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7	Landscapes on the edge: river intermittency in a warming world
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20	ABSTRACT
21	Sediment transport in rivers is not uniform through time. Highly intermittent systems, which only
22	transport bedload during the most significant flow events, are particularly sensitive to changes in
23	climate and precipitation patterns. Quantifying river intermittency is critical for assessing how fluvial
24	landscapes will respond to projected changes in precipitation extremes due to climate change, and due
25	to the vulnerability of landscapes and people to fluvial processes. Here, we generate new constraints on
26	recent to modern fluvial intermittency factors - the frequency at which bedload is mobilized in a river
27	- based on field measurements in the Gulf of Corinth, Greece, and Holocene sediment accumulation
28	rates. Results reveal some of the lowest documented intermittency factors to-date, showing
29	Mediterranean rivers can transport their entire annual sediment budget in a rare storm event. Coupling
30	intermittency calculations with historical flood and precipitation data indicates rivers in this
31	environment are dominated by bedload transport during one storm every c. 4 years, associated with
32	rainfall > 50 mm/d and subsequent floods; this hydroclimate is typical of the Mediterranean.

- 33 Furthermore, climate models predict precipitation extremes will increase across Europe, and the 34 frequency of events that surpass thresholds of sediment transport will increase non-linearly, potentially
- 35 causing sediment budgets to double by 2100. As the global area of arid land likely to host intermittent
- 36 rivers also increases, intermittency-dominated landscapes are on the edge of significant geomorphic
- 37 change, driven by global warming.

38 INTRODUCTION

Rivers are the primary driver of water and sediment transport across the continents (Milliman & Meade, 39 1983), and their dynamics have a powerful impact on landscapes over decadal to millennial timescales 40 (Romans et al., 2016). A key aspect of river discharge regime, and one that is vital to understanding 41 42 landscape response to climate change, is intermittency. River intermittency describes the distribution 43 of water and sediment transport through time, and can be defined with an intermittency factor, I_f (Paola 44 et al., 1992), which represents the ratio of bankfull water or sediment flux over a set timescale to the 45 actual flux over the same period (Hayden et al., 2021; Lyster et al., 2023). With increasing 46 intermittency, rivers concentrate activity in shorter, isolated periods of discharge, separated by longer 47 periods of low or no discharge.

Ephemeral, or highly intermittent rivers, defined by I_f less than ~0.1 (Hedman & Osterkamp, 1982), are widespread but associated with characteristic climate and precipitation patterns (Hansford et al., 2020) including infrequent but extreme precipitation. Climate models (e.g. IPCC, 2022) show that precipitation extremes are increasing in many regions, and will continue to increase driven by anthropogenic climate change. In Europe and the Mediterranean, estimates suggest that by the year 2100, extreme precipitation and associated flooding could increase by 20% (e.g., IPCC, 2022; Supplemental Information).

Ephemeral rivers typically transport large volumes of sediment as a proportion of their annual budget during floods. Therefore, increasing the frequency of floods that surpass thresholds for sediment transport could drastically change sediment budgets in the coming decades, impacting landscape degradation, infrastructure integrity, nutrient fluxes and carbon burial. How sensitive are ephemeral rivers to changing precipitation patterns, and to what extent will increasing weather extremes impact geomorphic and sedimentary systems in the near future?

To answer these questions, better constraints on intermittency are imperative, but these require study sites where sediment budgets are independently constrained. Here we focus on ephemeral rivers in Europe where the Gulf of Corinth, Greece, offers an ideal natural laboratory to address this problem (Fig. 1a; (Watkins et al., 2019, 2020). Today, the Gulf is one of the fastest expanding rifts in the world (McClusky et al., 2000) and the basin is closed and sediment starved, allowing accurate age models and sediment volumes to be reconstructed from seismic stratigraphy and IODP cores (Nixon et al., 2016; Watkins et al., 2019, 2020; Perissoratis et al., 2000). Rivers are ephemeral and characterized by gravel beds (Fig. 1c-e), with well-constrained Holocene and interglacial bedload fluxes (Watkins, 2019; Watkins et al., 2020). They share characteristics with many ephemeral channels documented across Europe (Supplemental Information). We use multiple approaches to estimate sediment flux intermittency and we link the results to known precipitation distributions, revealing the sensitivity of such landscapes to storm-driven precipitation in the present and future.



