Southern Ocean Phytoplankton Blooms Observed by Biogeochemical Floats

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Key Points:

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In-situ estimates of phytoplankton biomass and its seasonal cycle are derived based on optical backscatter from biogeochemical Argo floats.
Depth integrated biomass peaks after mixed layers start shoaling, but accumulation rates turn positive when mixed layers are deepening.
Biomass is low in Ekman downwelling regions and high in the Antarctic Circumpolar Current and seasonal sea-ice zone.

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17 Abstract

The spring bloom in the Southern Ocean is the rapid-growth phase of the seasonal cy-18 cle in phytoplankton. Many previous studies have characterized the spring bloom using 19 chlorophyll estimates from satellite ocean color observations. Assumptions regarding the 20 chlorophyll-to-carbon ratio within phytoplankton and vertical structure of biogeochem-21 ical variables lead to uncertainty in satellite-based estimates of phytoplankton carbon 22 biomass. Here, we revisit the characterizations of the bloom using optical backscatter 23 from biogeochemical floats deployed by the Southern Ocean Carbon and Climate Ob-24 servations and Modelling (SOCCOM) and Southern Ocean and Climate Field Studies 25 with Innovative Tools (SOCLIM) projects. In particular, by providing a three-dimensional 26 view of the seasonal cycle, we are able to identify basin-wide bloom characteristics cor-27 responding to physical features; biomass is low in Ekman downwelling regions north of 28 the Antarctic Circumpolar Current (ACC) region, and high within and south of the ACC. 29

³⁰ Plain language summary

The advent of satellites has allowed us to observe the ocean surface at unprecedented 31 scale. One of the major biogeochemical findings from these observations were that phy-32 toplankton in the Southern Ocean repeatedly go through a dramatic phase of growth ev-33 ery spring. Phytoplankton, however, do not only exist at the ocean surface but in the 34 interior as well, generally in the top 100 m. In our study, we revisit the characterization 35 of this spring growth using autonomous floats that vertically profile biogeochemical prop-36 erties including phytoplankton concentration. Using three-dimensional estimates of phy-37 toplankton, our results support the conventional knowledge of there being a robust sea-38 sonal cycle in phytoplankton. 39

40 **1** Introduction

Phytoplankton are the primary photosynthesizers that convert energy from the sun
to a form that is available to sustain marine life and are critical to the biological carbon
pump (Deppeler & Davidson, 2017). The biological carbon pump, which involves the production of organic carbon via photosynthesis and export to depth, is argued to be responsible for maintaining ~ 90% of the vertical dissolved inorganic carbon (DIC) gradient (Sarmiento, 2013) and ~ 10% of the total carbon flux to the deep ocean (Siegenthaler
& Sarmiento, 1993). While there is no evidence for any recent global-scale changes in

the biological carbon pump (McKinley et al., 2017), its contribution to carbon sequestration may decline in a future warming climate (J. Moore et al., 2013; Osman et al.,
2019). Consequently, phytoplankton and biological activity are important contributors
to both natural and anthropogenic carbon sequestration via export production and maintaining the DIC gradient (Gruber et al., 2019).

The Southern Ocean, along with the overturning circulation (Marshall & Speer, 53 2012), plays a central role in global biological production. Macro-nutrients such as phos-54 phate and nitrate are upwelled in the Southern Ocean along with circumpolar deep wa-55 ter, but these nutrients are not fully consumed due to iron limitation (Field et al., 1998; 56 C. Moore et al., 2013; Williams & Follows, 2011). The underutilized macro-nutrients are 57 circulated to the rest of the ocean basins where they replenish the nutrient depleted sur-58 face waters (Parekh et al., 2004; Dutkiewicz et al., 2005; J. Moore et al., 2013). While 59 the outcropping of isopycnals in the Southern Ocean make it a globally important re-60 gion for physical carbon exchange with the deep ocean (Lévy et al., 2013), the impor-61 tance of Southern Ocean carbon export via sinking and subduction of organic carbon 62 is less certain–estimates range from 8-40% of the global export production (Schlitzer, 2002; 63 Siegel et al., 2014; Stukel & Ducklow, 2017). Therefore, a better understanding of the 64 annual cycles of Southern Ocean phytoplankton, which are at the base of marine food 65 webs, can help in better constraining global biological production and local export pro-66 duction. 67

Estimates of remotely sensed chlorophyll concentration have been one of the pri-68 mary ways to glean insight into the basin-wide magnitude and temporal variability of 69 these blooms (e.g. J. Moore & Abbott, 2000; Thomalla et al., 2011; Sallée et al., 2015; 70 Ardyna et al., 2017). These studies have shown that the peak of surface chlorophyll con-71 centrations observed under clear-sky conditions in the Antarctic Circumpolar Current 72 (ACC) region tends to be during December and January, coinciding with the periods when 73 the surface ocean is warming and mixed layers are shoaling. Primary production esti-74 mates based on these satellite observations of chlorophyll and/or optical backscatter, and 75 estimates of photosynthetically active radiation (PAR) and temperature, range from 10-76 200 g C m⁻² yr⁻¹ in the open Southern Ocean (Arrigo et al., 2008; Westberry et al., 2008; 77 Silsbe et al., 2016). While these studies have greatly enhanced our understanding of South-78 ern Ocean biomass, they are limited as satellites only observe the surface concentrations. 79 Behrenfeld (2010) has shown that only knowing the surface concentrations is not suf-80

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ficient to understand phytoplankton bloom phenology, as periods with deep mixed layers can have active growth that is not easily captured in the surface concentration signal. To circumvent this issue, some recent studies have calculated phytoplankton biomass in the surface ocean by assuming that phytoplankton are vertically homogeneous in the mixed layer (e.g. Sallée et al., 2015). Carranza et al. (2018) recently showed, however, that the biogeochemistry can restratify fairly quickly on the order of 3-5 days, resulting in vertical gradients of phytoplankton within the mixed layer.

