

A Temperature- and Pressure-Sensitive Visco-Plasticity Theory based on Interface Mechanisms for Sedimentary Rocks

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Abstract

In this work, a multi-physics constitutive theory for sedimentary rocks is proposed combining the results of laboratory tests, theoretical analysis and numerical validation. The viscosity of the material is assumed to be a function of the temperature, pore-pressure and energy required to alter the intergranular interfaces. The latter is expressed through the chemical potentials of the phases involved during processes like chemical dissolution/precipitation of the interfaces or mechanical debonding.

The resulting flow law and corresponding stress equilibrium are coupled to the energy and mass conservation laws, constituting a closed system of equations. To solve this system, the theoretical framework is implemented using the Finite Element REDBACK simulator and its qualitative behaviour is analysed in monotonous and cyclic isotropic compression, as well as in direct shear for different loading rates. A series of numerical calibration tests

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is then successfully performed against different types of rocks (sandstone, mudstone), saturating conditions (dry, wet), stress paths (triaxial, isotropic) and temperatures (from room temperature to over 800K).

We show that: 1) the mechanical response of sedimentary porous rocks at strains usually achieved in laboratory testing is determined by the interface processes taking place at the cementitious material bonding the grains.; 2) this strength is stress path dependent; 3) the interfaces processes are shown to be important only when the deviatoric component of the loading is significant; and 4) including the energy and mass balance equations regularizes the numerical problem of localization of plastic deformation, offering an internal length scale to the mechanical problem.

Keywords:

1. Introduction

Constitutive modelling of irreversible deformation in geomaterials is currently transitioning from the design era to that of long-term modeling of processes. Such a transition requires a step-change in the models, not only designing structures up to their yield point but also capturing their behaviour beyond yield and offer predictive capabilities to long-term problems like the underground storage of energy waste, long-term energy production or seismic fault modeling. This requires a plasticity theory to help describe and even predict what is happening after yield, including far away from the initial yield at environments where rocks may experience extreme temperatures, pressures, but also internal transformations. To be able to model such multiphysical processes the constitutive models need to incorporate a sufficient

13 level of details from the physical mechanisms taking place at the microstruc-
14 ture, and which affect the macroscopic response of materials upon loading.

15 Examples of such models can be found in the field of Metal Plasticity, and
16 in particular crystal plasticity with the first attempts of capturing the mi-
17 croscopic response of crystals date as early as the 1930s with the pioneering
18 works of (Taylor and Quinney, 1934a; Eyring, 1936; Orowan, 1940; Kauz-
19 mann, 1941), to name but a few. Through these works it was shown -and
20 nowadays it is commonly accepted- that the mechanical resistance in shear in
21 metals is dominated by lattice-related processes like the presence of discrete
22 obstacles, lattice resistance, dislocation movements, etc (for more details see
23 (Frost and Ashby, 1982)).

24 Since metals are predominantly pressure insensitive (von Mises) materials,
25 all these microstructural processes are affecting their shear response. They
26 can all be up-scaled in the macroscopic expression of the (plastic) shear strain
27 rate using concepts from statistical mechanics and chemical rate theory (see
28 (Kauzmann, 1941) for example), to provide a viscous law of the form:

$$\dot{\gamma} = \dot{\gamma}_0 \left(\frac{\tau}{\tau_0} \right)^n e^{-\Delta Q/RT} \quad (1)$$

29 where τ is the shear stress and ΔQ is the activation enthalpy (increment)
30 of the microscopic mechanisms, i.e. the energy that needs to be provided to
31 overcome/activate any microstructural obstacles/mechanisms resisting the
32 motion. It has been shown (Frost and Ashby, 1982) that this activation
33 energy depends linearly on shear stress and can therefore be written as $Q =$
34 $E - a\tau$. In cases where the microstructural mechanisms include pressure
35 sensitivity and volume change, like for example lattice vacancies that are

36 filled, the activation enthalpy is extended to account for pressure sensitivity
 37 in the form $\Delta Q = \Delta E - \Delta a\tau + p\Delta V$ (see (Frost and Ashby, 1982), chapter
 38 17).

