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4 **Title:**

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The ‘trench pull’ force: constraints from elasto-plastic bending models

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Key Points:

- Trench pull refers to the net force associated with the pressure deficit beneath the trench, relative to an isostatic column in the trailing plate
- The force can be quantified by extending the concept of ‘GPE*’ to account for a corrected-density (ρ^*)
- Elasto-plastic plate models are used to constrain $\rho^*(z)$, suggesting a typical trench pull force of $\sim 2.5 \text{ TN m}^{-1}$

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Abstract

Stresses transmitted through slabs are thought to provide an important component of the driving force on the trailing plates. This ‘net slab pull’ is usually conceptualised in terms of in-plane differential stress, acting in the sense of tension. However, an additional component of the net slab pull arises from the vertical loading of the trailing plate, which is mediated through a pressure deficit created by plate downbending. The purpose of this paper is to investigate the mechanics and typical magnitude of this mechanism, which is termed the ‘trench pull force’. The challenge is that because trench topography is non-isostatic, the relative pressure reduction depends on the vertical distribution of *horizontal gradients of the vertical shear stress*, e.g., $\frac{\partial \tau_{zx}}{\partial x}(z) \equiv \tau_{zx,x}(z)$. In the first part of the paper the concept of a gravitational potential energy difference and its relation to net horizontal forces is extended to include non-isostatic columns. This is achieved by introducing a corrected density distribution ($\rho^*(z)$), which incorporates effects of $\tau_{zx,x}$ via a pseudo-density ($\hat{\rho} = \frac{\tau_{zx,x}}{g}$). This gives rise to the corrected ΔGPE^* , equal to the dipole moment of the difference in corrected density ($\Delta \rho^*(z)$). For a given trench deflection (w_T), the vertical center of mass of $\tau_{zx,x}(z)$ emerges as the key controlling parameter for the magnitude of the trench pull force. In the second part of the paper simple mechanical models are developed to explore the vertical distribution of $\tau_{zx,x}$ in a bending plate under load. These models highlight the tendency for $\tau_{zx,x}$ to concentrate at the center of the plate. Applying these models to the lithosphere implies that the trench pressure deficit acts over a length scale of $\frac{1}{2}z'_m$ where z'_m is the mechanical thickness. Based on this model a typical trench pull force is estimated to be about 2.5 $TN m^{-1}$. The total topography that exists between ridges and trenches may be associated with a net driving force of about $5TN m^{-1}$, enough to balance basal drag of 1 MPa over a plate length of 5000 km.

Plain Language Summary

The slab pull force derives from the excess buoyancy of plates that have been ‘subducted’ back into the mantle. Some fraction of this buoyancy force, mediated by the drag force that acts on the slab, seems capable of producing a horizontal driving force on the trailing plates. This is referred to as the ‘net slab pull’. A common view is that slabs support stresses that act in the sense of a tension, which is transmitted all the way through the slab hinge to the trailing plate. However there is another mechanism, much less discussed, via which a net slab pull may be generated. Slab buoyancy pulls downward on the trailing plate, causing it to deflect several kilometers, and forming the long narrow depressions known as trenches. In the shallow subsurface beneath the trench axis a pressure deficit is anticipated compared with the same level in an non-deflected (‘isostatic’) point in the trailing plate. The pressure deficit creates the ‘trench pull force’, similar to the mechanism that ‘pushes’ from the younger shallower lithosphere to the older subsided parts (ridge push). While the magnitude of pressure deficit is easy to calculate, the primary uncertainty lies in understanding the vertical depth over which this pressure deficit persists. The models and assumptions developed in this study suggest that the trench pull force has a similar magnitude to the ridge push force: $\sim 2.5 TN m^{-1}$.

1 Introduction

Stresses propagated through slabs are thought to exert an important horizontal driving force on the trailing plate, known as the net slab pull. The prevailing conceptual model for net slab pull emphasizes the role of deviatoric in-plane stresses, as summarised by Davies (2022):

68 Elsasser ... introduced the idea of the lithosphere as a stress guide, meaning that
 69 the tensional force from a sinking slab of lithosphere would propagate back into
 70 and along the attached surface plate, pulling it along after the sinking slab.

71 On spatial scales relevant to lithospheric dynamics, all principal stresses are com-
 72 pressional and the use of tension can be misleading (Richter et al., 1977). In the con-
 73 text of the above quote, tension simply refers to a state where the integrated down-dip
 74 normal stress is less compressional than the slab-perpendicular stress. For the trailing
 75 plate, this can be expressed in terms of vertical and horizontal stress difference. The ver-
 76 tical integral (or resultant) of this stress difference is symbolised F_D (as outlined in Sec-
 77 tion 2). In referring to this conceptual model for net slab pull, the term ‘tensional’ will
 78 be used.

79 A number of studies have discussed an alternative mechanism through which a net
 80 slab pull can develop (Richter et al., 1977; Bird, 1998; Bird et al., 2008; Bercovici et al.,
 81 2015) (there are likely be others the author is unaware of). As Richter et al. (1977) ex-
 82 plain (symbols have been changed for consistency with this study):

83 A driving force may arise in the same way as that at ridges. Because mantle rock
 84 is replaced by water, the lithostatic pressure at all depths is reduced by $(\rho_m -$
 85 $\rho_w)gw_T$, where w_T is the depth of the trench. However, unlike ridges, trenches
 86 are not isostatically compensated and must be maintained by elastic forces. Un-
 87 fortunately, very little is yet known about the distribution of these stresses. It is
 88 not even clear whether any of the pressure reduction is available to drive the plates.

89 The term we adopt for this mechanism is the ‘trench pull force’, following Bird et
 90 al. (2008). The expression $(\rho_m - \rho_w)gw_T = \Delta P_T$ is referred to as the trench pressure
 91 deficit, which can be regarded as the source for the (potential) trench pull force. The down-
 92 bending of the trailing plate is often analysed using thin-plate flexure theory, in which
 93 the deflection is attributed to stress resultants acting across the vertical plane beneath
 94 the trench (Caldwell et al., 1976; Parsons & Molnar, 1976; Turcotte et al., 1978; Tur-
 95 cotte & Schubert, 2002; Garcia et al., 2019). These resultants arise from a state of dif-
 96 ferential stress.

97 Both mechanisms for generating net slab pull imply that the subduction hinge can
 98 maintain a state of differential stress over extended periods, functioning as a stress guide.
 99 They differ however, in respect to the stress distributions that would be anticipated on
 100 a vertical plane at the edge of the trailing plate. Specifically, the tensional mode would
 101 be associated with a positive in-plane resultant ($F_D(x_T) > 0$, using the symbol adopted
 102 in this current study), while the trench pull mode will be associated with a vertical shear
 103 stress resultant $V(x_T)$ and/or bending moment $M(x_T)$, where x_T represents the loca-
 104 tion of the trench. Section 2 provides the quantitative definitions for these terms, and
 105 a summary is given Table 1.

106 As noted by Richter et al. (1977), trench pull exhibits both similarities to and dif-
 107 ferences from ridge push — the more familiar topographic driving force on the trailing
 108 plate. Both forces will be seen to arise from an identical integral quantity, specifically:
 109 $\Delta\bar{\sigma}_{zz}$, where σ_{zz} is the vertical normal stress, the bar represents vertical integration to
 110 an assumed compensation level (z_c), and the Δ represents the difference in integrated
 111 values between the two columns (across which a net force is to be determined). The quan-
 112 tity $\Delta\bar{\sigma}_{zz}$ arises when we consider a particular form of a vertically integrated horizon-
 113 tal force balance. The derivation is given in Section 2, clarifying why vertical stress ap-
 114 pear at all in a horizontal force balance.

115 $\Delta\bar{\sigma}_{zz}$ is a general expression which can be evaluated for any two columns of litho-
 116 sphere. Fundamentally, what defines the trench pull force is the choice of columns:

$$\begin{aligned} \text{trench pull force} &\equiv -\Delta\bar{\sigma}_{zz} \\ &= -(\bar{\sigma}_{zz}(x_I) - \bar{\sigma}_{zz}(x_T)) \end{aligned} \quad (1)$$

117 Where $x = x_T$ denotes the column beneath the trench, and $x = x_I$ denotes an
118 isostatic column at the same age. The negative sign in Eq. 1 relates to the convention
119 for the stress tensor and will be clarified in Section 2.

120 When lithospheric columns are isostatic, it is generally appropriate to substitute
121 the lithostatic pressure $P_L(z)$ for $-\sigma_{zz}(z)$. In this case, $\Delta\bar{\sigma}_{zz} = \Delta\text{GPE}$, where GPE
122 refers to the gravitational potential energy per unit area. When the distribution of ver-
123 tical shear stress plays a role in supporting the topography, we cannot make this sub-
124 stitution as $P_L(z) \neq -\sigma_{zz}(z)$. Note that $\Delta\bar{\sigma}_{zz}$ still remains a completely valid expres-
125 sion of a (potential) net horizontal force between columns, but that force is no longer
126 equal to the GPE difference.

