

EasyMP™: Diverse and environmentally relevant microplastic reference materials encompassing fragments and fibers

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16 Abstract: The field of microplastic (MP) research has expanded significantly since the terminology's
17 inception in 2004. Despite the exponential increase in studies, the availability of environmentally relevant
18 MP reference materials (RMs) remains limited, and no certified MP RMs exist. This study addresses the
19 need for diverse RMs by presenting data on MP RMs of fragments (10-100 µm) and fibers (50-1000 µm),
20 suspended in 95 vol.% ethanol solution at various concentrations. Five samples each of fragments and
21 fibers, derived from four subsamples, were prepared and evaluated for repeatability, with relative standard
22 deviation (RSD) determined at 10 and 9%, respectively. Novel size group-specific RSD evaluation was
23 also conducted. The study confirms the homogeneity and distribution consistency of these RMs,
24 demonstrating RSDs below 20% for fragments and within acceptable ranges for fibers. These RMs, branded
25 as 'EasyMP™,' will be available for purchase, providing essential tools for accurate MP analysis and
26 experiments, contributing to reproducible MP studies.

27 Keywords: true-to-nature, standards, plastic filament, microfibers 50 µm, micro fragments 10-100 µm, self-validation
28 study

29 1. Introduction

30 The field of microplastic (MP) research has experienced considerable growth since the term was first
31 introduced in 2004.^[1] Between 2010 to 2021, the annual number of studies published on MPs increased
32 exponentially by 40%, reaching thousands of publications per year.^[2] Despite this, access to
33 environmentally relevant MP reference materials (RMs) has been limited.^[3-5] To this date, no certified MP
34 RMs exist and the lack of commercially available RMs hinders the harmonization of analytical methods
35 and the generation of comparable data.^[6]

36 While most MP recovery experiments, toxicological studies and other method validation approaches have
37 relied on surrogate microbeads,^[7] the majority of environmental MPs are either fragments or fibers.^[8-12]
38 Depending on environmental setting (e.g., indoor vs. outdoor, anthropogenic vs. remote) and target MP size
39 range, the proportion of fibers to fragments in environmental samples may diverge significantly.^[13,14]
40 Volume is also a concern; for example, dosing by weighing of dry MP powders is unfeasible in the size
41 range below 100 μm ,^[15] and may contribute to laboratory experiment dosages orders of magnitude above
42 environmental concentrations.^[16]

43 For comprehensive validation of methods used in MP analysis and experiments, it is therefore important
44 that RMs of both fragment and fiber-type morphology are made available in environmentally relevant
45 concentrations. RMs of different polymer types should also be available due to variation in density, polarity
46 and chemical resistance.^[17] For ease of use and rapid detection without applying chemical identification
47 methods, pigmented RMs may under specific conditions be advantageous.^[18]

48 The current study presents experimental data to self-validate MP RMs of fragments in the 10-100 μm range
49 and fibers from a length of 50 μm , suspended in ethanol solution in varying concentrations. For fragments
50 and fibers respectively, five samples, each based on four subsamples, were prepared and evaluated for
51 repeatability. Relative standard deviation (RSD) was determined for the total number of particles as well
52 as mass. In addition, as a novel approach, RSD within size groups was also evaluated. The presented
53 variants of RMs, along with many other polymer types, will be made available for purchase under the retail
54 name 'EasyMP™' on www.microplastic.store and www.microplasticsolution.com.

55 2. Methods and materials

56 2.1. Fragment and fiber production

57 Fragments were manufactured through the process of cryomilling of larger plastic items, using liquid
58 nitrogen, in concordance with best current practices.^[19] By vacuum filtration, the incident fragments were
59 sieved in succession through 500, 100 and 5 μm meshes. Note that although the cut-off value of evaluated

60 fragments is 10 μm , the utilization of a 5 μm mesh allows for the inclusion of elongated fragments with
61 aspect ratios below 2, in the finest size fraction. Fiber filaments are cut in varying lengths from millimeters
62 down to 50 μm . The resulting particles, either fragments or fibers, were transferred into 100-mL glass vials
63 with built-in pipette screw caps and suspended in prefiltered (0.45 μm) 95 vol.% laboratory grade ethanol.
64 Solutions were either diluted or concentrated to meet the required specifications.

65 2.2. Data acquisition and presentment

66 A total of ten 100 mL EasyMP™ samples were prepared; five fragments samples [10-100 μm] and five
67 fiber samples [50-1000 μm] of different polymer composition. For each individual sample, four subsamples
68 between 0.5 to 1 mL (depending on particle concentration in the relevant sample) were pipetted directly
69 from the sample vial using the built-in pipette screw cap, onto four individual 5 μm , 25 mm membranes.
70 Particle count and morphological features, including size, were registered using static image analysis dark-
71 field microscopy (ColSpec® MK2, LightForm® inc.), capable of visually eliminating the filter background
72 while avoiding particle glare. Multiple micrographs were stitched together to form high-resolution mosaics
73 on the order of 2 μm /pixel (Fig. 1).



74

75 Figure 1 - Excerpt of micrographs captured under darkfield illumination of fragments (top) and fibers (bottom). 'Micrograph
76 mosaic' refers to composites of the original images, while 'Mask overlay' uses distinct colors to highlight the defined individual
77 particles.

