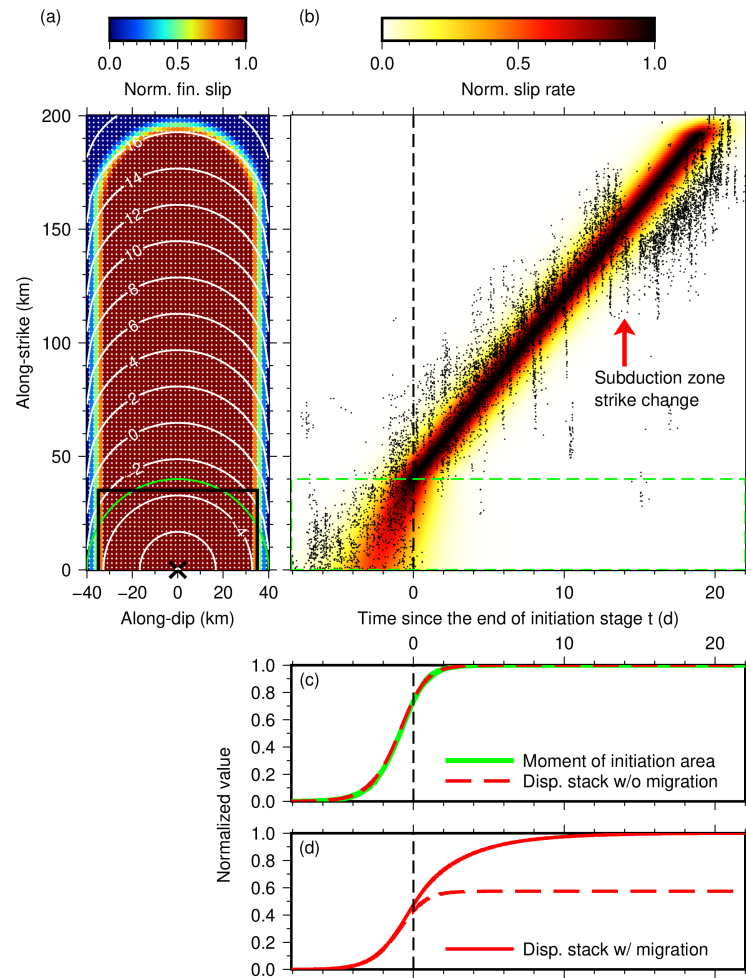


Figure S27. (a) Synthetic kinematic slow slip model mimicking Event #2 (color) (Figure 1). White contours indicate the rupture front with time in seconds with the rupture origin with a cross. The green curve and black rectangle indicate the initiation zone and the template fault, respectively. The time axis is concordantly shifted with the main observed ETS analysis. Only the upper half of the symmetric model is presented. (b) Spatio-temporal evolution of slip rate measured along the fault center in the strike direction (color). Green and black broken lines indicate the edge of the initiation zone and the end time of the initiation stage, respectively. Black dots indicate tremors during Event #2 (Wech, 2021), which we used to determine the end time of the initiation stage (Section 3.1). (c) Temporal evolution of normalized moment (green) and displacement stack (red) considering only the contribution from the initiation zone subfaults. (d) Displacement stack with (solid) and without (broken) the migrating slip contribution normalized by the final value of the former.