127 The structure of the paper is as follows. Section 2 develops the mathematical frame-
128 work, starting with the static equilibrium relation, and developing the vertically-integrated
129 form of the horizontal force balance from which emerges the key term $\Delta\bar{\sigma}_{zz}$. Next, the
130 framework for GPE differences is extended to include non-isostatic columns by treating
131 *horizontal gradients in vertical shear stresses* as a pseudo-density. The development here
132 is general, and not confined to the trench pull problem. In Section 3, simple mechani-
133 cal models are introduced to explore how vertical shear stress gradients are distributed
134 in the bending plate near the trench. Section 4 combines these results to provide an esti-
135 mate of the typical trench pull force. Section 5 provides a brief discussion on some of
136 the implications, observations and tests that are relevant to further investigation of the
137 trench pull mechanism.

138 2 Model equations and assumptions

139 2.1 Preliminaries

140 To define a length scale over which the downbending occurs, we consider the dis-
141 tance L_T between trench (x_T) and the nearest isostatic column in the trailing plate (x_I ,
142 also called the first zero crossing). Previous investigations suggest $L_T \sim 50\text{-}100$ km (Caldwell
143 et al., 1976). The fact that $\lambda \ll R_e$, warrants the use of flat Earth (local Cartesian) ap-
144 proximation, rather a description based on rotations around the center of Earth (with
145 radius R_e). Likewise, the along-strike extent of trenches being generally much greater
146 than z'_m (the mechanical thickness of the lithosphere), warrants a 2D, plane strain ap-
147 proximation. Specifically, this asymmetry means we can neglect out-of plane flexural sup-
148 port of the trench topography. These approximations are standard in the analysis of and
149 trench flexure and topographic force contributions (Parsons & Molnar, 1976; Caldwell
150 et al., 1976; Molnar & Lyon-Caen, 1988; Lister, 1975).

151 The conservation of linear momentum in a continuum is expressed in Cauchy's mo-
152 mentum equation. In lithospheric dynamics the contribution of inertia is negligible and
153 the conservation equations reduce to the static equilibrium condition:

$$\sigma_{ij,j} + \rho\delta_{iz}g = 0 \quad (2)$$

154 where σ_{ij} is the symmetric stress tensor, and the term $\rho g\delta_{iz}$ represents the body force
155 per unit volume due to gravity, acting in the vertical direction. Applying Gauss' theo-
156 rem we can write the local equilibrium relation in terms of a volume element:

$$\int_{\partial V} \sigma_{ij} n_j dA + \int_V \rho g \delta_{iz} dV = 0 \quad (3)$$

157 where n_j is the outward normal to the surface ∂V (the boundary of the volume V) and
 158 dA is the surface area element. We use the continuum-mechanics convention of stress
 159 being negative in compression.

160 Since horizontal forces must balance in static equilibrium, the integrated tractions
 161 in the x direction must vanish:

$$\int_{\partial V} \sigma_{xj} n_j dA = 0 \quad (4)$$

162 Fig. 1 shows an idealised section of a trailing plate extending from the trench to
 163 an arbitrary seaward location. As shown in the figure, two vertical coordinate systems
 164 will be referred to. The z system represents vertical distance from a fixed equipotential
 165 datum. Because we assume constant vertical gravity, equipotential surfaces are always
 166 surfaces of constant z . We will use $z_I = z_s(x_I)$ to represent the isostatic level of an idealised
 167 column of the lithosphere with the same age (density structure) as the lithosphere
 168 are the trench axis. We will also write: $z_s(x) = z_I + w(x)$, where $w(x)$ is a standard
 169 symbol for the non-isostatic deflection. The z' system denotes depths relative to the plate
 170 surface. This local system is more appropriate for describing quantities such as the me-
 171 chanical thickness (z'_m), or the thermal thickness (z'_t).

172 2.2 The vertically-integrated horizontal force balance

173 We now apply the horizontal static equilibrium equation (Eq. 4) to a finite volume
 174 representing a section of lithosphere, as shown in Fig. 1. The symbol Ω_k is used to rep-
 175 resent the ($k =$)4 non-overlapping boundaries. Traction integrations across these bound-
 176 aries give rise to force components (per unit distance in the out plane direction). To keep
 177 the derivation as general as possible, we will refer to the location of Ω_0 as x_0 and the Ω_1
 178 as x_1 ; later we will consider the specific case of this general force balance when x_0 is lo-
 179 cated at the trench (denoted x_T), and x_1 is the location of an isostatic column at the
 180 same age (x_I).

181 The choice of the rectangular domain allows for a key simplification: the only con-
 182 tribution to the horizontal traction components ($\sigma_{xj} n_j$) in Eq. 4 comes from the hor-
 183 izontal normal stress (σ_{xx}) in the case of the vertical boundaries, and the horizontal shear
 184 stress ($\sigma_{xz} = \tau_{xz}$), in the case of the top and bottom boundary. This means that only
 185 the sign of the dot product in Eq. 4 is relevant, and we can write:

$$\begin{aligned} & - \int_{\Omega_0} \sigma_{xx}(x_0, z) dz + \int_{\Omega_1} \sigma_{xx}(x_1, z) dz \\ & + \int_{\Omega_2} \tau_{xz}(x, z_c) dx - \int_{\Omega_3} \tau_{xz}(x, z_0) dx = 0 \end{aligned} \quad (5)$$

186 The top boundary (Ω_3) represents the water-air interface; tractions associated with
 187 the shear stress are negligible and the final term in Eq. 5 can be neglected. The inclu-
 188 sion of the water column in the force balance warrants explanation. An alternative choice
 189 would be to define the domain such that the top boundary is the rock-water interface.
 190 In this case, it is still warranted to neglect shear stresses, however the hydrostatic pres-
 191 sure acting on the outer slope is relevant. Assuming an isostatic level appropriate for old
 192 lithosphere (e.g, 4 km) with an additional deflection of + 3.5 km at the trench axis, the
 193 resulting net force due to pressure acting on the vertical projection of the outer slope
 194 is $\approx 0.2 \text{ TN m}^{-1}$. When we consider the combined (rock + water) domain shown in Fig.

195 1, this contribution gets subsumed as a change in the net force component described by
 196 $\Delta\bar{\sigma}_{zz}$. This study concludes that the change is minor relative to the typical magnitude
 197 of the trench pull force.

198 The integration depth in Eq. 5 (z_c) represents a distance relative to the fixed system
 199 (z), and hence an equipotential surface. In general, the principle of a compensation
 200 depth/level is motivated by the inference that most of the long-wavelength topography
 201 signal on Earth is isostatically compensated (Watts, 2001; Turcotte & Schubert, 2002).
 202 In this study we adopt the standard hydrostatic assumption, which implies that trench
 203 deflection is completely supported due to the presence of a vertical shear stress within
 204 the lithosphere, rather than a being a manifestation of pressure gradients in the astheno-
 205 sphere (Caldwell et al., 1976; Turcotte & Schubert, 2002; Garcia et al., 2019).

206 We now choose a more compact notation, introducing the overbar symbol to rep-
 207 resent the vertical integral from z_0 to z_c , and the Δ symbol to represent the difference
 208 between columns. Eq. 5 can be then written:

$$\Delta\bar{\sigma}_{xx} + \int_{\Omega_2} \tau_{xz}(x, z_c)dx = 0 \quad (6)$$

$$\text{with } \Delta\bar{\sigma}_{xx} = \bar{\sigma}_{xx}(x_1) - \bar{\sigma}_{xx}(x_0)$$

$$\text{and } \bar{\sigma}_{xx}(x) = \int_{z_0}^{z_c} \sigma_{xx}(x, z)dz$$

209 Eq. 6 states that the difference in integrated horizontal normal stress, must bal-
 210 ance the integrated shear stresses on the base. It is also commonly expressed in a dif-
 211 ferential form (Fleitout & Froidevaux, 1983). A positive change either of the quantities
 212 in Eq. 6 from $x_0 \rightarrow x_1$ represents a force to the right. Although Eq. 6 might be regarded
 213 as the fundamental statement of the horizontal force balance, it has limited value in terms
 214 of understanding different contributions to the lithospheric force balance. We consider
 215 an alternative representation, first by expanding the normal stress (σ_{xx}) into the devi-
 216 atoritic/isotropic components ($\tau_{xx} + \sigma_I$), and then expanding the mean stress in terms
 217 of vertical stress quantities: $\sigma_I = \sigma_{zz} - \tau_{zz}$. Making these substitutions in the LHS of
 218 Eq. 6 gives:

$$\Delta(\overline{\tau_{xx} - \tau_{zz}}) + \Delta\bar{\sigma}_{zz} + \int_{\Omega_2} \tau_{xz}(x)dx = 0 \quad (7)$$