In this study, we assess the seasonal cycle of phytoplankton variability in the South-88 ern Ocean by taking advantage of the new biogeochemical (BGC) Argo floats deployed 89 by the Southern Ocean Carbon and Climate Observations and Modeling (SOCCOM) and 90 Southern Ocean and Climate Field Studies with Innovative Tools (SOCLIM) projects. 91 The main focus of our work is to revisit the characterization of the annual cycles of phy-92 toplankton blooms, and to understand the dynamics of these cycles. While this is the 93 first study to use in-situ BGC Argo floats to characterize bloom phenologies in the South-94 ern Ocean, BGC Argo floats have already started to provide a wealth of insight into the 95 biogeochemistry at work in the Southern Ocean (e.g. Bushinsky et al., 2017; Briggs et 96 al., 2018; Gray et al., 2018; Carranza et al., 2018). Johnson et al. (2017) reported the 97 annual net community production (ANCP), which approximately balances the annual 98 carbon export production, using the nitrate sensors from the floats. Their study is com-99 plementary to our work, as they report on the export of total organic carbon from the 100 surface to interior, while we report on the growth and decay of the phytoplankton them-101 selves. BGC Argo floats and gliders equipped with similar sensors have also been used 102 to investigate bloom dynamics in the North Atlantic (Boss & Behrenfeld, 2010; Erick-103 son & Thompson, 2018; Mignot et al., 2016, 2018) and Southern Ocean (Swart et al., 104 2015).105

The main results of this study are zonally averaged monthly climatologies of phytoplankton biomass and accumulation rates for the Atlantic, Indian and Pacific Ocean sectors of the Southern Ocean. These climatologies show that, while the biomass peaks in spring/summer, accumulation generally starts significantly earlier – during the phase when mixed layers are still deepening. We also present the variability of bloom timings and growth rates in different regions and put the results in the context of theoretical ideas about phytoplankton blooms in the Southern Ocean.

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2 Theory of Phytoplankton Dynamics 113

Phytoplankton biomass is usually modeled as a concentration field that evolves according to the advection-diffusion equation, along with sources and sinks driven by cell division and loss by mortality and grazing respectively. This is written as,

$$\frac{\partial P}{\partial t} + \nabla \cdot (\mathbf{v}P) = (\mu - l)P + \nabla \cdot \kappa \nabla P + w_{\rm s} \frac{\partial P}{\partial z}, \qquad (2.0.1)$$

where **v** is the 3D non-divergent velocity field; ∇ the 3D divergence; κ the small-scale 114 turbulent diffusivity; w_s the sinking velocity; $\mu(x, y, z, t)$ the phytoplankton division rate, 115 which is a balance between photosynthesis and respiration, and generally depends on nu-116 trient availability, light and temperature and l(x, y, z, t) the loss rate due to biological

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processes: mortality and grazing. 118

> It is common to average this equation appropriately and impose assumptions, such that the averaged equation describe the evolution of bulk phytoplankton biomass on seasonal time scales (e.g. Behrenfeld, 2010; Mignot et al., 2016, 2018). The horizontal averaging is formally done spatially over length scales of a few eddies and temporally over a few eddy turnover times (\sim seasonal time scales), and it is assumed that horizontal flux divergence on the left hand side is small. This results in a 1-dimensional model for evolution of phytoplankton concentrations. This assumption is a pragmatic one, and partially supported by the observation that the seasonally evolving biogeochemical patterns show spatial coherence over large areas (J. Moore & Abbott, 2000; Mazloff et al., 2018). It is also common to consider the evolution of vertically integrated biomass, rather than trying to describe the evolution of the vertical profile. Conventionally, this vertical integration is considered over a region where phytoplankton can reproduce, and referred to as the productive layer. Note that the productive layer can be deeper than the euphotic layer due to vertical migration of phytoplankton (Forward, 1976) or if mixing is vigorous enough to ensure that phytoplankton spend sufficient time in the euphotic layer to grow. We show our definition of the productive layer in Section 3. The horizontally averaged and vertically integrated bulk phytoplankton biomass equation is,

$$\left\langle \frac{\partial P}{\partial t} \right\rangle = \left\langle \mu P \right\rangle - \left\langle lP \right\rangle + w^*(-H)P(-H) - \kappa_v \frac{\partial P}{\partial z} \Big|_{z=-H}, \tag{2.0.2}$$

where the brackets indicate vertical integral over the depth of the productive layer ($\langle \cdot \rangle$ = 119 $\int_{-H}^{0} (\cdot) dz$). Note that the variables now represent horizontal and temporally averaged/smoothed 120 variables. Here, w^* is composed of time and space averaged vertical velocities, eddy driven 121

mean vertical velocities (Gent et al., 1995; Fox-Kemper et al., 2008), and sinking of phytoplankton (Williams & Follows, 2011). The vertical diffusivity (κ_v) is a result of turbulence driven by winds, shear, and buoyancy driven convection that is active in maintaining the mixed layer, and also the vertical projection of along isopycnal stirring by submesoscale and mesoscale eddies (Redi, 1982; Balwada et al., 2018). The last two terms in equation 2.0.2 are evaluated at the base of the productive layer (-H), and act as sinks on the bulk biomass because there are no significant phytoplankton concentrations be-

¹²⁹ low the productive layer.

The vertically integral of biomass change on the left-hand side of eqn. 2.0.2 can be formally expanded and normalized as, $\frac{1}{\langle P \rangle} \left\langle \frac{\partial P}{\partial t} \right\rangle = \frac{1}{\langle P \rangle} \left[\frac{\partial \langle P \rangle}{\partial t} - P(-H) \frac{\partial H}{\partial t} \right]$, where His the depth of the productive layer, and not the mixed layer as commonly considered. The first term on the right-hand side represents the change in bulk biomass, and the second term becomes negligible at the base of productive layer, i.e. $P(-H) \approx 0$. The above discussion leaves us with an equation for the accumulation rate,

$$r_{\rm p} \approx \frac{1}{\langle P \rangle} \frac{\partial \langle P \rangle}{\partial t} = \mu_{\rm p} - l_{\rm p},$$
 (2.0.3)

as a balance between bulk primary production $(\mu_{\rm p} = \langle \mu P \rangle / \langle P \rangle)$ and bulk losses $(l_{\rm p} = (\langle lP \rangle + \kappa_v \frac{\partial P}{\partial z} |_{z=-H}) / \langle P \rangle)$ (Behrenfeld & Boss, 2018). In this study we will estimate the bulk biomass $(\langle P \rangle)$ and accumulation rate $(r_{\rm p})$ using observations, and the above presentation will help us identify potential mechanisms that may be driving and setting the observed patterns for these variables.

¹³⁵ **3** Data and Methods

In this study we use profiling Argo floats that were deployed as part of the South-136 ern Ocean Carbon and Climate Observations and Modeling (SOCCOM), and Southern 137 Ocean and Climate Field Studies with Innovative Tools (SOCLIM) projects. The SOC-138 COM floats were APEX and BGC-Navis (Johnson et al., 2017; Riser et al., 2018), while 139 the SOCLIM floats were PROVBIO-2 and PROVAL (Leymarie et al., 2018). All floats 140 were equipped with CTD and bio-optical sensors, which measured temperature, salin-141 ity, pressure, nitrate, dissolved oxygen, chlorophyll fluorescence and optical backscatter 142 coefficient. Additionally, the SOCLIM floats measured incoming PAR. Figure 1 shows 143 a summary of the raw data used in this study, which are composed of 152 (144 SOCCOM, 144 8 SOCLIM) BGC Argo floats. Data from April 2014 to May 2019 were used, but a sig-145

nificant boost in sampling happened in 2016 (Fig. 1a). Most of the sampling is around
the ACC region, with less sampling in the gyres to the north and Weddell Sea to the south.
There is also minor zonal asymmetry in sampling, with less sampling in the Atlantic sector relative to the Indian and Pacific sectors.