39 These concepts have been cast into a visco-plastic framework by Perzyna
 40 (1966), Lubliner (1990) etc., regarding pressure-insensitive (i.e. exhibiting
 41 J2 or von-Mises yield) metals. They resulted into defining a flow law for
 42 plasticity as a similar function to Eq. (1):

$$\dot{\gamma}^p = \dot{\lambda} \frac{\partial y}{\partial \tau}, \dot{\lambda} = \dot{\gamma}_0 \left\langle \frac{\tau - \tau_0}{\tau_0} \right\rangle^n e^{-\Delta Q/RT} \quad (2)$$

43 where in this case, τ is the deviatoric stress, τ_0 is its value at yield and y is
 44 the von Mises yield surface ($\tau = \tau_0$). The addition of the macauley brackets
 45 $\langle \cdot \rangle$ places these concepts into a plasticity framework, ensuring zero plastic
 46 strain rate before yield. The quantity $\tau - \tau_0$ inside the Macauley brackets
 47 is frequently called *overstress*, as it expresses the amount of stress in excess
 48 (over) of the current yield value that the material is experiencing. Based on
 49 this, this plasticity approach is usually called *overstress visco-plasticity*.

50 These concepts have been later generalized to apply in materials display-
 51 ing pressure sensitivity and more complicated microstructures, like geoma-
 52 terials (Oka, 1985, 1981; Adachi and OKA, 1982; Borja, 1991). Recently
 53 (Einav, 2012; Zhang and Buscarnera, 2017; Veveakis and Regenauer-Lieb,
 54 2015) have extended these concepts to allow the flow law to receive feedback
 55 from state variables (including pressure, temperature and density). Such con-
 56 cepts are common knowledge in disciplines studying long-term response of
 57 rocks under loading, like Geology, Geophysics and Geodynamics, where the
 58 materials are long past their initial yield point and are commonly described

59 as viscous without incorporating the concept of a yield surface or plasticity
60 in general (Karato, 2008). In these disciplines the viscosity of the material
61 incorporates all the interface processes taking place at the micro-scale, like
62 for example grain boundary sliding, interface chemistry etc. As such, the vis-
63 cosity of these laws is expressing all the micro-scopic processes as a function
64 of the state variables of the problem at hand, like temperature, pressure and
65 density.

66 In this work, we suggest a Multiphysics Geomechanical framework that
67 is enriched with a dependency of the plastic multiplier (viscosity) on state
68 variables and internal interface processes. The next sections are laying down
69 the fundamental principles of Continuum Mechanics used in the approach
70 (mass, energy, local entropy and momentum balance), before developing and
71 validating appropriate constitutive laws for the mechanical response of rocks
72 experiencing internal interface mechanisms like debonding or interface disso-
73 lution/precipitation. The mathematical framework is then implemented in
74 a finite element simulator and used to reproduce experimental results from
75 triaxial and isotropic compression tests in different types of rocks. Finally,
76 all the results are synthesized and novel conclusions discussed.

77 **2. Mathematical Framework of Multi-Physics Mechanics**

78 We start by presenting the governing laws of physics used in this frame-
79 work. The work is based on the basic and fundamental principles of con-
80 tinuum mechanics, considering a representative elementary volume (REV),
81 the smallest volume over which a measurement can be made that will yield
82 a value representative of the whole (Hill, 1963). Given all applications in

83 this work involve rocks of a few centimetres at the smallest, this assump-
84 tion is not restrictive for the type of rocks considered (mudstone, sandstone,
85 carbonates).

86 *2.1. Mixture's Theory*

87 The continuum studied includes considerations for a two-phase material,
88 made of a fully saturated porous matrix filled with fluid. As such, the mate-
89 rial is decomposed into the part that constitutes the skeleton, receiving forces
90 from the loading conditions, and the weak (or fluid) phase which occupies
91 the void volume and does not participate into the force chain network. The
92 volume ratio of the voids can therefore be defined as the porosity,

$$\phi = \frac{V_{void}}{V}, \quad (3)$$

93 which allows the deployment in the following sections of the well known
94 governing equations for a bi-phasic material in the context of mixtures theory.
95 Based on that, we then define the respective phase densities:

$$\rho_1 = (1 - \phi)\rho_s \quad (4a)$$

$$\rho_2 = \phi \rho_f \quad (4b)$$

96 where the subscripts s and f refer to the solid and fluid components respec-
97 tively.

