

1 Holocene environmental change in Rotsee, and its impact on sedimentary carbon storage

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33 **Abstract**

34 To assess the long-term impact of climate change on mountain lakes and their sedimentary carbon
35 storage, paleo-environmental approaches using well-dated lake sediment cores can be employed. For
36 Rotsee, a perialpine lake near the Swiss Alps, a new sediment core has allowed the reconstruction of
37 carbon mass accumulation rates for organic and inorganic carbon since 13ka BP. A multiproxy approach
38 (XRF, carbon and nitrogen isotopes, organic macromolecule chemical compositions, and aDNA) was
39 used to explore changes in the lake system that affect sedimentary carbon storage. Early Holocene
40 warming led to a stepwise increase in inorganic carbon deposition, while organic carbon accumulation
41 gradually increased throughout this period. Despite apparently affecting phytoplankton community
42 proxies, warming during the Holocene Thermal Maximum did not directly impact sedimentary carbon
43 storage. In the mid-Holocene, gradual lake infill caused shallowing and changes in water chemistry,
44 redox conditions, and sources of organic matter. During this period, the sedimentary record indicates
45 low pH, anoxic waters, and an influx of allochthonous, plant-derived organic matter, which increased
46 organic carbon storage while inorganic carbon became negligible. In the Late Holocene, climatic or land
47 use changes deepened the lake, leading to a more oxidized water column and a decline in
48 allochthonous organic matter input. Still, larger deforestation events, such as during Roman times,
49 coincided with increased organic carbon storage. Recent sediments, influenced by eutrophication in the
50 last century, show intermediate carbon accumulation rates compared to earlier Holocene periods.
51 Rotsee serves as a case study of how climate warming has influenced lake development and
52 sedimentary carbon storage, with broader implications for understanding carbon dynamics in high-
53 alpine lakes and their future carbon balance.
54

55 **Introduction (body of text: 7303 words)**

56

57 Present-day climatic changes impact highly sensitive alpine and subalpine lake ecosystems, their
58 sediment composition and carbon storage potential (Moser et al. 2019). With increasing temperatures
59 and glacier retreat, increased growth of vegetation and soil development (reviewed in Trautmann et al.
60 2023), the enhanced transfer of nutrients by leaching or deposition can cause future increases in lake
61 trophic state (Pastorino et al. 2024). This climate-related eutrophication, as well as anthropogenically-
62 driven eutrophication, have already increased storage of organic carbon in lake surface sediments
63 (Anderson et al. 2014; Fiskal et al. 2019). Still, with increased temperature impacting both the
64 production and respiration of carbon (Gudasz et al. 2010), it remains difficult to predict whether lake
65 sediments will be a future source or sink of carbon. Lake sediments that cover the last centuries to
66 millennia have been shown to be excellent archives of past responses of sedimentary carbon on climatic
67 and land-use changes (Moser et al. 2019).

68 In the last 14 ka, the Alps and their foreland have experienced several stages of climate variability. This
69 started with the continued warming following the last glacial maximum (22.2 ± 1.0 ka, Reber et al.
70 2014), which caused extensive foreland glaciers to recede. The variability in temperature and associated
71 ecological impacts of the Bolling-Allerød interstadial and colder Younger Dryas stadial are well-recorded
72 in lake sediments (e.g. Moscariello et al. 1998; Lotter et al. 2000; Samartin et al. 2012; Hoehn et al.
73 2022). The Younger Dryas was followed by the Holocene, a period of relative climate stability.

74 Vegetation reconstructions and treeline changes suggest the early and mid-Holocene were relatively
75 warm (Wick and Tinner 1997; Nicolussi et al. 2005). This period, referred to as the Holocene Thermal
76 Maximum (HTM), has been recognized in several studies (e.g. Renssen et al. 2012). The exact timing of
77 the HTM is debated but studies propose it occurred from 7.5-5.9 ka BP in Austria (Vollweiler et al.
78 2006), or from 9.8 to 6.4 ka BP, with an intermittent cold episode from 8.8 to 7.8 ka BP, in Switzerland
79 (Affolter et al. 2019).

80 These well-described past climate changes left an imprint on lacustrine sediments. For instance,
81 warming, resulting in a lake level drop, has been identified as a past cause of eutrophication in Lake
82 Lobsigen in the early Holocene (Ammann 1986). Climate changes impact lake sediments by the
83 development of shoreline peat or vegetation (Ammann 1986) and/or lake infilling (Heiri and Lotter
84 2003). While this is a natural stage in the succession of a freshwater system, enhanced infilling and
85 eutrophication can also be the consequence of human activities (Ammann 1986; Heiri and Lotter 2003),
86 such as increased sewage input (e.g. Hasler 1947, Fiskal et al. 2019), or increased outwash of nutrients

87 due to soil erosion following deforestation (e.g. Haas et al. 2019). In the Swiss alpine realm
88 reconstructed vegetation dynamics indicate that anthropogenic deforestation started having a
89 substantial impact around 5 ka BP (Wick and Tinner 1997, Nicolussi et al. 2005), and subsequently
90 increased carbon storage in lake sediments (Kastowski et al. 2011).

91 In the Swiss foreland region, lakes formed during the retreat of the large Reuss, Rhine and Linth glaciers
92 have recorded the large ecological changes following post-glacial warming in their sedimentary records.
93 Rotsee is a small, monomictic lake (0.48 km²) in the Swiss alpine foreland that was formed after the
94 retreat of the Reuss glacier. The development of Rotsee started as early as 14.6 ka BP, as suggested by
95 the age of a terrestrial macrofossil (C823, 14570 ± 240 cal ¹⁴C age) from a shoreline peat core (Lotter
96 1988). Initial sedimentological and paleo-ecological descriptions of Rotsee sediments were based on
97 pollen, plant macrofossils, diatom frustules, and stable isotopes (Lotter 1988; 1989). Late glacial and
98 early Holocene climate (Verbruggen et al. 2010) and hypolimnion oxygen availability was subsequently
99 based on oxygen isotopes (Ursenbacher et al. 2020). These studies show that Rotsee sediments record
100 a well-expressed late glacial interstadial (Bølling–Allerød: 14 650 - 12 860 cal a BP), Younger Dryas (12
101 860 - 11 610 cal a BP) and early Holocene (<11 610 cal a BP). At the Younger Dryas/Holocene transition,
102 up to 4 °C of warming during the summer, i.e. the period of carbonate precipitation, has been
103 reconstructed (Verbruggen et al. 2010). The age boundaries of the HTM (pollen zones VI and VII in
104 Lotter 1988) were found to agree with previously determined boundaries (8 to 5 ka BP; Welten 1982).

105 Concerning lake system changes, Lotter 1989 describes a system that was originally deep and
106 oligotrophic, and gradually became more eutrophic as the soils in the surrounding watershed
107 developed. Rotsee also became shallower as the lake filled in, with the development of extensive
108 shoreline Alder Carr vegetation starting at 7 cal ka BP (Lotter 1988). In spite of the early oligotrophic
109 conditions, chironomid relative abundances show that already during the Younger Dryas and earliest
110 Holocene, the hypolimnion had decreased oxygen availability (Ursenbacher et al. 2020), a condition
111 that was also reported for the last 2 ka (Lotter 1989, Zuellig and Rheineck 1985). Rotsee sediments
112 started to show indications of direct human impact around 2.5 ka BP, following deforestation in the
113 watershed by Roman settlers (Lotter 1989). More recently, following the increase in untreated
114 wastewater input after 1850 (Stadelmann 1980), Rotsee became highly eutrophic. This resulted in the
115 formation of a seasonally anoxic deep water column, as indicated by okenone, a biomarker lipid for
116 purple sulfur bacteria (Zuellig and Rheineck 1985).

117 Because of its long record of climate, vegetation successional, and anthropogenic changes, Rotsee
118 sediments provide an excellent opportunity to investigate how these changes affect the long-term

119 burial and preservation of sedimentary carbon pools. Based on a multiproxy approach we here test the
120 hypothesis that climate warming from the late glacial to the early Holocene contributed to an increase
121 in trophic state, primary productivity and associated organic carbon accumulation rates in Rotsee. We
122 furthermore postulate that this increase was further accelerated by trophic state alterations due to
123 anthropogenic land-use changes, which ultimately more significantly affected carbon storage than
124 natural climatic shifts.

125

126 **Methods**

127

128 Core collection and on-site subsampling

129

130 Three short cores and two long cores were collected at a water depth of 5.5 m (47°04'27.81"N,
131 8°19'25.7"E WGS 84; 667230/214087 LV95) between 03/10/2021 and 05/10/2021. The short cores (40-
132 60 cm long) were collected from a vessel using a gravity corer with clear plastic liners (UWITEC; inner
133 liner diameter 90 mm). The two long cores (sections ROT21-1-1 to ROT21-1-5 and ROT21-1-6 to ROT21-
134 1-9) were taken 4 m apart from each other, using a shoreline moored platform using a piston coring
135 system with a manual hammer, without a re-entry cone (UWITEC; inner liner diameter: 59.5 mm). Long
136 cores were taken in sections of 3 m (except for 1 section that was 2 m). The recovery of two parallel
137 long cores, vertically offset by one meter, was necessary to obtain a high-quality, complete sedimentary
138 sequence. All short and long cores were brought on-shore for sampling immediately after core
139 recovery. Short cores were maintained in vertical position and sampled by extrusion, whereas long
140 cores were first accessed horizontally through 'windows' that were cut into the core liner. From each
141 depth sampled, sediments for DNA analyses and macromolecular organic matter analyses were
142 collected with sterile cut-off syringes. Samples for DNA extraction were immediately frozen in liquid N₂,
143 before storage at -80 °C, whereas samples for organic matter analysis were frozen and stored at -20 °C.
144 Afterwards, the core sections were split lengthwise before subsampling 2 cm slots for bulk carbon and
145 nitrogen analyses using solvent cleaned spatulas. One core half (so-called archive half) remained intact
146 for imaging and XRF scanning.

147

148 XRF scanning

149

150 Elemental compositions were measured at 5 mm resolution using a μ XRF core scanner (Avaatech XRF)

151 with an Oxford 100 W X-Ray tube and a rhodium anode equipped with a Canberra X - PIPS/DSA 1000
152 (MCA) detector. Prior to analysis, core surfaces were flattened to ensure uniform scanning and covered
153 with 4 μm Ultralene foil. Elemental groups with lower energy levels were measured at 10 kV (1500 A, no
154 filter, 15 s exposure), while mid-energy groups were measured at 30 kV (2000 A, Pd thin filter, 40 s
155 exposure). In addition to the cps counts (Supp. Fig. 2), selected XRF ratios were calculated.

156

157 Dating and age model

158

159 The top 50 cm of a short core was sectioned at 1 cm resolution and used for ^{210}Pb and ^{137}Cs dating (Fig.
160 1A; Supp. Table 1A). ^{137}Cs peaks were determined to date the sediment layers deposited in 1987 and
161 1963 AD. In addition, radiocarbon dating on 19 macrofossils, including 12 seeds, leaf remains and twigs
162 of terrestrial plants, and 7 macrodetrital remains of aquatic macrophytes was performed (Supp. Table
163 1B). After wet sieving, macrofossils were subjected to a room temperature acid-alkali-acid treatment
164 (Norris et al. 2020) to remove carbonates, acid soluble humic material, and humic acids. At two depths,
165 bulk sediments were acidified using fumigation (described in Haas et al. 2019) and weighed in for ^{14}C
166 dating, with the aim of constraining the reservoir age during the Younger Dryas (Supp. Table 1C). ^{14}C
167 measurements were carried out on an Accelerator Mass Spectrometer (AMS) with an Elemental
168 Analyzer unit (EA) using the MIni CARbon DAting System (MICADAS) at the Laboratory for Ion Beam
169 Physics of the Eidgenössische Technische Hochschule (ETH) in Zurich. An age-depth model was created
170 using rplum, which allows unsupported ^{210}Pb , ^{137}Cs and uncalibrated ^{14}C ages to be combined based on
171 Bayesian statistics (Blaauw and Christen 2011). Radon measurements are available as estimates of
172 supported Pb-210, assumed constant by the model. A memory strength of 10 and memory mean of 0.5
173 is used. In this model, ^{14}C ages are converted to calendar ages using the INtCal20 calibration curve
174 (Reimer et al. 2020).