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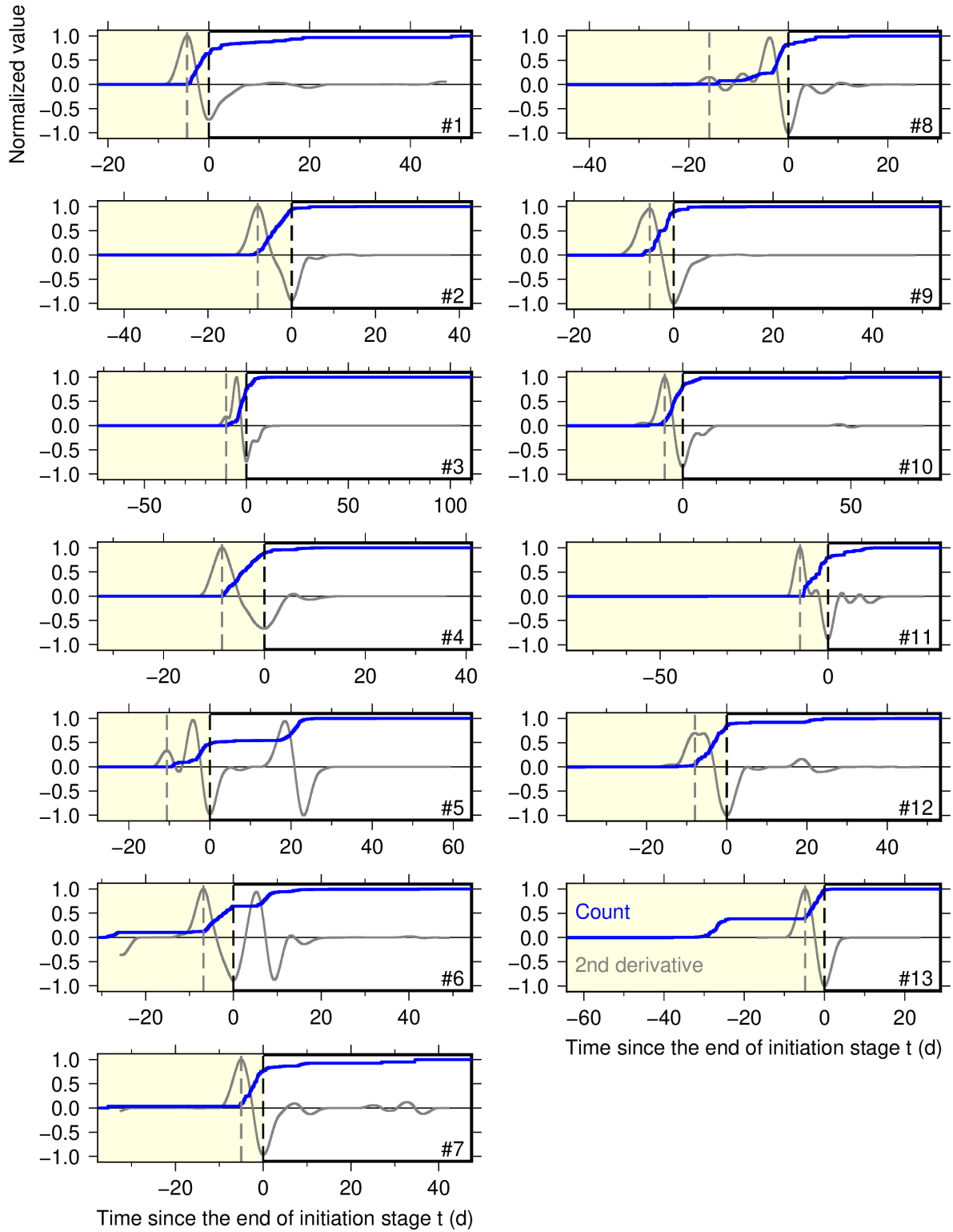


Figure S28. Determination of tremor onset time T_e^{tb} and the end time of the initiation stage T_e (vertical broken lines) for each event e as labeled. Curves indicate cumulative tremor counts in each template fault (normalized, blue) and their second derivative (normalized with the largest absolute value, gray).

