1					
2	This is a non-peer-reviewed pre-print submitted to EarthArXiv.				
3	The manuscript has been submitted to Basin Research.				
4					
5	11/03/2025				
6					
7	Hothouse hydrology: Evolving river dynamics in the Eocene Montllobat and Castissent				
8	Formations, Southern Pyrenees				
9	Jonah S. McLeod* ^{1,2} , Alexander C. Whittaker ¹ , Gary J. Hampson ¹ , Rebecca E. Bell ¹ , Marine				
10	Prieur ³ , Oliver G. Fuller-Field ¹ , Luis Valero ⁴ , Xiang Yan ¹ , Jeffery M. Valenza ⁵				
11	1 Department of Earth Science and Engineering, Imperial College London, London SW7				
12	2AZ, UK				
13	2 Grantham Institute, Science and Solutions for a Changing Planet DTP, Exhibition Road,				
14	South Kensington, London SW7 2AZ, UK				
15	3 Department of Earth Sciences, University of Geneva, 1205 Geneva, Switzerland				
16	4 Departament de Dinàmica de la Terra i de l'Oceà, Faculty of Earth Science, University of				
17	Barcelona, Martí i Franquès s/n, 08028 Barcelona, Spain				
18	5 Department of Geography, University of California, Santa Barbara, 1832 Ellison Hall,				
19	Santa Barbara, CA, 93106, USA				
20	ABSTRACT				

Environmental forcings have shaped landscapes and basins across geologic history, and Earth's surface is projected to undergo rapid change in the near future amidst increasing climate extremes. Rivers are highly sensitive to climate and tectonic change, and understanding how fluvial systems respond to greenhouse climates in dynamic tectono-geomorphic settings is vital to projecting imminent landscape change in the face of global warming. We look to the southern Pyrenean Tremp-Graus basin during the Early Eocene Climatic Optimum (EECO), analogous to future anthropogenic climate scenarios. We focus specifically on the fluvial deposits of the Montllobat and Castissent formations, formed during the early Pyrenean orogeny. This

29 succession records a unique shift in geomorphology and a 20 km progradation of the shoreline and its feeder rivers in < 0.8 Myrs. Using field-based quantitative palaeohydrology, we 30 31 reconstruct the evolving morphometry and hydrodynamics of ancient river systems in a foreland basin. The transition from the Montllobat Fm. into the Castissent Fm. at c. 50.5 Ma is 32 33 associated with a sharp change in palaeohydraulics: a statistically significant reduction in crossset height, a 1.4-fold increase in channel slope, a 40% increase in water discharge, and a 15% 34 35 increase in total sediment flux. This intensification in hydrological regime implies a clear climate driver, and is compounded with a shift in fluvial planform morphology: we interpret a 36 switch from anastomosing to a dominantly braided planform at the onset of the Castissent 37 interval. We suggest the transient hydrological signature of the Castissent Fm. was driven by 38 Ypresian hyperthermal events superimposed on a levelling-off in the global cooling trend at 39 the end of the EECO, and an increase in tectonic uplift rates c. 50 Ma. This analysis holistically 40 reconstructs the dynamics of ancient rivers in the Eocene hothouse, and in conjunction with 41 isotope and exhumation records, reveals the potential to extract complex tectono-climatic 42 signals from fluvial stratigraphy. 43

44 Keywords

45 Sedimentology, stratigraphy, palaeohydrology, landscape dynamics

46 INTRODUCTION

Across Earth's history, landscapes and basins have responded to climate and tectonic forcing 47 (Armitage et al., 2011; Whittaker, 2012; Romans et al., 2016a). In today's warming world, 48 49 multiple landscape systems are thought to be on the edge of marked geomorphic change (Flannigan et al., 2006; Gariano & Guzzetti, 2016; IPCC, 2022; McLeod et al., 2024) owing 50 to increasing weather extremes worldwide (IPCC, 2022). In particular, rivers are one of the 51 most significant drivers of landscape evolution (Romans *et al.*, 2016a), transporting 10¹⁰ tonnes 52 of material across the Earth's surface each year (Milliman & Meade, 1983), and are 53 documented to be highly sensitive to climate and weather patterns. While we cannot directly 54 study landscape response to future environmental or tectonic change, we can collect 55 observational data of geomorphic and sedimentary responses to past climate and tectonic 56 change. Consequently, fluvial stratigraphy can be used as an archive of river response to past 57 boundary condition change, meaning we can turn to the past to inform projections of future 58 landscape change (e.g., Armitage et al., 2011; Fielding et al., 2018; Lyster et al., 2020; Lyster, 59

Whittaker, Hajek, et al., 2022; McLeod et al., 2023, 2024; Sharma et al., 2023; Whittaker,
2012).

Understanding the climate of the past has increasingly become possible in recent years using 62 geochemical proxies of weathering, temperature and precipitation, mostly in marine settings 63 but increasingly in the continental sedimentary record (Honegger et al., 2020; Jaimes-Gutierrez 64 et al., 2024). Mountain belts are areas where rivers and continental processes may be 65 particularly sensitive to climate change (IPCC, 2022), so the stratigraphic record of surface 66 processes in mountainous regions could be especially valuable in deciphering the landscape 67 dynamics of the past. Floodplain sediment and palaeosols already present a useful repository 68 of these preserved environmental signals on the continents. However, river channels are more 69 dynamic settings, and whilst they do record landscape change, disentangling climatic from 70 71 tectonic information is challenging, and this is the focus of ongoing research (Armitage *et al.*, 2011; McLeod et al., 2023, 2024; Sharma et al., 2023; Prieur et al., 2024; Rezwan et al., 2025). 72

Facies-based sedimentological analysis of fluvial stratigraphy can yield important insights on 73 74 the behaviour of ancient rivers in response to external drivers (e.g., Fielding et al., 2018; 75 McLeod et al., 2023; Plink-Bjorklund, 2015). However, robust quantitative constraints on 76 palaeohydrology are essential for extracting detailed insights on the sensitivity of landscapes 77 to climate and tectonic change, and in doing so, using the past to inform understanding of 78 landscape change in the present and future. There is now a wealth of techniques available for reconstructing the hydrology of rivers in the geologic past (e.g., Bradley & Venditti, 2017; 79 Leclair & Bridge, 2001; Long, 2021; Lyster et al., 2023; Manning et al., 1890; Parker, 1976; 80 81 Trampush et al., 2014; Wood et al., 2022), many of which are based on measurements of 82 primary geologic observables in stratigraphy such as grain-size; bedform size and preservation (e.g. dune cross-set heights); and stratigraphic architecture (e.g. to reconstruct channel 83 84 morphology and migration). Scaling relations developed by Bradley & Venditti (2017) and Leclair & Bridge (2001) based on field and laboratory data, as well as theoretical 85 86 considerations, permit reconstruction of river flow depths from dune-cross-sets. Experimental insights on bedform evolution (e.g., Das et al., 2022) present opportunities to interpret flow 87 stage from preserved river deposits. Lyster, Whittaker & Hajek (2022) built on Parker's (1976) 88 use of planform stability fields to constrain river planform geometry using quantitative 89 90 palaeohydrologic reconstructions in the rock record, with new comparisons to modern river datasets. Advances such as these are expanding our capacity for extracting environmental 91 92 signals from ancient geomorphic systems (Romans et al., 2016b; Lyster, 2022).

In this paper we address the challenge of extracting competing climatic and tectonic signals from fluvial channel stratigraphy. We use quantitative geologic techniques to reconstruct the evolving morphometry, transport dynamics and planform style of the well-documented Castissent and Montllobat Formations located in the Pyrenean mountains of Spain for the first time, and we evaluate how they compare to modern and geologic analogues. In doing so, we capture the geomorphic response of ancient rivers to the evolving climate and tectonics of the early Pyrenees during the hottest period of the Cenozoic (Westerhold *et al.*, 2020; IPCC, 2022).

100 GEOLOGIC BACKGROUND

The fluvial successions of the lower Eocene in the south-central unit of the southern Pyrenees 101 102 of Spain offer extensive outcrop exposure within the dynamic setting of the growing Pyrenean orogen (e.g., Cabello et al., 2018; Marzo et al., 1988; Nijman & Puigdefàbregas, 1977), and 103 104 record fluvial deposition during the Early Eocene Climatic Optimum (EECO), a global greenhouse period which represents the climax of the 9 million-year-long Eocene Hothouse. 105 The EECO also has a number of hyperthermal events superimposed on it – these represent brief 106 periods of pronounced global warming, considered anomalous when compared to typical 107 conditions during this time interval. 108

During the early Pyrenean orogenesis, runoff flowed south into foreland sub-basins bound by 109 imbricate thrusts, and rivers deflected westwards where they deposited a westward-thinning 110 wedge of fluvio-deltaic, clastic sediment known as the Montanyana Group (Nijman & Nio, 111 112 1975). The best preserved units in the Montanyana succession are the Lower and Middle Montanyana Groups (LM, MM, Nijman, 1998), and in the fluvial domain (Tremp-Graus sub-113 basins) these comprise the Montllobat (Mlb) and Castissent (Cst) formations (Ypresian), 114 115 respectively (Fig. 1). The rivers of the Montllobat and Castissent formations deposited continental sediment NW into an elongate bay, connected to the Atlantic (Juvany et al., 2024), 116 117 forming the Montanyana delta. The later Upper Montanyana Group (UM) sediments are similar in facies to the LM Group (Nijman, 1998). 118

The Montllobat and Castissent formations crop out across the Spanish Pyrenees in the Tremp-Graus basin in Catalonia and Aragon, and have been the focus of facies-based sedimentological investigation since the mid-1970s (e.g., Nijman & Nio, 1975; Nijman & Puigdefàbregas, 1977). The Castissent Formation forms a regional marker unit with a total thickness of 50 – 100 m and represents a strong progradational episode, which saw the shoreline and rivers of the clastic wedge prograde 20 km over the underlying Montllobat Fm. (and its shallow marine equivalent, the Castigaleu Fm.) for an estimated duration of 800 kyrs (Honegger *et al.*, 2020). Due to this distinctive progradation, excellent outcrop preservation, and its use as a reservoir analogue including its down-system genetic equivalents (Clark & Pickering, 1996; Puig *et al.*, 2019), the sandstones of the Castissent Formation have received more focus than other units in the continental Montanyana Group. It has been suggested that this progradation could be attributed to an increase in hinterland exhumation rate (Curry et al., 2021; Whitchurch et al., 2011 Fig. 2) and/or a possible change in climate or sea-level (Nijman, 1998; Honegger *et al.*, 2020).