78 The technique effectively eliminates the filter background, allowing for automated identification and
79 extraction of morphological data of particles as small as 10 μm on their largest dimension, including both
80 fragments and fibers. The method ensures a sufficiently homogeneous distribution, resulting in good
81 particle spread with minimal overlap, if particle area coverage (A%) does not surpass 5%.^[18] Additionally,
82 each mosaic was manually reviewed and adjusted to address any visual particle partitioning or
83 agglomeration.

84 For each particle, the data extracted included: area, Feret diameter, minimum Feret diameter, circularity
85 and aspect ratio. The volume of a fragment ($V_{fragment}$) is calculated as a function of area (A) and height (h),
86 where h is assumed to be half of the minor axis ($Feret_{minimum}$) of the fragment in question (Eq. 1).

$$V_{fragment} = A \cdot h = A \cdot (0.5 \cdot Feret_{minimum}) \quad (1)$$

87 The volume of a fiber (V_{fiber}) is approximated based on a cylindrical model (Eq. 2).

$$V_{fiber} = \pi \cdot r^2 \cdot L \quad (2)$$

88 Where r is mean radius ($n = 10$) and L is the length of the fiber filament in question. For both fragments
89 and fibers, mass is calculated by multiplying volume by the specific gravity of the relevant polymer type.
90 Volumetric MP concentration, particle size distribution and mass distribution are based on the mean of the
91 four investigated subsamples, and is unique to each individual sample. Each certificate of analysis (COA)
92 and the relevant safety data sheet (SDS) is available in dedicated Google drives, only accessible by weblink
93 or by scanning the QR-code on the sample label (Fig. 2).



94

95 Figure 2 - 100 mL EasyMP™ 'Fiber sample #1', containing cotton (cellulose) fibers from 50-1000 μm in length. The label provides
96 basic information such as particle concentration in both counts (n/mL) and mass ($\mu\text{g/mL}$). The QR code grants access to a dedicated
97 cloud folder containing the COA and SDS.

98 3. Results and discussion

99 3.1. Repeatability

100 To determine repeatability of EasyMP™ RMs, RSD was evaluated on the basis of five individual samples
101 of fragments and fibers, respectively. MP concentrations and standard deviation (SD) was calculated on the
102 basis of four subsamples. Samples were labeled using the prefix "fragment" or "fiber" followed by "sample
103 #1", "sample #2", and so forth.

104 To provide an example of the data provided with EasyMP™, the partial COA's of 'fragment sample #1'
105 and 'fiber sample #1' are presented in Table 1. The samples demonstrate 7 and 9% RSD in number of MPs
106 and 10 and 8% RSD in terms of calculated mass for 'fragment sample #1' and 'fiber sample #1',
107 respectively. The table includes mean MP particle count, mass- and particle size distribution, as well SD
108 within the respective size groups. The data is also illustrated in Fig. 3.

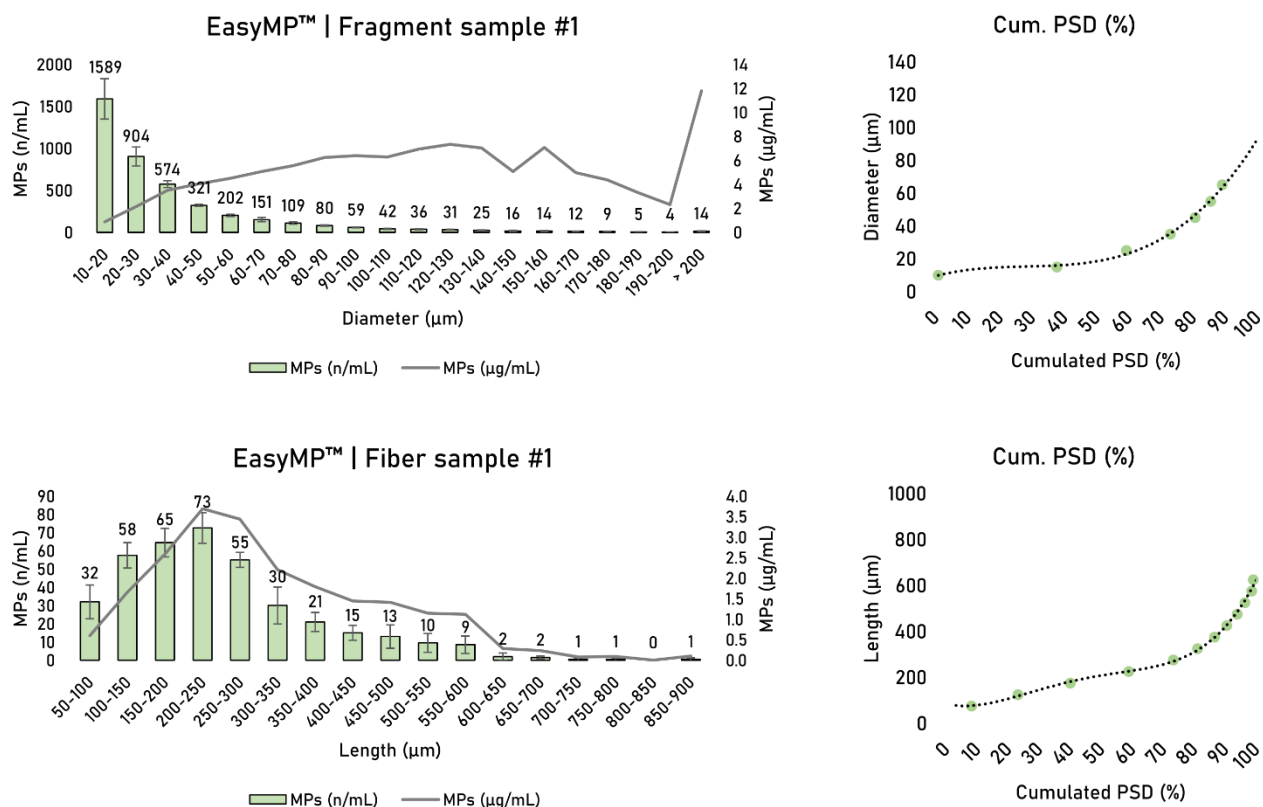
EasyMP™ | Certificate of analysis (COA) | Fragment sample #1