219 The first term on LHS of Eq. 7 represents the difference between columns (Δ) of
 220 the resultant of the quantity ($\tau_{xx}(z) - \tau_{zz}(z)$). We refer to $(\overline{\tau_{xx} - \tau_{zz}})$ as the in-plane
 221 differential stress resultant, symbolized F_D . The second term in Eq. 7 reflects the way
 222 vertical normal stress distribution impacts the integrated mean stress. In this study, we
 223 use the symbol GPE* to represent the negative of quantity $\bar{\sigma}_{zz}$. The final term in Eq.
 224 7 is the basal shear force, which will be represented by F_B . Over the length-scale of the
 225 trench topography (L_T) F_B is likely to be negligible. The Δ symbols mean that with-
 226 out knowing boundary conditions, solutions to Eq. 7 can be only determined up to an
 227 additive constant. In symbolic form we will write:

$$\Delta F_D - \Delta \text{GPE}^* + F_B = 0 \quad (8)$$

228 Note the deliberate use of the asterisk on the second term, which is intended to read
 229 as the ‘corrected-GPE’. The fundamental definition of GPE* is the (negative of) the ver-

230 tical integral of ‘true’ vertical normal stress $\bar{\sigma}_{zz}$. In general, $\text{GPE}^* \neq \text{GPE}$. The quan-
 231 tities are only equal when the vertical normal stress in both columns is lithostatic. This
 232 point is elaborated in following sections. The sign definition ($\text{GPE}^* = -\bar{\sigma}_{zz}$) is to align
 233 GPE^* with the standard convention, the *true* GPE being defined in terms of a positive
 234 lithostatic pressure. This now also means that a positive change in the GPE^* from $x_0 \rightarrow$
 235 x_1 represents a force to the left. This is in contrast to first and last terms in Eq. 8, which
 236 retain the same directional sense as Eq. 7. We now note the equivalent definitions:

$$\begin{aligned} \text{trench pull force} &\equiv -(\bar{\sigma}_{zz}(x_I) - \bar{\sigma}_{zz}(x_T)) \\ &= \text{GPE}^*(x_I) - \text{GPE}^*(x_T) \\ &= \Delta\text{GPE}^* \end{aligned} \quad (9)$$

237 **2.3 The vertical force balance**

238 In order to estimate the trench pull force, we need to develop a model for the dis-
 239 tribution of vertical normal stress in each column. Expanding Eq. 2 for the z compo-
 240 nent, yields:

$$\frac{\partial\sigma_{zz}}{\partial z} + \frac{\partial\tau_{zx}}{\partial x} + \rho g = 0 \quad (10)$$

241 Integration of Eq. 10 from the vertical origin (z_0) to an arbitrary depth (z) yields
 242 the distribution of the vertical normal stress, where ζ is a dummy variable:

$$\sigma_{zz}(x, z) = - \int_{z_0}^z \rho(x, \zeta) g d\zeta - \int_{z_0}^z \frac{\partial\tau_{zx}}{\partial x}(x, \zeta) d\zeta \quad (11)$$

243 The first term on the RHS of Eq. 11 is called the lithostatic pressure ($P_L(x, z)$).
 244 The second term on the RHS represents the way in which gradients of the vertical shear
 245 stress impact the vertical force balance. Schmalholz et al. (2014) refer to this as the
 246 shear function, symbolized $Q(z)$. Comma notation is used for partial derivatives to keep
 247 the mathematical expressions concise: $\frac{\partial\tau_{zx}}{\partial x} \equiv \tau_{zx,x}$.

248 **2.4 Flexural Isostasy**

249 The hydrostatic assumption requires that the LHS of Eq. 11 is invariant at the com-
 250 pensation level z_c . When $\tau_{zx,x}(z)$ has a finite resultant (i.e. $\bar{\tau}_{zx,x} \neq 0$), the lithosphere
 251 must deflect vertically ($w(x)$) from its isostatic level, leaving the LHS unperturbed. For
 252 a given deflection from the isostatic level the change in the lithostatic term (the weight
 253 of the column above z_c) is: $-(\rho_m - \rho_w)gw(x)$. This expresses the fact that vertical mo-
 254 tion of a column results in the substitution of material at the compensation level with
 255 the material that lies above the rock surface, in this case mantle rock with seawater. The
 256 sign is due to the fact that for a positive w there is a loss of weight in the column. There-
 257 fore for any column:

$$\int_{z_0}^{z_c} \frac{\partial\tau_{zx}}{\partial x}(x, z) dz = \int_{z_0}^{z_c} -\Delta\rho(x, z) g dz \quad (12)$$

$$\text{or, } \bar{\tau}_{zx,x}(x) \approx -(\rho_m - \rho_w)gw(x) \quad (13)$$

258 where the $\Delta\rho(z)$ represents the difference in density between the isostatic reference col-
 259 umn and the density in the same column when deflected by a distance w . The approx-
 260 imate sign reflects that fact we will ignore the contributions to $\Delta\rho(z)$, that arise from

261 a vertical offset of the crustal and thermal density structure. This assumption is discussed
 262 in Appendix B. If we exchange the order of integration and differentiation in Eq. 13, the
 263 connection with the vertical force balance as expressed in the thin plate flexure model
 264 becomes clear. In thin plate flexure, the integral of the vertical shear stress across the
 265 plate is termed the vertical shear stress resultant, and is usually symbolised V (Turcotte
 266 & Schubert, 2002):

$$\begin{aligned} \frac{\partial}{\partial x} \int_{z_0}^{z_c} \tau_{zx}(x) dz &= -(\rho_m - \rho_w)gw(x) \\ \frac{\partial}{\partial x} V(x) &= -(\rho_m - \rho_w)gw(x) \end{aligned} \quad (14)$$

267 **2.5 A corrected GPE* for non-isostatic columns**

268 We can interpret $\tau_{zx,x}$ as a pseudo-density, by writing, $\hat{\rho}(z) = \frac{\tau_{zx,x}(z)}{g}$. Allowing
 269 Eq. 13 to be written:

$$\int_{z_0}^{z_c} \hat{\rho}(x, z) dz = -(\rho_m - \rho_w)w(x) \quad (15)$$

270 and define a corrected-density, $\rho^*(z) = \rho(z) + \hat{\rho}(z)$, such that for any two columns:

$$\int_{z_0}^{z_c} \Delta\rho^*(z) dz = \int_{z_0}^{z_c} (\Delta\rho(z) + \Delta\hat{\rho}(z)) dz = 0 \quad (16)$$

272 This is the flexural-isostatic statement that all columns reach the same vertical normal
 273 stress at the compensation level, or equivalently that the pseudo-mass anomaly in
 274 a column balances the true mass anomaly due to the deflection. Following this approach,
 275 we can define a corrected GPE*:

$$\begin{aligned} \text{GPE}^*(x) &\equiv -\bar{\sigma}_{zz}(x) \\ &= -\int_{z_0}^{z_c} \sigma_{zz}(x, z) dz \\ &= \int_{z_0}^{z_c} (P_L^*) dz \\ &= g \int_{z_0}^{z_c} \left(\int_{z_0}^z \rho^*(x, \zeta) d\zeta \right) dz \end{aligned} \quad (17)$$

276 where $P_L^*(z)$ refers to a corrected lithostatic pressure, i.e., the overburden weight in a
 277 column where the true density has been corrected to account for the effects of $\tau_{zx,x}(z)$.
 278 Eq. 17 can be transformed into a single integral by reversing the order of integration:

$$\text{GPE}^*(x) = g \int_{z_0}^{z_c} \rho^*(x, z)(z_c - z) dz \quad (18)$$

279 where the (corrected) density distribution is weighted by the height above the integra-
 280 tion depth ($z_c - z$). The *difference* in GPE* between two columns can be written:

$$\Delta\text{GPE}^* = g \int_{z_0}^{z_c} \Delta\rho^*(z)(z_c - z) dz \quad (19)$$

Eq. 19 represents the dipole moment of the difference in corrected density distribution $\Delta\rho^*(z)$. This is a generalisation of the expression for isostatic columns, written in terms of $\Delta\rho(z)$ (Turcotte & Schubert, 2002). The magnitude of the dipole moment depends on the product of a force and a moment arm. Under assumptions applicable to the trench pull force, it can be shown (Appendix B) that the moment-arm distance is completely specified by the vertical center of mass of $\tau_{zx,x}(z)$ in the non-isostatic column, and therefore that the ΔGPE^* is completely controlled by the depth distribution of $\tau_{zx,x}(z)$. The challenge will be understanding this distribution; this is the topic of Section 3. It should also be noted that the three ‘corrected’ quantities we have introduced: density ρ^* , lithostatic pressure $P_L^*(z)$, and GPE^* are mathematical constructs. These only have relevance in terms of how vertically integrated quantities affect the horizontal force balance. In other words, the pseudo-density ($\hat{\rho}(z)$) has no relevance in terms of the gravitational effects arising from a column, which depend only on the true density $\rho(z)$.