The climate of the Castissent interval in particular is becoming increasingly quantified, as 132 Honegger at al. (2020) used isotopic and geochemical signatures preserved in floodplain 133 sediment and palaeosols to identify climate change during a hyperthermal event. They identify 134 a carbon isotopic excursion (CIE) at c. 50 Ma as Eocene hyperthermal "U" (Fig. 2), associated 135 with enrichment in immobile Ti, Zr and Al. Based on the CaO/Al₂O₃ ratios of the bulk palaeosol 136 material, the average climate is reconstructed to have been sub-arid with a mean annual 137 precipitation (MAP) of 376 mm/a, increasing to as high as 754 mm/a during CIEs. δ^{13} C records 138 of benthic carbonates (Westerhold et al., 2017; Honegger et al., 2020) also show that Castissent 139 deposition coincides with a levelling-off in a long-wavelength trend of global cooling (Fig. 2). 140 Insights like this are helping to complete the picture of changing climate towards the end of the 141 142 EECO, and suggest Montllobat and Castissent rivers were subject to tectono-climatic perturbations that have geologic preservation potential. 143

Marzo et al. (1988) mapped and logged the Castissent Fm. in some detail and described three 144 multistorey sandsheet complexes, each described as a Member of the Castissent Formation 145 (Fig. 3A). These sandsheet complexes are attributed to three successive fluvial systems 146 147 separated by marine incursions and preserved floodplain deposits. Nijman (1998) identified the Castissent Formation as equivalent to the Middle Montanyana (MM) Megasequence, 148 149 containing three Sequences (MMI, MMII and MMIII) which correspond to Castissent Members A, B and C (Marzo et al., 1988), respectively. Channel-fill bodies are vertically and 150 laterally amalgamated, sand-rich and have a distinctive white-weathering and rounded 151 exposure pattern (Fig. 4D-E). The Castissent has previously been interpreted as a braided 152 system due to its sheet-like and predominantly multistorey, multilateral architectural style 153 (Nijman & Nio, 1975). It is correlated westwards with the deep-water turbidites of the Arro 154 155 and Fosado formations in the Ainsa Basin (Mutti & Sgavetti, 1987) and tentatively with the Torla and Broto systems in the Hecho Group of the Jaca basin (Caja et al., 2010; Cornard & 156 Pickering, 2020). 157

Whilst the Castissent interval lasted c. 0.8 Ma, the underlying Montllobat Fm. formed over 158 approximately 2.5 Ma, and represents the first major phase of NW-oriented fluvial drainage in 159 the Pyrenean foreland. The Montllobat Fm. comprises variably isolated and amalgamated, 160 channelised sandstone and conglomerate bodies encased in mudstone-dominated, mottled 161 floodplain deposits (Cabello et al., 2018) with a total thickness of 150 - 250 m. The Montllobat 162 Fm. has been interpreted to contain deposits of both meandering rivers, with prominent point-163 164 bar deposits (Van Eden, 1970; Nijman & Nio, 1975; Cabello et al., 2018), and sheetflooddominated river systems (Van der Meulen, 1989). The Lower Montanyana Group (Montllobat 165 Fm.) comprises two Megasequences, the Lower LM (LLM) and Upper LM (ULM), separated 166 by a Megasequence boundary associated with southward progradation of coarse alluvial fan 167 sediment and an extensive conglomerate unit (Nijman, 1998), mapped by the Catalan geologic 168 survey (ICC) on their Espills (1:2500; 251-2-2) sheet as conglomerate unit C3 (Picart et al., 169 2010). We treat this Megasequence boundary as the boundary between two Members of the 170 Montllobat Formation, which we describe here as Montllobat A (MlbA) and Montllobat B 171 (MlbB). 172

Figure 3A summarises the stratigraphic framework used for this work: the Montllobat Fm. is equivalent to the LM Group, and its two Megasequences (LLM and ULM) are here labelled as Members MlbA and MlbB, respectively. The Middle Montanyana (MM) Group comprises one Megasequence, the Castissent Sandstone, and is subdivided into Members CstA, CstB and CstC (Marzo et al., 1988), each representing a full stratigraphic sequence. See Table S1 for further explanation.

These units are stratigraphic exemplars of the interplay between climate and tectonics in 179 ancient geomorphic systems: hyperthermal events superimposed on a long-term cooling trend 180 from the EECO competed with tectonic change in the early Pyrenees. High-frequency climate 181 signals are becoming more widely interpreted in the continental rock record (McInerney & 182 Wing, 2011; Turner, 2018; Rush et al., 2021; Prieur et al., 2024), including in the Castissent 183 Formation, where indicators of climate change are preserved in floodplain sediment (Honegger 184 at al., 2020). These units offer an excellent opportunity to quantify palaeohydrological changes 185 in a well-defined tectonic and climatic context. In particular, we aim to use the dynamic channel 186 deposits of ancient rivers to shed new light on the response of fluvial hydrology to 187 environmental and/or tectonic signals in the past, and to reconstruct the sensitivity of palaeo-188 landscapes to known boundary condition changes. 189

190 **METHODS**

191 Field Data

Field data were collected at 42 sites in the Castissent and Montllobat Formations (Fig. 1). 192 Primary numerical field observations (Fig. 4) included grain-size, the thickness and lee-face 193 orientation of cross-sets, and the thickness, length, and accretion orientation of barforms. These 194 195 primary field observations are collected in the context of previous studies of facies analysis and stratigraphic architecture in the Castissent and Montllobat Formations (Marzo et al., 1988; 196 197 Nijman, 1998; Cabello et al., 2018; Puig et al., 2019). Our field methodological approach for reconstructing palaeohydrology follows an approach which has been tested in various geologic 198 199 settings recently (e.g., Ganti et al., 2019; Lyster et al., 2020; Wood et al., 2022) and is summarised below. 200

201 Cross-sets, the preserved remnants of river dunes, can be generally expected to scale in size 202 with river flow depth (e.g., Bradley & Venditti, 2017). To estimate mean cross-set thickness, $h_{\rm xs}$, from fluvial sediment, which are used in our reconstructions below, we obtained full 203 204 thickness distributions from 1553 thickness measurements across 147 cross-sets, by measuring thickness along the major axis of a cross-set at 10-15 regular intervals (with a mean of N =205 206 10.6 measurements per cross-set, cf. Lyster et al., 2022; McLeod et al., 2023). A scaling factor between mean and maximum cross-set thickness was calculated based on these data, so that 207 208 our larger data set of maximum cross-set thicknesses in the two formations could be incorporated within our analysis (N = 1539). Accordingly, we used N = 1686 cross-set 209 thickness measurements for palaeohydrological reconstruction across the Montllobat and 210 Castissent Formations. 211

Where cross-set thickness distributions were obtained, we also measured median grain-size 212 213 (D_{50}) and lee face orientation. Where grains were < 2 mm in diameter, D_{50} was estimated using the Wentworth scheme (Wentworth, 1922), and in conglomeratic bodies in which $D_{50} \ge 2$ mm, 214 215 grain size distributions were measured according to the Wolman point-count method (Wolman, 1954), allowing reconstruction of maximum formative flow according to average bedload 216 material grade. Cross-set lee-face orientations (N = 856) were measured and restored to palaeo-217 horizontal using measurements of regional structural dip in Stereonet 11 (Allmendinger et al., 218 219 2013). Restored lee-face measurements were used in reconstructions of palaeocurrent direction and planform morphology. 220

221 Preserved barforms were recognised in the field by their sloping bar-accretion surfaces, often accompanied by superimposed dune-scale cross-stratification, following the approach of 222 223 Chamberlain and Hajek (2018). The heights of barform accretion sets and channel-fill bodies (N = 221) were measured using a TruPulse laser range finder to provide further constraints on 224 flow depth. Barform accretion surface orientations (N = 703) were measured using the same 225 methodology as cross-set lee faces in order to determine accretion direction and bar mode -226 227 whether bars migrate downstream, laterally, or upstream relative to flow direction – sampling accretion surfaces at their steepest dip angle relative to structural bedding. 228

229 Analytical Workflow

The primary field data were processed using a quantitative palaeohydrological workflow based 230 on a suite of theoretical numerical models, experimental relations and field observations. This 231 methodological workflow is summarised in Figure 5. All uncertainty has been propagated 232 through this workflow using Monte Carlo simulations with 10⁶ runs, incorporating random 233 distributions between uncertainty limits, following established methods (Ganti et al., 2019; 234 Lyster et al., 2021; McLeod et al., 2023). To estimate cross-set thickness, flow depth, channel 235 gradient, flow velocity, and unit water and sediment flux, rectangular (uniform) uncertainty 236 distributions were used (see SM for extended methodology). This weights all uncertainty 237 equally and avoids introduction of additional assumptions (cf. Lyster et al., 2021). In channel 238 width estimates, we employed triangular uncertainty distributions in some cases, as explained 239 240 further below.

241 Cross-set Thickness

The primary palaeohydrological reconstruction available from cross-sets is the height of the original dune, h_d . This was estimated using the relation of Leclair & Bridge (2001) that mean cross-set thickness (h_{xs}) is, on average, around 1/3 of the original dune height:

245
$$h_{\rm d} = 2.9(\pm 0.7)h_{\rm xs}$$
. (1)

This formula is based on experimental data from rivers and flumes, and is rooted in the theoretical model developed by Paola & Borgman (1991) for dune migration over random topography on the bed with a low angle of climb, assuming the dunes are in equilibrium with the prevailing flow conditions. This model has been used to elucidate original dune height from stratigraphy in a range of geologic settings (Ganti *et al.*, 2019; Lyster *et al.*, 2021; McLeod *et al.*, 2023).