| Diameter (µm) | SS_1 | | SS_2 | | SS_3 | | SS_4 | | Number of particles (n/mL) | | | Mass of particles (µg/mL) | | | Particle size distribution (PSD) | | |
|---------------|-------------|---------------|-------------|--------------|-------------|--------------|-------------|---------------|----------------------------|------------|----------|---------------------------|-------------|-----------|----------------------------------|---------|--------------|
| | n/mL | µg/mL | n/mL | µg/mL | n/mL | µg/mL | n/mL | µg/mL | Mean | SD (n) | RSD (%) | Mean | SD (µg) | RSD (%) | Mean diameter (µm) | PSD (%) | Cum. PSD (%) |
| 10-20 | 1524 | 0.83 | 1340 | 0.75 | 1984 | 1.03 | 1508 | 0.87 | 1589 | 239 | 15 | 0.87 | 0.10 | 12 | 10 | N/A | 1 |
| 20-30 | 892 | 2.09 | 978 | 2.44 | 1022 | 2.23 | 724 | 1.79 | 904 | 114 | 13 | 2.14 | 0.24 | 11 | 15 | 37.9 | 37.9 |
| 30-40 | 632 | 3.97 | 564 | 3.38 | 578 | 3.31 | 522 | 3.35 | 574 | 39 | 7 | 3.50 | 0.27 | 8 | 25 | 21.6 | 59.5 |
| 40-50 | 318 | 4.18 | 314 | 4.01 | 310 | 3.57 | 342 | 4.42 | 321 | 12 | 4 | 4.04 | 0.31 | 8 | 35 | 13.7 | 73.1 |
| 50-60 | 220 | 4.96 | 208 | 4.76 | 186 | 3.88 | 194 | 4.39 | 202 | 13 | 6 | 4.50 | 0.41 | 9 | 45 | 7.7 | 80.8 |
| 60-70 | 188 | 6.56 | 140 | 4.70 | 120 | 3.59 | 156 | 5.38 | 151 | 25 | 16 | 5.06 | 1.08 | 21 | 55 | 4.8 | 85.6 |
| 70-80 | 132 | 6.60 | 102 | 5.06 | 100 | 5.44 | 100 | 5.14 | 109 | 14 | 13 | 5.56 | 0.62 | 11 | 65 | 3.6 | 89.2 |
| 80-90 | 68 | 5.54 | 82 | 6.08 | 78 | 5.46 | 92 | 7.86 | 80 | 9 | 11 | 6.23 | 0.97 | 16 | 75 | 2.6 | 91.8 |
| 90-100 | 60 | 5.83 | 54 | 6.38 | 52 | 5.00 | 68 | 8.36 | 59 | 6 | 11 | 6.39 | 1.24 | 19 | 85 | 1.9 | 93.7 |
| 100-110 | 44 | 5.96 | 52 | 7.70 | 36 | 6.19 | 34 | 5.22 | 42 | 7 | 17 | 6.27 | 0.90 | 14 | 95 | 1.4 | 95.1 |
| 110-120 | 46 | 8.70 | 38 | 6.98 | 28 | 4.94 | 30 | 7.12 | 36 | 7 | 20 | 6.94 | 1.34 | 19 | 105 | 1.0 | 96.1 |
| 120-130 | 32 | 7.18 | 38 | 9.54 | 28 | 6.05 | 26 | 6.57 | 31 | 5 | 15 | 7.34 | 1.33 | 18 | 115 | 0.8 | 96.9 |
| 130-140 | 32 | 9.31 | 26 | 6.08 | 18 | 5.34 | 22 | 7.36 | 25 | 5 | 21 | 7.02 | 1.50 | 21 | 125 | 0.7 | 97.7 |
| 140-150 | 20 | 8.35 | 16 | 3.40 | 6 | 1.22 | 22 | 7.30 | 16 | 6 | 39 | 5.07 | 2.89 | 57 | 135 | 0.6 | 98.3 |
| 150-160 | 22 | 10.82 | 6 | 3.05 | 16 | 8.09 | 12 | 6.34 | 14 | 6 | 42 | 7.08 | 2.82 | 40 | 145 | 0.4 | 98.7 |
| 160-170 | 10 | 4.62 | 14 | 5.12 | 10 | 4.29 | 12 | 5.86 | 12 | 2 | 14 | 4.97 | 0.59 | 12 | 155 | 0.3 | 99.0 |
| 170-180 | 4 | 2.92 | 12 | 4.77 | 10 | 7.02 | 8 | 2.76 | 9 | 3 | 35 | 4.36 | 1.72 | 39 | 165 | 0.3 | 99.3 |
| 180-190 | 8 | 4.85 | 4 | 2.96 | 2 | 1.89 | 6 | 3.43 | 5 | 2 | 45 | 3.28 | 1.06 | 32 | 175 | 0.2 | 99.5 |
| 190-200 | 4 | 1.28 | 4 | 2.75 | 4 | 1.81 | 4 | 3.42 | 4 | 0 | 0 | 2.32 | 0.83 | 36 | 185 | 0.1 | 99.6 |
| > 200 | 16 | 10.85 | 8 | 4.07 | 14 | 13.58 | 16 | 18.70 | 14 | 3 | 24 | 11.80 | 5.28 | 45 | 195 | 0.1 | 99.7 |
| | | | | | | | | | | | | | | | > 200 | 0.3 | 100.0 |
| Total | 4272 | 115.42 | 4000 | 93.98 | 4602 | 93.92 | 3898 | 115.64 | 4193 | 273 | 7 | 104.74 | 10.8 | 10 | | | |