2.6 Parameters and reference values

A primary objective of this paper is to develop an estimate for the magnitude of the trench pull force, i.e., the $-\Delta\bar{\sigma}_{zz} \equiv \Delta\text{GPE}^*$ between a column at the trench compared with an isostatic reference column of the same age. In discussing a typical value for trench pull, our attention will focus on capturing the behavior of older lithosphere (> 80 Myr). This is similar to the way in which the ridge push force is usually quoted in the range of 2-4 TN m^{-1} , which is an estimate applicable to the subsidence of old lithosphere (Lister, 1975; Turcotte & Schubert, 2002; Coblenz et al., 2015). Global studies of trench bathymetry suggest that relative trench depths for older lithosphere lie in the range of about 2.5 - 5.5 km and exhibit a positive correlation with the age of the subducting plate at the trench (Grellet & Dubois, 1982). A value of 3.5 km is chosen as representative for old lithosphere, but clearly there are significant variations around this value (Grellet & Dubois, 1982; Zhang et al., 2014; Lemenkova, 2019). Table 1 shows additional reference values for parameters such as z'_m , the mechanical thickness of the lithosphere. These values are introduced and explained throughout the remainder of the study.

3 The distribution of vertical shear stress in bending plates

In this section we discuss solutions for the depth distribution of the vertical shear stress ($\tau_{zx}(z)$) and its horizontal gradients $\tau_{zx,x}(z)$, for the flexure of uniform elastic, and elasto-perfectly plastic plates.

3.1 Elastic plates

In the thin-plate flexure model, vertical shear stresses only appear in terms of the resultant quantity (V), e.g., Eq. 14 and the depth distribution is ignored. Analytic solutions that describe the shear stress distribution can be derived through Airy’s method (or stress functions). These are detailed in continuum mechanics references, where simple loading examples are discussed (Goodier & Timoshenko, 1970). We can approach the solution more directly however, with only the usual assumptions for thin plate flexure (plane bending, zero shear stress on the top and bottom edge) and the stress equilibrium relation (Eq. 2). In this section the vertical coordinate (z) has its origin at the center of the plate, the orientations remain positive down and to the right. As derived in Appendix A, the distribution of vertical shear stress for an elastic plate of thickness h is parabolic:

$$\tau_{zx}(x, z) = \frac{V(x)}{I} \left(\frac{z^2}{2} - \frac{h^2}{8} \right) \quad (20)$$

Symbol	Explanation	Related equation	reference value [unit]
x_I	x loc. of isostatic column	-	- [km]
x_T	x loc. of trench	-	- [km]
L_T	trench length scale	$x_I - x_T$	100 [km]
$z_S(x)$	surface of plate	-	- [km]
$w(x)$	deflection relative to $z(x_I)$	$z_S(x) - z_S(x_I)$	- [km]
w_T	deflection at trench	$z_S(x_T) - z_S(x_I)$	3.5 [km]
z_I	z loc. of isostatic column	$z_S(x_I)$	- [km]
z_T	z loc. of trench axis	$z_S(x_T) = z_I + w_T$	- [km]
z_c	depth of vertical integration	$z_I + z'_t$	≈ 100 [km]
z'_m	mechanical thickness	-	60 [km]
z'_{np}	neutral plane depth	$\approx \frac{1}{2}z'_m$	30 [km]
z'_t	thermal thickness	-	100 [km]
ΔP_T	trench pressure deficit	$(\rho_m - \rho_w)gw_T$	≈ 80 [MPa]
F_D	in-plane resultant	$(\bar{\tau}_{xx} - \bar{\tau}_{zz})$	- [TN m ⁻¹]
V	vertical shear stress resultant	$\bar{\tau}_{zx}$	- [TN m ⁻¹]
$\tau_{zx,x}$	vertical shear stress gradient	$\equiv \frac{\partial \tau_{zx}}{\partial x}$	- [N m ⁻³]
ρ	density	-	- [kg m ⁻³]
$\hat{\rho}$	pseudo-density	$\frac{\tau_{zx,x}}{g}$	- [kg m ⁻³]
ρ^*	corrected density	$\rho + \hat{\rho}$	- [kg m ⁻³]
$P_L(z)$	lithostatic pressure	$\int_{z_0}^z \rho(x, \zeta)gd\zeta$	- [MPa]
$P_L^*(z)$	corrected lithostatic pressure	$\int_{z_0}^z \rho^*(x, \zeta)gd\zeta$	- [MPa]
GPE	true GPE	\bar{P}_L	- [J m ⁻²]
GPE*	corrected GPE	$\bar{P}_L^* = -\bar{\sigma}_{zz}$	- [J m ⁻²]
g	gravity	-	9.8 [m/s ²]
ρ_m	mantle density	-	3300 [kg m ⁻³]
ρ_w	water density	-	1000 [kg m ⁻³]
Δ	difference between columns	-	-

Table 1. Symbols, definitions, reference parameters and standard units used discussed in this paper. Overbars represent vertical integration across the lithosphere, from $z_0 \rightarrow z_c$

326 where I is the (2D) second moment of the area per unit length. Note that in Eq. 20, V
 327 represents the shear stress resultant, meaning the expression on the RHS (excluding V)
 328 defines a unit parabola:

$$\hat{\varphi}(z) = \frac{1}{I} \left(\frac{z^2}{2} - \frac{h^2}{8} \right) \quad (21)$$

$$\int_{-\frac{h}{2}}^{\frac{h}{2}} \hat{\varphi}(z) dz = 1 \quad (22)$$

329 Because $\hat{\varphi}$ is independent of x , the horizontal gradient is also parabolic (e.g., Tanimoto
 330 (1957)):

$$\tau_{zx,x}(z) = \hat{\varphi}(z) \frac{dV(x)}{dx} \quad (23)$$

$$= -\hat{\varphi}(z)f(x) \quad (24)$$

331 where we have used $\frac{dV(x)}{dx} = -f$, i.e., the expression of vertical force balance in terms
 332 of the shear stress resultant (see Eq. 14, or Appendix A). Eq. 24 states that for a uni-
 333 form 2D elastic plate under the given boundary conditions, the vertical shear stress is
 334 always parabolic, and that along the plate, the parabola stretches with a gradient that
 335 is proportional to the load (f). When thin-plate models are applied to subduction zones,
 336 the loading pattern typically consists of a combination of end loads (e.g, $V(x_T)$), end
 337 moments (e.g, $M(x_T)$), while the normal load is due to the hydrostatic restoring force
 338 (Turcotte & Schubert, 2002). However, to visualise the stress distributions in plane bend-
 339 ing, a simpler loading pattern is sufficient.

340 Fig. 2 shows a diagram of the deflection of an elastic plate by a uniformly distributed
 341 normal force. The right hand boundary is free, the left boundary is clamped. The de-
 342 flection, as well as the maximum horizontal stress (σ_{xx}^{Max}) and shear stress (τ_{zx}^{Max}) have
 343 analytic solutions, as described in the figure caption. Fig. 3 shows stress components along
 344 the profile locations shown in Fig. 2. The upper panels of Fig. 3 show the stress distri-
 345 bution at 2 points in the elastic domain (e1, e2). These profiles emphasise the relation-
 346 ships developed in this section. Of particular importance is the parabolic distribution
 347 of $\tau_{zx,x}(z)$. This implies an identical shape for the pseudo-density $\hat{\rho}(z)$, which reaches
 348 its maximum at (and is symmetric around) the plate center.

349 3.2 Extension to elastic-plastic plates

350 In the trench region, the trailing plate is expected to undergo comprehensive yield-
 351 ing and approaches moment saturation. This behavior is predicted from yield stress en-
 352 velopes (YSEs) (Chapple & Forsyth, 1979; McNutt & Menard, 1982), and is exhibited
 353 in numerical models which incorporate analogous constitutive models (Bessat et al., 2020;
 354 Sandiford & Craig, 2023). Yielding has an important impact on the depth distribution
 355 of vertical shear stress (and its gradients) as has been highlighted in engineering liter-
 356 ature on bending plates (Horne, 1951; Drucker, 1956). Following Horne (1951) we adopt
 357 an elasto-perfectly-plastic model, where the maximum shear stress is truncated at a pre-
 358 scribed limit, giving rise to the plastic zones shown in grey in Fig. 2, and the truncated
 359 horizontal stress profiles shown on the lower left panel of Fig. 3.