252 Flow Depth

Flow depth is an important metric in understanding the dynamics of ancient river systems. We used two approaches to estimate flow depth: a bedform approach, and a barform approach. The bedform approach uses the dataset of h_d in the relation of Bradley & Venditti (2017) to obtain an estimate of median flow depth, *H*:

$$H = xh_{\rm d} \,, \tag{2}$$

where x is a scalar based on a compilation of flow and dune dimension data. The relative heights 258 of flow depth and dunes and cross-sets depends on flow stage (Das et al., 2022), so uncertainty 259 260 is represented in the scalar x which has an interquartile range between 4.4 and 10.1, and a median value of 6.7 (Bradley and Venditti, 2017). The results of this approach can be 261 independently compared with barform data, using the thickness of bar accretion sets as robust 262 architectural constraints on flow depth (Das et al., 2022). These represent minimum bounds on 263 bankfull flow depth, since barforms with measurable accretion surfaces have thickness equal 264 to a minimum flow depth in formative conditions. Moreover, barform accretion packages are 265 rarely fully preserved in fluvial strata, so reconstructed flow depths using the barform approach 266 represent conservative minima. We do not consider compaction to have affected measured 267 thickness of cross-sets or accretion sets, since it often has a relatively minor influence on 268 sandstone-dominated units, and mostly when grain crushing occurs or when the initial sediment 269 has anomalously high porosity or low proportions or cement (Fisher et al., 1999). 270

271 Palaeoslope

Channel palaeoslope, *S*, was reconstructed using the approach of Trampush et al. (2014) based
on empirical data rooted in hydrological theory, and is appropriate for the range of grain-sizes
observed in the Montllobat and Castissent formations, including suspended, mixed and bedload
rivers. *S* (in units of m/m) is given by:

$$logS = \alpha_0 + \alpha_1 logD_{50} + \alpha_2 logH, \qquad (3)$$

where α_0 , α_1 and α_2 are constants given as -2.08 ± 0.036 , 0.254 ± 0.016 and -1.09 ± 0.044 respectively.

279 Flow Velocity and Unit Water Discharge

280 The formula established by Manning et al. (1890) was used to estimate water flow velocity, U:

281
$$U = \frac{1}{n} H^{\frac{2}{3}} S^{\frac{1}{2}}, \qquad (4)$$

where *n* is a roughness coefficient approximated as 0.03 (Lyster *et al.*, 2020). *U*, with units of m/s can be multiplied by flow depth to estimate the unit water discharge, q_w , in units of m²/s: $q_w = UH$.

285 Sediment Flux

Reconstructing sediment flux through rivers is essential to understand their erosive and 286 transport power: rates of sediment flux are highly sensitive to changing climate and tectonics 287 (Sharma et al., 2023; McLeod et al., 2024; Prieur et al., 2024; Rezwan et al., 2025), and can 288 inform about landscape dynamics from source to sink in the past. In this study, we tested several 289 estimators of sediment flux, and base our results on the total load predictor of Engelund & 290 Hansen (1967) for sand-dominated deposits and the bedload predictor of Meyer-Peter & Müller 291 (1948) for gravel-dominated deposits. The relation of Engelund & Hansen (1967) gives 292 293 sediment flux per unit width, q_s , in units of m²/s width for sand-grade deposits as:

294
$$q_s = q_t^* (RgD_{50}^3)^{0.5}$$
,

295 (5)

where *R* is the submerged density of sediment (~1.65 for quartz), g is 9.81 m/s² and D_{50} is the median grain-size. q^*_t is the non-dimensional Einstein number, relating shear stress and bed friction (see SM for extended methodology). For gravel-dominated channel deposits, we calculated unit bedload sediment flux using the formula of Meyer-Peter & Müller (1948) modified by Wong & Parker (2006):

301
$$Q_{s,bf} = (g D_{50}^{3} \Delta \rho)^{0.5} C (\tau_{*b} - \tau_{*c})^{\alpha}$$

302 (6)

303 where $\Delta \rho$ is the dimensionless submerged specific gravity of sediment (1.6); dimensionless 304 basal shear stress T*_b is given as

$$305 \qquad \tau_{*b} = H_{bf}S / \Delta \rho D_{50} ,$$

306 (7)

and dimensionless critical shear stress τ_{*c} and constants *C* and α are taken as 0.047, 4.93 and 1.6, respectively, after Wong & Parker (2006).

309 Channel Width

Estimating the width of active flow from stratigraphic deposits has been a continuing challenge 310 in the field of fluvial geology. A range of evidence can be used to inform reconstructions of 311 river width, including deposit lateral extent (e.g., Wood et al., 2022), numerous depth-scaling 312 relations (e.g., Long, 2021), and barform accretion length (Greenberg et al., 2021). Uncertainty 313 in river width estimates is especially high when considering multi-threaded rivers. Estimates 314 of width must be made in parallel with planform reconstructions to faithfully reconstruct 315 ancient river morphology. Given previous work which interprets Montllobat and Castissent 316 rivers as multi-threaded (Nijman & Nio, 1975; Van der Meulen, 1989), and results described 317 318 below which support this, we used a formula for low-sinuosity rivers based on analysis by Long (2021) which relates bankfull width (W) to bankfull flow depth by: 319

$$W = 30.296H^{1.211}, (15)$$

in a regression with an r^2 value of 0.61 and N = 990. This gives an estimate of the width of an 321 322 individual channel (i.e. a single thread) based on values of H, and uncertainty is modelled using a rectangular distribution within the interquartile range of H. Rates of water and sediment 323 discharge per channel, Q_w , (with units m³/s) can be estimated according to $Q_w = q_w W$, where 324 $q_{\rm w}$ is the discharge per unit width. To propagate uncertainty in channel width, we used a 325 triangular distribution within the interquartile range, excluding outlying values that may 326 represent river flow at extreme flow stages, which in multi-threaded rivers may alter active 327 flow width significantly. 328

329 Planform

330 For total water and sediment discharge rates for the full river system, $Q_{s,w(total)}$, the number of

331 threads in an ancient system must be estimated according to $Q_{\text{total}} = N_t Q$

where N_t is the number of active river threads or channels. We used two approaches to reconstruct the planform morphology of the Montllobat and Castissent rivers, described below.

Our first approach is based on dune-bar angular difference, Δ_{db} . The dominant bar mode in 334 rivers is characteristic of planform morphology: lateral and upstream barform accretion is 335 observed mainly in sinuous rivers, with single-threaded and meandering planform (e.g., (Miall, 336 1994; Rowley et al., 2021). A dominantly downstream accreting bar mode is characteristic of 337 low-sinuosity and braided rivers. In stratigraphy, dominant bar mode can be determined by 338 calculating the angular difference between barform accretion orientation and the cross-set 339 palaeoflow direction of dunes migrating over those bars. Where $\Delta_{db} < 35^{\circ}$, the dominant bar 340 mode is downstream accretion; where $35^{\circ} \leq \Delta_{db} \geq 135^{\circ}$, the dominant bar mode is lateral 341 accretion; and where $\Delta_{db} > 135^\circ$, the dominant bar mode is upstream accretion. We are able to 342 check these results using dune cross-set palaeoflow circular variance, after Selley (1968), Le 343 Roux (1992) and Galeazzi et al. (2021), explained further in the Supplemental Material. 344

Our second approach is based on work by Parker (1976) and Lyster et al. (2022). Parker (1976)
theoretically derived planform stability fields, expressed as:

$$\epsilon = \frac{S}{Fr} \frac{H}{W} , \qquad (16)$$

348 where $\varepsilon < 1$ for single-threaded rivers, $\varepsilon > 1$ for multi-threaded rivers with 1–10 active channels, 349 $\varepsilon > 10$ for multi-threaded rivers with more than 10 active channels, and *Fr* is the Froude 350 number, calculated as

$$Fr = \frac{U}{\sqrt{gH}}.$$
 (17)

Lyster et al. (2022) compiled a dataset of hydraulic geometries in natural rivers, and used these to update the stability fields for river planform geometries based on a much larger observational dataset. We estimate *S*, *Fr*, *H* and *W* for the rivers of the Montanyana Group and propagate uncertainty to generate a random distribution of 10^6 points within the range of uncertainty on a graph of *S/Fr* vs *H/W* to determine the likely planform morphology based on the stability fields of Lyster (2022).

358 **RESULTS**

359 Palaeohydrology Through Time

Through a comprehensive quantitative suite of palaeohydrologic techniques, we reconstruct the evolving morphodynamics of the Eocene Montllobat and Castissent Formations, and the rates and styles of water and sediment flow through these ancient river systems.

Based on full measured cross-set thickness distributions, the mean preserved cross-set 363 364 thickness, h_{xs} , in the Montllobat fluvial sand bodies is 7.8 cm and 7.5 cm in the Castissent fluvial deposits. Our dataset describes cross-set thickness across the full down-system transects 365 of c. 13 km in the Montllobat and c. 28 km in the Castissent, and there are no strong down-366 system trends in h_{xs} or grain-size (Supplemental Material). Therefore, we present results 367 spatially averaged for each interval (the distribution of field data is presented on Fig. 1 and Fig. 368 3A). Using Equation 1 (Leclair & Bridge, 2001) we estimate that original dune height, h_d , 369 averages 23 cm in the Montllobat and 22 cm in the Castissent. Two-tailed Kolmogorov-Smirov 370 (K-S) tests unambiguously show that the full distributions of cross-sets from each formation 371 are statistically different with 98.9% confidence, despite the medians being similar, while each 372 member of the formations has cross-set thickness distributions which are statistically similar 373 within each formation (Fig. 6A, bottom x-axis). This demonstrates that the Castissent and 374 Montllobat formations have physically different properties to one-another at bedfom-scale. 375

The depth-scaling relation of Bradley & Venditti (2017) uses values of h_d to reconstruct median formative flow depths, H, of 1.36 m in the Montllobat Fm. and 1.26 m in the Castissent. Similarly to the original bedform data, the full distributions of reconstructed depths (Fig. 6A, top x-axis) are statistically different between the two formations, suggesting formative flow in the Castissent was marginally shallower.

Further constraints were made on flow depth based on a barform approach, using the heights of bar accretion sets. The median barform-derived flow depth is 1.40 m in both the Montllobat and the Castissent formations, with mean values of 1.42 m and 1.85 m, respectively. These results indicate that bedform- and barform-derived flow depth reconstructions are consistent, and confirm that assumptions of barform and bedform preservation inherent to the methods used are appropriate for these units.