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Fig 1. a) Map of the Gulf of Corinth showing mean annual precipitation, MAP (WorldClim; Hijmans et al., 2005), field localities, weather stations used in analysis, and river catchments (black outlines); b) The Mediterranean, with the dry and arid Köppen-Geiger climate zones (Rohli et al., 2015; Supplemental Material) highlighted; c) field data collection methodology for bankfull channel width (W_{bf}) and depth (H) at Rio Kerinitis; d) same as (c) but for slope (S) at Rio Krios; e) example of bedload sediment.

79 METHODS

80 Data collection

81 Field data were collected in the Gulf of Corinth from 16 rivers (Fig. 1a, b). Sites were located upstream

82 of the backwater zone where fluvial processes dominate. To reconstruct potential bankfull bedload flux,

83 measurements of bankfull depth, H_{bf} (Supplemental Information), width, W_{bf} , and slope, S, were

collected using a Haglof Geo Laser range finder to a precision of \pm 5 cm (Fig. 1c, d). Slope was also

85 determined from 30 m (NASA JPL, 2020) and 5 m (Hellenic National Cadastre & Mapping Agency

S.A, 2016) digital elevation models (DEMs). Median bedload grain-size, D₅₀, was determined using the
Wolman point count method (Fig. 1e; Wolman, 1954).

88 Calculating intermittency

Bankfull bedload sediment fluxes (Q_{s,bf} in m³/s) were calculated using the Meyer-Peter Muller formula
(Meyer-Peter & Müller, 1948; Wong & Parker, 2006):

91
$$Q_{s,bf} = W_{bf} (g D_{50}{}^3 \Delta \rho)^{0.5} C (\tau_b^* - \tau_c^*)^{\alpha}$$

92 Eq. 1

93 where $g = 9.81 \text{ ms}^{-2}$; $\Delta \rho$ is the non-dimensional submerged specific gravity of sediment (1.6); 94 dimensionless basal shear stress $\tau_b^* = H_{bf}S / \Delta \rho D_{50}$; critical shear stress $\tau_c^* = 0.047$; and *C* and α are 95 constants, taken as 4.93 and 1.6, respectively, after Wong & Parker (2006). The sediment transport 96 intermittency factor, I_f (Hayden et al., 2021; Lyster et al., 2023) is given by:

97
$$I_f = \frac{\Sigma Q_s(t)}{Q_{s,bf} \Sigma t}$$

98 Eq. 2

where $\Sigma Q_s(t)$ is the sum of the time-dependent sediment discharge, and t is the timespan. Two methods 99 are used to reconstruct Holocene sediment fluxes per year, $\Sigma Q_s(t)$: a delta-volume (DV) approach; and 100 101 a catchment-basin volume (CBV) approach. The DV approach exploits the prominent Gilbert-type 102 deltas which prograde into the Gulf. Uplifted delta successions, published grain-size analysis, and hydrodynamic reconstructions (Watkins et al., 2020) confirm that modern deltas represent the bedload 103 fraction supplied to the basin, with the suspended fraction transported to the distal basin floor. ΣQ_s is 104 estimated using a simplified model of delta volume (Supplemental Information) and a Holocene age (t) 105 106 for active modern deltas (Watkins et al., 2020).

The CBV approach uses published sediment fluxes matched to a Holocene basin isopach previously 107 verified for the studied catchments by Watkins et al. (2019, 2020). Their dataset primarily documents 108 suspended sediment flux, so, to obtain bedload flux, the ratio of bedload to total sediment flux (R_{bl}) 109 must be estimated. Watkins et al. (2019; 2020) assumed $R_{bt} = 0.35$ (Pratt-Sitaula et al., 2007) and an 110 alternative analysis of the volumetric ratio of coarse (rift-margin) and fine (basin-floor), yielding R_{bt} = 111 0.26 (Supplemental Information). To display this uncertainty simply, we therefore present CBV 112 intermittency results for $R_{bt} = 0.35$ and 0.25. All uncertainty has been propagated through calculations 113 114 using Monte Carlo simulations (Fig. 2c; Supplemental Information).