360 To appreciate the impact on the vertical shear stress, consider the statement of hor-
 361 izontal stress equilibrium (Eq. 2) expanded in the horizontal coordinate:

$$\frac{\partial \sigma_{xx}}{\partial x} + \frac{\partial \tau_{xz}}{\partial z} = 0 \quad (25)$$

362 Yielding implies that first term, the horizontal gradient of the horizontal normal
 363 stress, is zero. It follows that the second term, the vertical gradient of the *horizontal* shear
 364 stress, is also zero:

$$\frac{\partial \sigma_{xx}}{\partial x} = 0 \implies \frac{\partial \tau_{xz}}{\partial z} = 0 \quad (26)$$

365 The boundary condition on the shear stress at either edge of the plate is assumed
 366 to be zero, and so the *horizontal* shear stress must be zero throughout the plastic regions;
 367 by symmetry so is the vertical shear stress (τ_{zx}). The same conclusions are developed
 368 in greater detail in Horne (1951). In the interior of the elastic core region, the vertical

369 shear stress will remain parabolic, as long as the horizontal normal stress stress distri-
 370 bution remains linear in z (plane bending). In the yielding region, gradients in vertical
 371 shear shear stress ($\tau_{zx,x}(x, z)$) will now depend on the rate at which the elastic core is
 372 narrowing, as well as the normal force $f(x)$. Solutions to this type of problem require
 373 non-linear approaches (Turcotte et al., 1978).

374 Vertical profiles of the elasto-plastic stress state (p1, p2) are shown in the lower pan-
 375 els of Fig. 3. Following Horne (1951), $\tau_{zx}(z)$ takes the form of a truncated parabola. In
 376 the limit $\Delta x \rightarrow 0$, a piecewise analysis implies the same truncated parabola for $\tau_{zx,x}$
 377 (lower right hand panel). In the limit of the elastic core becoming very thin, the mag-
 378 nitudes of the vertical shear stress and its gradient grow commensurately - potentially
 379 approaching the yield bounds Horne (1951). In terms of $\tau_{zx,x}(z)$, or equivalently $\hat{\rho}(z)$,
 380 this results in a vertical force balance contribution that increasingly resembles a point
 381 load concentrated at the midplane of the plate.

382 An important observation is that the center of mass of $\tau_{zx,x}(z)$ (or $\hat{\rho}(z)$) does not
 383 change with progressive yielding. Note that if an elasto-plastic plate begins to unbend,
 384 vertical shear stress gradients (finite $\tau_{zx,x}(z)$) may re-emerge in the depth region where
 385 previously they were constrained (by yielding) to be zero. This may be relevant, as mod-
 386 els of plate bending often predict that the maximum bending moment occurs slightly sea-
 387 ward of the trench (Turcotte et al., 1978; Sandiford & Craig, 2023).

388 4 Estimating the trench pull force

389 4.1 Summary of the development so far

390 A form of vertically-integrated horizontal force balance has been developed (Eq.
 391 7) which includes a force contribution given by $\Delta\bar{\sigma}_{zz}$. This term represents a ‘generic’
 392 contribution which may be evaluated for any two columns. The trench pull force is de-
 393 fined by the evaluating $\Delta\bar{\sigma}_{zz}$ for two specific columns, x_T and x_I (e.g., Eq. 1). We de-
 394 fined a ‘corrected’ GPE* such that $\Delta\text{GPE}^* = -\Delta\bar{\sigma}_{zz}$. We showed that ΔGPE^* can
 395 be expressed as the dipole moment of the difference in the corrected density $\Delta\rho^*(z)$, be-
 396 tween columns (Eq. 19). The corrected density includes the contribution of gradients
 397 in the vertical shear stress via a pseudo-density $\hat{\rho}(z) \propto \tau_{zx,x}$. This extends the classical
 398 framework which links the differences in (true) GPE to a net horizontal force, to include
 399 non-isostatic columns. GPE* is not a redefinition of true GPE, simply a mathematical
 400 construct to understand horizontal force components arising from $\Delta\bar{\sigma}_{zz}$. Application of
 401 the mechanical models and assumption from the previous section, provides insight in the
 402 depth distribution of $\tau_{zx,x}(z)$. Adopting these models for the distribution of $\hat{\rho}(z)$ in the
 403 column beneath the trench will allow us to define $\Delta\rho^*(z)$ and compute the ΔGPE^* . This
 404 approach enables both a general expression for the trench pull force, and a specific es-
 405 timate based on the reference parameters from Table 1

406 4.2 Further assumptions

407 Determining a depth distribution for $\Delta\rho^*(z)$, rests on 3 main assumptions: first
 408 we make the assumption that the only non-negligible contribution to the true density
 409 difference ($\Delta\rho(z)$) arises from the contrast between rock and water. This means that $\Delta\rho(z)$
 410 is finite only within the depth interval between the isostatic level ($z_s(x_I)$) and deflected
 411 level ($z_s(x_T)$). See Appendix B for further discussion. Secondly we assume that the pseudo-
 412 density is negligible in the isostatic column: $\hat{\rho}(x_I, z) \propto \tau_{zx,x}(x_I, z) = 0$. This implies that
 413 the $\Delta\hat{\rho}(z) = -\hat{\rho}(x_T, z) \propto \tau_{zx,x}(x_T, z)$. In other words, the distribution of $\Delta\hat{\rho}(z)$ is com-
 414 pletely determined by the stress distribution chosen for the trench column, i.e. $\tau_{zx,x}(x_T, z)$.

415 This brings us to the final assumption which relates to applying the models devel-
 416 oped in Section 3, which were based on plates with an unambiguous thickness (h). The

417 assumption here is that in applying these models to the lithosphere we take $h \approx z'_m$.
 418 This equivalence arises because only the lithospheric layer above z'_m can sustain appreciable
 419 differential stress over geologically relevant timescales. In the application of the
 420 models from Section 3, we will therefore assume that the distribution of $\tau_{zx,x}(x_T, z)$ is
 421 finite within - and symmetric across - the depth interval $z_S(x_T)$ and $z_S(x_T) + z'_m$. In
 422 other words, across the mechanical thickness of the deflected column.

423 4.3 Expression for the trench pull force

424 The depth distribution of corrected density $\Delta\rho^*(z)$ is shown in the left panel of Fig.
 425 4. Positive values represent the contribution of the true density contrast $\Delta\rho(z)$, negative
 426 values represent the contribution of the pseudo-density contrast $\Delta\hat{\rho}(z)$. Note that
 427 as per Eq. 16, the sum of the $\Delta\rho(z)$ and $\Delta\hat{\rho}(z)$ is zero - this may not be readily apparent
 428 as the length scales are different on the positive and negative sides.

429 The black lines in Fig. 4 show three possible distributions for $\tau_{zx,x}(x_T, z)$, which
 430 uniquely determine the $\Delta\rho^*(z)$, as per the discussion in the previous section. Two of these
 431 models are physically motivated, corresponding to the elastic and elasto-plastic distributions
 432 for $\tau_{zx,x}(z)$ (the latter for an arbitrary degree of yielding). The third distribution,
 433 $\tau_{zx,x}(z) = \text{constant}$, is shown with the solid black line. This model is not physically
 434 consistent, as it doesn't satisfy the boundary conditions or the equilibrium equations.
 435 However, because each of the distributions have the same integrated value, and
 436 same center of mass, the contribution to the GPE* is identical.

437 Fig. 4 illustrates two ways of interpreting the magnitude of the ΔGPE^* (and hence
 438 the trench pull force). Firstly, the ΔGPE^* corresponds to the area bounded by $\Delta\sigma_{zz}(z)$,
 439 as shown in the middle panel of Fig. 4. Each of the models shown in black lead to equal
 440 area. The model of constant $\tau_{zx,x}(z) = \text{constant}$ is useful as it leads to a ΔGPE^* integral
 441 that can be calculated by inspection. This is represented in the combined area of
 442 the two grey triangles in the middle panel of Fig. 4. The magnitude of the trench pull
 443 force can therefore expressed:

$$\begin{aligned}
 -\Delta\bar{\sigma}_{zz} \equiv \Delta\text{GPE}^* &= (\rho_m - \rho_w)gw_T \left(\frac{w_T + z'_m}{2} \right) \\
 &\approx \Delta P_T \left(\frac{z'_m}{2} \right) \\
 &\approx \Delta P_T (z'_{np})
 \end{aligned}
 \tag{27}$$

444 For the reference parameters (Table 1), the estimated trench pull force is $\approx 2.5 \text{ TN m}^{-1}$.
 445 The use of \approx in Eq. 27 discussed in the Fig. 4 caption.

446 From Eq. 19, the ΔGPE^* is also equal to the dipole moment of $\Delta\rho^*(z)$ (see also
 447 Appendix B). The dipole length is shown schematically in the left hand panel Fig. 4. Because
 448 ΔP_T , as well as the center of mass of $\Delta\rho$ are fixed, the ΔGPE^* is completely determined
 449 by the center of mass of the pseudo-density $\Delta\hat{\rho}(z)$, which is uniquely determined
 450 by $\tau_{zx,x}(x_T, z)$. The deeper the center of mass of $\tau_{zx,x}(x_T, z)$, the larger the ΔGPE (for
 451 a given deflection).

452 The red lines in Fig. 4 show the implications of trying to apply the lithostatic approximation
 453 for the trench column (i.e. assuming $\tau_{zx,x}(x_T, z) = 0$). In this case there is no
 454 equilibration of the vertical normal stress - $\Delta\sigma_{zz}$ does not converge with depth. The
 455 red line in right hand panel represents the true ΔGPE . However, in terms of the horizontal
 456 force balance, the value of the true ΔGPE is meaningless, as it does not represent
 457 the actual state of stress with depth.