98 *2.2. Mass Balance*

99 The mass balance of the fluid and solid phases can be expressed as:

$$\begin{aligned} \frac{\partial \rho_1}{\partial t} + \frac{\partial(\rho_1 V_k^{(1)})}{\partial x_k} &= 0 \\ \frac{\partial \rho_2}{\partial t} + \frac{\partial(\rho_2 V_k^{(2)})}{\partial x_k} &= 0 \end{aligned} \quad (5)$$

100 In the case where the material is saturated with a fluid, each phase can as-
 101 sumed to follow the equation of the state with respect to the (state) pressure
 102 of the fluid p_f and Temperature T :

$$\frac{d\rho_{(i)}}{\rho_{(i)}} = \beta_{(i)} dp_f - \lambda_{(i)} dT, \quad i \in \{s, f\} \quad (6)$$

103 where $\beta_{(i)}$ is the compressibility ($\beta_{(i)} = \frac{1}{\rho_{(i)}} \left(\frac{d\rho_{(i)}}{dp_f} \right)_T$) and $\lambda_{(i)}$ is the thermal
 104 expansion ($\lambda_{(i)} = -\frac{1}{\rho_{(i)}} \left(\frac{d\rho_{(i)}}{dT} \right)_{p_f}$).

105 Using Eq. 5 and Eq. 6, combined with Darcy's law for the filter velocity
 106 $\phi(V_k^{(2)} - V_k^{(1)}) = -\frac{k}{\mu_f} \frac{\partial p_f}{\partial x_k}$ (k is the permeability and μ_f the saturating fluid
 107 viscosity) while neglecting convective terms, leads to the final mass balance
 108 equation for the mixture:

$$\beta_m \frac{\partial p_f}{\partial t} - \lambda_m \frac{\partial T}{\partial t} - \frac{k}{\mu_f} \frac{\partial^2 p_f}{\partial x_k \partial x_k} + \frac{\partial V_k^{(1)}}{\partial x_k} = 0 \quad (7)$$

109 where $\beta_m = (1 - \phi)\beta_s + \phi\beta_f$ is the mixture's compressibility, and $\lambda_m =$
 110 $(1 - \phi)\lambda_s + \phi\lambda_f$ the mixture's thermal expansion coefficient.

111 *2.3. Momentum Balance*

112 The acceleration of the mixture is assumed to be negligible. Therefore, the
 113 local form of the momentum balance of the mixture together with Terzaghi's

114 law (Terzaghi, 1925) $\sigma_{ij} = \sigma'_{ij} - p_f \delta_{ij}$ (where σ_{ij} is the total stress tensor of
 115 the mixture, σ'_{ij} the effective stress tensor and p_f the pore pressure), can be
 116 written in its stress equilibrium regime as follows,

$$\frac{\partial \sigma'_{ij}}{\partial x_j} - \frac{\partial \Delta p_f \delta_{ij}}{\partial x_j} + b_i = 0 \quad (8)$$

117 By convention, stresses are taken negative in compression in this work. In
 118 this expression we decomposed the pore pressure itself as $p_f = p_{hyd} + \Delta p_f$
 119 where p_{hyd} is the hydrostatic pressure (constant in this study) and Δp_f is
 120 the excess pore pressure.

121 2.4. Energy Balance

The local form of the energy equation expresses the energy balance and takes into account Fourier's law for heat conduction and the second law of thermodynamics (Rosakis et al., 2000):

$$(\rho C)_m \frac{\partial T}{\partial t} = \alpha \frac{\partial^2 T}{\partial x_i \partial x_i} + \Phi \quad (9)$$

where $(\rho C)_m$ the heat capacity of the mixture and α the thermal conductivity. The term Φ corresponds to the mechanical work dissipated into heat, which is non negative based on the second law of thermodynamics:

$$\Phi = \sigma'_{ij} \dot{\epsilon}^i_{ij} + \frac{\partial \psi}{\partial \xi_k} \dot{\xi}_k \geq 0 \quad (10)$$