EasyMP™ | Certificate of analysis (COA) | Fiber sample #1

| Length (µm) | SS_1 | | SS_2 | | SS_3 | | SS_4 | | Number of particles (n/mL) | | | Mass of particles (µg/mL) | | | Particle size distribution (PSD) | | |
|--------------|------------|--------------|------------|--------------|------------|--------------|------------|--------------|----------------------------|-----------|----------|---------------------------|-------------|----------|----------------------------------|---------|--------------|
| | n/mL | µg/mL | n/mL | µg/mL | n/mL | µg/mL | n/mL | µg/mL | Mean | SD (n) | RSD (%) | Mean | SD (µg) | RSD (%) | Mean length (µm) | PSD (%) | Cum. PSD (%) |
| 50-100 | 42 | 0.75 | 20 | 0.39 | 40 | 0.74 | 26 | 0.51 | 32 | 9 | 29 | 0.60 | 0.15 | 26 | 75 | 8.3 | 8.3 |
| 100-150 | 66 | 1.91 | 54 | 1.57 | 62 | 1.76 | 48 | 1.37 | 58 | 7 | 12 | 1.66 | 0.20 | 12 | 125 | 15.0 | 23.3 |
| 150-200 | 72 | 2.94 | 72 | 2.87 | 54 | 2.16 | 60 | 2.36 | 65 | 8 | 12 | 2.58 | 0.33 | 13 | 175 | 16.8 | 40.2 |
| 200-250 | 78 | 4.00 | 76 | 3.80 | 78 | 3.98 | 58 | 2.98 | 73 | 8 | 12 | 3.69 | 0.42 | 11 | 225 | 18.9 | 59.1 |
| 250-300 | 60 | 3.72 | 58 | 3.62 | 52 | 3.25 | 50 | 3.15 | 55 | 4 | 7 | 3.44 | 0.24 | 7 | 275 | 14.3 | 73.4 |
| 300-350 | 46 | 3.37 | 28 | 2.07 | 28 | 2.04 | 18 | 1.33 | 30 | 10 | 34 | 2.20 | 0.74 | 33 | 325 | 7.8 | 81.2 |
| 350-400 | 26 | 2.23 | 18 | 1.52 | 26 | 2.22 | 14 | 1.19 | 21 | 5 | 25 | 1.79 | 0.45 | 25 | 375 | 5.5 | 86.7 |
| 400-450 | 10 | 0.97 | 18 | 1.73 | 12 | 1.17 | 20 | 1.91 | 15 | 4 | 27 | 1.45 | 0.38 | 27 | 425 | 3.9 | 90.6 |
| 450-500 | 2 | 0.21 | 16 | 1.75 | 16 | 1.72 | 18 | 1.95 | 13 | 6 | 49 | 1.41 | 0.70 | 50 | 475 | 3.4 | 94.0 |
| 500-550 | 16 | 1.90 | 8 | 0.97 | 2 | 0.24 | 12 | 1.48 | 10 | 5 | 54 | 1.15 | 0.62 | 54 | 525 | 2.5 | 96.5 |
| 550-600 | 14 | 1.84 | 2 | 0.26 | 6 | 0.78 | 12 | 1.58 | 9 | 5 | 56 | 1.11 | 0.63 | 56 | 575 | 2.2 | 98.7 |
| 600-650 | 0 | 0.00 | 4 | 0.57 | 0 | 0.00 | 4 | 0.56 | 2 | 2 | 100 | 0.28 | 0.28 | 100 | 625 | 0.5 | 99.2 |
| 650-700 | 2 | 0.31 | 2 | 0.32 | 2 | 0.31 | 0 | 0.00 | 2 | 1 | 58 | 0.23 | 0.14 | 58 | 675 | 0.4 | 99.6 |
| 700-750 | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 2 | 0.32 | 1 | 1 | 173 | 0.08 | 0.14 | 173 | 725 | 0.1 | 99.7 |
| 750-800 | 0 | 0.00 | 2 | 0.35 | 0 | 0.00 | 0 | 0.00 | 1 | 1 | 173 | 0.09 | 0.15 | 173 | 775 | 0.1 | 99.9 |
| 800-850 | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 0 | 0 | N/A | 0.00 | 0.00 | N/A | 825 | 0.0 | 99.9 |
| 850-900 | 2 | 0.40 | 0 | 0.00 | 0 | 0.00 | 0 | 0.00 | 1 | 1 | 173 | 0.10 | 0.17 | 173 | 875 | 0.1 | 100.0 |
| Total | 436 | 24.57 | 378 | 21.81 | 378 | 20.38 | 342 | 20.69 | 384 | 34 | 9 | 21.86 | 1.65 | 8 | | | |