Fluvial channels in the Montllobat Fm. are dominated by medium-grained sandstone, with an overall D_{50} of 0.38 mm. Castissent rivers had a bedload of coarse sand averaging 0.94 mm, however, both units contain some channelised, gravel-dominated conglomerates. Using estimates of *H* and D_{50} , we used Equation 3 (Trampush et al., 2014) to reconstruct palaeochannel gradient, *S*. We find that Montllobat rivers had a median slope of 8.0×10^{-4} m/m (or 0.8 m/km) and Castissent rivers were 40% steeper with a median *S* value of 1.2×10^{-3} m/m. K-S tests on the full distribution of slope values (Fig. 6B), after Monte Carlo uncertainty propagation, demonstrate this increase in slope during the Castissent interval is statistically significant to 100.0% confidence.

These results show a clear change in palaeohydrological conditions between the two Formations, but analysis at Member level permits further temporal granularity in our analysis. Figure 7 illustrates changing H and S through the Montllobat and Castissent formations at Member-level, between 53.0 and 49.7 Ma. This reveals a steady shallowing in flow depth through time, coupled with a sharp increase in palaeoslope at the start of the Castissent interval, peaking in Castissent B.

Palaeohydraulic calculations also show that the unit water discharge and unit sediment 402 discharge increase in the Castissent interval. Reconstructed H and S give median flow velocity, 403 U, as 1.16 m/s in the Montllobat and 1.29 m/s in the Castissent. We then reconstruct q_w which 404 averages 1.57 m²/s in the Montllobat, and increases to 1.66 m²/s by c. 50 Ma (Fig. 8A). Our 405 sediment transport approach yields median unit sediment flux rates, q_s , of 3.6×10^{-3} m²/s in the 406 Montllobat and 2.6x10⁻³ m²/s in the Castissent (Fig. 8B). Normalised per unit width and 407 averaged per formation, water flux increases across the base of the Castissent, and sediment 408 409 flux decreases. However, Member-level palaeohydrologic reconstructions (Figure 8B) reveal a 410 consistent increase in unit sediment flux through the Castissent Formation. Median Formationlevel unit water and sediment fluxes are skewed down by Castissent A which contains the 411 412 majority of cross-set data, and is consistently most similar hydrologically to the Montllobat Formation. Note that these estimates do not consider the widths of river channel threads or of 413 414 the total river channel belt.

415 Planform and Palaeoflow

416 Our first approach to reconstructing fluvial planform morphology is a dune-bar angular 417 difference approach as this is routed in primary observational data. The median difference in 418 orientation between preserved dune cross-set lee faces and barform accretion surfaces, Δ_{db} , in 419 the Montllobat Fm. is 54°, 53° in MlbA and 59° in MlbB. In the Castissent Fm., the median 420 Δ_{db} value is 38°, and in CstA, CstB and CstC the median Δ_{db} is 40°, 37° and 25° respectively

(Fig. 9A, Table 2). Downstream, lateral and upstream accreting bars are noted in multiple 421 fluvial styles, but where a fluvial deposit dominantly preserves a certain bar mode, they can be 422 used to interpret palaeo-planform. As illustrated in Figure 9A, this method of extracting bar 423 modes from fluvial stratigraphy reveals a transition from more lateral-accretion-dominated 424 planforms into a predominantly downstream-accretion-dominated planform over time, 425 suggesting rivers became more braided in the Castissent interval. This is supported by low 426 observed cross-set palaeoflow circular variance values, which are between 0.11 and 0.31 for 427 the Montllobat (IQR) and 0.14 - 0.48 for the Castissent, with values as low as 0.04. This 428 signature of low-variance dune migration is consistent with low-sinuosity multi-threaded river 429 430 systems (Galeazzi et al., 2021).

Our second approach, based on planform stability, ε (Parker, 1976; Lyster et al., 2022a), 431 requires estimates of river width. Using Eq. 15, we calculate channel width, W, from both 432 barform and bedform approaches to reconstructing flow depth, which give similar results (Fig. 433 10). Using bedform-derived H estimates, individual river channels in the Montllobat Fm. had 434 median widths of 44 m, and using barform-derived H values, channels averaged 45 m wide. 435 For the Castissent Fm., the median bedform-derived W estimate is 40 m, and using the barform 436 approach, channels could have been 46 m wide. In further analysis, we favour the barform-437 derived estimates of channel width, as they represent more robust architectural constraints on 438 439 channel morphology and introduce fewer uncertainties.

440 We model the number of active channel threads, $N_{\rm t}$, using a rectangular distribution of values within the range of uncertainty. To estimate a maximum N_t , we used the average width of 441 amalgamated multi-lateral sandstone bodies observed. In the Castissent Fm., sandstone bodies 442 443 average 1.0 km wide, and the average is 0.5-0.6 km in the Montllobat Fm. These represent conservative lower limits on the width of the alluvial plain, and an upper limit on the width of 444 active flow. Therefore, we use these values along with estimates of W, above, to calculate the 445 likely maximum number of channel threads. This is $N_t = 7$ in the Montllobat and $N_T = 11$ in the 446 Castissent. We set the lower limit for $N_{\rm T}$ as 1 in the Montllobat and 2 in the Castissent, given 447 we and others (Cabello et al., 2018) identify single-threaded reaches in the Montllobat, but 448 449 interpret the Castissent as braided, with no single-threaded reaches (see SM for full uncertainty distributions). These yield median total active flow widths, W_{total}, of 205 and 225 m in the 450 Montllobat and Castissent Formations, respectively. Using estimates of W_{total} , Fr, H and U (Eq. 451 16), planform geometry can be compared to stability fields generated based on theory and 452

453 observations of modern and ancient rivers (Parker, 1976; Lyster *et al.*, 2022a). Figure 9C shows 454 that according to the dataset of Lyster (2022), the typical median Castissent river was stable in 455 a braided planform. This approach suggests Montllobat rivers had some single-threaded 456 reaches but were broadly stable with an anastomosing planform, defined by Lyster (2022) as 457 S/Fr > 0.003 and H/W < 0.2. Makaske (2001) defines anastomosing rivers as composed of two 458 or more interconnected channels that enclose floodbasins. This interpretation is supported by 459 facies observations, including those of (Cabello *et al.*, 2018).

460 To summarise, recovered bar modes and planform stability analysis shows that what started as 461 anastomosing rivers with some single-threaded reaches transitioned into braided systems by 462 the time of the Castissent interval.

463 Total Fluxes

The above palaeohydraulic reconstructions of unit discharges and unit sediment fluxes explicitly do not include channel width, which is the most challenging aspect of this type of stratigraphic reconstruction (Long, 2021). However, combining unit fluxes with river planform estimates and thread width estimates (Figures 9 and 10), we can investigate foreland-scale geomorphology in the early Pyrenees by estimating total water and sediment loads to first order, as represented in the Montanyana Group.

Total active flow widths are estimated to average 205 and 225 m respectively for the Montllobat 470 and Castissent Formations. Since total discharge is a product of unit discharge and total active 471 flow width, we use our results to reconstruct a median estimate of $Q_{w(total)}$ in the Montllobat 472 Fm. of ca. 280 m³/s, and ca. 420 m³/s in the Castissent, a 40% increase. For total sediment 473 discharge, $Q_{s(total)}$ increased from 0.6 m³/s in the Montllobat to 0.7 m³/s in the Castissent, a 10-474 15% difference at median level. Whilst this change in sediment flux appears modest, Figure 11 475 476 depicts graphically the changing total fluxes and uncertainty through time, and highlights a consistent increase in sediment load through time. These estimates quantitatively describe 477 material flux through the rivers of the Eocene Hothouse, and how they behaved in space and 478 time. But how unique are these river deposits geologically, and what environmental and 479 tectonic forcings contributed to the hydrology of the Montanyana Group? 480

481 **DISCUSSION**

482 Modern Analogues

Using a suite of quantitative palaeohydrologic techniques based on geologic field data, we 483 reveal the lower Eocene rivers of the Montanyana Group became increasingly multi-threaded 484 through time, were on average 1.2 - 1.4 m deep (but could be deeper than 5 m, based on 485 maximum barform accretion set thicknesses), with channel slopes of $0.5 - 0.7^{\circ}$. We show a 486 marked increase in river slope and discharge 50.5 Mya, and a shift in planform coinciding with 487 the onset of Castissent progradation and an increase in sediment flux, supporting and furthering 488 489 the findings of previous qualitative investigations. This represents the most robust quantitative description of Ypresian rivers in the Pyrenees to date. But how do these rivers compare to 490 modern examples, given they were deposited during a period of marked global warmth 491 492 compared to today?

We compare results to a global database of modern river morphology and hydrology (Lyster et 493 al., 2022a). We find that there are no identical modern analogues for the Montllobat and 494 Castissent systems. Considering similarity in planform, discharge, width, slope and grain-size, 495 496 they might have looked similar to the Tanana and Saskatchewan rivers, Alaska; Athabasca river, Canada; Wairau river, New Zealand; Durack river, northwestern Australia; or the Yuma Wash 497 498 river, Arizona. However, on average, reconstructed W/H ratio was lower in the Montanyana Group than in most modern sand-bedded multi-threaded rivers with similar water discharge 499 rates. Moreover, modern multi-threaded sand-bedded rivers have flow velocity averaging 1.0 500 501 m/s, slower than those in the lower Eocene Pyrenean foreland. This suggests either a bias in our results related to preservation of small rivers, or suggesting Montanyana rivers were 502 somewhat deeper and faster than modern analogues with similar planform. 503

Furthermore, geochemical data acquired from Castissent floodplain deposits show the 504 505 environment of the early Eocene was semi-arid to sub-humid with seasonal humidity patterns (Honegger et al., 2020). Today, no braided, sand-bed rivers with similar water discharge rates 506 507 are observed in regions with seasonally subhumid climate (Beck et al., 2018). Considering these constraints, the most likely modern analogues for the Castissent Fm. are the braided 508 509 Gangetic rivers of the Himalayan foreland, with comparable fluvial morphology, climate characteristics and tectonic setting to that in the lower Eocene, albeit with much larger 510 511 catchments and discharge rates (Lyster et al., 2022a). Their flow velocity, aspect ratio, planform and bedload grain-size, all in a small orogenic setting and sub-arid climate make 512 Montanyana rivers unique compared to rivers today. What antecedent conditions permitted this, 513 and how do these ancient systems compare to others recorded in stratigraphy? 514

515 Climate or tectonics?

516 Disentangling climatic from tectonic signals in the fluvial archive is an ongoing research 517 challenge: our results show clear signatures of both. The Castissent rivers were on average 518 twice as coarse in their bedload, 1.4 times as steep, had 40% more water discharge and 10-15% 519 more sediment discharge, and were more strongly braided in comparison to the underlying 520 Montllobat Fm. Notably, the ratio of Q_s to Q_w (the sediment flux intensity) is 46% lower in the 521 Castissent, meaning it transported more water per unit sediment discharge than the Montllobat. 522 These changes point to a clear climatic driver.