We only used the quality controlled data here; this included data points that had 150 been flagged as good or had been corrected by inspection (as indicated by quality flags-151 1, 2, 5 and 8 (Carval et al., 2014, https://archimer.ifremer.fr/doc/00187/29825/ 152 40575.pdf)). In-situ temperature and salinity measurements were used to calculate the 153 potential density and stratification (N^2) using the Python implementation of the Ther-154 modynamic Equation of Seawater 2010 (TEOS-10; McDougall & Barker, 2011, https:// 155 teos-10.github.io/GSW-Python/). The mixed-layer depth was defined using the den-156 sity threshold criteron: the depth at which the density is greater by 0.03 kg m^{-3} rela-157 tive to 10 dbar (de Boyer Montégut et al., 2004; Carranza et al., 2018; Ardyna et al., 2019). 158 Figures S4-S6 shows that this criterion picks up the sharp vertical gradient in stratifi-159 cation. 160

For the biogeochemical properties of chlorophyll and backscatter, additional pro-161 cessing was required. We used the chlorophyll concentrations that have been corrected 162 for nonphotochemical quenching and the optical backscatter measured at 700 nm. We 163 subtracted out the median of all measurements per float below 600 dbar, and then ap-164 plied a five-point median filter in the vertical to remove the spikes in the profile. Sim-165 ilar methods have been used previously (e.g. Carranza et al., 2018; Mignot et al., 2018; 166 Erickson & Thompson, 2018). The removal of the deep median assumes that non-zero 167 values at depth are generally a result of an instrument bias rather than true phytoplank-168 ton related signal. The despiking removes measurement noise or potential signal due to 169 aggregates. In order to correct for the known bias between measurements by Argo floats 170 and shiptrack high-performance liquid chromatography (HPLC), we first doubled the cor-171 rected chlorophyll concentrations to account for the global factor of 2 (Roesler et al., 2017) 172 and then adjusted them based on an empirical fit for each dataset: $\rm Chl_{HPLC}\approx 0.21\times$ 173 $\text{Chl}_{\text{SOCCOM}}^{0.714}$ (Johnson et al., 2017; Haëntjens et al., 2017) and $\text{Chl}_{\text{HPLC}} \approx \text{Chl}_{\text{SOCLIM}}/3.46$ 174 (Roesler et al., 2017, Table 1 in their paper). Henceforth, we drop the subscript $(\cdot)_{HPLC}$, 175 i.e. $Chl = Chl_{HPLC}$. 176

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Phytoplankton carbon biomass was estimated using the backscatter data. This pro-177 cess required first converting the backscatter observations at 700 nm to 470 nm, using 178 $b_{bp}(470) = b_{bp}(700) \left(\frac{470}{700}\right)^{-0.78}$. Then the estimated 470 nm backscatter was converted 179 to phytoplankton carbon biomass (C_p) using the empirical linear relationship from Graff 180 et al. (2015).: $C_p = 12128 \ b_{bp} + 0.59$. This relationship was obtained by comparing si-181 multaneous measurements of in-situ phytoplankton carbon biomass and backscatter, us-182 ing data from cruises in the North and South Atlantic, and the Western Pacific Ocean. 183 The R^2 coefficient of the linear regression was 0.69, and the root-mean-square error in 184 phytoplankton carbon biomass around the empirical relationship 4.6 mg C m^{-3} . While 185 this empirical relationship is not perfect, it has previously been applied to estimate net 186 primary production (NPP) globally (Silsbe et al., 2016), C_p in the Southern Ocean (Haëntjens 187 et al., 2017), and is consistent with Behrenfeld et al. (2005) in which NPP was first de-188 rived based on b_{bp} . 189

As different floats had different temporal and vertical sampling frequencies, we in-190 terpolated the data for each float onto uniform temporal grids with time steps equal to 191 the minimum temporal sampling rate for each float, and a stretched pressure grid be-192 tween 4-1000 dbar with resolution of 4 dbar near the surface and 10 dbar toward the bot-193 tom. The interpolation was done in Python using a piecewise cubic hermite interpolat-194 ing polynomial (pchip) scheme. In order to avoid including non-phytoplankton partic-195 ulate organic matter in our calculation, we masked the backscatter data using a mask 196 that was built under the assumption that phytoplankton biomass would have apprecia-197 ble levels of associated chlorophyll. A cut-off Chl per float was defined as the 90^{th} per-198 centile of concentrations deeper than 200 dbar, viz., we mask out C_p and Chl below this 199 concentration. The bulk biomass $\langle C_p \rangle$ is then defined by vertically integrating the masked 200 C_p over the whole water column. The depth of 200 dbar was chosen as it was always deeper 201 than the depth where PAR attenuated to one percent of its surface value (h_{PAR} ; Fig. S1). 202 Here h_{PAR} was estimated from the empirical relation provided by Morel et al. (2007, eqn. 10 203 in their paper, using surface Chl as the average of top 50 dbar similar to what satellites 204 would observe.). The bulk biomass $\langle C_p \rangle$ was insensitive to this depth scale (200 dbar) 205 and percentile value (90%) chosen for masking out backscatter below the productive layer; 206 207 our algorithm was able to capture phytoplankton within the mixed layer year round, and the difference in the parameter choice only affected the depth below the mixed layer at 208

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which backscatter was masked out (Figs. 2, S4-S6). We show the robustness of our algorithm in Fig. S2 by changing these parameters.

The floats are advected approximately with the flow at 1000 m. Thus, changes in 211 the time series of phytoplankton observed by an individual float can potentially be a re-212 sult of a float crossing through a region of distinct productivity, or a patch of distinct 213 productivity at the surface being advected relative to the flow at 1000 m. However, av-214 eraging over large regions and performing a temporal smoothing to extract only the slowly 215 varying seasonal signal, as done in Section 4, allows us to capture the broad regional-216 scale seasonal signals of phytoplankton evolution, which are of interest in this work. This 217 notion is supported by previous studies that observed broad regions over which similar 218 seasonal cycles manifest themselves (Thomalla et al., 2011; Ardyna et al., 2017). Addi-219 tionally, apart from the floats in the ACC, most floats do not traverse very large distances 220 over a year, and so the results are not expected to be contaminated by a single float hav-221 ing seen two dramatically different phytoplankton blooms in a year of sampling. The pre-222 cise impact and the biases introduced by the float sampling with a coarse temporal res-223 olution (~ 10 days) on quantifying synoptic evolution, which is not the focus here, could 224 be addressed in the future using an Observing System Simulation Experiment (OSSE). 225

While considering potential mechanisms that describe the observed patterns, we employ the surface heat flux and surface wind stress from the Biological Southern Ocean State Estimate reanalysis (BSOSE; Verdy & Mazloff, 2017), and AVISO based surface geostrophic eddy kinetic energy (EKE; https://www.aviso.altimetry.fr).