110 Table 1 - Standard COA datasheets of EasyMP™ samples '*Fragment sample #1*' (top) and '*Fiber sample #1*' (bottom), demonstrating average particle count, mass- and particle size
111 distribution within size groups on the order of 10 and 50 μm , respectively. The MP concentration in the two samples exhibited SD values of 7% and 9%, respectively. The data is also
112 illustrated in Fig. 4. 'SS' is an abbreviation for 'subsample'.



113

114 Figure 3 - Graphical illustration of particle concentration in samples ‘fragment sample #1’ (top) and ‘fiber sample #1’ (bottom).
 115 Histogram bars illustrate the number of particles (left y-axis) within each size group, while the line graph represents the mass of
 116 particles within that group (right y-axis). Diagrams on the right-hand side illustrate the cumulated particle size distribution (PSD)
 117 of the relevant sample.

118 Among five individual 100 mL EasyMP™ fragment samples [10-100 μm] with concentrations ranging
 119 from hundreds to thousands of MPs (n/mL) of different polymer types, including polypropylene (PP),
 120 polyurethane (PU), and polyamide 6,6 (PA6,6), mean RSD of the number and mass of fragments,
 121 irrespective of size, was estimated at 9 and 13%, respectively. Within size groups on the order of 10 μm,
 122 from 10 to 100 μm, mean RSD ranged from 11 to 19% (Table 2). Within size groups, mean RSD increased
 123 with decreasing PSD; likely due to decreasing numbers of particles resulting in reduced statistical
 124 significance.

125 Among five individual 100 mL EasyMP™ fiber samples [50-1000 μm] with concentrations in the range of
 126 hundreds of fibers (n/mL) of different polymer types, including polyethylene terephthalate (PET), PA6,6,
 127 polyacrylonitrile (PAN), and cotton (cellulose), mean RSD of the number and mass of fibers, irrespective
 128 of length, was estimated at 9 and 10%, respectively. Within size groups on the order of 50 μm, from 50 to

129 500 μm , mean RSD ranged from 17 to 51%. Similarly to fragments, mean RSD increased with decreasing
 130 PSD.

EasyMP™ | RSD overview | Fragments

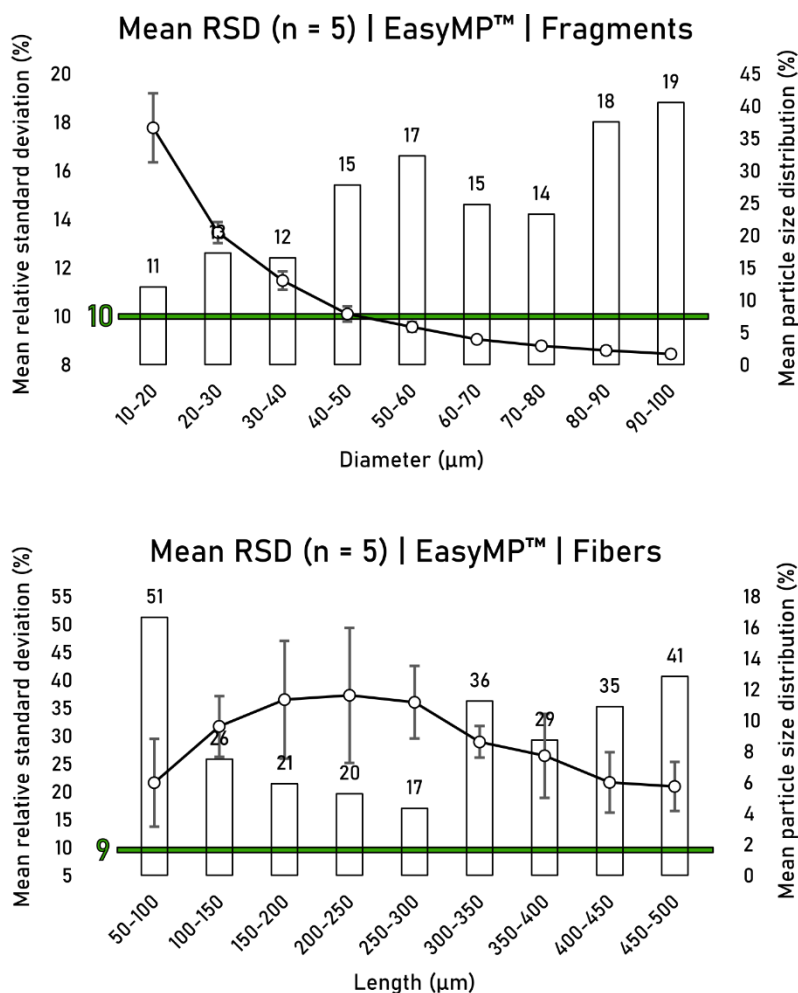
| Sample | Polymer type | Fragments (n/mL) | RSD count (%) | RSD mass (%) | RSD of count of fragments within size groups in μm (%) | | | | | | | | |
|--------|--------------|------------------|---------------|--------------|---|-------|-------|-------|-------|-------|-------|-------|--------|
| | | | | | 10-20 | 20-30 | 30-40 | 40-50 | 50-60 | 60-70 | 70-80 | 80-90 | 90-100 |
| #1 | PA6,6 | 4,139 | 7 | 10 | 15 | 13 | 7 | 4 | 6 | 16 | 13 | 11 | 11 |
| #2 | PP | 12,793 | 9 | 4 | 9 | 11 | 10 | 15 | 12 | 7 | 10 | 13 | 12 |
| #3 | PU | 340 | 9 | 8 | 12 | 17 | 7 | 20 | 23 | 13 | 0 | 26 | 38 |
| #4 | PA6,6 | 2,893 | 15 | 13 | 13 | 14 | 26 | 22 | 22 | 21 | 25 | 18 | 18 |
| #5 | PP | 4,469 | 9 | 31 | 7 | 8 | 12 | 16 | 20 | 16 | 23 | 22 | 15 |
| Mean | N/A | N/A | 10 | 13 | 11 | 13 | 12 | 15 | 17 | 15 | 14 | 18 | 19 |