5 Discussion

Several previous studies have discussed the existence of a pressure deficit (ΔP_T) due to the downbending of the trailing plane and the potential for a resulting component of net slab pull (Richter et al., 1977; Bird et al., 2008; Bercovici et al., 2015). To the best of the author’s knowledge, no prior study has systematically analysed the underlying mechanics or quantitatively estimated the magnitude of the trench pull force. Richter et al. (1977) noted that *it is not even clear whether any of the pressure reduction is available to drive the plates* (see longer quote in the introduction). The answer provided by the current study is that some of that pressure reduction is available. Specifically, it is the center of mass of $\tau_{zx,x}(x_T, z)$, which controls the length scale over which the trench pressure deficit acts. Based on insights from simple mechanical models, the center of mass is suggested to be $\frac{z'_m}{2} \approx z'_{np}$. This yields a trench pull force of ≈ 2.5 TN/m, based on reference parameters given in Table 1.

It is notable that this estimate is similar to the predicted magnitude of the ridge push force. The implication is that the topography associated with zones of divergence and convergence contributes a similar net driving force in the boundary layer (e.g. Hager and O’Connell (1981); Bercovici et al. (2015)). It follows that the total topographic driving force (ΔGPE^* between ridge and trench) may be around 5 TN m^{-1} . Assuming shear stresses beneath the oceanic lithosphere are 1 MPa, the estimated total ΔGPE^* is enough to balance the basal drag force on a plate of about 5000 km, a fairly typical length scale for Earth’s subducting plates. There are many studies that infer basal shear stress of significantly less than this, in the range of 0.2-0.5 MPa (Lister, 1975; Melosh, 1977; Richter et al., 1977; Wiens & Stein, 1985; Chen et al., 2021). On the other hand, trench and ridge systems do not sum perfectly constructively on Earth. For the Pacific Plate in the Cenozoic, there is about 50 % constructive contribution to the tangential component of the torque vector, based on trench geometry (Sandiford et al., 2024). For idealised plate geometries, however, the total ΔGPE^* is sufficient to balance a resisting basal drag, within the uncertainties associated with the latter.

In developing a model for the depth distribution of the relevant stress quantities (i.e. $\tau_{zx,x}(z)$) various assumptions and simplifications have been made. Following the standard thin plate approach we neglect any dynamic-topography contribution to the trench deflection and assume that the basal boundary is shear stress free. The mechanical models neglect plate rotation due to deflection, and assume uniform constitutive properties. These choices all preserve the symmetry in the resulting stress distributions (e.g., Fig. 3). Some of these assumptions could be removed with a more sophisticated analytic treatment. Comparison with numerical subduction models which solve the same stress equilibrium equation (e.g., Eq. 2), but are not constrained by as many simplifying assumptions, may also be informative.

Sandiford and Craig (2023) analysed the vertically integrated horizontal force balance based on the output of a 2D subduction model. The model was based on the finite element method, the depth of the domain represented the entire mantle, and no plate velocities were imposed. Note that although the current study uses a slightly different symbol convention compared with Sandiford and Craig (2023) the underlying integral definitions are identical in each case (e.g., Eq. 7). The trench pull force calculated from vertical integration of $\sigma_{zz}(z)$, was about 2.0 TN m^{-1} relative to a column of isostatic lithosphere in the trailing plate. Additional information provided in that paper gives the trench depth as $w_T \sim 2.5 \text{ km}$ (relative to the isostatic level) and the neutral plane depth $z'_{np} \sim 32 \text{ km}$. Applying Eq. 27 gives $\sim 2.6 \text{ TN m}^{-1}$. The accuracy of the scaling expression is $\sim 75 \%$ as applied to this particular model and timestep. Regarding the two distinct modes via which a net slab pull can be generated (as discussed in Section 1) it is of considerable interest to compare estimates of the trench pull force with the value of F_D evaluated at the trench. In the model presented in Sandiford and Craig (2023) F_D was weakly positive at the trench ($\sim 0.6 \text{ TN m}^{-1}$), indicating that the net slab pull was trench-pull

511 (rather than tension) dominated. It should be straightforward to test the generality of
 512 these ideas by others in the subduction modeling community.

513 Bessat et al. (2020) estimated the horizontal variation of the *true* GPE based on
 514 a set of numerical subduction models. The models were based on the finite-difference method,
 515 the domain represented the upper mantle, and various velocity boundary conditions were
 516 described in the study. The variation of the GPE around the trench was estimated to
 517 be in excess of 50 TN m^{-1} . Note that the base of the model was chosen as vertical in-
 518 tegration depth (z_c). As highlighted in Fig. 4, for non-isostatic topography the (theo-
 519 retical) lithostatic pressure is not a suitable proxy for the vertical normal stress. When
 520 either of the columns is non-isostatic the difference in integrated lithostatic pressure does
 521 not converge, and very large but essentially meaningless values are expected if the in-
 522 tegration is continued to arbitrary depths. It is speculated that, had the true vertical
 523 normal stress from the numerical model been used, instead of the lithostatic pressure,
 524 values compatible with Eq. 27 would have been obtained.

525 6 Conclusions

526 The purpose of this paper has been to investigate the mechanics and typical mag-
 527 nitude of the trench pull force. The description of a net horizontal force due to gravi-
 528 tational potential energy differences is extended to non-isostatic columns by introduc-
 529 ing a corrected density $\rho^*(z)$ which incorporates the effects of vertical shear stress gra-
 530 dients ($\tau_{zx,x}(z)$) as a pseudo-density $\hat{\rho}(z)$. The integral of the corrected lithostatic pres-
 531 sure \bar{P}_L^* provides the corrected GPE*, which is equal to $-\bar{\sigma}_{zz}$. It is shown that the ΔGPE^*
 532 depends on the dipole moment of the difference in corrected density $\Delta\rho^*(z)$ between columns,
 533 in an analogous way to the isostatic case. For a given trench deflection (w_T), the mag-
 534 nitude of the trench pull force is controlled by the vertical center of mass of the shear
 535 stress gradient in the column at the trench. Elastic and elasto-plastic models are used
 536 to investigate this problem, specifically the distribution of $\tau_{zx,x}(z)$. These models high-
 537 light the tendency for $\tau_{zx,x}(z)$ to concentrate near the center of the strong portion of the
 538 plate. Extrapolating to the lithosphere, it is assumed that the center of mass $\tau_{zx,x}(z)$
 539 lies at $\sim \frac{z'_m}{2} \approx z'_{np}$. The resulting estimate is about 2.5 TN m^{-1} , similar to that asso-
 540 ciated with isostatic cooling of old lithosphere. The total topographic driving force be-
 541 tween ridges and trenches is likely to be associated with a net force of around 5 TN m^{-1} ,
 542 enough to balance basal drag of 1 MPa, over a plate length of 5000 km.

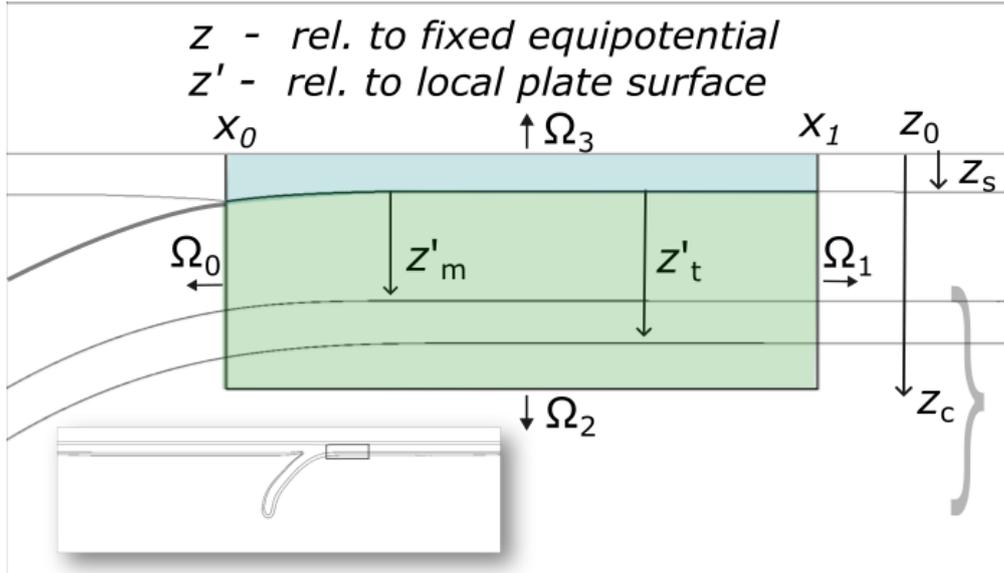


Figure 1. Domain used to develop the vertically integrated horizontal force balance (e.g. Eq. 7). The green region represents rock, the blue region the water column. To simplify the analysis we combine these regions so that Ω_3 is the sea surface (at z_0), but makes no contribution to the horizontal force balance. The vertical boundaries ($\Omega_{0,1}$) extend from z_0 to z_c . z'_m represents the mechanical thickness of the lithosphere, typically significantly less than the thermal thickness z'_t . The level given by z_c represents the integration depth for the vertically-integrated force balance. The assumption is that z_c is sufficiently large that differences in vertical normal stresses can be neglected, i.e. that z_c represents a compensation level. If this condition holds, the respective terms in the vertically integrated force balance will converge with larger z_c . A initial reference value of $z_c \sim z'_t$ 100 km is used, but an important conclusion is that equilibration occurs at significantly shallower depths ($\leq z'_m$).