230 4 Results

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4.1 Biomass Cycles from Individual Floats

The Southern Ocean is known to have a wide variety of distinct cycles of biomass 232 growth and decay, as observed by satellites (Sallée et al., 2015; Ardyna et al., 2017). These 233 cycles are generally associated with light availability, circulation, mixed-layer properties 234 and external iron sources in the region. Here we show three qualitatively different cy-235 cles observed by three individual SOCCOM floats, with insight from previous studies that 236 the seasonal sea ice zone (SIZ), Antarctic Circumpolar Current (ACC), and subtropi-237 cal zone (STZ) have distinct bloom phenologies (Arrigo et al., 2008; Sallée et al., 2015). 238 The mean locations of these floats are indicated in Fig. 1b. We will use the terminol-239

ogy onset, climax and apex to characterize the bloom cycle (Behrenfeld, 2010). Each phase 240 is defined using the time series of the vertically integrated biomass ($\langle C_{\rm p} \rangle$) as i) onset: 241 $\langle C_p \rangle$ minimum and $r_p = 0$, ii) *climax*: r_p maximum, and iii) *apex*: $\langle C_p \rangle$ maximum and 242 $r_{\rm p}~=~0,$ where $r_{\rm p}$ was calculated from eqn. 2.0.3 by substituting P with $C_{\rm p}$ (Llort et 243 al., 2015; Sallée et al., 2015; Behrenfeld & Boss, 2018; Mignot et al., 2018). The verti-244 cally integrated biomass time series discussed in this study, examples shown in Fig. 2d-245 \mathbf{f} , have been smoothed using a 30-day running mean. This smoothing extracts the sea-246 sonal cycle and removes synoptic signals, which are not well resolved due to the 10-day 247 sampling frequency of most SOCCOM floats. As the time series presented here might 248 potentially be sensitive to the possibility of floats traversing from one biogeochemical re-249 gion to another, we purposely chose floats that stayed more or less in the same biogeo-250 chemical region (Ardyna et al., 2017) and did not show dramatic changes in water mass 251 properties. 252

The first float (float ID: 5904184) is located south of the climatological Polar Front 253 (PF) in the Ross Sea, which is a region covered by sea ice with limited PAR during aus-254 tral winter (Fig. 2a). This particular float happened to be under ice from around July 255 to November, as indicated by the missing data in the top 10 dbar for this period when 256 the float's ice detection algorithm did not allow it to surface. During the period of ice 257 coverage, both the phytoplankton biomass concentration C_p and bulk phytoplankton biomass 258 $\langle C_p \rangle$ were negligibly small. The melting of sea ice at the end of November, which allows 259 light to enter the water column and presumably also supplies iron, is coincident with a 260 massive growth in phytoplankton with $r_{\rm p} \approx 0.07 \text{ day}^{-1}$ at its climax (Fig. 2d). This 261 also happens at the time when the mixed layer is at its shallowest, and phytoplankton 262 spend all their time in the euphotic layer. Surface biomass concentration $C_{\rm p}^{\rm surf}$ is con-263 sequently tightly coupled with $\langle C_p \rangle$ throughout the bloom cycle. However, this growth 264 is short lived, approximately 1-2 months, and the bloom starts to decay by the end of 265 January. 266

The second float (float ID: 5904683) is located downstream of the Kerguelan Plateau and drifts along the Antarctic Circumpolar Current (ACC; Fig. 2b). This is a region of vigorous eddy activity, and the presence of the Kerguelan Islands and hydrothermal vents can act as a source of lithogenic/benthic iron here (Gille et al., 2014; Swart et al., 2015; Ardyna et al., 2019). This float happened to see a short-lived period of growth in July, but the onset to apex is from August till the end of December. Considering that the on-

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set is before the wintertime mixed-layer depth maximum, it is likely that increase in phytoplankton is due to the reduction of grazing pressure (Behrenfeld, 2010). The climax $(r_{\rm p} \approx 0.02 \text{ day}^{-1})$ is during a period when the mixed layer is deepening, while the maximum in surface concentrations and bulk biomass are seen when the mixed layers are their shallowest (Fig. 2e). During the period when the mixed layers are shallow, between December and February, instances of phytoplankton biomass existing below the mixed layer depth are also observed.

The last float (float ID: 5904395) considered in this section is located in the qui-280 escent Pacific STZ (Fig. 2c). This is a region where light is plentiful year round, but macronu-281 trients might be limited due to the presence of a strong thermocline (Carranza & Gille, 282 2015). The deepest observed mixed layers (~ 100 m) are not significantly different from 283 the expected depth of the euphotic layers. This float experiences slow biomass accumu-284 lation $(r_{\rm p} < 0.01 \text{ day}^{-1})$ onsetting in July and extending all the way till February, along 285 with short periods of decay during this period during November and January (Fig. 2f). 286 This bloom cycle is quite different from the two discussed above, as there is no single dom-287 inant apex but instead a broad period when bulk biomass fluctuates at values slightly 288 greater than the annual background with the majority of phytoplankton existing below 289 the mixed layer during austral summer (October-February). Carranza and Gille (2015) 290 found evidence that transient mixed layer deepening associated with high frequency winds 291 can supply nutrients that alleviate the nutrient limitation both in the ACC and subtrop-292 ical latitudes, driving episodic increases in productivity with stronger signals in the lat-293 ter zone. 294

It should be noted that only the under-ice float observes periods where the bulk 295 biomass becomes negligibly small during onset, while the other two floats observe regions 296 where there is a non-negligible level of background bulk biomass year round using backscat-297 ter as a proxy. It is possible that non-phytoplankton sources can produce non-zero backscat-298 ter signal during parts of the year, but our algorithm to account for backscatter only co-299 inciding with chlorophyll reduces this possibility. We believe that, while using backscat-300 ter as a proxy may not be an exact estimator of phytoplankton concentrations and bulk 301 phytoplankton biomass estimates, it presents a faithful pattern of observed temporal vari-302 ability, which is the focus of this study. 303

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4.2 Temporal and Spatial Variability in Bloom Phenology