175

176 Bulk nitrogen and carbon content and isotopes

177

178 Sediments were freeze-dried and homogenized using an agate mortar and pestle. Total nitrogen (%; TN)
179 and $\delta^{15}\text{N}_{\text{-TN}}$ values were determined on unacidified sediments using an EA-IRMS system composed of a
180 Vario Pyro Cube coupled to a Isoprime 100 IRMS (Elementar, Germany). Repeated measurement of
181 reference materials Acetanilide #1 (Schimmelmann, USA, $\delta^{15}\text{N} = +1.18 \pm 0.02$) and High Organic
182 Sediment Standard (HEKAtech, Germany, $\delta^{15}\text{N} = +4.32 \pm 0.20$) were used to determine the instrument

183 precision, which was determined to be generally below 0.05 ‰ $\delta^{15}\text{N}$ for the Acetanilide standard, and
184 below 0.07 ‰ $\delta^{15}\text{N}$ for the sediment standard. Offsets between the measured and known $\delta^{15}\text{N}$ values
185 of the Acetanilide standard (average offset = 0.19 ± 0.08) were used to correct the $\delta^{15}\text{N}_{\text{-TN}}$ values of the
186 bulk sediments. The contents of total carbon (TC), total organic (TOC) and total inorganic (TIC) carbon
187 were measured on the SoliTOC[®] Cube (Elementar Analysensysteme, Germany). The reported TOC is the
188 summed amounts of TOC400 and refractory organic carbon (ROC), with TOC400 determined at 400 °C
189 and ROC between 400 °C and 600 °C, and TIC between 600 °C and 900 °C. Low (B2152) and high organic
190 carbon content standards (B2150) from Elemental Microanalysis (United Kingdom) were run with each
191 batch to determine the instrument accuracy, which was determined to be $98.9 \pm 0.6\%$. $\delta^{13}\text{C}_{\text{-TOC}}$ of bulk
192 sediments was measured on an EA-IRMS system, EA Vario Pyro Cube (Elementar Analysensysteme,
193 Germany) and Isoprime IRMS (GV Instruments, UK), after acidification. For acidification, samples with
194 inorganic carbon were subjected to a 1N HCl treatment until no more visible reaction occurred. To
195 calibrate the instrument an Acetanilide #1 (Schimmelmann, USA, $\delta^{13}\text{C} = -29.52 \pm 0.01$) standard was
196 used, as well as a High Organic Content Sediment (SA990894; $\delta^{13}\text{C} = -28.85 \pm 0.10$) and Low Organic Soil
197 (SA33802152; $\delta^{13}\text{C} = -22.88 \pm 0.10$) standards from Hekatech Analytics. In general, instrument precision
198 during the runs was below 0.06 ‰ $\delta^{13}\text{C}$ for Acetanilide and below 0.16 ‰ $\delta^{13}\text{C}$ for the sediment and soil
199 standard, and an accuracy above 0.02 for $\delta^{13}\text{C}$ for Acetanilide and 0.1 ‰ $\delta^{13}\text{C}$ for the sediment and soil
200 standard. No corrections of the $\delta^{13}\text{C}$ values were performed.

201

202 Bulk compound classes and hydrocarbons

203

204 To determine the OM macro-molecular composition, pyrolysis gas chromatography mass spectrometry
205 was used, following the set-up as described in Gajendra et al. 2023. The pyrolizer was connected to an
206 autosampler (PY-2020iD and AS-1020E, FrontierLabs, Japan) and to a GC/MS system (Trace 1310,
207 Thermo Scientific and ISQ 7000, Thermo Scientific) equipped with a DB-5MS capillary column (30 m x
208 0.25 mm i. d., 0.25 mm film thickness; J&W, Agilent Technologies AB, Sweden). Chromatograms were
209 analyzed in R (version 2.15.2, 64 bits) based on a pipeline that identifies common mass fragments as
210 pyrolysis products (Tolu et al. 2015). Pyrolysis products were then classified and annotated according to
211 Tolu et al. (2015) and Ninnes et al. (2017). Areas of individual compounds within each compound class
212 were summed (Supp. Table 2 for identity of individual compounds), and compound classes expressed as
213 relative abundances (peak area of each compound class relative to total characterizable Py-GC/MS peak
214 area).

215

216 Mass accumulation rates

217

218 Dry bulk density values were not measured directly on the sediments but were calculated based on the
219 modeled value for weighed average particle density (Avnimelech et al. 2001) and the interpolated
220 measured porosity values ($n = 68$; based on weights of 20-mL sediment volumes before and after
221 freeze-drying), using the `linterp` command from the `astrochron` package (Meyers 2014) at a 1 cm
222 resolution. For the percentage of organic matter, TOC was multiplied by a factor of 1.7, following a
223 conventional conversion proposed by Brady, 1984 (Brady and Weil 2016). Mass accumulation rates
224 (MAR) were then calculated by multiplying the modeled dry bulk density with percentages of TOC, TIC,
225 and normalized per year, using a smoothed sedimentation rate (`autoplot`, smoothing with a Gaussian
226 kernel set to 25) using the `astrochron` package (Meyers 2014).

227

228 aDNA analysis

229

230 Sedimentary DNA was extracted according to Lysis Protocol I of Lever et al. 2015. Briefly, 0.2 g of
231 sediment was added to 2-mL screw-cap tubes filled to 15 % with 0.1 mm Zr beads. For the vast majority
232 of samples, 100 μ l of 10 mM adenosine triphosphate (ATP; prepared by dissolving adenosine 5'-
233 triphosphate disodium trihydrate in molecular grade water) solution was added to reduce DNA
234 sorption. The only exceptions were deep glacial clay layers, in which recovery was significantly
235 enhanced by increasing the ATP concentration to 300 mM. 0.5 ml of lysis solution I was added (Lever et
236 al. 2015). Samples were then shaken for one hour at 50 °C (600 rpm; ThermoShaker, Eppendorf), and
237 subsequently washed twice with cold 24:1 chloroform-isoamyl alcohol and precipitated with linear
238 polyacrylamide (20 μ g ml⁻¹), 5 M sodium chloride and ethanol. The pellets were dried using a vacuum
239 centrifuge (50 °C; Thermo Fisher Scientific, USA), resuspended in molecular grade water and purified
240 with the CleanAll DNA/RNA Clean-up and Concentration Micro Kit (Norgen Biotek Corp., Canada;
241 Protocol A). All extracts of samples and extraction negative controls (extraction blanks) were stored at -
242 80 °C. Eukaryotic 18S rRNA and *rbcl* genes were quantified by real-time PCR (Lightcycler® 480; Roche)
243 with SYBR®Green as dye. Eukaryotic 18S rRNA genes were amplified using the All18S primer pair (Deng
244 et al. 2020), whereas chloroplast genes encoding the large subunit of ribulose-1,5bisphosphate
245 carboxylase (*rbcl*) were quantified using published assays for vascular plants (Willerslev et al. 2003),
246 Chlorophyta and Ochrophyta (both Han et al. 2022).

247

248 **Results**

249

250 Core description and age model

251

252 The first (core section ROT21-1-1 to ROT21-1-4) and second borehole (core sections ROT21-1-5 to
253 ROT21-1-8) were aligned based on 25 tie points of the XRF traces Zr, Co, Ca, P/Ti and Ca/Ti. The
254 alignment allowed 5-20 cm sediment sections at the top of each 3m section to be identified as infill;
255 these sediment layers were removed from further analysis. Based on the compiled core ROT21-1, the
256 sedimentary record of Rotsee has 3 lithological units (Fig. 1A), that reflect sudden changes in lithology.
257 The deepest section (Unit C) consists of a homogenous clayey deposit of 2.8 m, which is overlaid by a
258 narrow section (70 cm; Unit B) of banded sediments, composed of light-colored clayey sediments,
259 interspersed with dark-colored layers of well-preserved macrophyte material and organic-rich
260 sediments (gyttja). Unit A represents a period of continuous sedimentation, composed of 4.5 m of non-
261 varved calcareous gyttja (Unit A3), gradually changing into 4 m of non-varved non-calcareous gyttja
262 (Unit A2), with the surface 1 m showing a gradual return to calcareous gyttja (Unit A1). The general core
263 description matches the composition of core RL-240 and RL-250 taken in the year 1985, described by
264 Lotter 1988 with some notable differences. For instance, the Laacher See Tephra was described in core
265 LR-250 at 776 cm depth below lake floor (blf) but was not recognized at our site. On the other hand,
266 layers of macrophyte material (present in Unit B) were not encountered in the older cores.

267 The Bayesian age model (Fig. 1A) shows that the top 1024 cm (Unit A-B) cover the last 13 cal ka
268 BP (± 0.35 ka), with 'present' defined as the year 1950. Within Unit B several reversals of non-calibrated
269 ^{14}C ages are documented, on the order of 70 to 400 years. However, these age offsets do not exceed
270 the summed error of the estimated ages, which is composed of the measurement error, and the error
271 inherited from the reservoir age correction (after Soulet, 2015; Supp. Table 1C), and are therefore not
272 interpreted as sediment reversals. Within Unit A, 9 of the 12 dated plant macrofossils overlap with the
273 95 % confidence interval of the age-depth model. The top of the composite profile is determined by the
274 alignment of the short core XRF profile. Based on a Bayesian model of ^{210}Pb activities, where
275 unsupported ^{210}Pb was calculated by subtracting ^{226}Ra activity from total ^{210}Pb , an age of 0 yr is modeled
276 at 8.5 cm depth. While the radio-isotopic profile for ^{210}Pb generally follows the expected exponential
277 ^{210}Pb decay, sediments deposited between 2 and 5 cm depth have a decreased ^{210}Pb activity (Fig. 1A). A
278 decrease of ^{210}Pb activity in recent sediments has been described before (Baud et al. 2023) and has

279 been partially explained by eutrophication and/or acidification of the lake. Since the sediment ages
280 based on the ^{210}Pb model and two identified ^{137}Cs peaks (Supp. Table 1) match, sediments above 8.5 cm
281 depth are interpreted to reflect modern material. Sedimentation rates (Fig. 1B) are on average 0.8 mm
282 yr^{-1} , with notable increases to $\sim 1.5 \text{ mm} \cdot \text{yr}^{-1}$ between 9.5 and 5.9 cal ka BP and since 500 cal a BP, and
283 shorter, i.e., multi-century, increases around 4.1 and 1.5 cal ka BP (Fig. 1B).

284 Based on the timing of previously published climate reversals at Rotsee, Unit C is thus
285 contemporary with the deposition of clays during the last Glacial Interstadial, Unit B was deposited
286 during the Younger Dryas (12976 ± 354 to 11775 ± 340 cal a BP), and Unit A covers the Holocene, with
287 Unit A2 deposited during the Mid- to Late Holocene (834 ± 221 to 7034 ± 199 cal a BP).

288

289 Sedimentary composition with depth

290

291 Total inorganic carbon (TIC) and total organic carbon (TOC) show a large downcore variation in dry
292 weight percent (1.6 to 28 % for TOC, 1.8 to 12 % for TIC; Fig. 2). In Unit C, Total Carbon (TC) is
293 represented almost entirely by inorganic carbon, which reaches up to 4 % (dry sediment weight). Unit B
294 shows strong fluctuations in TOC and TIC, with TIC and TOC reaching 10 and 25 % respectively, In the
295 transition to A3, TIC increases and TOC decreases again, only to be followed by a gradual increase in
296 TOC (from 5% to 25%) and decrease in TIC (from $\sim 12\%$ to $<0.5\%$) throughout A3. Unit A2 sediments
297 contain almost exclusively by TOC, with values of 15 to 25% except for a decrease to 5% in the
298 transition to A1. In A1, TOC remains at the current values of 5 %, and TIC increases to values of 2 to 5%.

299 To further investigate changes in the sedimentary composition with depth, the elemental
300 composition was characterized by XRF scanning. Different sources of variability are reflected by the
301 scores on the principal component axes (Supp. Fig. 1). PC1 (Fig. 2B) is mainly driven by variations in the
302 contents of terrigenous (Ti, K, Al, Si, Fe and Mg) and trace elements (Ga, Rb, Y; Supp. Fig 1) that indicate
303 varying contributions of fine-grained clastic material. Accordingly, inputs of clastic material were high in
304 Unit C, matching the dominance of glacial clays, were generally low throughout Units B A3, and most of
305 A2, and increased again in the top sediments of Unit A2 (140 cm) and A1. Complementary analyses of
306 Ti/Al ratios are generally interpreted as a proxy for grain size, with Ti reflecting larger grain sizes (i.e.
307 Zhao et al. 2011). Sedimentary increases in Ti/Al ratio values are generally interpreted to respond to an
308 increase in grain sizes following land use changes (soil erosion, i.e. Olsen et al. 2010), or an increase in
309 terrigenous riverine input (Lim et al. 2019). At Rotsee, low values are encountered in the glacial clay
310 layer in Unit C (Fig. 1A). Throughout Units B and A, Ti/Al values increase gradually, reaching maximum

311 values towards the top of A2. Notably, there is no correlation between Ti/Al values and the amount of
312 siliciclastic material as captured by PC1 values ($r=-0.01$, $p=0.94$).