There are a growing number of stratigraphic case studies documenting changing material flux 523 524 in the geologic record due to climate change. For example, the Palaeocene-Eocene Thermal Maximum (PETM) is recorded in fluvial successions of the southern Pyrenees, where a two-525 fold increase in Q_s is observed in the Claret Conglomerate (Prieur et al., in review), associated 526 with a 3-8°C increase in mean annual temperature (MAT), a 27% increase in mean annual 527 precipitation (MAP) and high rates of channel amalgamation. Additionally, the upper Eocene 528 Escanilla Fm. (S. Pyrenees) spanning the Mid Eocene Climate Optimum (MECO) records a 529 50% increase in Q_s and S in intervals with highly amalgamated sandbodies, compared to low-530 amalgamation intervals (Sharma et al., 2023). These are interpreted to have been caused by 531 climate-driven water discharge variation, with a three-fold increase in Q_w . Moreover, sediment 532 transport is projected to increase in modern river systems due to current global warming 533 (McLeod et al., 2024). So changing sediment flux is a documented result of climate change in 534 geomorphic systems in the past and present, and is usually associated with increased 535 amalgamation of channel-fill sand and conglomerate bodies. 536

However, despite a clear hydrologic shift at the onset of the Castissent Fm., this interval is not
associated with a climate signal lasting 800 kyrs. On the contrary, Castissent deposition is
associated with both a gradual reduction in global temperatures at the end of the EECO (Fig.
2), and superimposed hyperthermal events, which, together with a potential tectonic signal,
combined to cause 20 km of progradation.

Progradation is well-documented in the Castissent in a stratigraphic context (e.g. Marzo et al., 1988), and is observed here in an increase in slope and D_{50} from the Montllobat into the Castissent (averaged across the total dip-section), demonstrating a down-system shift in fluvial facies. It has been hypothesised that Castissent progradation could be due to an Ypresian sea-

level fall, reducing accommodation space and increasing amalgamation (Marzo et al., 1988; 546 Whitchurch et al., 2011; Honegger et al., 2020). However, in this hothouse climate there was 547 no glacial eustatic sea-level change, with no Antarctic ice sheet until c. 34 Mya (Hutchinson et 548 al., 2021), so some other mechanism of significant sea-level change would be required. Some 549 authors (e.g., Sames et al., 2020) have suggested aquifer eustasy can be a dominant cause of 550 sea-level change in hothouse climates, whereas others find this process is capable only of 551 552 decimetre-scale sea-level change (Davies et al., 2020). Notwithstanding its cause, regression cannot explain the increase in total water flux, which requires a climatic driver. 553

It is possible, on the other hand, that progradation and steepening was tectonically derived. 554 555 Thermochronologic modelling (Whitchurch et al., 2011) suggests there was a pulse of tectonic uplift observed across the southern Pyrenees focused at c. 50.9 Ma, and Curry et al.'s (2021) 556 findings suggest Castissent progradation c. 50 Ma could be related to a 2.4-fold increase in 557 exhumation rate in the Castissent's likely headwater region (Fig. 2B). This presents a strong 558 559 argument for a tectonic-driven geomorphic change in the Castissent, but changing exhumation rates could be tied equally to tectonic uplift or to climate-driven erosion and denudation. The 560 561 timing of this rate change is also poorly constrained due to the temporal distribution of thermochronologic data points in the Castissent's headwater region. 562

Nonetheless, while the observed increase in slope, grain-size and sediment could be explained 563 by an increase in uplift rate, we know that tectonics cannot be the only contributor: firstly, we 564 interpret a 40% increase in water discharge, $Q_{\rm w}$. Whilst this could be tectonically-driven due 565 566 to an increase in catchment size, we do not believe this is the primary cause of the increase in discharge. A switch to a heightened uplift rate for a prolonged period in the hinterland 567 568 catchments of this system, as modelled by Curry et al. (2021, Fig. 2), should in theory lead to a permanent increase in sediment flux as topographic steady state is re-achieved (Armitage et 569 570 al., 2011). On the contrary, the Castissent Formation records 800 kyrs of heightened water and sediment flux, followed by the Upper Montanyana Group and a return to a similar depositional 571 572 character and facies distribution (Fig. 3) to that of the underlying Montllobat Fm (Nijman & Nio, 1975; Marzo et al., 1988; Nijman, 1998). Consequently, the stratigraphic architecture and 573 574 facies distributions of the Montanyana Group (Fig. 3) imply an increase in sediment flux that was transient (Nijman, 1998; Armitage et al., 2011), unlike the regional tectonic trends, 575 suggesting a climate is a likely contributer. This return to similar facies distributions in the 576

577 Upper Montanyana Group also makes tectonically-induced catchment widening an unlikely578 cause for the change in hydrology in the Castissent.

After the PETM, the Ypresian climate is characterised by a broad warming trend climaxing in 579 the EECO, before a gradual cooling and levelling off by 50 Ma (Fig. 2, Westerhold et al., 2018). 580 581 Honegger et al. (2020) interpret semi-arid to sub-humid average climates in the Castissent interval based on CaO/Al₂O₃ ratios in floodplain sediment, and seasonal humidity patterns 582 based on the smectite/kaolinite ratio in palaeosols and the presence of nodules composed of 583 concentric haematite and goethite found together with carbonate nodules. In the Montllobat on 584 the other hand, humidity and precipitation rates are not well-constrained, so we cannot directly 585 586 interpret a clear change in humidity at the onset of the Castissent.

The Castissent interval contains three hyperthermals recognised in δ^{13} C records of benthic 587 carbonates (Westerhold et al., 2017; Honegger et al., 2020). Hyperthemal "S" coincides with 588 the onset of Castissent sedimentation, followed shortly by hyperthermal "T," but Honegger et 589 al. (2020) identify only the geochemical signature of the subsequent hyperthermal "U" 590 recorded in the floodplain above Castissent A in the Chiriveta section (Fig. 1, 2). It is dated to 591 50.0 Ma and is associated with a MAT increase of 2 - 3°C that could have had a duration as 592 short as 40 kyrs, but preserves a signal climax lasting 150 kyrs (c. 50.10 - 49.95 Ma) in 593 stratigraphy – the duration likely augmented by the dynamic nature of fluvial deposition. 594 Significantly, we do not see a uniform signal across the Castissent Formation, but Castissent B 595 which was likely deposited during c. 50.0 - 49.8 Ma preserves the most significant signal of 596 enhanced S and Q_w , followed by Q_s peaking in CstC (Fig. 8). The onset of the Castissent could 597 be related to hyperthermals "S" and "T" (Fig. 2A). Subsequently, the prolonged signal of 598 hyperthermal "U", representing the delayed fluvial response to a negative δ^{13} C excursion, could 599 be manifest in the rock record in the geomorphology of Castissent B followed by a 600 disequilibrium enhancement in sediment flux in Castissent C. The strong change in formative 601 discharge conditions observed at both channel and braidplain scale in the absence of large 602 changes in yearly rainfall typically relates to the distribution and magnitude of individual storm 603 or monsoon events (Molnar et al., 2006). 604

Palaeobotanial proxies (Greenwood & Huber, 2011) suggest that throughout the early-mid Eocene, Earth's climate was controlled by a global monsoon cycle, driving strongly seasonal precipitation patterns. It has also been observed that temperature increase causes enhanced monsoon cycles (Loo *et al.*, 2015), and has caused increased humidity and precipitation in the

Hydrological calculations suggest discharge in the Montanyana rivers was variable enough to 612 suggest monsoonal rainfall patterns: if we model the MAP of 376 mm/a (Honegger et al., 2020) 613 to rain on an estimated Castissent catchment of c. 10,000 km² - based on compiled 614 palaeogeographic reconstructions and independent constraints on altimetry and sediment 615 routing (Huyghe et al., 2012; Curry et al., 2019; Markwick, 2019; Juvany et al., 2024) - this 616 implies mean flow of under 1/3 the discharge of channel-forming conditions reconstructed 617 618 here. From this we could estimate a monsoon precipitation index (MPI, Wang & Ding, 2008), i.e., the ratio between the annual precipitation range and the MAP. We assume here this is 619 620 equivalent to the difference between the bankfull and mean annual discharge (MAD), divided by the MAD. This calculation yields a value of 2.5, suggesting strongly variable rainfall that 621 622 could be driven by the monsoon cycles observed by (Greenwood & Huber, 2011). This supports the geochemical findings of Honegger et al. (2020) that the climate was highly seasonal. Plink-623 624 Bjorklund (2015) compiled a series of facies indicators for monsoon-dominated fluvial systems in the rock record. These types of rivers are often dominated by downstream accreting bars and 625 626 an absence of well-preserved lateral accretion, and these indicators are increasingly dominant up-section (Fig. 9A). However, monsoonal systems are also expected to record dominant soft 627 sediment deformation, fossilised in-channel vegetation and upper-flow regime sedimentary 628 structures (Plink-Bjorklund, 2015) – we observe these rarely in the Montanyana Group. 629

Therefore, we hypothesise that the levelling-off in global cooling at the end of the EECO 630 followed by three hyperthermal events may have driven changes to the global monsoon cycle 631 and this affected discharge rates in the Pyrenees. There is also precedent for change to monsoon 632 633 cycles on similar timescales driven by climate: modern climate change in combination with the uplift of the Himalayan plateau has enhanced the Indian summer monsoon (ISM) and altered 634 635 river hydrology in the present-day Himalayan foreland (Loo et al., 2015). In the same setting at 4.2ka, δ 18O records, fluvial sedimentology and other proxies from Holocene sediments in 636 637 the Indus Valley (Giosan et al., 2012; Dixit et al., 2014; Dutt et al., 2018) show a weakening of the ISM caused by abrupt cooling. This significantly reduced Indus river discharge, 638 contributing to the decline of the Harappan civilisation (Giosan et al., 2012). So it seems 639 possible that climate change caused the shift in monsoon discharge and river activity in the 640

Montanyana rivers on a short timescale. Perhaps the modern Himalaya are a strong analogue
for the evolving Montanyana rivers – with a similar tectono-climatic setting and with abrupt
increases in temperature and humidity strengthening monsoon cycles and affecting hydrology.