In the above section we showed that the bloom cycles can be described by the tim-305 ing of the three phases: onset, climax and apex. While synoptic variability can compli-306 cate the precise timing of each phase, they are useful to qualitatively distinguish blooms. 307 Here, we present the median and distribution of the different bloom phase timings and 308 strength of the bloom itself to draw basin-wide characterizations. While it is common 309 to separate biogeochemical zones based on the ACC frontal positions (Sallée et al., 2015; 310 Gray et al., 2018), here we simply chose zones based on latitudinal bands: north of 45S 311 (n45), between 45-60S, and south of 60S (s60). This is appropriate for our purposes be-312 cause we consider the three sectors of the Southern Ocean: Atlantic (70E-20W), Indian 313 (20W-180W), and Pacific (180E-70E) separately, and the mean frontal locations in each 314 individual sector are quasi-zonal. In order to avoid detecting erroneous minima and max-315 ima in $\langle C_p \rangle$ and r_p due to some time series starting or ending mid year, we require each 316 yearly time series to start before July and end after October when detecting the *onset*, 317 start before August and end after November for *climax*, and start before October and 318 end after December for apex. The five-year long data set, starting on April 7, 2014 and 319 ending on May 11, 2019, yielded a total of 228 onset, 222 climax and 229 apex events 320 (Fig. S13). 321

Figure 3 shows the box plots of the timing of each bloom phase and deepest mixed 322 layer for different latitudinal bands and sectors. The median onset timing shifts from around 323 June-July in the northern most latitudinal range (n45) to August-September in the south-324 ern most latitudinal range (s60). Correspondingly the median apex timing shifts from 325 October-December in n45 to January-February in s60, with the climax lying in the mid-326 dle. The large range (3-6 months), in the timing of the different phases is a probably a 327 combined result of spatial and internannual variability. The range of the onset timing 328 is generally a bit smaller than the range of climax or apex timing, suggesting that blooms 329 have a relatively well defined onset timing. The shift in onset time to later in the year 330 further south, and its narrow range, confirms that the well-defined annual cycle of in-331 solation, influencing both light availability and mixed-layer depth, is the primary con-332 trol on initiating the bloom. 333

The timing of mixed-layer depth maxima relative to the onset date shows that in the latitude bands north of 60S, the bloom begins while the mixed layer is still deepen-

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ing, while the climax happens after the mixed layer has started to shoal; bloom onset 336 occurs in winter/autumn and blooms ramp up in production in the spring. The blooms 337 to the south of 60S, however, most of which are in SIZ, have a different phenology. Here 338 bloom onset occurs generally after the timing of the deepest mixed layers, when the mixed 339 layers have started to shoal. This is likely because the melting of the sea ice releases iron 340 (Boyd & Ellwood, 2010), allows PAR to penetrate into the surface waters, and causes 341 the mixed layer to shoal, all factors that help phytoplankton grow. Prior to the reced-342 ing of sea ice, the SIZ also experiences polar night and is severely light limited. The time 343 lag between each phase in s60 is also shorter relative to the northern regions, presum-344 ably due to the growth season being shorter. 345

We now move onto the spatial variability in bloom phenology that is observed in 346 the accumulation rates and strength of the spring blooms. We define two metrics: the 347 rate of increase in biomass at i) the bloom climax (r_{p}^{climax}) and ii) between the onset and 348 apex, i.e. $r_{ao} \ (= \frac{\Delta \ln [\langle C_p \rangle]}{\Delta t})$ where the difference is taken between the two phases. The 349 former indicates the rate at which biomass increases most rapidly per bloom, and the 350 latter is the normalized amplitude of the entire bloom cycle, i.e. the bloom strength. The 351 two rates $(r_{\rm p}^{\rm climax} \text{ and } r_{\rm ao})$ are plotted against geographical locations in Fig. 4; $r_{\rm p}^{\rm climax}$ 352 is larger than $r_{\rm ao}$, as expected because the latter assumes an exponential growth over 353 the entire bloom cycle. Both rates have higher magnitudes in the south compared to the 354 north, particularly to the south PF in the SIZ (Fig. 4). There is also some suggestion 355 of elevated production in regions where the ACC interacts with topography, such as the 356 Drake Passage, the Kerguelen Plateau, and the Pacific Antarctic ridge, consistent with 357 the findings by Ardyna et al. (2019); Prend et al. (submitted). Better data coverage would 358 be required, however, to confirm the zonal variations in accumulation rates that might 359 be present in each sector. 360

We also plot the mean rates of Ekman pumping calculated from BSOSE outputs 361 of wind stress $(w_{\rm E} = \frac{1}{\rho_0 f} \hat{\mathbf{z}} \cdot \nabla \times \tau)$, and eddy kinetic energy (EKE) observed from AVISO 362 SSH fields in Fig. 4. The Ekman pumping shows the widely known pattern of downwelling 363 $(w_{\rm E} < 0; \text{ blue})$ in the subtropical gyres to the north of the ACC and upwelling $(w_{\rm E} >$ 364 0; red) in the ACC and south of it. The EKE is highest in the ACC, particularly over 365 regions where the ACC interacts with topography (Wilkin & Morrow, 1994). There is 366 an apparent correspondence between $r_{\rm p}^{\rm climax}$, $r_{\rm ao}$ and Ekman pumping; both rate esti-367 mates are lower in regions of Ekman downwelling and elevated in regions of Ekman up-368

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welling (Figs. 4, S14). This correspondence in part might result from the mean Ekman 369 upwelling directly bringing nutrients into the euphotic layers, but this is likely a small 370 contribution due to upwelling rates being extremely slow (Tagliabue et al., 2014). The 371 more dominant way for Ekman forcing to modulate phytoplankton production is likely 372 by setting the background stratification and nutricline properties, and allowing for nu-373 trient transport along isopycnals (Naveira Garabato et al., 2017). In regions like the ACC, 374 where deep isopycnals outcrop, the along-isopycnal nutrient transport can result from 375 strong mesoscale and submesoscale stirring and would support blooms in regions of high 376 EKE (Rosso et al., 2014, 2016; Balwada et al., 2018). 377

To the north of the ACC, Ekman downwelling likely results in a deep nutricline and 378 nutrient limitation year round, leading to low values of $r_{\rm p}^{\rm climax}$ and $r_{\rm ao}$. Elevated rates 379 of production in the ACC, where isopycnals outcrop, might be suggestive of (sub)mesoscale 380 nutrient supply at work. However, it is hard to exactly disentangle the eddy driven trans-381 port of deep water to the surface from from the localized aeolian and benthic sources of 382 iron in the ACC. It is possible that the two mechanisms interact, with the benthic sources 383 releasing nutrients into deep waters near topography, which are then brought to the sur-384 face via strong along isopycnal eddy stirring (Ardyna et al., 2019). Johnson et al. (2017) 385 showed that the annual net community production (ANCP) was highest in the ACC re-386 gion where the mixed layers were the deepest. One might expect light limitation driven 387 by deep mixing to produce the lowest ANCP rates in this region, but it is appears that 388 the dissolved iron supplied by high rates of mixing and stirring act to reduce the chronic 389 iron limitation in the open Southern Ocean (Fig. 5). The very high rates to the south 390 of the Polar Front are likely associated with the iron fertilization via sea ice melt (Boyd 391 & Ellwood, 2010; Boyd et al., 2012; McGillicuddy et al., 2015; Ardyna et al., 2019). 392