313 The second principal component (PC2) is driven by variations in Ca, Sr and Cr, with bio-essential
314 trace elements such as Co, Ni showing opposite loadings on PC2 (Supp. Fig. 1). Downcore PC2 values
315 generally follow the TIC content. PC2 is interpreted to reflect variations in the sedimentary calcium
316 carbonate (calcite) content, with Sr being a common trace element in calcite and Cr often co-absorbed
317 to calcite. Matching the inorganic carbon values, PC2 values are intermediate in glacial clays (Unit C),
318 and mostly increase throughout Unit B, reaching their highest values at the base of A3, before they
319 decrease to low values (A2) and increase again in the most recent sediments (Unit A1). The orthogonal
320 variation to PC1 and lack of correlation with Ti/Al indicate that PC2 is not driven by clastic material.
321 Instead, PC2 can be interpreted as a parameter for calcite produced either by calcifying phytoplankton
322 (biotic), or precipitated abiotically during phytoplankton blooms. PC2 is correlated with Ca/Ti ($r=0.87$,
323 $p<0.001$) and Si/Ti ratios (Fig. 2), indicating that these ratios capture biogenic calcite and silica,
324 respectively, and can be used to reconstruct changes in primary productivity, as shown previously by Liu
325 et al. (2013). Detrital inputs of Ca-bearing minerals are generally of minor importance, and at least in
326 recent periods, the carbonate content of Rotsee was a good proxy for primary productivity (Lotter
327 1989). The bulk of Si delivered to lakes is bio-available, and diatoms precipitate the bulk of dissolved Si
328 in Swiss lakes (Lake Lugano; Hofmann et al. 2002). As diatom valve counts of up to 10×10^6 valves per g
329 dry weight have been recorded in Rotsee (Lotter 1988) we assume that the bulk of the silica as
330 estimated by the Si/Ti ratio is biogenic silica.

331 XRF ratios of redox-sensitive elements Mn and Fe (Fe/Ti, Mn/Fe) show most variability within Unit A2
332 (Fig. 2). Here, the presence of a seasonally anoxic hypolimnion or the presence of metal complexes with
333 humic substances (Makri et al. 2021) can result in increased ratio values. Fe/Ti ratios are generally
334 elevated in Unit A2, with a local maximum between 260 and 300 cm blf and a smaller excursion at 344-
335 354 cm (both in Unit A2). Similarly, local peaks in Mn/Fe ratio values were present between 170-410
336 cm, with decreased values between 200-305 cm, at those depths where an increase in the Fe/Ti values
337 is observed. P/Ti traces the sedimentary phosphorus and is weakly correlated with Fe/Ti ($r=0.17$,
338 $p\leq 0.05$). Fe/Ti ratios were interpreted as a proxy for seasonal bottom water anoxia (Davison 1993).
339 Elevated Mn/Fe ratios have previously been interpreted to indicate periods with relatively more oxic
340 bottom water conditions (i.e. a short anoxic season; Davison 1993) or extended hypoxic conditions (e.g.
341 Jones and Bowser 1978).

342

343 Carbon accumulation rate and provenance through time

344

345 The large changes in TIC and TOC content result in variable individual mass accumulation rates (MARs)
346 of organic and inorganic carbon through time (Supp. Fig. 3; Fig. 3B). The inorganic carbon MAR becomes
347 substantial only in early Holocene sediments with a sustained maximum of $400 \text{ g} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$ between
348 $10.4\text{-}10.9 \pm 0.25 \text{ cal ka BP}$. Afterwards, it decreases throughout Unit A3, with no accumulation of
349 inorganic carbon in Unit A2. Intermediary inorganic carbon MAR values are observed in Unit A1 (Fig.
350 3B). Organic carbon MARs are intermediate in Unit A3 and A1, reaching a sustained maximum of 500
351 $\text{g} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$ late in Unit A3 between 7.0 and $7.3 \pm 0.2 \text{ cal ka BP}$, and within Unit A2 between 4.3 and $4.9 \pm$
352 0.2 cal ka BP and between 1.6 and $2.1 \pm 0.18 \text{ cal ka BP}$. The total carbon accumulation rate is highest in
353 Unit A3 (up to $755 \text{ g} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$ at $10.8\text{-}10.95 \pm 0.25 \text{ cal ka BP}$; Fig. 3B). The composition of organic matter
354 can be described with TOC/TN values (Fig. 3C), that are lowest in glacial clays (≤ 7), and generally
355 increase throughout Unit B (~ 12), with high TOC/TN variability in Unit B and high values (≥ 15) recorded
356 in an individual organic carbon poor layer (Fig. 3). Lacustrine sediments (Unit A) generally have
357 intermediate TOC/TN values (6-15). Bulk $\delta^{13}\text{C}_{\text{TOC}}$ values show low values in Unit B, afterwards gradual
358 increase to -28 ‰ , with generally low variability in Unit A (Fig. 3D). The TOC/TN and bulk $\delta^{13}\text{C}_{\text{TOC}}$ values
359 are contrasted in Supp. Fig. 4B. Bulk $\delta^{15}\text{N}_{\text{TN}}$ (Fig. 3E) has a minimum ($\sim 0 \text{ ‰}$) value in the upper half of
360 Unit A3, showing a gradual increase to values of 2 ‰ in Unit A2 and of 5 ‰ in Unit A1. The increase is
361 most pronounced in sediments shallower than 175 cm blf.

362 The fractional abundances of macromolecular components are reported, in the framework of
363 sediment units A-C and the known climate zones (Fig. 4). The main variation is caused by an increase in
364 the fractional abundance of esters and fatty acids in surface sediments (PC1; Supp. Fig. 5). Fatty acids
365 represent 27-35 % at 5-9 cm blf (modern sediments), and esters representing 13-32 % of organic matter
366 above 22cm blf ($60 \pm 2 \text{ cal a BP}$; Fig. 4). N-compounds show a maximum (19 %) at 60 cm blf ($28 \pm 97 \text{ cal}$
367 a BP). The second direction of variation concerns lignin, phenol and chlorophyll compounds that anti-
368 correlate with N-containing compounds and carbohydrates, showing substantial variation across the
369 whole core (PC2; Supp. Fig. 5). Clay sediments (Unit C) have a distinct macromolecular composition,
370 characterized by either increased fatty acids or PAHs and aldehydes ($13798 \pm 722 \text{ cal a BP}$ and older).
371 Lacustrine sediments overlying this section, show an increase in carbohydrates can be attributed to an
372 increase in furanones, pyrans, chitin-derived sugars, methyl- α -d-ribofuranoside and
373 dianhydrorhamnose (Fig. 4). Only in the lacustrine sediments from Unit A, contributions of lignin (0.7-
374 1.4 %; section A2-A3) and chlorophyll (2-4 %; section A2-A3) and increased contributions of phenols (22-

375 39 %; section A2-A3) are observed. Phenols become especially abundant compounds (30-39 %) in
376 sediments deposited between 3200 and 6600 cal 14C a BP (n=3). Fig. 3G shows the concentration of
377 quantified 18S rDNA and rbcL genes, that each represent a specific range of the composition of
378 sedimentary DNA. These labile compounds show a strong initial decrease with depth, with both 18S
379 rRNA and rbcL genes concentrations increased (100 to 10000-fold for Eukaryotes and Ochrophyta
380 respectively) in the most surficial sediment layers (0-10 cm). A subsurface maximum is present in
381 sediments that were deposited in the last 50 cal a BP years (12 ± 13 for Chlorophyta, 0 ± 10 for
382 Eukaryotes and -11 ± 8 for Tracheophyta, in cal a BP). After the initial decrease in concentration in the
383 last 100 years, counts of eukaryotic DNA remain stable throughout the core. 18S rRNA genes from
384 Eukaryotes are found conserved in sediments of over 14ka old (Unit C to Unit A1), with rbcL genes
385 found in sediments from over 12ka (Unit B to Unit A1). The gene ratio of Tracheophyta, Chlorophyta
386 and Ochrophyta rbcL genes and 18 S rRNA genes is plotted in Fig. 4 to allow comparison with the
387 macromolecular composition. In the early Holocene, the gene ratio of Tracheophyta increases in pace
388 with the compound groups of phenols, lignins and chlorophylls. Chlorophyta rbcL genes show a relative
389 increase in the late Holocene, when N-containing compounds and carbohydrates are increased.
390 Ochrophyta rbcL genes show an increase in the most recent sediments, with a maximum at 15 cm blf ($-$
391 39 ± 1 cal a BP, 1989 AD).

392

393 **Discussion**

394

395 The impact of climate warming on ecological succession and carbon content in the early and middle Holocene

396

397 *Successional and trophic changes in the young Rotsee system*

398

399 Climate warming from the Late Glacial to the middle Holocene causes marked changes in sedimentary
400 carbon (Fig. 3), due to changes in lake system and trophic state. In the glacial clays, which are
401 characterized by high inorganic and low organic carbon content, the TOC/TN ratio values and bulk $\delta^{13}\text{C}$.
402 TOC values (Supp. Fig. 4) reflect an organic matter provenance that is dominated by bacterial biomass,
403 while the absence of aromatic lignin and phenol compounds (Fig. 4), implies the absence of extensive
404 vegetation around Rotsee in this period (e.g. Bader 1957). PAHs are present, tentatively interpreted to
405 derive from grassy vegetation fires. Remarkably, labile compounds are also encountered, specifically
406 esters, fatty acids and aldehydes. This reflects either active microbial activity in the glacial clays, or the

407 good preservation of organic matter that was deposited over 13 cal ka ago. Glacial mass accumulation
408 rates of carbon are not constrained, but are expected to be low, based on potentially high accumulation
409 rates and low TOC and TIC content.

410 During the Younger Dryas, the presence of distinct layers of *Characeae* sp., coeval with a
411 decrease in the supply of glacial clays (Fig. 2B), attest to clear water conditions, allowing the
412 development of macrophytes. Increased amounts of S, Ni, Br, Cu, As and U (Supp. Fig. 2) are indicative
413 of the potential of Chara to bio-accumulate these metals from the water column (Marchand et al.
414 2010). The well-preserved layers of macrophyte organic matter reflect anoxic conditions at deposition.
415 This can be either caused by a sudden onset of anoxia, potentially caused by a burial event, or the
416 deposition of macrophyte material in an anoxic hypolimnion after transport. Within the YD, low oxygen
417 conditions in Rotsee were previously reconstructed based on chitinous invertebrate remains
418 (Ursenbacher et al. 2020). Because of the high porosity values in the layers of macrophyte biomass
419 (larger than unity), the calculated mass accumulation ranges of macrophyte biomass-derived C in the
420 Younger Dryas is low (Fig. 3B). Furthermore, as not all sediment cores collected in Rotsee contain this
421 material (Lotter 1988), its preservation is probably limited to local deposition centers.

422 Following the end of the Younger Dryas, continuous lacustrine sedimentation is observed
423 throughout the Holocene, characterized by an increasing fraction of organic carbon (Fig. 2A) during the
424 early and middle Holocene, reflecting the expected increase in trophic state. Inorganic carbon
425 deposition rates of up to $600 \text{ g} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$ are observed (Fig. 3B), coeval with increasing values of Ca/Ti
426 and Si/Ti, reflecting a shift from macrophyte dominated to phytoplankton dominated lake system. Mass
427 accumulation rates of organic carbon, varying between 56 and $600 \text{ g} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$, are high throughout the
428 early Holocene. The HTM seems to stimulate productivity further, as biomass derived from
429 cyanobacterial blooms (Fig. 3E, $\delta^{15}\text{N}_{\text{-TN}} = 0.5 \text{ ‰}$; Teranes and Bernasconi 2000), indicative of nitrogen
430 limitation, are limited in time to the HTM periods. Phytoplankton aDNA also supports the interpretation
431 that HTM periods are characterized by a change in primary producers compared with background early
432 Holocene conditions, with Ochrophyta (dominantly reflecting diatoms in Rotsee, in parallel with Han et
433 al. 2022) and Chlorophyta aDNA generally absent during warm periods. The HTM periods are however
434 not characterized by increased organic carbon MAR rates (Fig. 3B). The climate warming from the late
435 glacial to early Holocene thus resulted in a phytoplankton dominated system, with an increase in
436 sedimentary carbon storage, initially as inorganic carbon, with a gradual increase of the organic matter
437 fraction. Rotsee thus supports the hypothesis that climate warming that allows lake development
438 results in increased carbon storage. On the longer term (millennia), the type of sedimentary carbon

439 changes significantly, and successional changes need to be taken into account.