Comparing the global δ^{13} C record with exhumation profiles for the Ypresian Pyrenees (Fig. 2) 644 establishes that the observed morphological and hydrodynamic shift observed at 50.5 Ma 645 occurs at the superimposition of a gradual global cooling, an increase in hinterland exhumation 646 rate, and the occurrence of three transient hyperthermal events. We hypothesise the 647 anastomosing Montllobat rivers from 53 - 50.5 Ma responded to a gradually cooling climate 648 with intermittent flow, and a bedload of medium sand was transported as a large proportion of 649 650 its water discharge, explaining observed Q_s/Q_w ratios. Conversely, the overlying Castissent saw cooling level off, an increase in tectonic uplift rate, and an enhanced global monsoon driven 651 by hyperthermal events. Triggered by this, Montanyana rivers became temporarily steeper, 652 faster, and more strongly braided, with more sustained water discharge and transport of coarse 653 654 sediment from the growing Pyrenees lasting 800 kyrs, and resulting in a 20 km progradation of fluvial facies. 655

The remaining unknown concerns the role of the patterns of climate-driven precipitation in 656 driving fluvial geomorphic change in the Montanyana Group, and the importance of 657 hyperthermal events in controlling river sedimentation in monsoonal systems. In order to 658 quantitatively disentangle climate change from the tectonic signal of the growing Pyrenees, 659 660 mean conditions are not enough. The frequency and patterns of threshold-surpassing events – 661 river intermittency – could be what controls transient landscape response to climate drivers (McLeod et al., 2024). Combined with this study's quantification of landscape-scale fluvial 662 663 geomorphology, this next step could complete the picture of landscape dynamics in the Montanyana Group. 664

665 CONCLUSIONS

The lower Eocene Montllobat and Castissent Formations of the southern Pyrenees record a geomorphic event towards the end of the EECO which saw coarse-grained fluvial sandstones prograde 20 km seaward within an 800 ka period. Using a quantitative field-based palaeohydrologic framework across 4 field sites, we establish strong constraints on the evolving hydrodynamics of these ancient river systems. We show that the start of the Castissent interval at c. 50.5 Ma is associated with a statistically significant reduction in cross-set

thickness, a doubling of the median grain-size and a 1.4-fold increase in channel slope. We 672 reconstruct a 40% increase in total water discharge from the Montllobat to the Castissent 673 Formation, a 15% increase in sediment discharge, and a signature of sustained precipitation. 674 We also quantify a shift in fluvial planform morphology: Castissent rivers exhibited more 675 pronounced braiding than the mostly anastomosing Montllobat Formation before it, and we 676 track these trends through time, showing a sharp change in hydrodynamics. These results, in 677 combination with climate and exhumation records for the southern Pyrenees, suggest that the 678 Castissent Formation represents the transient product of multiple climatic signals within the 679 context of an evolving mountain range: a levelling off in a long-term cooling trend at the end 680 of the EECO, three superimposed hyperthermal events, and an increase in tectonic uplift rate 681 at c. 50.5 Mya. We hypothesise this climate change caused enhanced monsoon precipitation 682 and more sustained river discharge, driving a significant shift in fluvial hydrodynamics and 683 geomorphology. This analysis sheds light on river dynamics in an environment analogous to a 684 future climate scenario, and reveals the potential in quantitative palaeohydrology to extract 685 complex tectono-climatic signals from stratigraphy. Further investigation into the patterns of 686 water and sediment transport through the lower Eocene could help determine the extent to 687 which climate change can cause significant shifts in fluvial activity and landscape dynamics. 688

689 ACKNOWLEDGEMENTS

690This work was supported by the Natural Environment Research Council (grant NE/S007415/1)

and Terrabotics (London). MATLAB (MathWorks) was used in our analyses.

692 **BIBLIOGRAPHY**

693 Allmendinger, R.W., C., C., N. and Fisher, D. (2013) Structural Geology Algorithms: Vectors & Tensors.

- Armitage, J.J., Duller, R.A., Whittaker, A.C. and Allen, P.A. (2011) Transformation of tectonic and
 climatic signals from source to sedimentary archive. *Nature Geosci*, 4, 231–235.
- Beck, H.E., Zimmermann, N.E., McVicar, T.R., Vergopolan, N., Berg, A. and Wood, E.F. (2018) Present
 and future Köppen-Geiger climate classification maps at 1-km resolution. *Sci Data*, 5,
 180214.
- Bradley, R.W. and Venditti, J.G. (2017) Reevaluating dune scaling relations. *Earth-Science Reviews*,
 165, 356–376.
- Cabello, P., Domínguez, D., Murillo-López, M.H., López-Blanco, M., García-Sellés, D., Cuevas, J.L.,
 Marzo, M. and Arbués, P. (2018) From conventional outcrop datasets and digital outcrop
 models to flow simulation in the Pont de Montanyana point-bar deposits (Ypresian, Southern
 Pyrenees). Marine and Petroleum Geology, 94, 19–42.

Caja, M.A., Marfil, R., Garcia, D., Remacha, E., Morad, S., Mansurbeg, H., Amorosi, A., Martínez Calvo, C. and Lahoz-Beltrá, R. (2010) Provenance of siliciclastic and hybrid turbiditic arenites
 of the Eocene Hecho Group, Spanish Pyrenees: implications for the tectonic evolution of a
 foreland basin. *Basin Research*, 22, 157–180.

- Chanvry, E., Deschamps, R., Joseph, P., Puigdefàbregas, C., Poyatos-Moré, M., Serra-Kiel, J., Garcia,
 D. and Teinturier, S. (2018) The influence of intrabasinal tectonics in the stratigraphic
 evolution of piggyback basin fills: Towards a model from the Tremp-Graus-Ainsa Basin
 (South-Pyrenean Zone, Spain). Sedimentary Geology, 377, 34–62.
- Clark, J.D. and Pickering, K.T. (1996) Architectural Elements and Growth Patterns of Submarine
 Channels: Application to Hydrocarbon Exploration1. AAPG Bulletin, 80, 194–220.
- Cornard, P. and Pickering, K. (2020) Submarine topographic control on distribution of supercritical flow deposits in lobe and related environments, middle Eocene, Jaca Basin, Spanish
 Pyrenees. Journal Of Sedimentary Research, 1222–1243.
- Curry, M.E., Beek, P.V.D., Huismans, R.S., Wolf, S.G., Fillon, C. and Muñoz, J.-A. (2021) Spatio temporal patterns of Pyrenean exhumation revealed by inverse thermo-kinematic modeling
 of a large thermochronologic data set. *Geology*, 49, 738–742.
- Curry, M.E., van der Beek, P., Huismans, R.S., Wolf, S.G. and Muñoz, J.-A. (2019) Evolving
 palaeotopography and lithospheric flexure of the Pyrenean Orogen from 3D flexural
 modeling and basin analysis. *Earth and Planetary Science Letters*, 515, 26–37.
- Das, D., Ganti, V., Bradley, R., Venditti, J., Reesink, A. and Parsons, D.R. (2022) The Influence of
 Transport Stage on Preserved Fluvial Cross Strata. *Geophysical Research Letters*, 49,
 e2022GL099808.
- Davies, A., Gréselle, B., Hunter, S.J., Baines, G., Robson, C., Haywood, A.M., Ray, D.C., Simmons,
 M.D. and van Buchem, F.S.P. (2020) Assessing the impact of aquifer-eustasy on short-term
 Cretaceous sea-level. *Cretaceous Research*, **112**, 104445.
- Dixit, Y., Hodell, D.A. and Petrie, C.A. (2014) Abrupt weakening of the summer monsoon in
 northwest India ~4100 yr ago. *Geology*, 42, 339–342.
- Dutt, S., Gupta, A.K., Wünnemann, B. and Yan, D. (2018) A long arid interlude in the Indian summer
 monsoon during ~4,350 to 3,450 cal. yr BP contemporaneous to displacement of the Indus
 valley civilization. *Quaternary International*, 482, 83–92.
- Fmiliano Mutti and Maria Sgavetti (1987) Sequence stratigraphy of the upper cretaceous aren strata
 in the orcau-aren region, south-central pyrenees, spain: distinction between eustatically and
 tectonically controlled depositional sequences. Annali Dell'Universita di Ferrara Sezione
 Scienze Della Terra, 1, 1–21.
- 739 Engelund, F. and Hansen, E. (1967) A monograph on sediment transport in alluvial streams.
- Fielding, C.R., Alexander, J. and Allen, J.P. (2018) The role of discharge variability in the formation
 and preservation of alluvial sediment bodies. *Sedimentary Geology*, 365, 1–20.
- Fisher, Q.J., Casey, M., Clennell, M.B. and Knipe, R.J. (1999) Mechanical compaction of deeply
 buried sandstones of the North Sea. *Marine and Petroleum Geology*, 16, 605–618.