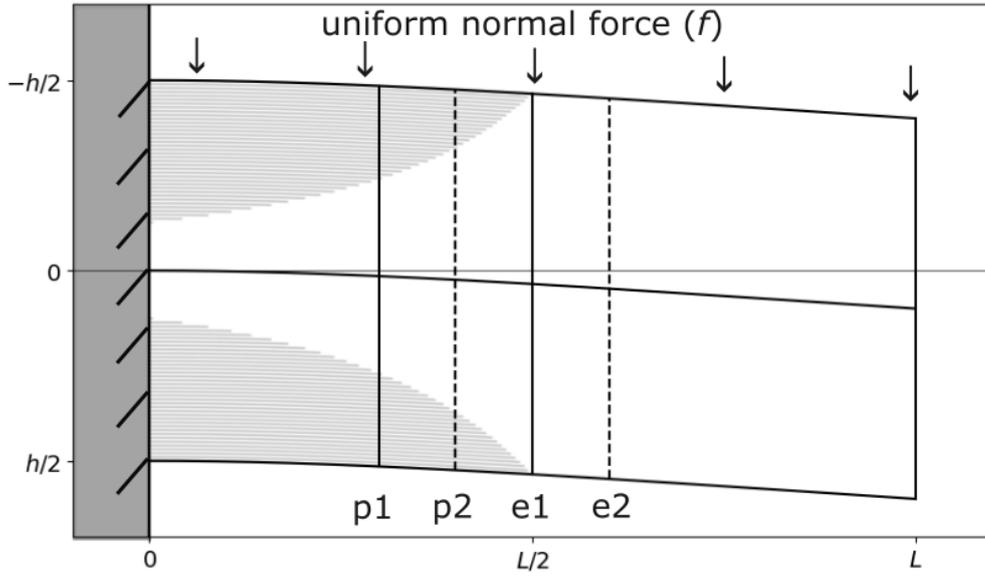


Figure 2. Deflection of a cantilever subject to uniform vertical normal force. The dimensional deflection is: $w(x) = \frac{fx^2}{24EI} (6L^2 - 4Lx + x^2)$, where f is the normal force. In this figure, f and L are taken as 1, the aspect ratio is 2, and E is chosen to provide a dimensionless deflection $w' = \frac{w}{L}$ of 5%. The general behavior can be represented by scaling stresses by the maximum values: for the horizontal normal stress, $\sigma_{xx}^{Max} = \frac{6fL^2}{h^2}$, and for the shear stresses, $\tau_{xz}^{Max} = \frac{3fL}{2h}$. This is how the stresses along profiles (p1, p2, e1, e2) are represented in Fig. 3. The light grey region shows the zone where yielding is assumed, with the yield limit given by $\tau_{Max} \leq \frac{1}{2}\sigma_{xx}^{Max}$.

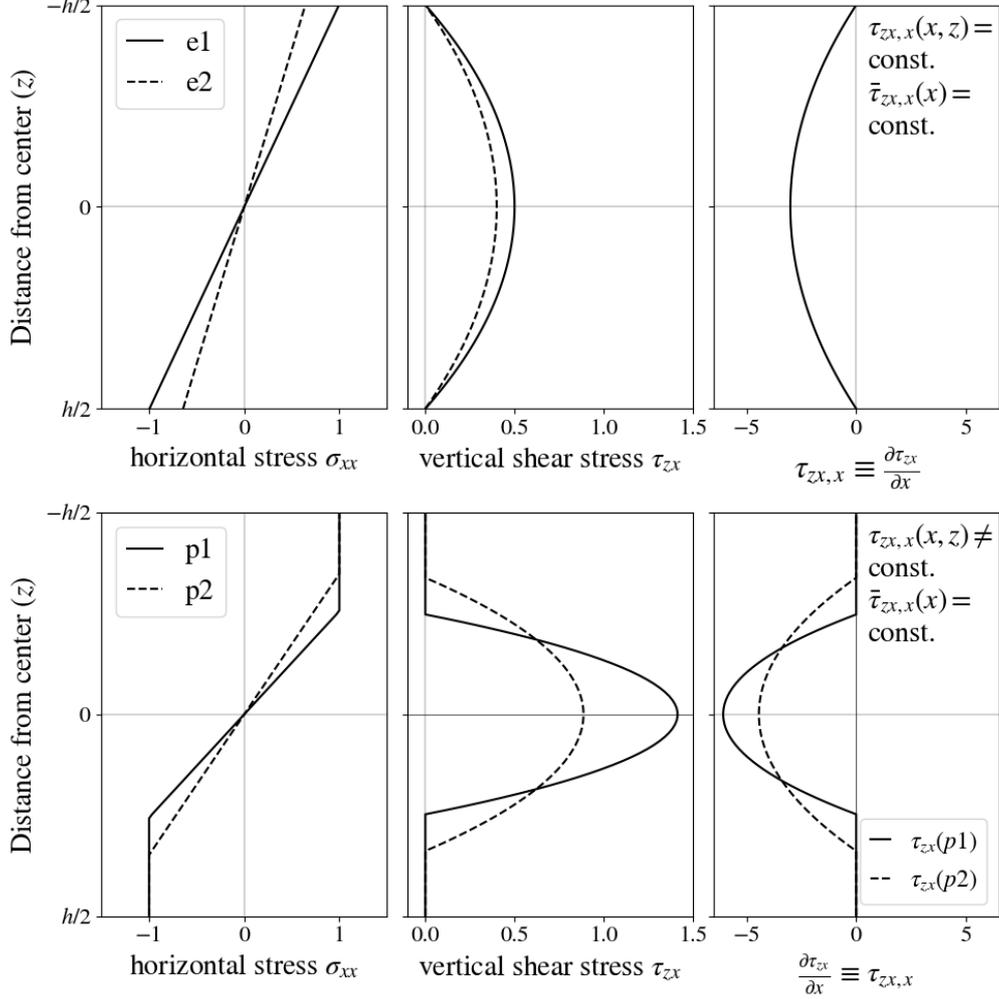


Figure 3. Stress distribution in elastic (upper panels), and elasto-plastic (lower panels) domains, after Horne (1951). Normal stresses are scaled using the prescribed value of the yield stress $\sigma_y = \frac{1}{4}\sigma_{xx}^{Max}$; shear stresses are scaled using $\frac{1}{2}\tau_{zx}^{Max}$, as discussed in the Fig. 2 caption. Of particular importance are the right hand panels, showing the horizontal gradient of the vertical shear stress ($\tau_{zx,x}(z)$). The assumption of uniform loading implies that the vertical shear stress resultant is constant ($\bar{\tau}_{zx,x} \equiv \frac{dV}{dx} = f$). In the elastic domain, $\tau_{zx,x}(x, z)$ is constant everywhere, as shown in the top right hand panel. In the yielding case, $\tau_{zx,x}(x, z)$ varies as the elastic core narrows, however the resultant ($\bar{\tau}_{zx,x}$) remains constant.