440

441 *Sedimentary carbon storage in the Middle Holocene humic lake phase*

442

443 The development of a humic shallow lake system during the middle Holocene (Lotter 1988) results in
444 high TOC MAR values, between 76 and 730 $\text{g}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$, supported by a high influx of organic matter,
445 coupled to a high preservation in the seasonally or permanently anoxic water column. The TIC MAR on
446 the other hand decreases with time throughout the early Holocene, with no accumulation of inorganic
447 carbon in the middle Holocene. The disappearance of sedimentary TIC at 6.94 cal ka BP (± 0.19 ka) can
448 be attributed to the development of reducing and low pH conditions in the sediments. Decreased
449 sediment pH values can be related to a high TOC environment (Dean 1999). Based on our data, we
450 suggest that once the organic carbon concentration in the sediments becomes greater than about 15 %,
451 the CO₂ produced by decomposition of that OC and production of organic acids lowers the pH of anoxic
452 pore waters enough to dissolve any inorganic carbonates that reaches the sediment-water interface.
453 However, high organic matter content is not enough to lower sedimentary pH, with Swiss sediments
454 generally well-buffered against pH changes (Fiskal et al. 2019). However, a shallow lake would also
455 receive a high contribution of vegetation-derived organic matter, such as humic acids, and as a result
456 have a lower pH not only in the sediments, but throughout the water column. This lake water
457 chemistry, the associated brown water color and the increased amount of shading, would have
458 impacted the amount of primary productivity and the phytoplankton composition (Jasser 1997).

459 The development of a shallow and organic matter rich lake phase can be coeval with the
460 presence of a seasonally anoxic hypolimnion, as recognized in the increase in Mn and Fe counts (Fig. 2,
461 Supp. Fig. 2). The values of the Mn/Fe ratio are low (≤ 0.15) compared with deep-lake cores from
462 neighboring Lake Zurich (Naehrer et al. 2013), which can potentially be explained by the shallow location
463 of the core in the mid-Holocene (0.5-1m depth), leading to less geochemical focusing of the fine-grained
464 Mn and Fe containing minerals. A second potential form for the sedimentary Mn and Fe would be in the
465 form of metal complexes with humic substances (Makri et al. 2021), that are stable in anoxic sediments.
466 A detrital source of Mn and Fe from soils, as described by Makri et al. 2021, is less likely, as the
467 increased values in Mn and Fe are not coeval with increased values in Ti counts (Supp. Fig. 2). A second
468 line of evidence for the development of bottom water anoxia during Unit A2, is a marked increase in
469 both Fe and P counts (300-260 cm blf; 40.7 ± 161 to 3.50 ± 127 a BP), indicating that Fe is potentially
470 present as a PO₄-Fe mineral. These minerals can be formed in anoxic non-sulfidic sediments with high

471 phosphate and Fe²⁺ content (e.g. Lazzaretti et al. 1992). We interpret the presence of increased counts
472 of Fe and P in Rotsee sediments as an indication for persistent anoxic conditions in sediments and
473 bottom water, as these were required to form sedimentary PO₄-Fe in Moossee, a small lake 62 km west
474 of Rotsee (Makri et al. 2021). Inorganic sedimentary composition thus points towards the development
475 of bottom water anoxia and associated high preservation of organic matter as a factor for explaining
476 the high TOC MAR values in the middle Holocene. To test the additional impact of the provenance and
477 type of the organic matter, the molecular and isotopic composition is evaluated.

478 Macromolecular information shows that early and middle Holocene sediments are
479 characterized by a general increase through time in chlorophyll, lignin and phenol compounds. As lignin
480 is typical for woody tissues in wood and bark, and phenols and chlorophyll also present in plant tissues,
481 this implies increasing contribution of woody vegetation to the lake sediments. Maximum values are
482 observed at 6.5 cal ka BP (Fig. 4). This timing matches very well with the onset of the shallow humic lake
483 phase at 6.94 cal ka BP (± 0.19 ka). To determine changes in contribution of all vascular plant matter,
484 the concentration of aDNA from Eukaryote and Tracheophyta (vascular plants) is evaluated (Fig. 3F; Fig.
485 4). While both vascular plants and lignin are present throughout the early and middle Holocene, the
486 highest value (n=1) is observed during the proposed shallow humic lake phase. In addition to the
487 development of an anoxic lake system, the organic matter supplied to the lake system was derived from
488 vegetation, rich in lignin and therefore more recalcitrant (Martínez et al. 2005), contributing to the high
489 MAR values in middle Holocene sediments.

490 In Rotsee, successional changes in lake water depth, chemistry (pH and hypolimnion
491 ventilation), and organic matter provenance result in a large change in the type of sedimentary organic
492 matter. While the individual effects of these drivers cannot be distinguished, it is clear that millennial-
493 scale successional changes, specifically lake infilling, promote the storage of sedimentary organic
494 carbon.

495

496 Human land use changes and climate impact Late Holocene Rotsee sediments

497

498 *Impact of successional and land use changes*

499

500 Without environmental changes, the shallow lake phase is generally the last successional stage
501 (Johnson and Miyanishi 2008 and references therein) before a lake gets filled in. A deepening of a
502 shallow lake system can be caused by an increase in precipitation or a decrease in evaporation,

503 increasing the lake water balance. During the late Holocene, after 6 ka B.P, decreasing solar insolation
504 values caused the establishment of the modern atmospheric circulation pattern, with stronger westerly
505 winds. The increase in precipitation and wind impact (Niessen and Kelts 1989) in Switzerland may have
506 impacted both the lake level and mixing intensity of Rotsee. Indeed, a gradual change in organic carbon
507 composition, as reflected by a decrease in the contribution of vascular macromolecules (phenols) and
508 aDNA starts between 4.6 and 6.5 cal ka BP (Fig. 4), indicating that the contribution of shoreline forest to
509 the sediments was decreased. This was not associated with an increase in larger grain sizes (Ti/Al; Fig.
510 2), indicating that the loss of the Rotsee shoreline vegetation did not cause extensive soil erosion. The
511 impact of prehistoric land use changes, which are described from the wider region to occur from 5 cal
512 ka BP on (Lotter 1988), is not recognized in Rotsee sediments.

513 There is however a substantial temporal offset between the establishment of the modern
514 atmospheric circulation pattern and recovery from permanently anoxic conditions at 3.5 ± 0.1 cal ka BP,
515 based on decreasing sedimentary P and Mn content of the sediments, (P/Ti and Mn/Fe, Fig. 2). This
516 change was coeval with an increase in $\delta^{15}\text{N}_{\text{TN}}$ and included distinct phases with increased soil erosion
517 and water column ventilation, as indicated by peaks in Ti/Al values (onset dated at 3.1 ± 0.2 , 2.7 ± 0.2
518 and 1.8 ± 0.2) and low Mn/Fe ratio values. We therefore follow the hypothesis that land use changes
519 strongly impacted the Rotsee watershed (forest felling) impacted the Rotsee sediments in the Late
520 Holocene. The latest, largest event co-occurs with known episodes of large forest cover removal during
521 Roman times, while the earlier two events can be interpreted as smaller deforestation events.
522 Interestingly, high TOC MARs ($650 \text{ g}\cdot\text{m}^{-2}\cdot\text{yr}^{-1}$) are reconstructed for Roman times. This deforestation
523 period likely increased nutrient input from the watershed, as inferred from sedimentary $\delta^{15}\text{N}_{\text{TN}}$. The
524 Ti/Al ratio shows two additional episodes of increased soil erosion during the Middle Ages (maxima at
525 644 ± 220 and 1175 to 1255 ± 210 AD), and then again in recent sediments (1949 ± 9 AD and 1961 ± 2
526 AD). These events are generally not co-eval with periods of high sedimentary C storage (Fig. 3B). The
527 impact of land use changes and the associated recovery from the reducing conditions that started $3.6 \pm$
528 0.1 ka BP had a delayed but significant impact on the inorganic carbon MAR. The recovery from the
529 shallow water phase resulted in the preservation and observed increase in TIC in the top 111 cm of the
530 lake core (908 ± 223 cal a BP). The hypothesis that land use changes determine the sedimentary carbon
531 storage in late Holocene sediments is thus supported.

532

533 *The impact of recent eutrophication on sedimentary carbon in the last 150 year*

534

535 Current MAR in the deepest anoxic sediments of Rotsee (MAR= $172 \text{ gC} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$; Steinsberger et al.
536 2017), are high compared with a diversity of Swiss lakes, reflecting the mesotrophic state of the lake
537 (Steinsberger et al. 2017). At the location of the core, MAR peaks at $300 \text{ gC} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$ between 1950 and
538 1970 AD, corresponding with the maximum eutrophication in the 1970s (Fiskal et al. 2019). These
539 values greatly exceed the current MAR in Rotsee anoxic sediments. In the top 2-10 cm, TOC MAR varies
540 between $30\text{-}50 \text{ gC} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$, which is lower than the reported TOC MAR in the anoxic sediments
541 (Steinsberger et al. 2017). These offsets can be attributed to the core location, which is currently
542 outside of the extent of the seasonally anoxic water column. During the 1970 eutrophication period, the
543 oxycline was expected to be shallower, and extended bottom water anoxia is a factor to explain the
544 change in MAR during the last 150 years. In addition, changes in MAR could be attributed to either the
545 amount of primary productivity, or the recalcitrance of the organic matter. The surface sediments
546 contain a large fraction of organic matter (esters, fatty acids) that are generally not conserved over long
547 timescales, whose decrease in fractional abundance primarily reflects degradation. In contrast, N-
548 containing compounds reach maximum values (17-19 %) 85 to 100 years ago ($12 \text{ to } 28 \pm 13 \text{ to } 96 \text{ cal a BP}$; 1938 to 1922 AD),
549 coeval with an increase in Chlorophyta aDNA at $12 \pm 13 \text{ cal a BP}$ (1938 AD). This is
550 interpreted as an increase in primary productivity coeval with either an initial phase of anthropogenic
551 eutrophication in Rotsee (Lotter 1989), or the trophic increase caused by the establishment of the
552 Reuss canal in 1922. Diatom DNA only increases slightly later, from $1943 \text{ AD} \pm 11$. The impact of
553 anthropogenic eutrophication on lake primary productivity has thus impacted the composition of
554 subsurface macromolecular composition. Although this has resulted in the subsurface MARs maximum,
555 the amount of organic and inorganic matter accumulated was minor compared to the middle Holocene
556 and early Holocene, respectively. Extensive eutrophication in the current cultural landscape thus does
557 not result in the highest MARs of the Holocene at the coring location.

558

559 **Conclusion**

560

561 The sedimentary carbon stored in Rotsee responds to climate-driven successional changes, from an
562 oligotrophic macrophyte-dominated system and low carbon storage, to a phytoplankton dominated
563 system with substantial inorganic carbon stored, to a humic shallow lake system dominated by organic
564 sedimentary carbon. In the Late Holocene, increasing nutrient inputs, following deforestation or human
565 eutrophication, drives organic carbon accumulation rates. Changes in temperature, succession, lake
566 water chemistry and redox conditions have a compound effect on the type and amount of sedimentary

567 carbon. The largest changes observed, from late glacial to Holocene, indicate that current climate
568 change is most likely to impact lakes that are currently in an oligotrophic macrophyte-dominated stage.
569 The natural filling in of lakes results in high concentrations of organic carbon stored, while inorganic
570 carbon is not stored efficiently in these systems. From a long-term carbon storage perspective,
571 unmanaged lake systems thus show a clear temporal difference in the type of carbon stored. However,
572 although the type of carbon changes with time, there is no long-term trend in the amount of carbon
573 stored in Rotsee sediments over the Holocene time period.