EasyMP™ | RSD overview | Fibers

| Sample | Polymer type | Fibers (n/mL) | RSD count (%) | RSD mass (%) | RSD of count of fibers within size groups in μm (%) | | | | | | | | | |
|--------|--------------|---------------|---------------|--------------|--|---------|---------|---------|---------|---------|---------|---------|---------|--|
| | | | | | 50-100 | 100-150 | 150-200 | 200-250 | 250-300 | 300-350 | 350-400 | 400-450 | 450-500 | |
| #1 | Cellulose | 384 | 9 | 8 | 29 | 12 | 12 | 12 | 7 | 34 | 25 | 27 | 49 | |
| #2 | PET | 490 | 8 | 9 | 17 | 12 | 35 | 18 | 4 | 18 | 31 | 12 | 28 | |
| #3 | PAN | 200 | 7 | 7 | 41 | 38 | 19 | 36 | 24 | 39 | 20 | 47 | 26 | |
| #4 | PET | 142 | 9 | 12 | 104 | 12 | 14 | 12 | 35 | 31 | 41 | 36 | 34 | |
| #5 | PA6,6 | 161 | 12 | 13 | 65 | 55 | 27 | 20 | 15 | 59 | 29 | 54 | 66 | |
| Mean | N/A | N/A | 9 | 10 | 51 | 26 | 21 | 20 | 17 | 36 | 29 | 35 | 41 | |

131
 132 Table 2 - SD of particle count and mass irrespective of size (**in bold**) of fragment and fiber samples where each SD value is
 133 calculated from four subsamples. Mean RSD of particle count irrespective of particle size, was estimated at 10 and 9% for fragments
 134 and fibers, respectively. For fragments within size groups on the order of 10 μm , mean RSD remained below 20%, while mean
 135 RSD of fibers within size groups on the order of 50 μm , was mostly above 20%.

136 For both fragments and fibers, mean RSD increased with decreasing PSD (Fig. 4). Mean RSD irrespective
 137 of particle size was estimated at 10 and 9% for fragments and fibers, respectively; well below the 20%
 138 threshold for acceptable error (not encompassing RSD within size ranges) suggested by the
 139 EUROqCHARM project.^[3] In addition, mean RSD of fragments within size groups on the order of 10 μm ,
 140 from 10 to 100 μm , was consistently below 20%. For fibers, mean RSD was only above 30% within size
 141 groups that constituted less than 10% of the PSD. However, there are currently no established guidelines
 142 for RSD within size groups, as this approach has not been previously implemented for RMs.^[18]



143 Mean relative standard deviation (RSD) Mean RSD irrespective of size Mean particle size distribution (PSD)

144 Figure 4 - Mean RSD of particle counts within size groups for both fragments (top) and fibers (bottom), based on RSD values of
 145 five individual samples. The green line represents mean RSD irrespective of particle size while the histogram bars represents mean
 146 RSD within specific size groups. The line graph represents mean PSD within specific size groups. For both fragments and fibers,
 147 an increase in RSD with decreasing PSD was observed.