Daily precipitation data (National Observatory of Athens; Lagouvardos et al., 2017) from an 11-year
 period (Fig. 1a) were used to establish precipitation frequency-magnitude distributions that are

- representative of the studied catchments. We compare these distributions with estimates of I_f and a dataset compiled from literature documenting storms and floods between 2000 and 2021 within 50 km
- 119 of the study area (Supplemental Information).

120 RESULTS AND DISCUSSION

121 Intermittency factors

DV and CBV approaches produce consistent results (Fig 2a, b) and show that rivers draining into the 122 Gulf of Corinth are highly intermittent – the median bedload transport I_f across our three estimates is 123 4.67×10^{-4} (Fig. 2a) with lower and upper quartiles of 2.10×10^{-4} and 1.56×10^{-3} , respectively. This result 124 implies that, on average, rivers transport bedload sediment less than 0.05% of the time, and at bankfull 125 conditions they would need 4 hours of bedload transport to complete their annual sediment load (0.05% 126 of a year). Our estimated I_f values are among the lowest documented to date, showing sediment transport 127 128 in ephemeral Mediterranean catchments is 100-400× more intermittent than that of previous USA-129 focused compilations of modern rivers (Fig. 2b; Hayden et al., 2021) and of recent palaeohydrological 130 reconstructions (Lyster et al., 2023; McLeod et al., 2023; Sharma et al., 2023). There is no spatial trend 131 in I_f around the Gulf of Corinth (Fig. 2c,d) and no correlation is found with channel or catchment 132 parameters (Supplemental Material), implying that the key driver of intermittency is likely to be climate, rather than other thresholds to sediment transport. 133



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Fig 2. Intermittency results: a) Cumulative distribution function (CDF) of I_f for each catchment (primary x-axis) and equivalent hours of bedload transport per year (secondary x-axis), for the three approaches; b) scatter plot showing ranges in I_f and bedload grain-size in the Gulf of Corinth compared to the compilation of Hayden et al. (2021); c) boxplot showing I_f calculated using the CBV [0.35] approach, where localities are ordered anticlockwise around the Gulf; d) map of studied catchments, coloured according to I_f .

140 Precipitation and floods

141 Fluvial landscapes with low I_f are likely to be particularly sensitive to changes in the magnitude and distribution of extreme events (Sharma et al., 2023; Tucker & Slingerland, 1997). To investigate the 142 characteristics of precipitation events that drive major transport events in the Gulf of Corinth, we use 143 an 11-year time-series of daily precipitation data from four weather stations (e.g. Fig. 3a; Lagouvardos 144 145 et al., 2017), establishing frequency-magnitude distributions representative of the catchments studied (Fig. 3b, c). The median I_f of 4.67×10^{-4} for bedload transport, if averaged over one year, suggests the 146 probability threshold for a precipitation event associated with bedload transport is 99.95% (=1-4.67×10⁻ 147 ⁴, Fig. 3). The 99.95% value across the four weather stations is 91 mm/d. For comparison, the median 148 149 across the four stations is 0.4 mm/d, and a commonly accepted value for rare and extreme precipitation globally is 50 mm/d (Fig 3, blue dashed lines; e.g., Karl et al., 1995). Recent floods in the region are 150 caused by rainfall with mean duration of 14 hours, and mean rate of 99 mm/d (Supplemental Material), 151

- and floods can be considered to have a similar duration to their formative precipitation in this region
- 153 (e.g., Giannaros et al., 2020; Papagiannaki et al., 2017). If bedload were in motion for a 14-hour flood
- period, the I_f of 4.67×10^{-4} (corresponding to 4 hrs/a) indicates sediment is more likely moved during

one flood every 3.5 years. The average recurrence of floods caused by precipitation magnitudes > 50

- 156 mm/d and > 99.95% are 4 and 4.6 years, respectively (Fig. 3b). This is consistent with recurrence
- 157 periods reconstructed from I_f , and flood frequency recorded by the four analysed precipitation time
- 158 series (stars on Fig. 3a, Supplemental Material). Further, all threshold-surpassing events from these
- stations were associated with large documented floods.
- 160 Combining geomorphic investigation of modern rivers with flood and precipitation records confirms
- 161 that Mediterranean rivers can be extremely intermittent, and the average I_f of 4.67×10^{-4} suggests a
- 162 regime where geomorphic change due to bedload transport is dominated by one storm every c. 4 years.