In this expression, the (frequently called cold-) work of internal state variables is expressed through the product of derivative of the Helmholtz free energy ψ with respect to any dissipative internal state variable vector ξ_k and its rate, $\frac{\partial \psi}{\partial \xi} \dot{\xi}_k$. The expression (10) can be re-arranged to take the form:

$$\Phi = \chi \sigma'_{ij} \dot{\epsilon}^i_{ij} \geq 0, \quad \chi = 1 - \frac{E_\xi \dot{\xi}_k}{\sigma'_{ij} \dot{\epsilon}^i_{ij}} \quad (11)$$

122 where $E_\xi = -\frac{\partial\psi}{\partial\xi_k}$ and χ is the Taylor-Quinney coefficient (Taylor and Quin-
 123 ney, 1934b), expressing the amount of mechanical work dissipated by the
 124 internal state variables into internal microstructural mechanisms. When it
 125 is zero all the mechanical work is consumed into internal state variables,
 126 whereas when it is equal to one all the mechanical work is converted into
 127 heat. χ is in general a function of all the state variables, like density (or
 128 pressure), temperature, ξ_k , etc.

129 2.5. Normalisation

The assessment of the influence of the various physical processes involved,
 is facilitated by adopting a dimensionless formulation. To that end, the
 following normalised variables are introduced:

$$p^* = \frac{p_f}{\sigma_{ref}}, \quad (12a)$$

$$T^* = \frac{T - T_{ref}}{T_{ref}}, \quad (12b)$$

$$x^* = \frac{x}{x_{ref}}, \quad (12c)$$

$$t^* = \frac{c_{th,ref}}{x_{ref}^2} t. \quad (12d)$$

130 where $c_{th,ref} = \alpha_{th}/(\rho C_p)_m$ is a reference thermal diffusivity of the mixture,
 131 with α_{th} the thermal conductivity and ρC_p the heat capacity of the mixture.

By introducing those normalized numbers to equation 7, we obtain (the
 asterisks are dropped for simplicity.):

$$\frac{\partial\Delta p_f}{\partial t} - \frac{\partial}{\partial x_k} \left[\frac{1}{Le} \frac{\partial\Delta p_f}{\partial x_k} \right] - \Lambda_m \frac{\partial T}{\partial t} + \frac{\epsilon_V}{\beta} = 0 \quad (13)$$

132 where $\Lambda_m = \frac{\lambda_m T_{ref}}{\beta_m \sigma_{ref}}$ is the thermal pressurization coefficient for mixture, Pe is

133 Péclet number, $\bar{\beta} = \beta_m \sigma_{ref}$ is the normalized compressibility of the mixture
 134 and ϵ_V is the normalized volumetric strain rate.

Following the same procedure, the energy balance is brought in a dimensionless form:

$$\frac{\partial T}{\partial t} - \frac{\partial^2 T}{\partial x_k \partial x_x} - Gr \sigma_{ij} \dot{\epsilon}_{ij}^{pl} = 0 \quad (14)$$

135 where $Gr = \frac{\sigma_{ref} \epsilon_{ref} x_{ref}^2}{\alpha_{th} T_{ref}}$ is a dimensionless group called the Gruntfest
 136 number (?).

137 These 2 equations, together with the normalised form of the stress equilib-
 138 rium (gravity is neglected in the following), are constituting the final system
 139 of equations. These three equations are closed as a mathematical system
 140 when appropriate constitutive laws of elasto-plasticity are taken under con-
 141 siderations. Since in this study we are interested in studying materials with
 142 internal interfacial mechanisms taking place during irreversible deformation,
 143 the next section is devoted into the development and validation of such con-
 144 stitutive expressions.

145 3. Constitutive Laws of Multi-Physics Elasto-Visco-Plasticity

146 In this section we describe the temperature- and pressure- sensitive law of
 147 elasto-viscoplasticity. The underlying physical model for this study is com-
 148 bining concepts from the viscoplastic approach in metals, as discussed in
 149 the introduction, with the required modifications to capture interface mech-
 150 anisms in pressure-sensitive, porous materials.

151 *3.1. Elasto-Visco-Plasticity*

152 The formulation is based on the principles of overstress plasticity (Perzyna,
153 1966), used in a novel elasto-viscoplastic approach Poulet and Veveakis (2016).
154 As is done classically in Mechanics, the total strain rate is decomposed into
155 its elastic (reversible) and plastic (irreversible) components, $\dot{\epsilon}_{ij} = \dot{\epsilon}_{ij}^r + \dot{\epsilon}_{ij}^i$.