574
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576

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583

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720 **Captions**

721
722 Fig.1. Visual overview of the Lake Rotsee core with (A) a photographic image of the sedimentary units,
723 with an asterisk indicating a change in picture exposure impacting image lightness within Unit A3. The
724 proposed age model plotted is based on 19 ^{14}C dated macrofossils and unsupported ^{210}Pb
725 measurements (inset). The depth range of ^{14}C ages that is based on macrophyte macrofossils is
726 indicated in a red rectangle, and depth and age intervals of core sections are tabulated. Also inset are
727 the summary of rplum model parameters. Panel B reports the estimated sedimentation rates ($_{10}\log(\text{mm}$
728 $\cdot \text{yr}^{-1})$), where the black line indicates the sedimentation rate at a cm resolution and the red line depicts
729 the smoothed trends.

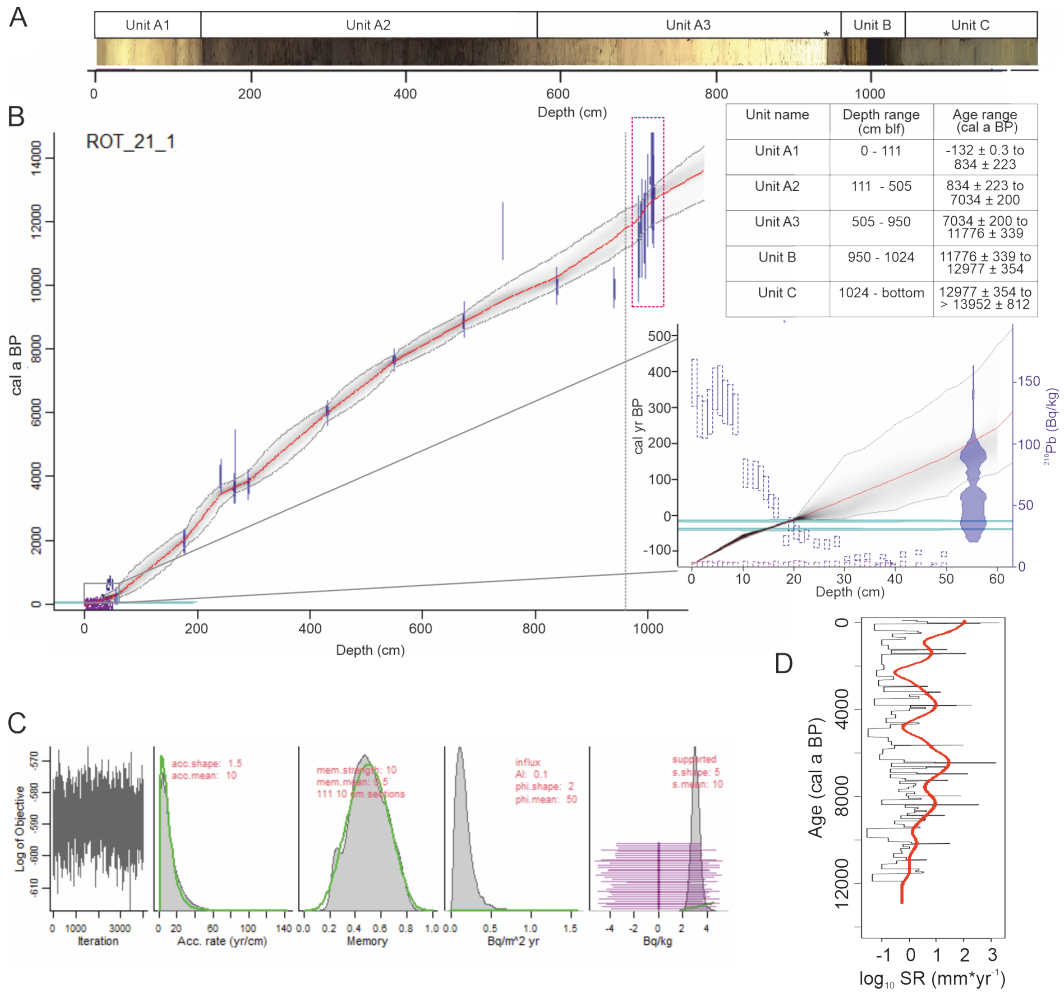
730
731 Fig. 2. Overview of main Rotsee parameters plotted against composite depth (cm below lake floor (blf));
732 sedimentary content (%) of total inorganic carbon (TIC) and total carbon (TIC + total organic carbon
733 (TOC)), the values of the first two principal components of the XRF variability (XRF PC1, XRF PC2) with
734 percentage of variance explained indicated, XRF based ratios Ti/Al, Ca/Ti, Si/Ti, Mn/Fe, Fe/Ti, P/Ti.
735 Parameters are plotted grouped per sedimentary parameter (carbon (C) composition, clastic material,
736 lake productivity, and redox indicators.

737
738 Fig. 3. Change of A) sedimentation rate ($_{10}\log \text{mm}\cdot\text{yr}^{-1}$), B) mass accumulation rates (MAR) of
739 sedimentary total inorganic carbon (TIC) and total carbon (TIC + total organic carbon (TOC)), C) TOC/TN
740 (TOC / total nitrogen), D) bulk $\delta^{13}\text{C}_{\text{-TOC}}$, E) bulk $\delta^{15}\text{N}_{\text{-TN}}$ and rbcl and F) 18S rRNA gene copy (gene count \cdot
741 g sed^{-1}) with time. Younger Dryas is indicated in green, Holocene warm periods are indicated in yellow.
742 The most recent 100 years are replotted on a more detailed scale.

743
744 Fig. 4. In comparison with the sedimentary content (%) of total inorganic carbon (TIC) and total carbon
745 (TIC + total organic carbon) (for higher resolution, see Fig. 2), the distribution of organic compound
746 classes in Rotsee sediments is plotted (Supp. Table 2 for composition of compound classes), with the
747 carbohydrate composition replotted on a separate scale. The relative abundance of aDNA of
748 Tracheophyta, Chlorophyta and Ochrophyta rbcl gene copies compared to the Eukaryotic 18S rRNA
749 gene copies are plotted. Background color of the tabulated ages and depths indicate Holocene climate
750 zones, with Younger Dryas indicated in green and Holocene warm periods are indicated in yellow.

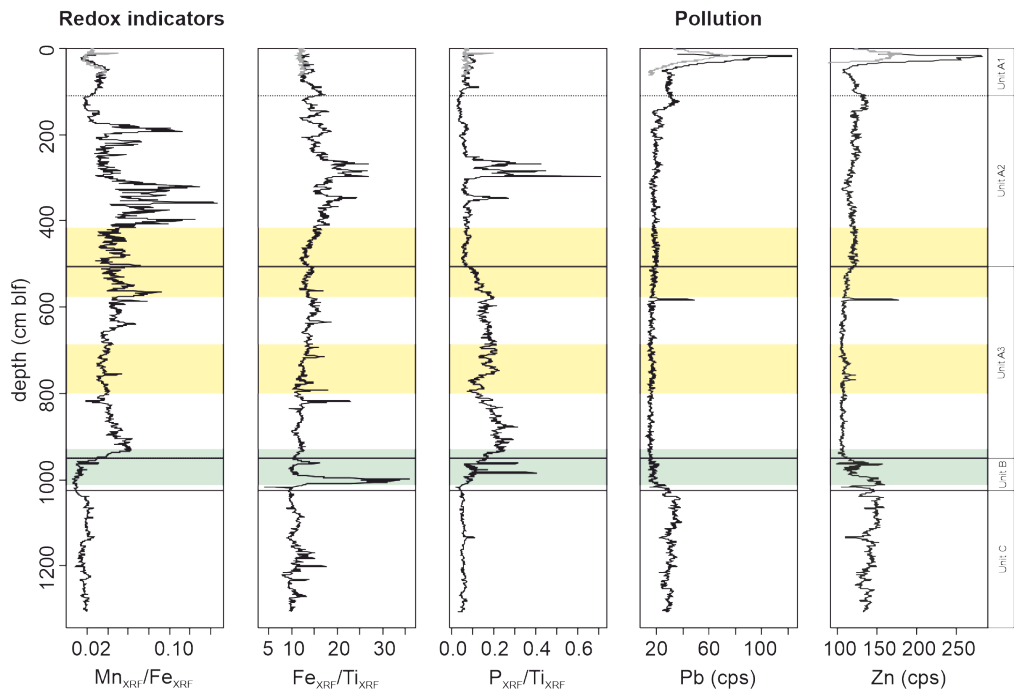
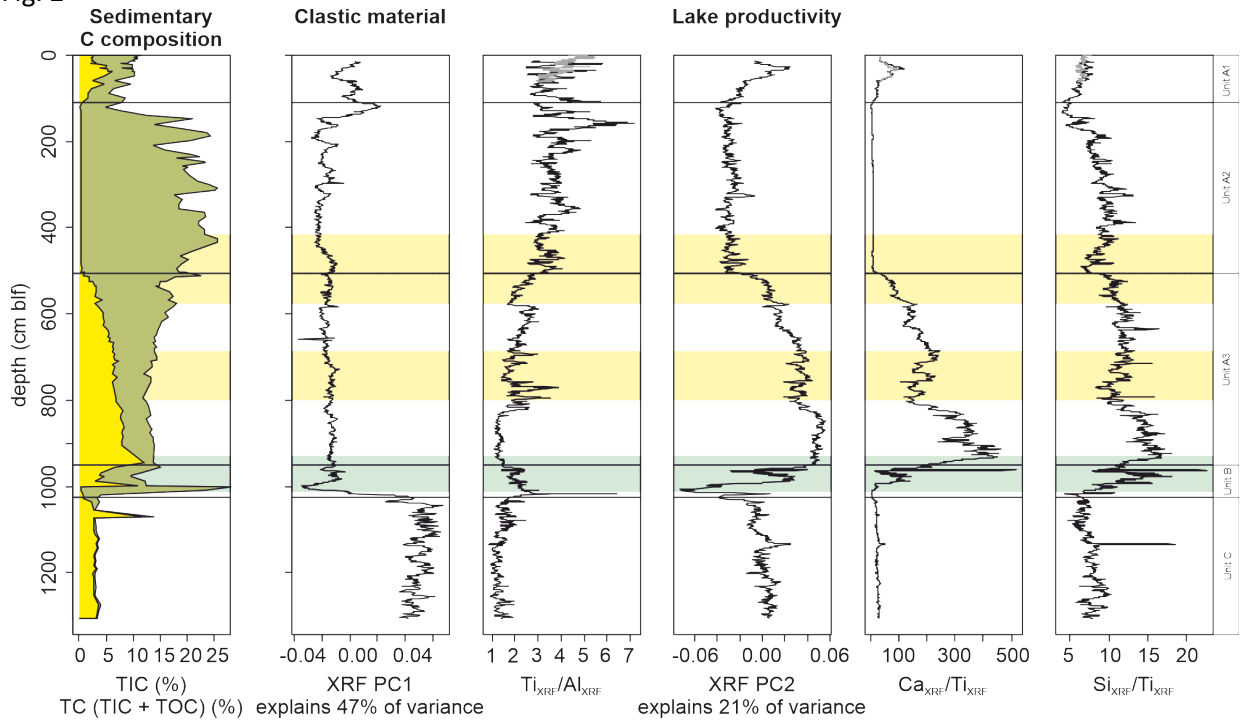
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753 **Figures**
 754
 755 **Fig. 1**