- Flannigan, M.D., Amiro, B.D., Logan, K.A., Stocks, B.J. and Wotton, B.M. (2006) Forest Fires and
 Climate Change in the 21ST Century. *Mitig Adapt Strat Glob Change*, **11**, 847–859.
- Galeazzi, C.P., Almeida, R.P. and do Prado, A.H. (2021) Linking rivers to the rock record: Channel
 patterns and palaeocurrent circular variance. *Geology*, 49, 1402–1407.
- Ganti, V., Whittaker, A.C., Lamb, M.P. and Fischer, W.W. (2019) Low-gradient, single-threaded rivers
 prior to greening of the continents. *Proceedings of the National Academy of Sciences*, 116, 11652–11657.
- Gariano, S.L. and Guzzetti, F. (2016) Landslides in a changing climate. *Earth-Science Reviews*, 162, 227–252.
- Giosan, L., Clift, P.D., Macklin, M.G., Fuller, D.Q., Constantinescu, S., Durcan, J.A., Stevens, T., Duller,
 G.A.T., Tabrez, A.R., Gangal, K., Adhikari, R., Alizai, A., Filip, F., VanLaningham, S. and
 Syvitski, J.P.M. (2012) Fluvial landscapes of the Harappan civilization. *Proceedings of the* National Academy of Sciences, 109, E1688–E1694.
- Greenberg, E., Ganti, V. and Hajek, E. (2021) Quantifying bankfull flow width using preserved bar
 clinoforms from fluvial strata. *Geology*, 49, 1038–1043.
- 759 Greenwood, D.R. and Huber, M. (2011) Eocene precipitation: a global monsoon? 2011, T22C-07.
- Honegger, L., Adatte, T., Spangenberg, J.E., Rugenstein, J.K.C., Poyatos-Moré, M., Puigdefàbregas,
 C., Chanvry, E., Clark, J., Fildani, A., Verrechia, E., Kouzmanov, K., Harlaux, M. and
 Castelltort, S. (2020) Alluvial record of an early Eocene hyperthermal within the Castissent
 Formation, the Pyrenees, Spain. *Clim. Past*, 16, 227–243.
- Hutchinson, D.K., Coxall, H.K., Lunt, D.J., Steinthorsdottir, M., de Boer, A.M., Baatsen, M., von der
 Heydt, A., Huber, M., Kennedy-Asser, A.T., Kunzmann, L., Ladant, J.-B., Lear, C.H.,
 Moraweck, K., Pearson, P.N., Piga, E., Pound, M.J., Salzmann, U., Scher, H.D., Sijp, W.P.,
 Śliwińska, K.K., Wilson, P.A. and Zhang, Z. (2021) The Eocene–Oligocene transition: a review
 of marine and terrestrial proxy data, models and model–data comparisons. *Climate of the Past*, 17, 269–315.
- Huyghe, D., Mouthereau, F. and Emmanuel, L. (2012) Oxygen isotopes of marine mollusc shells
 record Eocene elevation change in the Pyrenees. *Earth and Planetary Science Letters*, 345–
 348, 131–141.
- **IPCC** (2022) IPCC, 2022: Climate Change 2022: Impacts, Adaptation, and Vulnerability. Contribution of
 Working Group II to the Sixth Assessment Report of the Intergovernmental Panel on Climate
 Change. Cambridge University Press, Cambridge, UK and New York, NY, USA.
- Jaimes-Gutierrez, R., Adatte, T., Pucéat, E., Vennemann, T., Prieur, M., Wild, A.L., Khozyem, H.,
 Vaucher, R. and Castelltort, S. (2024) Deciphering Palaeocene-Eocene Thermal Maximum
 Climatic Dynamics: Insights From Oxygen and Hydrogen Isotopes in Clay Minerals of
 Palaeosols From the Southern Pyrenees. *Palaeoceanography and Palaeoclimatology*, 39,
 e2024PA004858.
- Juvany, P., Garcés, M., López-Blanco, M., Valero, L., Amorós, E.B., Poyatos-Moré, M. and Rius, A.M.
 (2024) Unraveling the sediment routing systems evolution of the south Pyrenean foreland
 basin during the lower to middle Palaeogene period. *Marine and Petroleum Geology*, 167,
 106913.

- Le Roux, J.P. (1992) Determining the channel sinuosity of ancient fluvial systems from palaeocurrent
 data. *Journal of Sedimentary Research*, 62, 283–291.
- Leclair, S. and Bridge, J. (2001) Quantitative Interpretation of Sedimentary Structures Formed by
 River Dunes. *Journal of Sedimentary Research J SEDIMENT RES*, **71**, 713–716.
- Long, D.G.F. (2021) Trickling down the palaeoslope: an empirical approach to palaeohydrology. *Earth-Science Reviews*, 220, 103740.
- Loo, Y.Y., Billa, L. and Singh, A. (2015) Effect of climate change on seasonal monsoon in Asia and its
 impact on the variability of monsoon rainfall in Southeast Asia. *Geoscience Frontiers*, 6, 817–
 823.
- Lyster, S.J. (2022) Quantifying the dynamics and behaviour of ancient fluvial systems in space and
 time. Imperial College London
- Lyster, S.J., Whittaker, A.C., Allison, P.A., Lunt, D.J. and Farnsworth, A. (2020) Predicting sediment
 discharges and erosion rates in deep time—examples from the late Cretaceous North
 American continent. *Basin Research*, 32, 1547–1573.
- Lyster, S.J., Whittaker, A.C. and Hajek, E.A. (2022a) The problem of palaeo-planforms. *Geology*, 50,
 822–826.
- kyster, S.J., Whittaker, A.C., Hajek, E.A. and Ganti, V. (2022b) Field evidence for disequilibrium
 dynamics in preserved fluvial cross-strata: A record of discharge variability or
 morphodynamic hierarchy? *Earth and Planetary Science Letters*, 579, 117355.
- Lyster, S.J., Whittaker, A.C., Hampson, G.J., Hajek, E.A., Allison, P.A. and Lathrop, B.A. (2021)
 Reconstructing the morphologies and hydrodynamics of ancient rivers from source to sink:
 Cretaceous Western Interior Basin, Utah, USA. Sedimentology, 68, 2854–2886.
- Makaske, B. (2001) Anastomosing rivers: a review of their classification, origin and sedimentary
 products. *Earth-Science Reviews*, 53, 149–196.
- Manning, R., Griffith, J.P., Pigot, T.F. and Vernon-Harcourt, L.F. (1890) On the flow of water in open
 channels and pipes. 161 pp.
- 811 Markwick, P.J. (2019) Palaeogeography in exploration. *Geol. Mag.*, **156**, 366–407.
- Marzo, M., Nijman, W. and Puigdefabregas, C. (1988) Architecture of the Castissent fluvial sheet
 sandstones, Eocene, South Pyrenees, Spain. *Sedimentology*, 35, 719–738.
- McInerney, F. and Wing, S. (2011) The Palaeocene-Eocene Thermal Maximum: A Perturbation of
 Carbon Cycle, Climate, and Biosphere with Implications for the Future. *Annu. Rev. Earth Planet. Sci.*, 39, 489–516.
- McLeod, J.S., Whittaker, A.C., Bell, R.E., Hampson, G.J., Watkins, S.E., Brooke, S.A.S., Rezwan, N.,
 Hook, J., Zondervan, J.R., Ganti, V. and Lyster, S.J. (2024) Landscapes on the edge: River
 intermittency in a warming world. *Geology*, 52, 512–516.
- McLeod, J.S., Wood, J., Lyster, S.J., Valenza, J.M., Spencer, A.R.T. and Whittaker, A.C. (2023)
 Quantitative constraints on flood variability in the rock record. *Nat Commun*, 14, 3362.

- 822 Meyer-Peter, E. and Müller, R. (1948) Formulas for Bed-Load transport.
- Miall, A.D. (1994) Reconstructing fluvial macroform architecture from two-dimensional outcrops;
 examples from the Castlegate Sandstone, Book Cliffs, Utah. *Journal of Sedimentary Research*,
 64, 146–158.
- Milliman, J.D. and Meade, R.H. (1983) World-Wide Delivery of River Sediment to the Oceans. *The* Journal of Geology, 91, 1–21.
- Molnar, P., Anderson, R.S., Kier, G. and Rose, J. (2006) Relationships among probability distributions
 of stream discharges in floods, climate, bed load transport, and river incision. Journal of
 Geophysical Research: Earth Surface. doi: 10.1029/2005JF000310
- Nijman, W. (1998) Cyclicity and basin axis shift in a piggyback basin: towards modelling of the Eocene
 Tremp-Ager Basin, South Pyrenees, Spain. SP, 134, 135–162.
- Nijman, W. and Nio, S.D. (1975) The Eocene Montañana Delta: Tremp-Graus Basin, Provinces of
 Lérida and Huesca, Southern Pyrenees, N. Spain). *Vakgroep Sedimentologie, Rijksuniveriteit Leiden-Utrecht*, 20 pp.
- Nijman, W. and Puigdefàbregas, C. (1977) Coarse-Grained Point Bar Structure in a Molasse-Type
 Fluvial System, Eocene Castisent Sandstone Formation, South Pyrenean Basin.
- Paola, C. and Borgman, L. (1991) Reconstructing random topography from preserved stratification.
 Sedimentology, 38, 553–565.
- Parker, G. (1976) On the cause and characteristic scales of meandering and braiding in rivers. *Journal* of Fluid Mechanics, 76, 457–480.
- Picart, J., Samso, J., Cuevas, J.L., Mercade, L. and Arbues, P. (2010) Mapa Geologic de Catalunya
 1:2500. Espills 251-2-2 (64-22).
- Plink-Bjorklund, P. (2015) Morphodynamics of rivers strongly affected by monsoon precipitation:
 Review of depositional style and forcing factors. Sedimentary Geology. doi:
 10.1016/j.sedgeo.2015.04.004
- Prieur, M., Robin, C., Braun, J., Vaucher, R., Whittaker, A., Jaimes Gutiérrez, R., Wild, A., McLeod, J.,
 Malatesta, L., Fillon, C., Schlunegger, F., Sømme, T. and Castelltort, S. (2024) Climate Control
 on Erosion: Evolution of Sediment Flux from Mountainous Catchments during a Global
 Warming Event, PETM, Southern Pyrenees, Spain.
- Puig, J.M., Cabello, P., Howell, J. and Arbués, P. (2019) Three-dimensional characterisation of
 sedimentary heterogeneity and its impact on subsurface flow behaviour through the
 braided-to-meandering fluvial deposits of the Castissent Formation (late Ypresian, Tremp Graus Basin, Spain). Marine and Petroleum Geology, 103, 661–680.
- Rezwan, N., Whittaker, A.C., McLeod, J.S., Hook, J., Castelltort, S. and Schlunegger, F. (2025)
 Decoding Normal-Fault Controlled Trends in Stratigraphic Grain Size: Examples From the
 Kerinitis Gilbert-Type Delta, Greece. *Basin Research*, **37**, e70014.
- Romans, B.W., Castelltort, S., Covault, J.A., Fildani, A. and Walsh, J.P. (2016a) Environmental signal
 propagation in sedimentary systems across timescales. *Earth-Science Reviews*, 153, 7–29.