156 *3.1.1. Thermo-Poro-Elasticity*

157 The reversible part is considered to observe linear thermo-elasticity,

$$\dot{\epsilon}_{ij}^r = C_{ijkl} \dot{\sigma}'_{kl} - \lambda_s \Delta T \quad (15)$$

158 where C_{ijkl} is the compliance modulus. Note that the Einstein notation
159 (summation of repeated indices) applies.

160 *3.1.2. Visco-plasticity*

161 The irreversible element of the strain rate respects an associative visco-
162 plastic flow law expressed as $\dot{\epsilon}_{ij}^i = \dot{\Pi} \frac{\partial f}{\partial \sigma'_{ij}}$, where f is the yield function and
163 $\dot{\Pi}$ is a (scalar) plastic multiplier (see figure 1).

164 The plastic multiplier is chosen as the norm of the tensor, obeying the
165 relation $\dot{\Pi} = \sqrt{\dot{\epsilon}_d^i{}^2 + \dot{\epsilon}_v^i{}^2}$, where $\dot{\epsilon}_d^i$ and $\dot{\epsilon}_v^i$ represent the deviatoric (i.e. irre-
166 versible processes occurring in the absence of volume change) and volumetric
167 (i.e. irreversible processes occurring in the absence of shear) components of
168 the strain rate tensor respectively (see figure 1), obeying the incremental
169 relations:

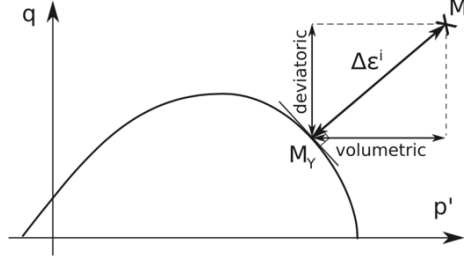


Figure 1: Decomposition of the plastic flow rule into a volumetric and a deviatoric components in the $p' - q$ space (mean effective stress – shear stress), for a stress point M and its corresponding point on the yield point M_Y .

$$\dot{\epsilon}_d^i = \dot{\epsilon}_0^d \left\langle \frac{q - q_Y}{\sigma_{ref}} \right\rangle^m, \quad (16a)$$

$$\dot{\epsilon}_v^i = \dot{\epsilon}_0^v \left\langle \frac{p' - p_Y}{\sigma_{ref}} \right\rangle^m, \quad (16b)$$

170 where $\dot{\epsilon}_0^{v,d}$ is the reference strain rate for the deviatoric and volumetric part,
 171 p' denotes the volumetric mean effective stress, q the equivalent deviatoric
 172 stress (also called von Mises stress), p_Y and q_Y the corresponding values of
 173 p' and q at yield, R the universal gas constant, σ_{ref} a reference value to
 174 normalize stresses, and T the temperature. The angle brackets $\langle \cdot \rangle$ represent
 175 Macaulay brackets.

176 Following the discussion in the Introduction, the reference strain rates
 177 are assumed to take Arrhenius-like forms like:

$$\dot{\epsilon}_0^d = \dot{\epsilon}_0 \exp \left(-\frac{\Delta Q_{mech}^d}{RT} \right), \quad (17a)$$

$$\dot{\epsilon}_0^v = \dot{\epsilon}_0 \exp \left(-\frac{\Delta Q_{mech}^v}{RT} \right) \quad (17b)$$