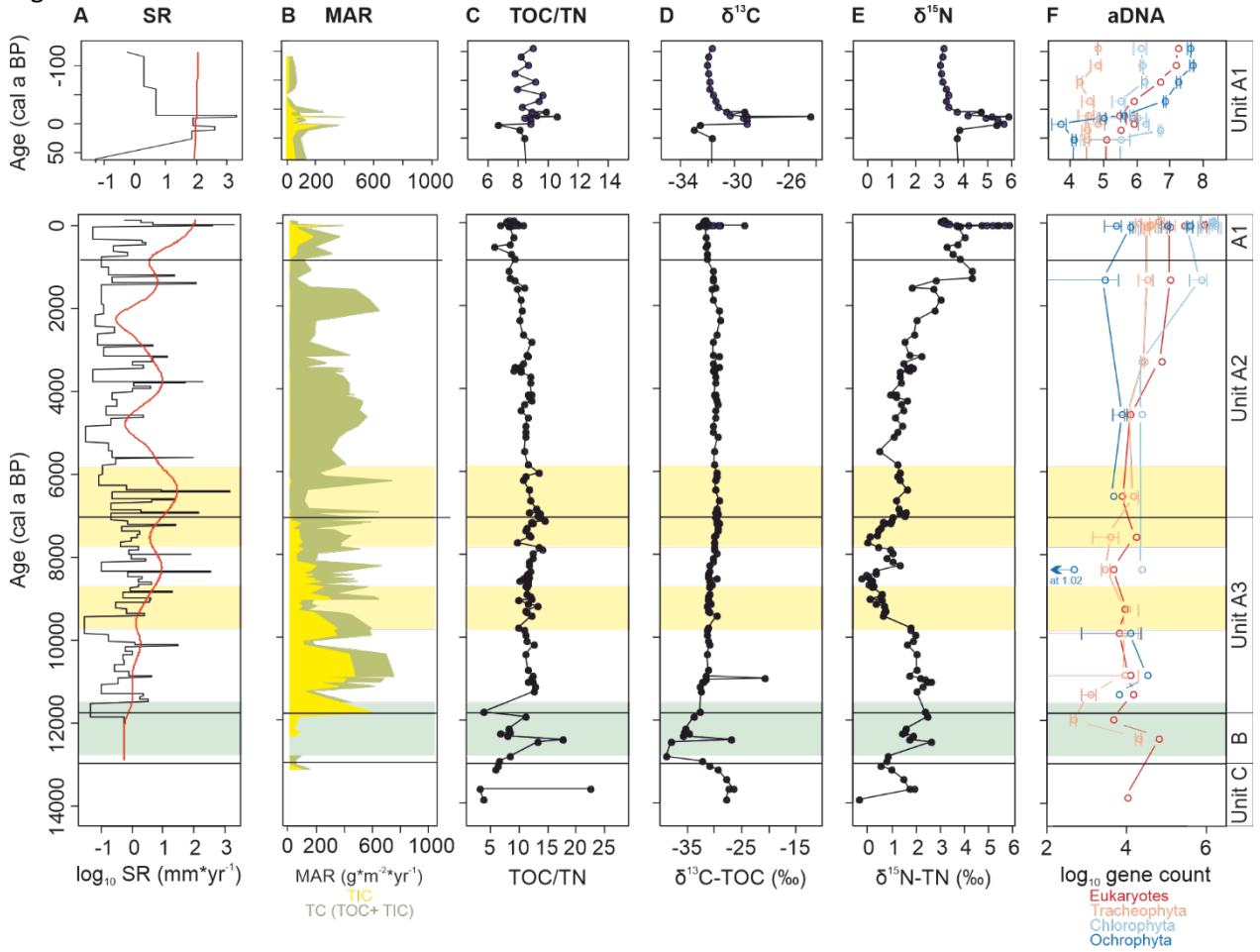
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Fig. 2



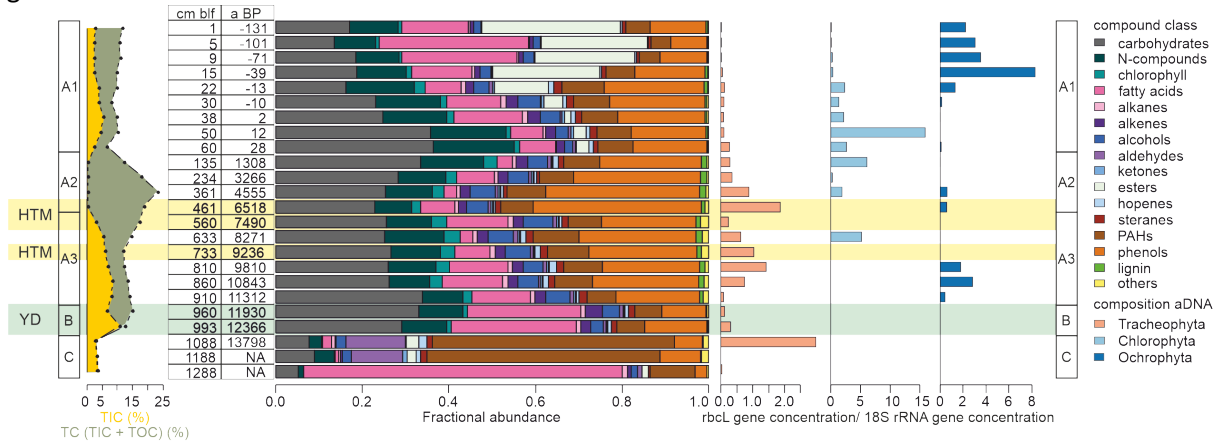
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Fig. 3

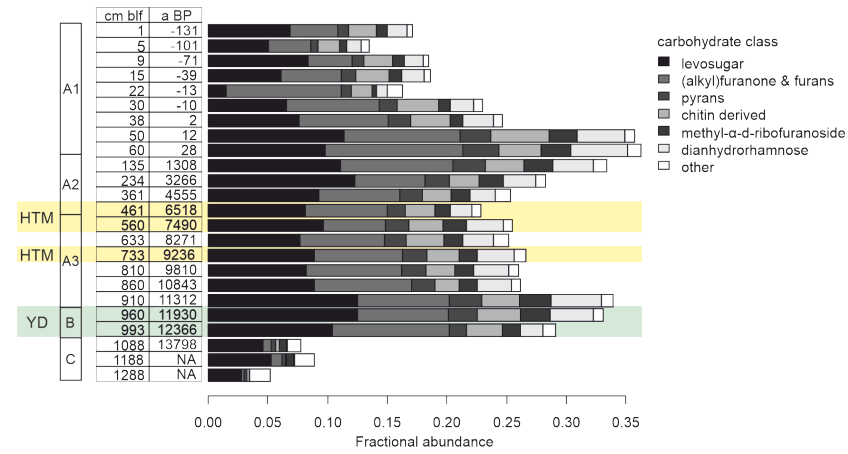


761
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763 Fig. 4



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Supplementary Materials to the manuscript:

Holocene environmental change in Rotsee, and its impact on sedimentary carbon storage

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(A) labID	Type	²¹⁰ Pb(Bq/kg)	2*sd(²¹⁰ Pb)	composite depth (cm btf)	thickness(cm)	²²⁶ Ra(Bq/kg)	2*sd(²²⁶ Ra)
ROT21_9C_01	210Pb	150	19.1	1	1	0.027	3.97
ROT21_9C_02	210Pb	122.6	16.9	2	1	0.0244	4.68
ROT21_9C_03	210Pb	120.1	15.2	3	1	0.0219	4.27
ROT21_9C_04	210Pb	126.4	18.2	4	1	0.0226	4.98
ROT21_9C_05	210Pb	145.1	17	5	1	0.0229	3.59
ROT21_9C_06	210Pb	143.8	20.3	6	1	0.0232	4.94
ROT21_9C_07	210Pb	134.5	17.6	7	1	0.0215	4.2
ROT21_9C_08	210Pb	132.2	16.6	8	1	0.0238	3.87
ROT21_9C_09	210Pb	124.2	16.5	9	1	0.0258	4.07
ROT21_9C_11	210Pb	76.4	11.5	11	1	0.021	5
ROT21_9C_13	210Pb	75.1	11	13	1	0.0208	4.32
ROT21_9C_14	210Pb	72.4	9.8	14	1	0.0251	3.74
ROT21_9C_15	210Pb	64.4	9.4	15	1	0.026	3.91
ROT21_9C_16	210Pb	53.8	5.5	16	1	0.0236	2.57
ROT21_9C_17	210Pb	48.5	8	17	1	0.0284	4.77
ROT21_9C_19	210Pb	21.7	3.9	19	1	0.0217	3.85
ROT21_9C_20	210Pb	34.9	5.4	20	1	0.0249	4.49
ROT21_9C_21	210Pb	28.3	5.5	21	1	0.0221	5.18
ROT21_9C_22	210Pb	24.5	4.3	22	1	0.0227	4.73
ROT21_9C_23	210Pb	26.6	3.7	23	1	0.0238	4.18
ROT21_9C_25	210Pb	19.3	3.7	25	1	0.0218	4.09
ROT21_9C_27	210Pb	18.6	3.8	27	1	0.0226	5.02
ROT21_9C_29	210Pb	20.8	4.2	29	1	0.0218	5.01
ROT21_9C_31	210Pb	6.9	1.7	31	1	0.0237	4.06
ROT21_9C_33	210Pb	8.1	2.1	33	1	0.0194	5.29
ROT21_9C_35	210Pb	8.9	2.4	35	1	0.0199	4.7
ROT21_9C_37	210Pb	2.8	0.5	37	1	0.0232	3.46
ROT21_9C_38	210Pb	8.4	1.7	38	1	0.0244	3.59
ROT21_9C_39	210Pb	4.3	0.9	39	1	0.0249	3.55
ROT21_9C_40	210Pb	2.4	0.5	40	1	0.024	3.44
ROT21_9C_42	210Pb	10.5	2.2	42	1	0.024	4.71
ROT21_9C_45	210Pb	12	2	45	1	0.0238	3.29
ROT21_9C_48	210Pb	2.9	0.7	48	1	0.0229	3.48
ROT21_9C_50	210Pb	10.6	2	50	1	0.023	3.5

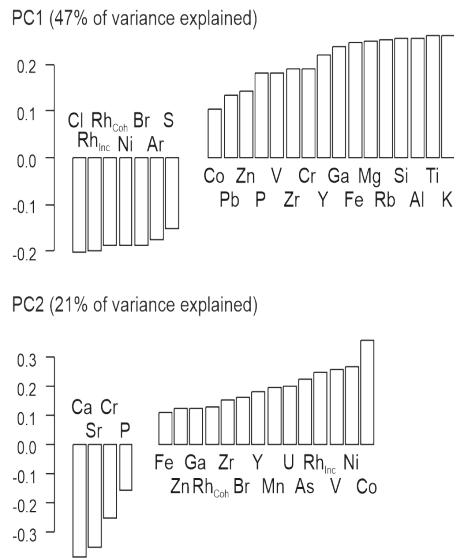
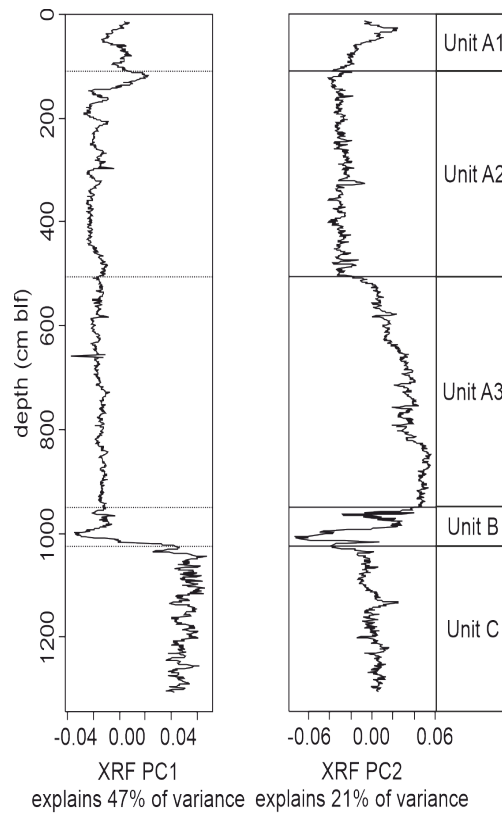
(B) labID	Type	age	error (yr)	composite depth (cm btf)
Cs_1	137Cs peak	35	1	14.5
Cs_2	137Cs peak	58	1	19.5
ROT21_1_A_45	14C, leaf fragment	77	68	55.3
ROT21_1_B_66	14C, leaf fragment	2008	72	176.8
ROT21_1_C_30.5	14C, leaf fragment	3656	81	241.3
ROT21_1_C_55	14C, conifer needle	3353	74	265.8
ROT21_1_C_56.5	14C, leaf fragment	3866	184	267.3
ROT21_1_C_80	14C, beech nut	3436	75	290.8
ROT21_2_B_45	14C, leaf fragment, fragment of beech nut	5233	81	430.8
ROT21_2_C_64	14C, leaf and twig fragments	6806	88	549.8
ROT21_3_B_15	14C, seedpods of grass	8016	92	673.8
ROT21_3_B_84	14C, leaf fragment	10047	98	742.8
ROT21_4_B_3.5	14C, leaf fragments	8860	103	838.8
ROT21_4_C_5	14C, fibrous material	8840	108	940.8
ROT21_4_C_65.5	14C, Chara stem *	9680	268	984.8
ROT21_4_C_70	14C, Chara stem *	10296	252	989.3
ROT21_4_C_76	14C, Chara stem *	10229	257	995.3
ROT21_4_C_81	14C, Chara stem *	11005	264	1000.3
ROT21_4_C_87	14C, Chara stem *	11425	262	1006.3
ROT21_4_C_90.5	14C, Chara stem *	11311	290	1009.8
ROT21_4_C_92	14C, Chara stem *	10926	259	1011.3