163 **Future projections**

These fluvial landscapes are dominated by extreme rainfall events. Where yearly sediment fluxes can be equalled in a few hours, one additional threshold-surpassing storm or flood can change sediment budgets significantly, with potential impacts for landscape degradation and infrastructure integrity (IPCC, 2022; Jongman et al., 2014; Yin et al., 2023). Our analysis directly implies that ephemeral rivers are likely to be disproportionately sensitive to future changes in the distribution of extreme rainfall events.

But how will this change in the future? A compilation of climate models (e.g., IPCC, 2022;
Supplemental Material) for Mediterranean regions with similar climate characteristics strongly suggest
the region could see a c. 20% increase in extreme precipitation by 2100. This means that the magnitude

- and/or frequency of the largest precipitation events are likely to increase markedly in the near future,
- 174 driven by climate change.
- 175 Consequently, the frequency of events surpassing local thresholds for bedload transport will also 176 increase. As an illustration, Figure 3c shows a transformation applied to historical precipitation data for 177 the region, to reflect the projected 20% increase in precipitation extremes. By scaling the distribution 178 of extreme precipitation by a factor of 1.2, the number of events expected to surpass current thresholds 179 for extreme rainfall generating significant bedload transport increases by over 100%. This implies that by 2100, ephemeral rivers like those studied could see sediment fluxes more than double compared to 180 181 today's benchmark. While this model increases MAP by 2%, MAP in this region may in detail decrease 182 while the extremes increase in magnitude and frequency (e.g., IPCC, 2022; Tramblay & Somot, 2018) but this illustrative model highlights the significant impact of *extreme* climate-driven precipitation on 183 dryland rivers. We also note the increase of extreme sediment transport with precipitation is not 1:1. 184 185 This adds to a growing body of work estimating landscape response to climate (e.g., Molnar et al., 2006)

and establishes that arid regions can experience more sediment transport with increasing weatherextremes.



Fig 3. Precipitation analysis: a) daily precipitation time series (median 0.4 mm/d) measured at the Corinth weather 189 190 station from 2008-2018 (Lagouvardos et al., 2017), where stars represent observed floods near the study area, the blue dashed line shows the threshold for extreme precipitation (50 mm/d), and the red dashed line represents the 191 192 99.95% rainfall value across the observed period (91 mm/d across all weather stations, 62 mm/d at the Corinth weather station); b) CDF of precipitation from four weather stations (Fig. 1a), including return interval for 193 194 threshold-surpassing events; c) precipitation frequency histogram, with measured precipitation data (dark grey) 195 and potential precipitation in 2100 (light grey), including the number of threshold surpassing events in each 196 scenario.

197 Changing landscapes

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198 This disproportionate geomorphic climate response is emphasised by evolving global climate zones.

- 199 Dry and arid climates are most likely to host ephemeral rivers (Sauquet et al., 2021), and Rohli et al.
- 200 (2015) project a 1.6×10^6 km² increase in the global area of dry and arid land from 2000 2100, the size

- of France, Spain, Italy and the UK combined. Therefore, by 2100 sediment fluxes may increase across a growing area of sensitive landscapes worldwide. While catchments may adjust to the changing intensity and distribution of rainfall over longer periods (Watkins et al., 2019), on decadal to centennial timescales changing sediment budgets will increase erosion and aggradation rates in similar transportlimited systems, with implications for agriculture, infrastructure and populations from source to sink
- 206 (e.g., IPCC, 2022; Jongman et al., 2014; Yin et al., 2023).
- Flood risk and associated societal damage will increase with every increment of global warming (IPCC, 207 208 2022). Our work demonstrates that many river systems in Southern Europe, typified by the Gulf of Corinth, already have extremely intermittent sediment transport, with a median bedload I_f of 4.67 x10⁻ 209 210 4 (0.05% of a year; Fig. 2). Combined with flood and precipitation records, we calculate that such rivers are characterised by significant bedload transport on average during one extreme storm event every 4 211 212 years. We show these sensitive landscapes are now on the edge of very significant geomorphic change driven by anthropogenic global warming, which could more-than-double river sediment budgets by 213 214 2100.

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