178 where ΔQ_{mech}^d and ΔQ_{mech}^v are the activation enthalpies of the deviatoric and
 179 volumetric components, expressing the activation energy required to over-
 180 come (activate) the dissipative mechanisms admissible by the microstructure.
 181 The enthalpies are functions of all the state variables of the problem (den-
 182 sity, pressure, temperature, etc). Therefore, temperature, pressure and den-
 183 sity dependencies are accounted for through the definition of the activation
 184 enthalpies for the deviatoric (ΔQ_{mech}^d) and the volumetric (ΔQ_{mech}^v) compo-
 185 nents of the irreversible strain rate. Those terms incorporate the activation
 186 energies of all micromechanical mechanisms taking place, including frictional
 187 initiation (Rice et al., 2001), volumetric pore collapse (Poulet and Veveakis,
 188 2016), or debonding and grain cracking (Zhang and Buscarnera, 2017), and
 189 can be functions of all the global and internal state variables of the problem
 190 at hand. In essence, these exponential expressions are used in this framework
 191 as mechanisms to replace the hardening laws of classical plasticity. An ex-
 192 ample of such an approach is illustrated in the following section for arbitrary
 193 processes at the skeleton's interface, emphasizing the specific mechanism of
 194 debonding in an isotropic medium where $\Delta Q_{mech}^d = \Delta Q_{mech}^v = \Delta Q_{mech}$.
 195 Through considerations of the interface physics at the grain scale, we are able
 196 to upscale for a continuum expression of ΔQ_{mech} in the considered REV.

197 *3.2. Interface Laws for Debonding Processes at the Grain Scale*

198 Let us consider a generic system of two grains submerged in a saturat-
 199 ing fluid, and assume them being connected through a bonding interface
 200 which can be of solid (cement) or fluid (capillary bridge) form. This sys-
 201 tem of grains and bond (skeleton) is experiencing a mean pressure P_{sk} , while
 202 the saturating fluid is experiencing a mean pressure p_f . In such a system,

203 debonding/bonding processes may take place at the interface, with them be-
 204 ing of chemical (dissolution/precipitation) or mechanical (breakage/healing)
 205 origin, or even a combination thereof (e.g. breakage/precipitation or dissolu-
 206 tion/healing). A generic way of approaching this interface configuration, is
 207 to assume that the interface is allowed to experience a transition of the solid
 208 skeleton into a fluid (and vice versa), following a phase transformation of
 209 the form $skeleton \rightleftharpoons fluid$. Since all these processes -irrespectively of their
 210 origin- are affecting the mechanical response of the skeleton, the activation
 211 enthalpy of the mechanical law needs to account for these interface effects.
 212 In a two-grain (single contact) system, this is expressed in incremental form
 213 as:

$$\Delta q_{mech} = \Delta q_{mech}^0 + \Delta q_{interface} = \Delta q_{mech}^0 + \sum_i \mu_i \Delta m_i \quad (18)$$

214 In this equation Δq_{mech}^0 is the base enthalpy of the system and $\Delta q_{interface} =$
 215 $\sum_i \mu_i \Delta m_i$ for $i = sk, f$ is the enthalpy of the interface, expressing the en-
 216 ergy required to break chemo-mechanical bonds of the skeleton and form
 217 weak fluidized phases. μ_i is the chemical potential and m_i the mass of each
 218 constituent.

219 The mechanical enthalpy of a system of multiple contacts is obtained if we
 220 average Eq. (18) over the volume of our Representative Elementary Volume
 221 (REV) V for a given contact distribution $N(V)$:

$$\Delta Q_{mech} = \frac{1}{V} \int \Delta q_{mech} N(V) dV \quad (19)$$

222 For the simple case of a uniform contact distribution we obtain:

$$\Delta Q_{mech} = \Delta Q_{mech}^0 + \mu_1 \Delta \rho_1 + \mu_2 \Delta \rho_2 \quad (20)$$

223 where $\Delta Q_{mech}^0 = \Delta q_{mech} n_c$, with n_c being the number of evenly distributed
 224 contacts in the REV. The indices 1,2 are referring to the solid and fluid
 225 phases, respectively ($\mu_1 = \mu_{sk} n_c$, $\mu_2 = \mu_f n_c$). Note that all the contacts are
 226 assumed energetically equiprobable, allowing for the chemical potentials to
 227 be considered constant over the volume averaging procedure. Substituting
 228 in Eq. (20) the mixture's expressions for the densities $\rho_1 = (1 - \phi) \rho_{sk}$ and
 229 $\rho_2 = \phi \rho_f$, with ϕ being the porosity of the mixture, we obtain:

$$\Delta Q_{mech} = \Delta Q_{mech}^0 + (\mu_f n_c \rho_f - \mu_{sk} n_c \rho_{sk}) \Delta \phi \quad (21)$$

230 Note that when the two phases of the interface are in equilibrium, the chem-
 231 ical potentials are equal, $\mu_f = \mu_{sk}$.