(C) labID	Reservoir derived 14C age	Reservoir derived 14C error	Atmosphere derived 14C age	Atmosphere derived 14C error	Reservoir age offset	Reservoir age offset error
Shallow (1-B-66, 1-B-63)	2686	71	2008	72	678	101
Deep (4-C-5, 4-C-14)	10169	98	8840	108	1329	146

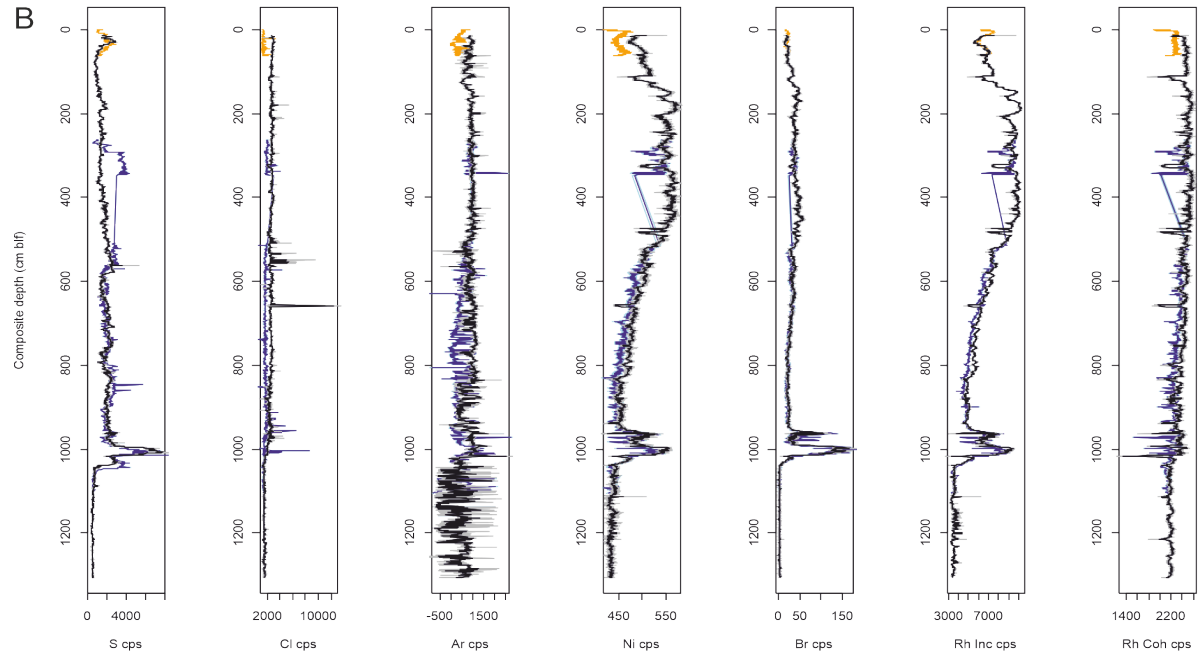
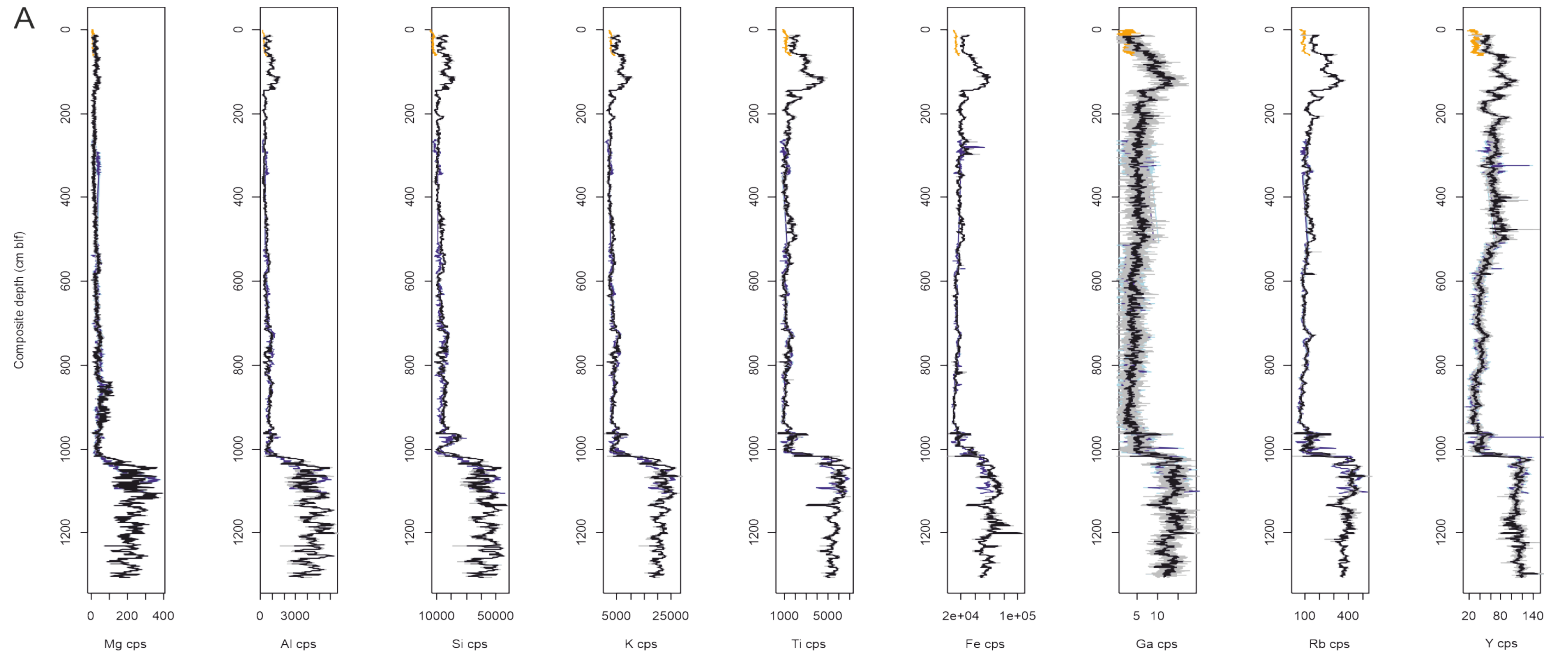
Supp. Table 1. The ages and associated offsets of the ²¹⁰Pb, ¹³⁷Cs and ¹⁴C dates used for the age model (Fig. 1A). The estimated reservoir ages (C) are used to correct for the ¹⁴C ages of the macrophyte macrofossil remains.

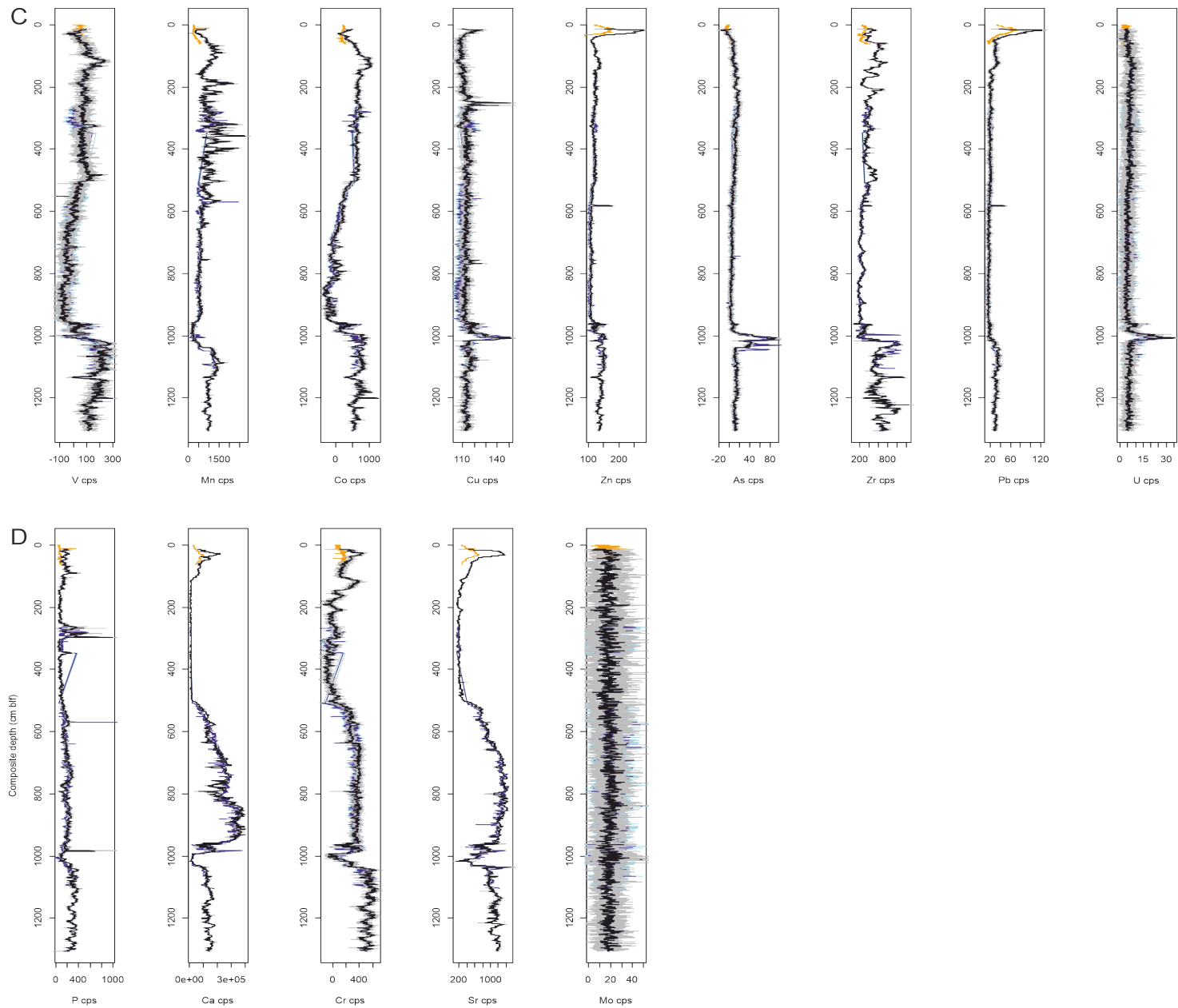
Compound class	Compound	Compound class	Compound
Alcohol	1-Dodecanol, 2-hexyl- (C18:0)		1H-Pyrrole-2,5-dione
	Behenic alcohol		Benzyl nitrile
	Ethanol, 2-(octadecyloxy)-		3-Pyridinol, 6-methyl-
Aldehyde	Tetradecanal		Benzenepropanenitrile
Alkane	Heneicosane (C22:0)		Indole
Alkene	6-Tridecene (C13:1)		Diketodipyrrole
	1-Docosene (C22:1)		cis-Cyclo(L-Ala-L-Pro)
Carbohydrate	Furfural		Cyclo(Pro-Gly)
	Furan, 2,3-dihydro-2,5-dimethyl-		Cyclo(Pro-Pro)
	2-Furancarboxaldehyde, 5-methyl-		Alkylamide2
	2-Furancarboxaldehyde, 5-methyl-		Cyclo(Pro-Lys-NH3)
	2-Cyclohexen-1-one, 4-hydroxy-	PAHs	p-Xylene
	4-hydroxy-5,6-dihydro(2H)-pyran-2-one		Ethanone, 2,2-dihydroxy-1-phenyl-
D-Limonene		1H-Indole, 3-methyl-	
Dianhydrorhamnose		2H-1-Benzopyran-3,4-diol, 2-(3,4dimethoxyphenyl)-3,4-dihydro-6-methyl-, (2 α ,3 α ,4 α)-	
Benzofuran, 2,3-dihydro-		Butan-2-one, 4-(3-hydroxy-2-methoxyphenyl)-	
3-Acetamidofuran	Phenol	Phenol	
Methyl- α -d-ribofuranoside		p-Cresol	
1,6-Anhydro- β -d-talopyranose		Phenol, 2-methoxy-	
Levoglucosan		Phenol, 3-ethyl-	
Methyl N-acetyl-d-glucosamide		Creosol	
Ester	Decanoic acid, decyl ester		Phenol, 4-ethyl-2-methoxy-
	Dodecanoic acid, tetradecyl ester		2-Methoxy-4-vinylphenol
	Decanoic acid, decyl ester		Phenol, 2,6-dimethoxy-
	Dodecanoic acid, tetradecyl ester		Phenol, 2-methoxy-5-(1-propenyl)-, (E)-
	Dodecanoic acid, hexadecyl ester		Phenol, 2-methoxy-4-(1-propenyl)-
	Dodecanoic acid, tetradecyl ester		Phenol, 2,6-dimethoxy-4-(2-propenyl)-
	Tetradecanoic acid, hexadecyl ester		4-((1E)-3-Hydroxy-1-propenyl)-2-methoxyphenol
Fatty Acid	2-Pentenoic acid (C5:1)	Chlorophyll	Prist-1-ene
	n-Hexadecanoic acid (C16:0)	Sterane	Cholesta-3,5-diene
	Octadecanoic acid (C18:0)		Stigmastan-3,5-diene
	2-Heptadecanone (C17:1)	Other	Friedelan-3-one
Hopene	22,29,30 trisnorhop17(21)-ene		γ -Tocopherol
	Urs-20-en-16-one		
Ketone	2-Heptadecanone (C17:1)		
	2-Pentadecanone		
	2-Nonadecanone		
Lignin	Syringaldehyde		
N-compound	1H-Pyrrole, 3-methyl-		
	dl- α -Methylglutamic acid		
	4(3H)-Pyrimidinone, 3-methyl-		

Supp. Table 2. The molecular composition (compound) of the Py-GC/MS compound classes.