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4.3 Zonally Averaged Atlantic, Indian & Pacific Sector Climatologies

The previous sections discussed different bloom phases observed by individual floats and the statistics of their timings. In this section we provide an Eulerian view by averaging the bulk phytoplankton biomass and growth rates in three zonal sectors: the Atlantic (70E-20W), Indian (20W-180W), and Pacific (180E-70E) sectors of the Southern Ocean. The choice to average zonally, while maintaining a distinction between the three sectors, is motivated by the sparse spatial coverage of the data set, satellite based chlorophyll measurements showing lower chlorophyll concentrations in the Pacific sector relative to the other sectors (Thomalla et al., 2011; Ardyna et al., 2017), and the quasi-zonal nature of ACC fronts in different sectors. Climatological Hovmöller diagrams (Fig. 5) in latitude vs time were generated by averaging over all the data points in a zonal sector after weighting the data points with a Gaussian kernel of width 1.6° in latitude and 0.43 months (Locally Weighted Scatterplot Smoothing; LOWESS). As $\langle C_p \rangle$ followed a log-normal distribution, we applied the Gaussian kernel to $\ln \langle C_p \rangle$ and then took the exponent of the filtered data.

The climatology of bulk vertically integrated biomass $\langle C_p \rangle$ shows a clear seasonal 408 cycle, with one major bloom per year, and the timing of apex shifts later in the year fur-409 ther south (Fig. 5a,d). Higher values of $\langle C_p \rangle (> 2 \text{ g C m}^{-2})$ are mostly confined in the 410 months when surface heat flux (\mathcal{H}) is positive during the austral summer (zero cross-411 ing of mean flux is shown as red lines). Due to shorter summers, indicated by PAR (black 412 contours), blooms are constrained to fewer months in the south while the northern blooms 413 are more diffused, consistent with the spread in bloom phase timings shown in Fig. 3. 414 The Indian and Atlantic sectors have overall more biomass than the Pacific, likely due 415 to more aeolian and lithogenic iron sources (Boyd & Ellwood, 2010; Swart et al., 2015). 416

In conjunction with biomass, the accumulation rates (r_p) are also evaluated in the 417 same manner (Fig. 5b,e,h). The zonally averaged accumulation starts $(r_{\rm p} > 0)$ sub-418 stantially before the timing of the mixed layer depth maxima (not shown) or when heat 419 flux switches sign. At the time scales under consideration, the lag between change in heat 420 flux and mixed layer restratification is not discernible (Taylor & Ferrari, 2010, 2011). Phy-421 toplankton accumulation starting during the mixed layer deepening phase is in consen-422 sus with the timing plots in the previous section, where onset happens before the deep-423 est mixed layers are observed. This observation is in agreement with the dilution-recoupling 424 hypothesis of Behrenfeld (2010), which suggests that a deepening mixed layer reduces 425 the phytoplankton and zooplankton concentrations and thus grazing pressure. These re-426 duced grazing rates result in bulk phytoplankton increase, while the concentration of phy-427 toplankton might be very low and even decreasing. The peak accumulation rates are of-428 ten observed closer to the time when the heat flux changes sign, particularly around 50-429 60S, indicating a possible acceleration in growth rates as the mixed layers start to shoal 430 (similar to those observed in the North Atlantic; Mignot et al., 2018). 431

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Figure 5c, f, i show the climatological zonal mean of Ekman pumping and surface 432 eddy kinetic energy (EKE) in each sector plotted against latitude. Consistent with the 433 strength of the blooms (Fig. 4), the seasonal amplitude of $\langle C_p \rangle$ is generally low at lat-434 itudes where Ekman pumping is negative ($w_{\rm E} < 0$). Local maxima of $\langle C_{\rm p} \rangle$ align with 435 the zonal-mean EKE maxima associated with the ACC in each sector around 55S, with 436 correspondence in the Pacific being the most prominent (Fig. 5). In the Indian sector 437 around 64S, there is a secondary maximum aligning with a peak in Ekman upwelling ($w_{\rm E}$ > 438 0), which is also a region close to and under the SIZ. The maximum in EKE around 40S 439 in the Atlantic and Indian sector comes from a combination of high EKE in Brazil Cur-440 rent down stream of the Drake Passage and the Agulhas Current (Fig. 4), and does not 441 display a very significant peak in $\langle C_p \rangle$. There is a small peak in the Atlantic sector around 442 40S, but this might be fortuitous, as these latitude ranges do not have a lot of floats (Fig. 1a). 443

444

5 Discussion and Conclusions

The seasonal cycle of phytoplankton carbon biomass in the open Southern Ocean 445 has been of long interest to the oceanographic and biogeochemical community, due to 446 its relevance to the biological carbon pump. Satellite observations have greatly enhanced 447 our understanding of this seasonal cycle, and the factors controling its dynamics (Field 448 et al., 1998; J. Moore & Abbott, 2000; Arrigo et al., 2008; Venables & Moore, 2010; Thoma-449 lla et al., 2011; Sallée et al., 2015; Verdy & Mazloff, 2017; Ardyna et al., 2017). Satel-450 lites, however, only capture the surface signature of primary production, and can be lim-451 ited by the presence of clouds and sea-ice, which are plentiful in the Southern Ocean. 452 Here, we present the first in-situ estimates of the phytoplankton carbon biomass season-453 ality in the open Southern Ocean observed by the biogeochemical (BGC) Argo floats de-454 ployed by the SOCCOM and SOCLIM projects. While limited in spatial coverage rel-455 ative to satellites, these autonomous platforms provide year-round profiles of optical backscat-456 ter in the top 2000 m, allowing us to provide an estimate independent of chlorophyll, which 457 is known to vary depending on the species and physiological state of phytoplankton (Geider, 458 1987; Geider et al., 1998; Behrenfeld & Boss, 2003; Haëntjens et al., 2017; Erickson & 459 Thompson, 2018), and to explore the three-dimensional structure of phytoplankton dy-460 namics. We highlight the main results in the form of a schematic (Fig. 6). 461

The subtropical zone (STZ) is the region to the north of the ACC, where PAR is plentiful year round, mixed layers are relatively shallow, the circulation is slow, and strat-