232 Recalling the Equation of State (EoS) considered (Eq. 6), we may express
 233 $\Delta \phi$ in terms of the excess pore fluid pressure and temperature variation,
 234 $\Delta \phi = \phi_0 \beta_\phi \Delta p_f - \phi_0 \lambda_\phi \Delta T$, where β_ϕ , λ_ϕ are the compressibility and thermal
 235 expansion coefficients of the void space Rice (2006). In addition, the chemical
 236 potentials of the i -species are frequently expressed through their partial
 237 pressures experienced, through a pressure-like quantity f Karato (2008):

$$\mu_i = \mu_0 + RT \ln \frac{f_i}{f_0} \quad (22)$$

238 where μ_0 is a reference value of the chemical potential at a reference value f_0 ,
 239 that will be set to zero hereafter to ensure tractability of the mathematical
 240 derivations. The pressure-like quantity f is identified as the fugacity in the
 241 case of gaseous constituents. It has the units of pressure and is an "effective

242 pressure” i.e, the pressure that gives the correct value for the chemical po-
 243 tential of a real gas. In case of ideal gases, the fugacity is therefore equal to
 244 the gas pressure P . In the more general case of condensed (liquid or solid)
 245 phase, the deviation of the fugacity from the ideal case is expressed through
 246 a fugacity coefficient ν linking it to a representative pressure of the system
 247 for each constituent i , $f_i = \nu_i P$ (Karato, 2008). In this case the reference
 248 value is set to $f_0 = P$.

Substituting the above considerations into Eq. (21) we finally obtain:

$$\Delta Q_{mech} = \Delta Q_{mech}^0 + \frac{\phi_0}{\rho_0} n_c \beta_\phi RT (\rho_f \ln \nu_f - \rho_{sk} \ln \nu_{sk}) \left(\Delta p_f - \frac{\lambda_\phi}{\beta_\phi} \Delta T \right) \quad (23)$$

249 Since the fugacity coefficients are in principle unknown for non-ideal gas
 250 components, in this study they will be first used as inversion parameters, and
 251 later discussed for their physical origin and applicability to the mechanics of
 252 sedimentary rocks. We will therefore be using the following expression,

$$\Delta Q_{mech} = \Delta Q_{mech}^0 + \Delta p_f V_{act} \quad (24)$$

253 where $V_{act} = \frac{\phi_0}{\rho_0} \beta_\phi n_c (\rho_f \ln \nu_f - \rho_{sk} \ln \nu_{sk}) RT$, and we assumed for simplicity
 254 that the void space has negligible thermal expansion coefficient compared to
 255 its compressibility, so that $\frac{\lambda_\phi}{\beta_\phi} \rightarrow 0$.

256 3.3. Model Validation Against Varying Temperature and Pressure for Differ- 257 ent Rocks

258 In this section we calibrate the visco-plastic constitutive law for differ-
 259 ent pore pressures and temperatures and restrict further the mathematical
 260 formula of the chosen Arrhenius law of Eqs. (17), which encapsulates the

261 pressure and temperature sensitivity of the model. For this task, the ex-
262 perimental data from Fischer and Paterson (1989) have been chosen, com-
263 prising a series of triaxial tests in Carrara marble, Solnhofen limestone and
264 Gosford sandstone. These tests were performed under constant confinement
265 (300 MPa), and the pore pressure was used to vary the mean effective stress
266 instead of directly controlling the confining pressure as in typical triaxial ex-
267 periments. Five different values of the pore pressure were applied, ranging
268 from 30 to 280 MPa. Furthermore, the experiments were conducted at four
269 different values of temperature ($20^\circ - 600^\circ\text{C}$), and two loading rates (10^{-4}s^{-1}
270 and 10^{-5}s^{-1}). An example of the results reported can be found in figure 9a
271 of Fischer and Paterson (1989).