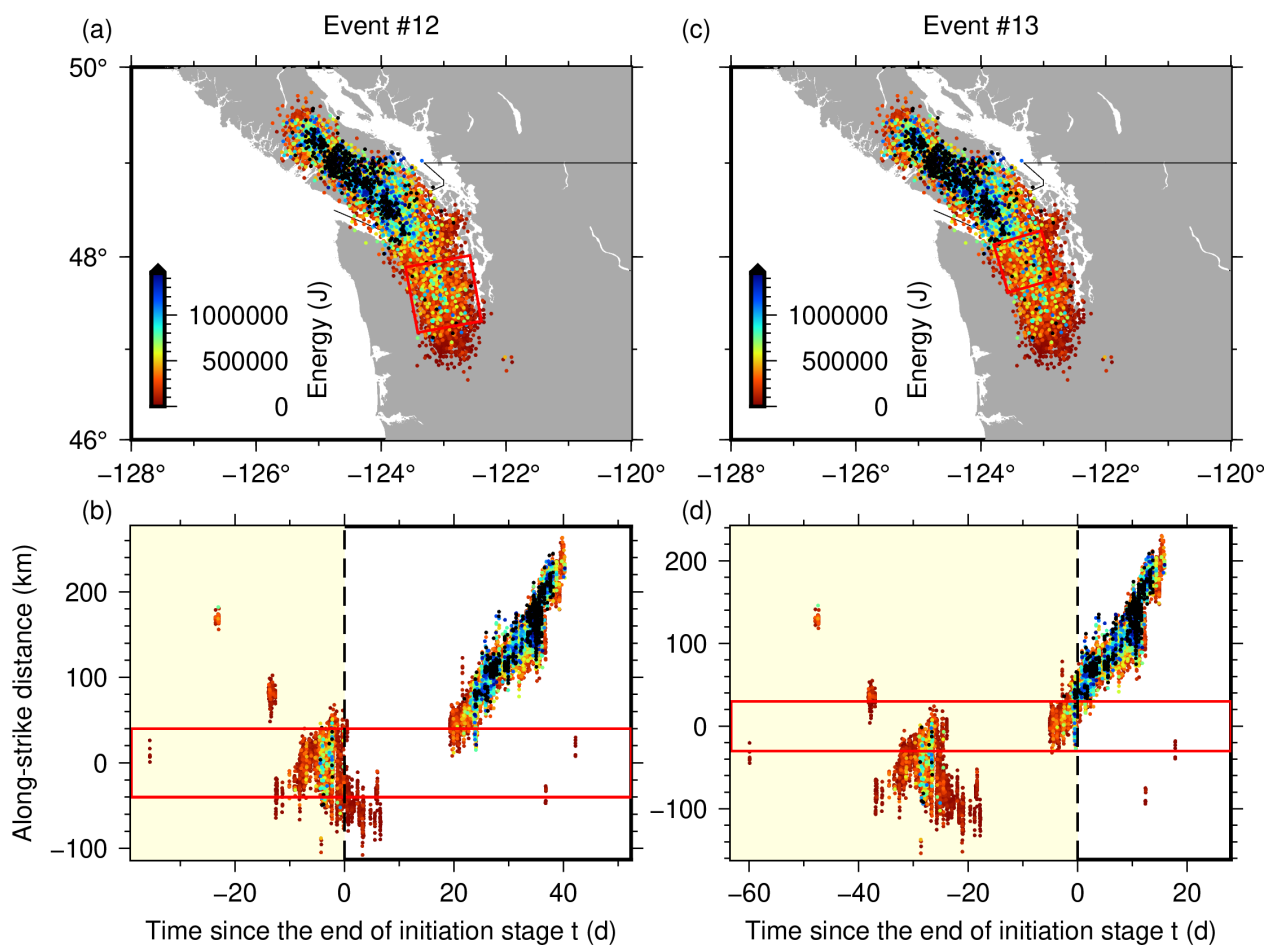


Figure S29. Tremor energy distribution (dot color) for Event #12 (a-b) and #13 (c-d). Refer to Figure 1 for other elements. Energy estimates were not supplied for events before 2017 in the PNSN catalog, so we only made plots for these two events (Table 1).

Table S1. Comparison of this study's and Michel et al. (2019)'s Event #s

This study's	Michel et al. (2019)'s	Data analysis period ^a
1	19, 20, 21	2009.55 - 2009.75
2	24, 25	2010.50 - 2010.74
3	28, 30, 31, 32	2011.25 - 2011.75
4	34, 35	2012.60 - 2012.80
5	38, 39	2013.10 - 2013.35
6	41, 42	2013.62 - 2013.85
7	41, 42	2013.62 - 2013.85
8	51, 52	2014.80 - 2015.00
9	51, 52	2014.80 - 2015.00
10	54, 55, 57	2015.90 - 2016.20
11	54, 55, 57	2015.90 - 2016.20
12	59, 60, 61	2017.05 - 2017.30
13	59, 60, 61	2017.05 - 2017.30

^a Not the period of the initiation stage, but the data period we used

Table S2. Strike, dip, and rake angles for template faults

#	Strike ^a (°)	Dip ^a (°)	Rake ^b (°)
1	358.13	10.20	110.40
2	351.33	11.69	102.67
3	9.70	4.30	-237.16
4	314.88	10.00	67.86
5	352.05	2.69	104.72
6	351.33	11.69	102.67
7	316.00	7.58	71.39
8	348.22	11.78	99.46
9	330.39	13.99	84.85
10	313.93	10.06	66.75
11	9.48	9.63	-236.75
12	349.71	11.69	101.01
13	343.71	11.08	95.30

^a Slab 2 (G. P. Hayes et al., 2018)

^b Oregon block motion with respect to Juan de Fuca plate McCaffrey et al. (2007)