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ification is characteristic of subtropical ocean gyres. This region is characterized by a 464 mean Ekman downwelling, which in conjunction with flat isopycnals results in deep nu-465 triclines (McClain et al., 2004; Wilson & Coles, 2005). The summer to winter contrasts 466 in heat fluxes and winds is not significantly large to produce deep winter mixed layers, 467 which could otherwise tap significantly into the nutricline. The phytoplankton are, thus, 468 constantly nutrient limited, resulting in the small amplitude of the seasonal cycle. Episodic 469 mixing, resulting from storms (Carranza & Gille, 2015), and isopycnal heaving (Song et 470 al., 2016) can sustain some phytoplankton growth, but this does not result in a very large 471 annual cycle (Thomalla et al., 2011). Phytoplankton often exist below the mixed layer 472 in this region, suggesting that the mixed layer is shallower than the euphotic layer. 473

The Antarctic Circumpolar Current (ACC) region is characterized by strong mean 474 and transient currents, outcropping isopycnals that provide a pathway between the deep 475 ocean and the surface (Naveira Garabato et al., 2017), mean Ekman upwelling, and deep 476 winter mixed layers (Holte et al., 2017). Phytoplankton in this region may be PAR lim-477 ited, not due to insufficient insolation, but due to mixing causing the phytoplankton to 478 spend time out of the euphotic layers. The phytoplankton biomass in this region is greater 479 than in the other two regions, including in austral summer, and has a large seasonal am-480 plitude, with accumulation $(r_{\rm p} > 0)$ starting few months prior to the timing of the deep-481 est mixed layers. The accumulation prior to mixed-layer shoaling is consistent with the 482 hypothesis of reduced grazing pressure during deep mixed layers leading to accumula-483 tion (Behrenfeld, 2010). Previous studies have shown that iron limitation is relieved in 484 the open Southern Ocean by the deep winter mixed layers tapping into the ferricline (Tagliabue 485 et al., 2014; Llort et al., 2015), and it is likely that (sub)mesoscale eddy stirring also brings 486 up tracers including nutrients along the sloping isopycnals (Gnanadesikan et al., 2015; 487 Balwada et al., 2018; Freilich & Mahadevan, 2019). Productivity in the ACC is highly 488 spatially variable and concentrated in several blooms located at or just downstream of 489 major topographic features (Sokolov & Rintoul, 2007). This is likely due to nutrient de-490 livery to the euphotic zone via multiple processes that can occur where flow-bathymetry 491 interactions enhance eddy tranport (Rosso et al., 2014, 2016; Ardyna et al., 2019), and 492 where currents impinge on topography including upwelling (Gille et al., 2014) and gen-493 eration of Taylor columns (Meredith et al., 2003; Prend et al., submitted). 494

The seasonal sea ice zone (SIZ) is to the south of the Polar Front, which experiences light limitation partially due to polar nights and the presence of sea-ice. This re-

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gion is associated the subpolar Ross and Weddell gyres and is characterized by mean Ekman upwelling. The ecosystem in this region experiences an explosive phytoplankton growth
once the sea ice recedes during austral spring (Briggs et al., 2018), but the duration of
the growth season is extremely limited. The melting sea-ice is also a potential source of
iron to relieve the nutrient limitation (Boyd & Ellwood, 2010).

Our estimate of phytoplankton seasonality based on profiling flows permit us to 502 make a critical assessment of other methods that rely primarily on observations of sur-503 face chlorophyll concentrations (J. Moore & Abbott, 2000; Arrigo et al., 2008; Thoma-504 lla et al., 2011; Ardyna et al., 2017). Some recent studies have tried to consider evolu-505 tion of the bulk biomass, rather than just the surface signature, using ancillary mixed-506 layer depth estimates and an assumption of vertical homogeneity of phytoplankton con-507 centration over the depth of the mixed layer (Behrenfeld, 2010; Sallée et al., 2015). How-508 ever, this is no substitute for truly depth-dependent measurements. Our results suggest 509 that in the Southern Ocean, such surface-derived estimates can result in underestimat-510 ing the bulk biomass, and sometimes even fail to reproduce the temporal variability. We 511 define the surface concentration (C_p^{surf}) as the average concentration in the top 50 dbar. 512 This averaging depth is arbitrary, but changing this depth criterion did not influence the 513 results qualitatively. A corresponding bulk biomass is then estimated by multiplying C_p^{surf} 514 by the observed mixed-layer depth $(h_{\rm ML})$, similar to the estimate used by Sallée et al. 515 (2015). The dashed green lines in the bottom row of Fig. 2 show that this proxy for bulk 516 biomass has limited success. The proxy bulk biomass captures the approximate seasonal 517 pattern for the float to the south of the Polar Front (Fig. 2d), as both $\langle C_p \rangle$ and $C_p^{surf} \times$ 518 $h_{\rm ML}$ peak in January. However, $C_p^{\rm surf} \times h_{\rm ML}$ is out of phase with $\langle C_p \rangle$ for the float in 519 the gyre (Fig. 2f) where the mixed layers are shallow, and a significant amount of biomass 520 is present below the mixed-layer base. The comparison for the float in the ACC is also 521 less than satisfactory (Fig. 2e), with the proxy showing weaker amplitude and estimat-522 ing the apex too soon. Comparing $\langle C_p \rangle$ and $C_p^{surf} \times h_{ML}$ over the whole time series of 523 each float showed that the latter is smaller in amplitude than the former, and the dif-524 ference is greater at northern latitudes (Figs. 2, S7-S9). We examined all SOCCOM and 525 SOCLIM float profiles and found this relation ($\langle C_p \rangle > C_p^{surf} \times h_{ML}$) to hold in most 526 cases (Fig. S10). While the comparison made here is not completely fair to satellite based 527 studies, it does suggest that some caution is needed when interpreting them; regardless 528

⁵²⁹ of the depth of the mixed layer, satellite observations may miss subsurface vertical struc-⁵³⁰ tures in biogeochemical variables (Carranza et al., 2018).