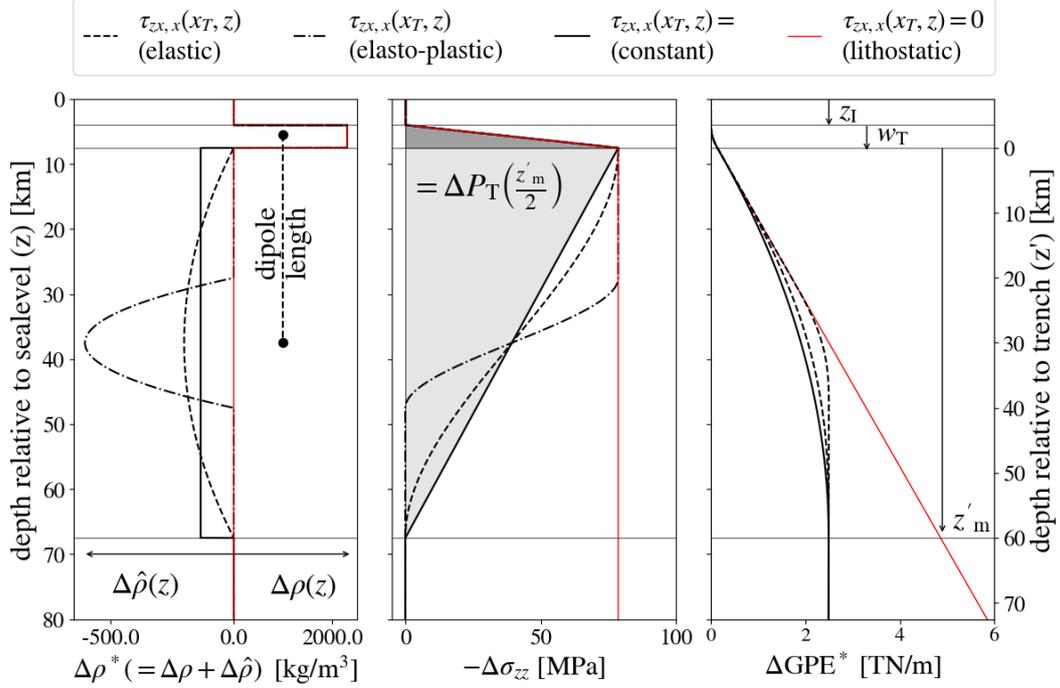


Figure 4. Each panel represents a difference in quantities between the isostatic reference column and a column beneath the trench. The left hand panel shows $\Delta\rho^*(z)$: the difference in the corrected density between the columns. This is the sum of, respectively, the difference in the true density ($\Delta\rho(z)$) and the pseudo density ($\Delta\hat{\rho}(z)$). Horizontal scales are unequal. The assumption of $\tau_{zx,x}(x_I, z) = 0$ means $\Delta\hat{\rho}(z) = -\hat{\rho}(x_T, z)$ with $\hat{\rho}(x_T, z) \propto \tau_{zx,x}(x_T, z)$. Hence, $\Delta\rho^*(z)$ is completely specified by the assumed distribution of $\tau_{zx,x}(x_T, z)$. 4 different models for $\tau_{zx,x}(x_T, z)$ are plotted as indicated in the legend. The dipole moment of $\Delta\rho^*(z)$ gives the ΔGPE^* (from Eq. 19). The dipole depth extent is shown schematically, and is controlled by the vertical center of mass of $\tau_{zx,x}(x_T, z)$. The middle panel shows the (negative of) the difference in vertical normal stress. The trench pull force represents the area bounded by $-\Delta\sigma_{zz}(z)$ ($\equiv \Delta GPE^*$); all models shown with black lines bound identical area. The mathematical expression represents the area of the light gray triangle, (the approximate value of the trench pull force, neglecting the dark triangle, e.g., Eq. 27). The hydrostatic assumption implies that differences in $\Delta\sigma_{zz}$ equilibrate exactly. When the lithostatic approximation is used for the trench column (shown in red) the vertical normal stress does not equilibrate. The right hand panel shows the cumulative $\Delta GPE^*(z)$. In the lithostatic approximation, the ΔGPE^* is unbounded. The figure uses reference values shown in Table 1.

Appendix A Distribution of vertical shear stress

In deriving the vertical distribution of the shear stress, the assumptions are a uniform 2D plate of thickness h , which undergoes plane bending, with zero shear stress on the top and bottom edges. We retain the same coordinate convention (positive down, to the right); Here, the origin of z is the center of the plate. Neglecting any in-plane stress resultant, the balance of moments and vertical forces, for a 2D beam/plate equation are expressed as:

$$\frac{dM}{dx} = V(x), \quad \frac{dV}{dx} = -f(x) \quad (\text{A1})$$

The normal stress $\sigma_{xx}(z)$ due to bending is:

$$\sigma_{xx}(x, z) = -\frac{M(x) \cdot z'}{I} \quad (\text{A2})$$

where I is the second moment of area (per unit length):

$$I = \int_{-\frac{h}{2}}^{\frac{h}{2}} z^2 dz \quad (\text{A3})$$

Combining Eq. A1 & A2, the horizontal gradient of normal stress can be written:

$$\frac{\partial \sigma_{xx}(x, z)}{\partial x} = -\frac{z \cdot V(x)}{I} \quad (\text{A4})$$

the stress equilibrium equation is:

$$\frac{\partial \sigma_{xx}}{\partial x} + \frac{\partial \sigma_{xz}}{\partial z} = 0 \quad (\text{A5})$$

so that:

$$\frac{\partial \tau_{xz}}{\partial z} = \frac{z \cdot V(x)}{I} \quad (\text{A6})$$

Integrating with respect to z yields:

$$\tau_{xz}(x, z) = \int \frac{z \cdot V(x)}{I} dz = \frac{V(x)}{I} \left(\frac{z^2}{2} \right) + C(x) \quad (\text{A7})$$

Given $\tau_{xz}(x, \pm \frac{h}{2}) = 0$, we can solve for $C(x)$:

$$\tau_{xz}(x, z) = \frac{V(x)}{I} \left(\frac{z^2}{2} - \frac{h^2}{8} \right) \quad (\text{A8})$$

Symmetry of the stress tensor means that the vertical shear stress τ_{zx} follows the same distribution as τ_{xz} . The maximum value of the vertical shear stress occurs at the center of the plate (or more generally, at the neutral plane), where the horizontal stress is zero. Across the plate, the principal stresses rotate: they are only truly vertically aligned (Andersonian) at the free surface. At the center of the plate, the principal stresses are oriented at 45° from the horizontal: the differential stress is not zero at the middle of the plate, although the quantity σ_{xx} is. In the case of the lithosphere, where σ_{xx} includes a large lithostatic means stress, it is the stress difference that goes to zero across the neutral plane: $(\sigma_{xx} - \sigma_{zz}) = (\tau_{xx} - \tau_{zz}) = 0$.

566 **Appendix B ΔGPE^* as the dipole moment of $\Delta\rho^*$**

567 In the manuscript, the ΔGPE^* between an isostatic reference column, and a de-
568 flected column, is given by:

$$\Delta\text{GPE}^* = g \int_{z_0}^{z_c} \Delta\rho^*(z)(z_c - z)dz \quad (\text{B1})$$

569 the hydrostatic approximation requires that the mass (first moment) of the true(ρ) and
570 pseudo ($\hat{\rho}$) contributions to $\Delta\rho^*(z)$ are equal:

$$M = \int_{z_0}^{z_c} \Delta\rho(z) dz = - \int_{z_0}^{z_c} \Delta\hat{\rho}(z)dz = (\rho_m - \rho_w)w(x) \quad (\text{B2})$$

571 where $w(x)$ is the deflection. The difference in the center of mass of each of these dis-
572 tributions (around z_c) can be written as:

$$\begin{aligned} \Delta z_{\text{cm}} &= \frac{1}{M} \int_{z_0}^{z_c} (\Delta\rho(z)(z_c - z)) dz \\ &- \\ &- \frac{1}{M} \int_{z_0}^{z_c} (\Delta\hat{\rho}(z)) (z_c - z)dz \end{aligned} \quad (\text{B3})$$

573 the negative sign on the last line reflects the fact that $\Delta\rho^*(z)$ is a negative quantity, and
574 we wish to define a positive center of mass. Which means we can write Eq. B1 as:

$$\Delta\text{GPE}^* = gM\Delta z_{\text{cm}} \quad (\text{B4})$$

$$\Delta\text{GPE}^* = (\rho_m - \rho_w)gw(x)\Delta z_{\text{cm}} \quad (\text{B5})$$

$$(\text{B6})$$

575 The center of mass of $\Delta\rho(z)$ is given by $z_I - \frac{1}{2}w_T$. Based on the models and as-
576 sumptions developed in this paper, the center of mass of $\hat{\rho}(z)$ (being identical to that
577 of $\tau_{zx,x}(z)$) occurs at $z_I + w + \frac{1}{2}z'_m$. The difference is $\frac{1}{2}(w + z'_m)$, as in Eq. 27. Eq. B1
578 and B6 are statements that the ΔGPE^* is equal to dipole moment of the difference in
579 corrected density ($\Delta\rho^*$) between two columns.

580 This relationship also allows us to examine the approximation we used in neglect-
581 ing the crust. Because we neglected the crust, and instead treated the entire column of
582 lithosphere as having background mantle density, we introduced an error in the distri-
583 bution of $\Delta\rho$. We overestimated the $\Delta\rho$ in the section of lithosphere between z_I and w_T ,
584 because we took the density difference as $\rho_m - \rho_m$, whereas the actual density differ-
585 ence is $\rho_m - \rho_c$ (assuming the moho depth is greater than w_T , which is usually correct).
586 This overestimate is balanced by an equal underestimate between the depths $z_I + z'_m$
587 and $z_I + z'_m + w_T$, where the isostatic column contains mantle rock and the deflected
588 column contains crust. The error in the GPE^* can be estimated from Eq. B6, and is \approx
589 0.04 TN m^{-1} .

590 **Open Research Section**

591 This manuscript does not contain any new data.

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