148 **3.2. Quality control**

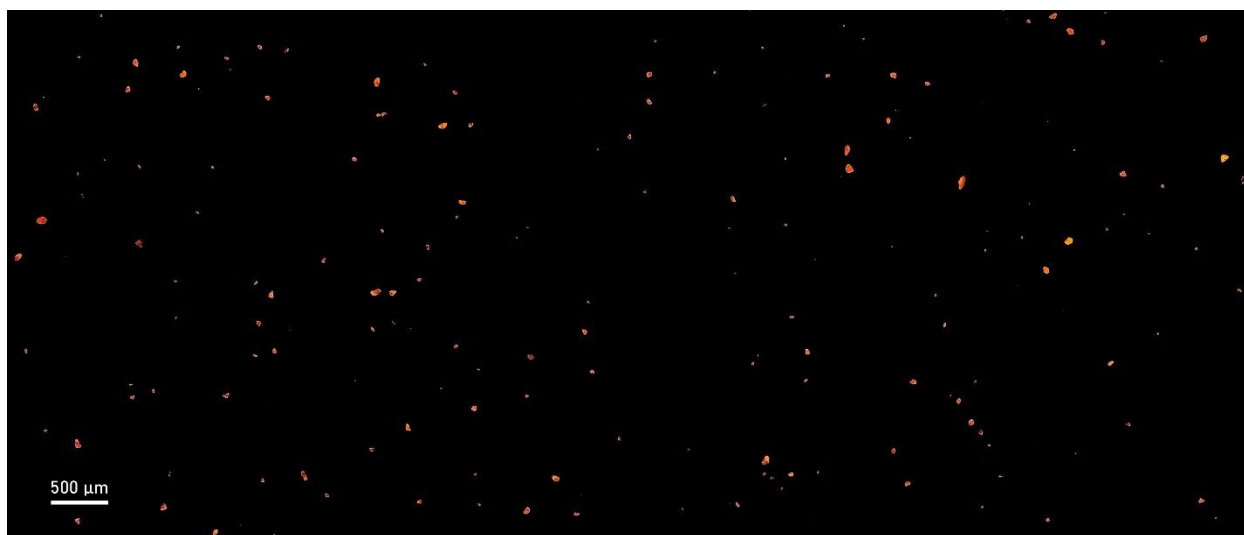
149 To prevent external contamination during sample preparation, rigorous quality control measures were
 150 adhered to. Sample preparation took place in a laminar flow cabinet situated in a dedicated MP laboratory
 151 with restricted access. Surfaces were thoroughly cleaned with a prefiltered (0.45 μm) 50 vol.%
 152 ethanol/water solution. All utilized glassware was kiln sterilized at 500°C for 1 h after which they were
 153 flushed with prefiltered (0.45 μm) 95 vol.% ethanol, prior to use.

154 Procedural blanks were prepared by sonicating the filter membranes, which served as substrates for
 155 reference materials during micrograph acquisition, in prefiltered (0.45 μm) 95 vol.% ethanol for 10 seconds

156 prior to sample-spiking, as per the protocol. Microscopic examination of 1 mL of the prefiltered (0.45 μm)
157 95 vol.% ethanol solution revealed none or negligible numbers of particles on three individual filter
158 membranes. Additionally, all micrograph mosaics were manually inspected and corrected for visual
159 artifacts to prevent visual partitioning or agglomeration of particles, which could lead to under- or
160 overestimation of particle counts.

161 4. Perspectives

162 All EasyMP™ RMs are accompanied by COA containing raw data as well as the micrographs from which
163 the data was extracted. EasyMP™ RMs will be manufactured upon request according to the customer's
164 specifications. Customization is an important parameter because experiments that simulate specific
165 environmental conditions may require different concentrations, particle sizes and polymer compositions.^[20]
166 For recovery experiments, using colored fragments that maintain their hue at the microscopic scale provides
167 a cost-effective and efficient means of identification, eliminating the need for vibrational
168 microspectroscopy techniques or other chemical identification methods (Fig. 5).



169
170 Figure 5 - Photomicrograph mosaic captured under darkfield illumination, of red polyethylene (PE) fragments in the 10-100 μm
171 size range. The application of colored MPs may eliminate the need for chemical identification during recovery experiments.

172 RMs will be made available for purchase before the end of 2025 under the retail name 'EasyMP™' on
173 www.microplastic.store and www.microplasticsolution.com, with the aim of making 'true-to-nature' RMs
174 globally available at a reasonable cost. For in vivo and -vitro studies, MPs suspended in ultraviolet (UV)-
175 C sterilized grade A water, will also be available for fragments in the 10-100 μm size range. The ten RM
176 samples evaluated in this study were donated to academic and industrial partners and were initially
177 manufactured to meet their required specifications *i.e.* morphology, polymer type and concentration. The

178 current study presents only self-validated results. For improved reliability, the next step will include
179 validation through an interlaboratory comparison (ILC) study.

180 5. Conclusions

181 EasyMP™ microplastic (MP) reference materials (RMs) provide access to both fragments and fibers in
182 known quantities at environmentally relevant concentrations. Based on five samples each and irrespective
183 of particle size, mean relative standard deviation (RSD) of particle counts, was estimated at 10 and 9% for
184 fragments and fibers, respectively; well below the 20% threshold for acceptable error for MP RMs
185 suggested by the EUROqCHARM project.