- Romans, B.W., Castelltort, S., Covault, J.A., Fildani, A. and Walsh, J.P. (2016b) Environmental signal
 propagation in sedimentary systems across timescales. *Earth-Science Reviews*, 153, 7–29.
- Rowley, T., Konsoer, K., Langendoen, E.J., Li, Z., Ursic, M. and Garcia, M.H. (2021) Relationship of
 point bar morphology to channel curvature and planform evolution. *Geomorphology*, 375,
 107541.
- Rush, A.W.D., Kiehl, A.J.T., Shields, A.C.A. and Zachos, A.J.C. (2021) Increased frequency of extreme
 precipitation events in the North Atlantic during the PETM: Observations and theory.
- Sames, B., Wagreich, M., Conrad, C.P. and Iqbal, S. (2020) Aquifer-eustasy as the main driver of
 short-term sea-level fluctuations during Cretaceous hothouse climate phases. *Geological* Society, London, Special Publications, 498, 9–38.
- 870 Selley, R.C. (1968) A Classification of Palaeocurrent Models. *The Journal of Geology*, 76, 99–110.
- Sharma, N., Whittaker, A.C., Watkins, S.E., Valero, L., Vérité, J., Puigdefabregas, C., Adatte, T.,
 Garcés, M., Guillocheau, F. and Castelltort, S. (2023) Water discharge variations control
 fluvial stratigraphic architecture in the Middle Eocene Escanilla formation, Spain. *Sci Rep*, 13,
 6834.
- Trampush, S.M., Huzurbazar, S. and McElroy, B. (2014) Empirical assessment of theory for bankfull
 characteristics of alluvial channels. *Water Resources Research*, 50, 9211–9220.
- Turner, S.K. (2018) Constraints on the onset duration of the Palaeocene-Eocene Thermal Maximum.
 Philos Trans A Math Phys Eng Sci, **376**, 20170082.
- Van der Meulen, S. (1989) The distribution of Pyrenean erosion material, deposited by eocene
 sheetflood systems and associated fan-deltas : a fossil record in the Monllobat and adjacent
 Castigaleu formations, in the drainage area of the present Rio Noguerra Ribagorzana,
 provinces of Huesca and Lérida, Spain. *Rijksuniversiteit, Mineralogisch-geologisch instituut*,
 Utrecht, 125 pp.
- Van Eden, J.G. (1970) A reconnaissance of deltaic environment in the middle Eocene of the south central Pyrenees, Spain, 4th edn. *GEOL. EN MIJNBOUW*.
- Wang, B. and Ding, Q. (2008) Global monsoon: Dominant mode of annual variation in the tropics.
 Dynamics of Atmospheres and Oceans, 44, 165–183.
- Wentworth, C.K. (1922) A Scale of Grade and Class Terms for Clastic Sediments. *The Journal of Geology*, **30**, 377–392.
- Westerhold, T., MarwanNorbert, Drury, A.J., Liebrand, D., Agnini, C., Anagnostou, E., Barnet, J.,
 Bohaty, S., De Vleeschouwer, D., Fabio, F., Frederichs, T., Hodell, D., Holbourn, A., Kroon, D.,
 Lauretano, V., Littler, K., Lourens, L., Lyle, M., Pälike, H. and Zachos, J.C. (2020) An
 astronomically dated record of Earth's climate and its predictability over the last 66 million
 years. Science (New York, N.Y.), 369, 1383–1387.
- Westerhold, T., Röhl, U., Donner, B. and Zachos, J.C. (2018) Global Extent of Early Eocene
 Hyperthermal Events: A New Pacific Benthic Foraminiferal Isotope Record From Shatsky Rise
 (ODP Site 1209). Palaeoceanography and Palaeoclimatology, 33, 626–642.

- Westerhold, T., Röhl, U., Frederichs, T., Agnini, C., Raffi, I., Zachos, J.C. and Wilkens, R.H. (2017)
 Astronomical calibration of the Ypresian timescale: implications for seafloor spreading rates
 and the chaotic behavior of the solar system? *Climate of the Past*, 13, 1129–1152.
- Whitchurch, A.L., Carter, A., Sinclair, H.D., Duller, R.A., Whittaker, A.C. and Allen, P.A. (2011)
 Sediment routing system evolution within a diachronously uplifting orogen: Insights from
 detrital zircon thermochronological analyses from the South-Central Pyrenees. *American Journal of Science*, **311**, 442–482.
- 905 Whittaker, A.C. (2012) How do landscapes record tectonics and climate? *Lithosphere*, **4**, 160–164.
- Wolman, M.G. (1954) A method of sampling coarse river-bed material. *Eos, Transactions American Geophysical Union*, 35, 951–956.
- Wood, J., McLeod, J.S., Lyster, S.J. and Whittaker, A.C. (2022) Rivers of the Variscan Foreland: fluvial
 morphodynamics in the Pennant Formation of South Wales, UK. *Journal of the Geological Society*, 180, jgs2022-048.

911 TABLES

Parameter	Definition
h _{xs}	Mean cross-set height, measured as the mean from a distribution of heights measured within one cross-set
h _d	Height of the original dune, before preservation as a cross-set
hacc	Height of observable accretion set within preserved barforms
Н	The depth of formative water flow at the time of deposition, often assumed to represent bankfull conditions
$q_{ m s,w}$	Unit discharge of water or sediment at the time of deposition, measured per unit width
Q _{s,w}	Discharge of water of sediment, measured per individual river channel
$Q_{ m s,w(total)}$	Total discharge of water or sediment for all channels of the river

912 *Table 1. Key palaeohydrological variables and definitions*

	Number of barforms accreting downstream $(\varDelta_{db} \le 45^{\circ})$	Number of barforms accreting laterally $(45^\circ < \Delta_{db} \le 135^\circ)$	Number of barforms accreting upstream $(\Delta_{db} > 135^{\circ})$
Castissent	45 (74%)	14 (23%)	2 (3%)
Montllobat	15 (39%)	17 (45%)	6 (16%)

913 *Table 2. Bar-mode results from dune-bar orientation difference analysis.*

914 FIGURES



Fig 1. Study region. (A) Geologic map of field area and the Montllobat and Castissent
Formations, including field localities (after Chanvry et al., 2018). Section X-X' is presented on
Fig. 3. (B) Regional map, where the box is inset A.



Fig 2. Tectono-climatic context of the Montllobat and Castissent Formations. (A) Benthic carbon isotope records for the upper Palaeocene and early Eocene (Honegger et al., 2020) where each coloured line represents δ 13C from the IODP cores numbered on the right, and geologic timescale, with the Castissent interval highlighted in green. The mean annual temperature (MAT) change is illustrated with the axis on the right, estimated based on CO₂ output (Honegger et al., 2020). (B) Cumulative 1-D erosion in Zone 4 of the Pyrenean orogen (Curry et al., 2021), illustrating exhumation from 56 – 30 Ma.



Fig 3. Stratigraphy and palaeogeography. (A) Schematic stratigraphic section, modified from
Marzo (1988), from east (up-dip, X') to west (down-dip, X), showing field localities, major
towns and rivers, and depositional environments. The location of section is labelled on Fig. 1A
and Fig. 3B. (B) Schematic palaeogeographic map of the Montanyana sediment routing system
c. 53-50 Mya, illustrating foreland sub-basins and depositional environments.



Fig. 4. The Montllobat (A-C) and Castissent (D-F) Formations at outcrop. (A) Point bar
accretion sets at El Point Bar de Montanyana, (B) dune and bar-scale cross-strata near Tercui,
(C) fine- to medium-grained sandstone near Tercui, (D) Amalgamated channel-fill sandstone
bodies at Mont de Roda, (E) dune and bar-scale cross-strata at Chiriveta, (F) very coarsegrained sandstone near Coll de Montllobar. Locations shown on Fig. 1A.



Fig. 5. Palaeohydrological workflow, from field data collection to quantitative suite of
palaeohydrological approaches, where formulae used are indicated in each box. See Table 1 for
definitions.



Fig. 6. Cumulative density functions (CDFs) of palaeohydrologic results. (A) CDF of mean
cross-set thickness, and flow depth (calculated using Eqs. 1 and 2). (B) CDF of median channel
gradient, *S*, calculated using Eq. 3.



Fig. 7. Depth and slope through time. (A) Formative flow depth (bedform approach) through 948 time. The box plots illustrate the reconstructed flow depth across each formation, and the graph 949 950 depicts uncertainty in reconstructed depth for each member of the two formations. Each formation has been divided equally into its members, as timing of their constituent fluvial 951 deposits is poorly constrained. The solid black line represents the median value of flow depth, 952 the thick dashed lines represent the upper and lower quartiles (where the shaded region is the 953 interquartile range), and the thin dashed lines represent the 10th and 90th percentiles. (B) As in 954 (A) but for reconstructed palaeoslope. 955

956



Fig. 8. Water and sediment discharge through time. (A) Unit water discharge, q_w , and flow velocity, *U*, through time, calculated using Eq. 4. The box plots represent the median depth within each formation, and the graph depicts uncertainty in reconstructed q_w for each Member. The solid black line represents the median value, the thick dashed lines represent the upper and lower quartiles (where the shaded region is the interquartile range), and the thin dashed lines represent the 10th and 90th percentiles. (B) As in (A) but for reconstructed unit sediment flux, using Eq. 5.

965



966

Fig. 9. Planform results. (A) Dune-bar angular difference through time, where the box plots 967 represent the median dune-bar difference within each formation, and the graph depicts 968 uncertainty for each Member. Where median dune-bar angular difference is between 45 and 969 135°, dominant bar mode is considered to be lateral. The solid black line represents the median 970 971 value, the thick dashed lines represent the upper and lower quartiles (where the shaded region is the interquartile range), and the thin dashed lines represent the 10th and 90th percentiles. (B) 972 Planform stability plot, where slope/Froude number is plotted against depth/width, using a 973 974 random distribution of values within uncertainty for each Formation. The planform stability fields of Parker (1976) and Lyster et al. (2022) are presented in grey and black, respectively. 975



Fig. 10. Barform and bedform-based estimates of depth and width. (A) Boxplots illustrating
flow depth results from the bedform approach, and (B) from the barform approach. (C) Channel
width estimates (Eq. 8) using depths from the bedform approach, and (D) from the barform
approach. Median width and depth values are comparable for each approach.



Fig 11. Total fluxes. (A) The total water discharge, $Q_{w(total)}$, and (B) the total sediment discharge, $Q_{s(total)}$. The solid black line represents the median value, the thick dashed lines represent the upper and lower quartiles (where the shaded region is the interquartile range), and the thin dashed lines represent the 10th and 90th percentiles.

987



Fig. 12. Schematic diagram illustrating changing palaeoslope, flow velocity, depth, planform,
and total water and sediment flux from the Montllobat to the Castissent Formation. Some
values are not to scale.