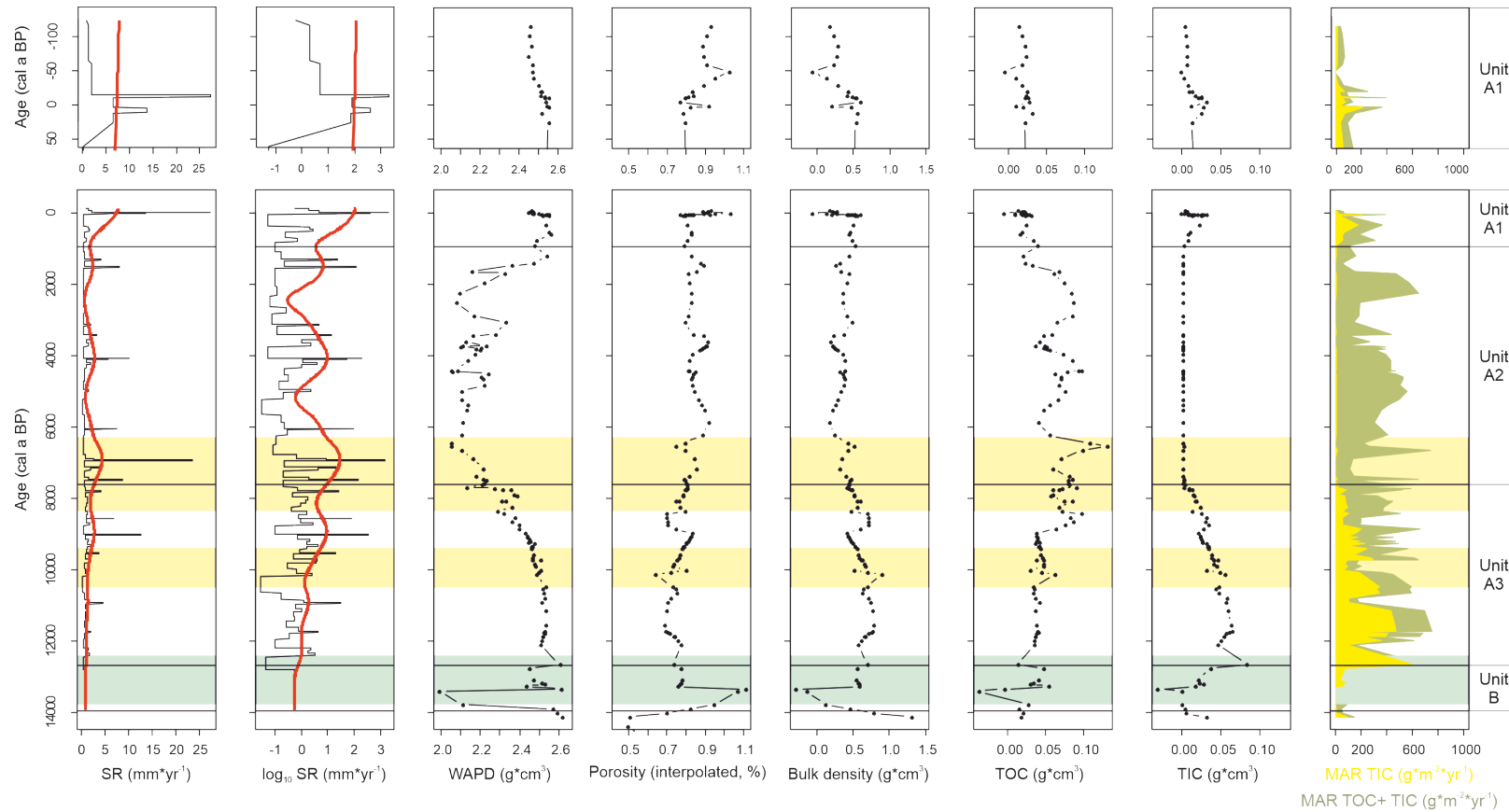


Supp. Fig. 1. Values of PC1 and PC2 with depth, based on a principle component analysis of the standardized fractional abundances of XRF-based elemental composition. The percentage of variance explained is indicated. The lower panels indicate the score of the elements on PC1 and PC2, respectively

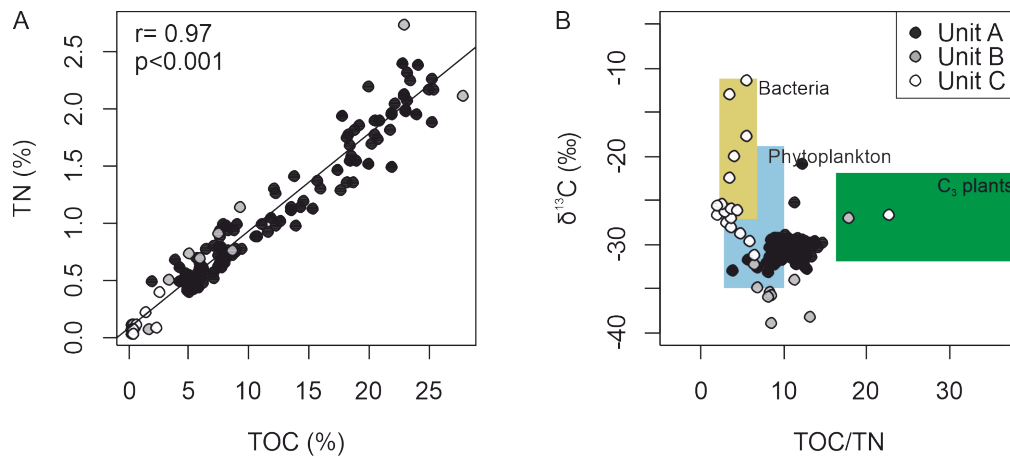




Supp. Fig. 2. The XRF counts of all analysed elements, grouped per score on the first two principle components (Supp. Fig. 1). A: high score on PC1, B: low score on PC1, C: high score on PC2, D: low score on PC2



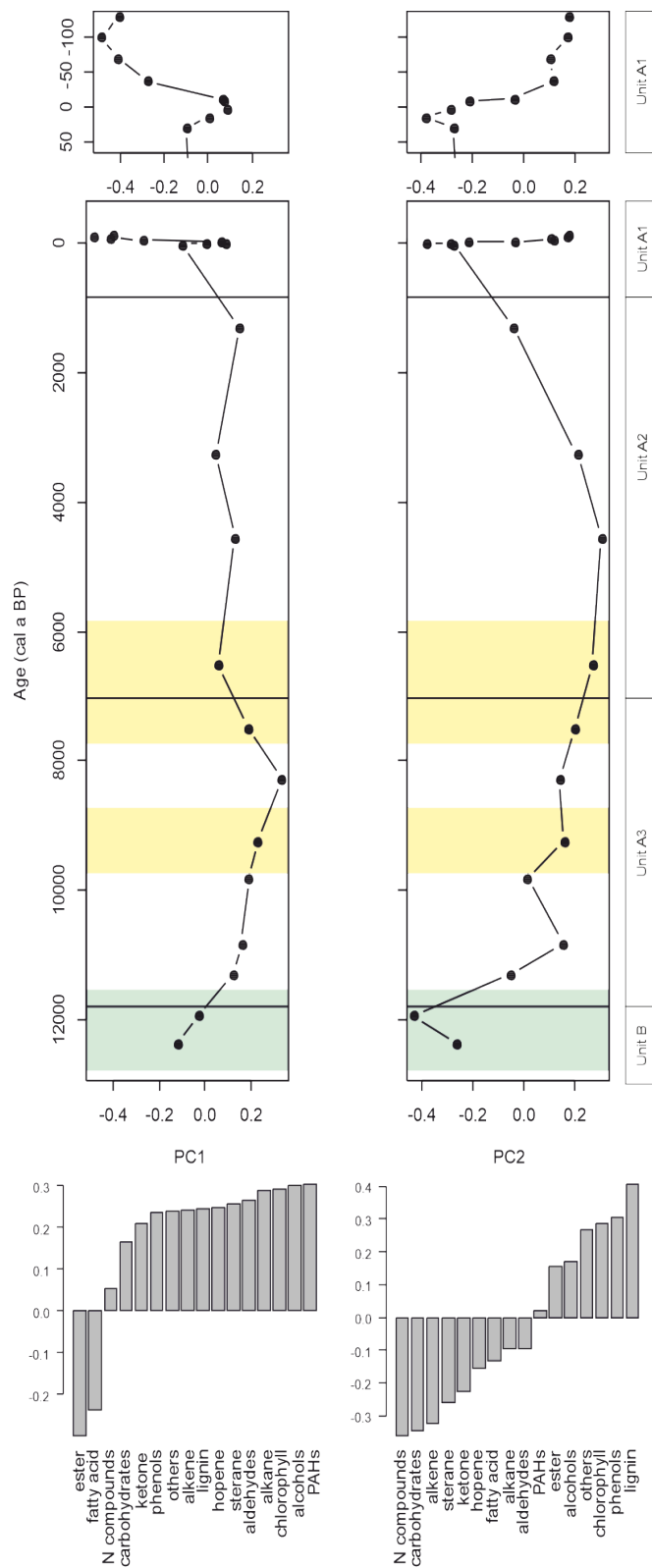
Supp. Fig. 3. The downcore values of the modeled and interpolated parameters, weighted average particle density (WAPD), interpolated porosity, dry bulk density, total organic and total inorganic content of bulk sediment volume, that are at the basis of the calculated MAR rates for total inorganic carbon (TIC) [yellow area] and summed TIC and total organic carbon (TOC) [green area]. The most recent 100 years are replotted on a more detailed scale.



Supp. Fig. 4. Bulk organic matter parameters, A) scatterplot of TOC (%) and TN (%) and B) $\delta^{13}\text{C}$ -TOC and C/N plot after Meyers et al. (1997). Colored areas indicate organic matter provenance brackets after Lamb et al. (2006).

Meyers PA (1997) Organic geochemical proxies of paleoceanographic, paleolimnologic, and paleoclimatic processes. *Organic Geochemistry* 27:213–250. [https://doi.org/10.1016/S0146-6380\(97\)00049-1](https://doi.org/10.1016/S0146-6380(97)00049-1)

Lamb AL, Wilson GP, Leng MJ (2006) A review of coastal palaeoclimate and relative sea-level reconstructions using $\delta^{13}\text{C}$ and C/N ratios in organic material. *Earth-Science Reviews* 75:29–57. <https://doi.org/10.1016/j.earscirev.2005.10.003>



Supp. Fig. 5. The downcore scores of the principal components of variation based on the standardized relative abundances of the compound classes (Fig. 4), with the loading of the individual compound classes on PC1 and PC2 represented by barplots. Background colors indicate climate periods, with Younger Dryas indicated in green and Holocene warm periods indicated in yellow. The most recent 100 years are replotted on a more detailed scale.