We have presented the basin-wide averaged annual phytoplankton cycle in the South-531 ern Ocean from in-situ observations (Fig. 5), and have only scratched the surface of what 532 can be learned from this growing data set. We hope that this work will spur the inter-533 est of the wider community to further explore and critique this data set, and perform 534 dedicated investigations into some of the more speculative elements of this work. Regional 535 scale investigations (e.g Ardyna et al., 2019; Prend et al., submitted) are needed to un-536 derstand the details of the spatial variations in biology. Careful investigations are needed 537 to understand the biases introduced in the observations of time series by the Argo float 538 quasi-Lagrangian sampling and 10-day temporal resolution, and the potential for study-539 ing synoptic time-scale variability. Our results show that vertically integrated biomass 540 can be high even if concentration itself is low. Depending on the timing of blooms, win-541 tertime enhancement in submesoscale vertical velocities can subduct this organic mat-542 ter to depth (Omand et al., 2015; Llort et al., 2018; Erickson & Thompson, 2018), and 543 indicates the significance of quantifying the timing and biomass of blooms. 544

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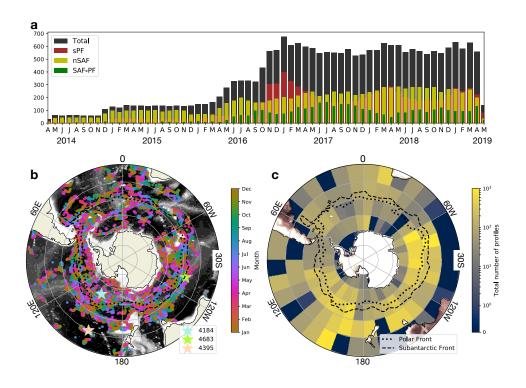


Figure 1. Data availability of the entire SOCCOM and SOCLIM data set. a Time series of the number of $\langle C_p \rangle$ data points at any given month of the year with north of the Subantarctic Front (SAF) in yellow, between SAF and the Polar Front (PF) in green, and south of PF in brown. The SOCLIM float data started from October 2016, resulting in a large increase in total data availability. **b** The geographical location and month of all datapoints of vertically integrated C_p and the climatological position of the fronts were taken from orsi1995meridional. The black shading shows the bathymetry. The mean position of three representative floats (ID: 5904134, 5904395, 5904683) are shown as the stars. **c** The cumulative number of profiles over the whole data set aggregated over 10° lat-lon boxes.

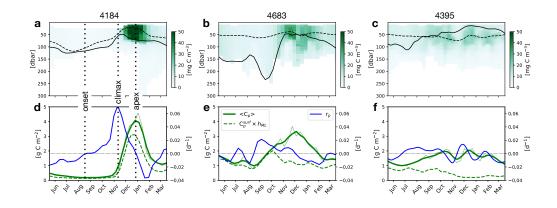


Figure 2. Time series of de-spiked and interpolated C_p masked out based on the Chl cut off (a-c) plotted against pressure for the floats shown in Fig. 1b. The full time series of each float is given in the Supporting Information. The black solid (dashed) lines show h_{ML} (h_{PAR}). d-f Time series of the vertically integrated carbon $\langle C_p \rangle$, surface carbon concentration multiplied by h_{ML} and accumulation rates after a 30-day running mean is applied. The thin green lines show $\langle C_p \rangle$ before the running mean.

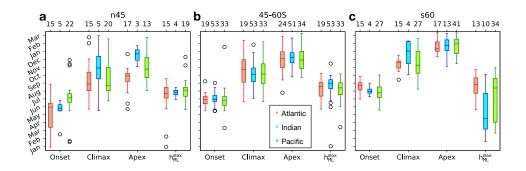


Figure 3. Box plot of the month each spring bloom phase (onset, climax and apex) and mixed-layer depth maxima takes place for the latitudinal band north of 45S (n45) **a**, 45-60S **b** and south of 60S (s60) **c**. Atlantic, Indian, and Pacific sectors are shown in orange, blue and green respectively. The solid line within the box shows the median, boxes the interquartile range, and whiskers the 95 percentile. The top x axes show the number of data that go into generating the box plots.

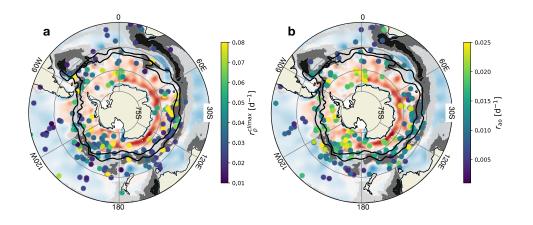


Figure 4. a Accumulation rate at the climax of each bloom $(r_{\rm p}^{\rm climax})$, and rate of vertically integrated biomass increase from onset to apex of each bloom $(r_{\rm ao})$ b plotted against geographical location. Red shadings show the annual mean of Ekman pumping, while blue indicates Ekman suction, using the wind-stress curl from BSOSE after a Gaussian spatial filter with 3° radius was applied, and black contours show the climatology of surface EKE in $[m^2 s^{-2}]$ over the years of 1997-2017. Values below 0.009 m² s⁻² are masked out.

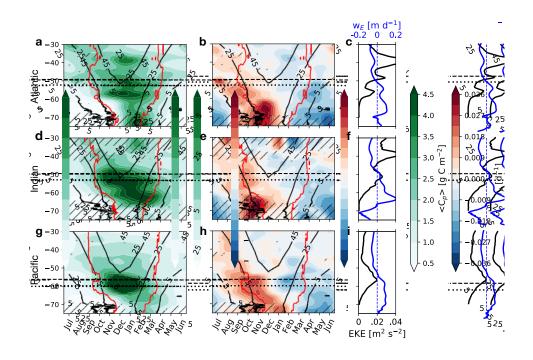


Figure 5. Hovmöller diagrams of the monthly climatological zonally-averaged $\langle C_p \rangle$ and r_p plotted against latitude in the Indo-Atlantic sector (70W-180E; **a**,**b**), and Pacific sector (180E-290E; **d**,**e**) for the five years of float data available. The black hashes indicate grids with less than 10 profiles and the black dashed (dotted) line shows the zonal mean of the climatological position of SAF (PF). The black contours show the zonal-mean monthly climatology of PAR (5, 25, 45 [Ein m⁻² d⁻¹]) observed from the SeaWiFS satellite, and the time at which the sign of temperature flux changes taken from the BSOSE is shown in red contours. **c**,**f** The zonal mean of climatological surface EKE (black) and Ekman pumping derived from wind stress in SOSE (blue) for each sector.

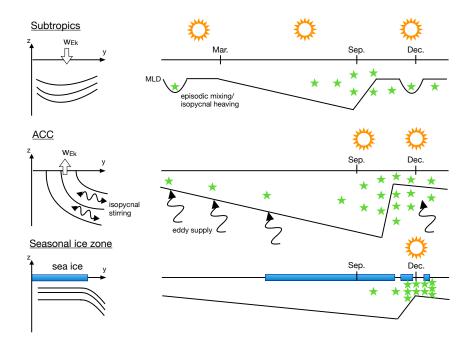


Figure 6. Schematic of the different bloom regimes in the Subtropical Zone (STZ), Antarctic Circumpolar Current (ACC) and Seasonal Ice Zone (SIZ). The black solid lines in the left column indicate the isopycnals. The right column shows the seasonal cycle of the mixed-layer depth (MLD, black line), phytoplantkon (green stars, with number of stars indicating concentration), significant levels of PAR (symbol of the sun) for each zone. The squiggly black arrows indicate eddy-driven transport processes along isopycnal.