186 As a novel approach, RSD within size ranges was also evaluated. For fragments on the order of 10 µm
187 between 10-100 µm, mean RSD remained consistently below 20%, increasing with decreasing particle size
188 distribution (PSD). For fibers on the order of 50 µm from 50-500 µm, mean RSD was mostly above 20%.
189 However, mean RSD was only above 30% within size groups that constituted less than 10% of the PSD.
190 However, there are currently no established guidelines for RSD within size groups, as this approach has not
191 been previously implemented for RMs.

192 RMs will be manufactured within distinct size ranges but concentrations are determined according to the
193 customer's specifications (quotes for custom size ranges can be issued). This approach facilitates a broader
194 selection of polymer types and color options, including natural-, semisynthetic- and synthetic polymers.
195 Colored MPs that maintain their hue at the microscopic level facilitates visual identification and may
196 eliminate the need for chemical identification.

197 EasyMP™ RMs including fragments measuring from 10 µm on their longest axis and fibers from a length
198 of 50 µm, will be made commercially available on a global scale before the end of 2025 on
199 www.microplastic.store and www.microplasticsolution.com.

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257 6. Declarations

258 6.1. Acknowledgements

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260 6.2. Author's contribution

261 O.H. conceptualized and administered the project, led the laboratorial work, produced and interpreted data
262 and led manuscript writing with help from H.M and F.H. J.E.S and G.L.R. secured the funding, supervised
263 the project and provided critical revision of the manuscript.

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269 6.4. Competing interests

270 The authors declare no conflict of interest.

271 6.5. Availability of data and materials

272 All data will be made available upon request.

273 6.6. Abbreviations

274 MP (microplastic), RM (reference material), SD (standard deviation), RSD (relative standard deviation),
275 PSD (particle size distribution), COA (certificate of analysis), SDS (safety data sheet), PE (polyethylene),
276 PP (polypropylene), PET (polyethylene terephthalate), PAN (polyacrylonitrile), PA6,6 (polyamide 6,6).

277 6.7. Ethics approval

278 Not applicable.

279 6.8. Consent for publication

280 Not applicable.

281 7. Figure and table captions

282 **Fig. 1:** Excerpt of micrographs captured under darkfield illumination of fragments (top) and fibers (bottom).
283 ‘Micrograph mosaic’ refers to composites of the original images, while ‘Mask overlay’ uses distinct colors
284 to highlight the defined individual particles.

285 **Fig. 2:** 100 mL EasyMP™ ‘Fiber sample #1’, containing cotton (cellulose) fibers from 50-1000 μm in
286 length. The label provides basic information such as particle concentration in both counts (n/mL) and mass
287 ($\mu\text{g/mL}$). The QR code grants access to a dedicated cloud FOLDER containing the COA and SDS.

288 **Fig. 3:** Graphical illustration of particle concentration in samples ‘fragment sample #1’ (top) and ‘fiber
289 sample #1’ (bottom). Histogram bars illustrate the number of particles (left y-axis) within each size group,
290 while the line graph represents the mass of particles within that group (right y-axis). Diagrams on the right-
291 hand side illustrate the cumulated particle size distribution (PSD) of the relevant sample.

292 **Fig. 4:** Mean RSD of particle counts within size groups for both fragments (top) and fibers (bottom), based
293 on RSD values of five individual samples. The green line represents mean RSD irrespective of particle size
294 while the histogram bars represents mean RSD within specific size groups. The line graph represents mean
295 PSD within specific size groups. For both fragments and fibers, an increase in RSD with decreasing PSD
296 was observed.

297 **Fig. 5:** Photomicrograph mosaic captured under darkfield illumination, of red polyethylene (PE) fragments
298 in the 10-100 μm size range. The application of colored MPs may eliminate the need for chemical
299 identification during recovery experiments.

300 **Table 1:** Standard COA datasheets of EasyMP™ samples ‘Fragment sample #1’ (top) and ‘Fiber sample
301 #1’ (bottom), demonstrating average particle count, mass- and particle size distribution within size groups
302 on the order of 10 and 50 μm , respectively. The MP concentration in the two samples exhibited SD values
303 of 7% and 9%, respectively. The data is also illustrated in Fig. 4. ‘SS’ is an abbreviation for ‘subsample’.

304 **Table 2:** SD of particle count and mass irrespective of size (**in bold**) of fragment and fiber samples where
305 each SD value is calculated from four subsamples. Mean RSD of particle count irrespective of particle size,

306 was estimated at 10 and 9% for fragments and fibers, respectively. For fragments within size groups on the
307 order of 10 μm , mean RSD remained below 20%, while mean RSD of fibers within size groups on the order
308 of 50 μm , was mostly above 20%.

309 8. Highlights

- 310 • EasyMP™ reference materials (RMs) include microplastic fragments and fibers from 10 and 50
311 μm , respectively.
- 312 • Relative standard deviation (RSD) [n = 5] of particles irrespective of size was determined at 10 and
313 9% for fibers and fragments, respectively.
- 314 • RSD within size groups was also evaluated and was for fragments consistently below 20% but was
315 higher for fibers.
- 316 • EasyMP™ RMs will be made commercially available before the end of 2025 on
317 www.microplastic.store and www.microplasticsolution.com