272 Given the number of possible combinations of these tests, Fischer and
273 Paterson focused on reporting mainly the axial stress of the material at 10%
274 axial strain as representative deformation at post yield state of the material
275 (as can be seen figure 9b in (Fischer and Paterson, 1989)). At this strain the
276 materials are already in the post-yield regime, having accumulated significant
277 plastic deformation. Since our target in this session is to calibrate the visco-
278 plastic formulation against these data, the following simplifying assumptions
279 have been made based on the experimental results: 1) the material is treated
280 as rigid-viscoplastic, 2) the material admits a Drucker-Prager yield surface.
281 This choice allows to properly describe the pressure sensitivity of the material
282 as suggested by the experimental data while keeping the yield surface as
283 simple linear relationship ($F_y = 0$) (as can be seen in figure 9a,b in (Fischer
284 and Paterson, 1989)).

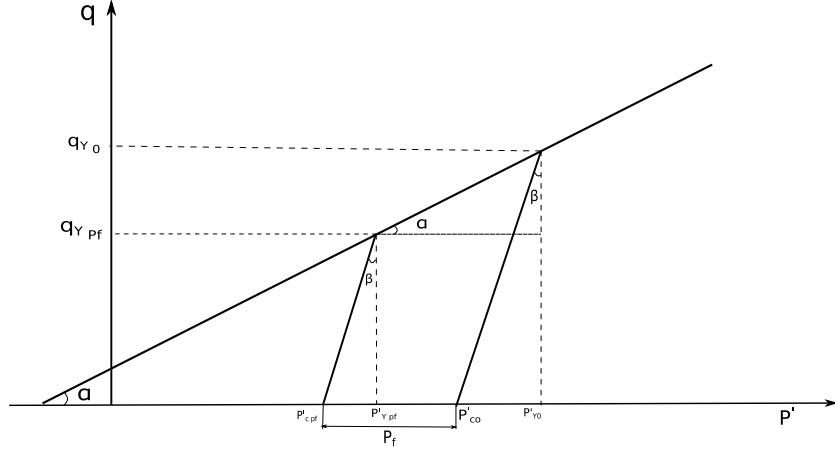


Figure 2: Schematic of the flow law, drawn in a compression positive sign convention for simplicity

285 3.3.1. Equations for fitting drained triaxial experimental data

286 Using this assumptions, our goal is to capture the non-linearity of the
 287 post-yield response using only the proposed overstress constitutive law, start-
 288 ing from the deviatoric expression of the flow law,

$$\dot{\epsilon}_{vp} = \dot{\epsilon}_{ref} \left\langle \frac{q - q_Y}{q_Y} \right\rangle^m \exp\left(-\frac{\Delta Q_{mech}}{RT}\right) \quad (25)$$

289 where as a first approach we assume that the activation enthalpy is obeying
 290 the isotropic law of Eq. 24: $\Delta Q_{mech} = \Delta E + \Delta p_f V_{act}$.

By inverting Eq. 25 for the deviatoric stress q , assuming that the loading is monotonous, we obtain:

$$q = q_Y \left[1 + A \exp\left(\frac{\Delta E + \Delta p_f V_{act}}{mRT}\right) \right] \quad (26)$$

291 where $A = \left(\frac{\dot{\epsilon}_{vp}^i}{\dot{\epsilon}_{ref}}\right)^{1/m}$.

292 The experiments of Fischer and Paterson (1989) follow the standard stress
 293 path of drained triaxial tests. Let the subscript 0 denote the dry material,

294 which is under the maximum effective confining pressure applied (300MPa)
 295 and the subscript p_f denote any other state where some constant pore pres-
 296 sure is applied. Then, following the sketch in Figure (2) we can define a ratio
 297 of stresses based on the stress path,

$$\tan \beta = \frac{p'_{y(p_f)} - p'_{c(p_f)}}{q_{y(p_f)}} = \frac{p'_{y(0)} - p'_{c(0)}}{q_{y(0)}} = \frac{1}{3} \quad (27)$$

298 Solving for the mean effective stress, we obtain:

$$p'_{y(p_f)} = p'_{c(p_f)} + \frac{1}{3}q_{y(p_f)}, \quad (28a)$$

$$p'_{y(0)} = p'_{c(0)} + \frac{1}{3}q_{y(0)}, \quad (28b)$$

299 The pore pressure p_f can be calculated as $p_f = p'_{c(0)} - p'_{c(p_f)}$. By substituting
 300 the latter in equation (28a) we derive

$$p'_{y(0)} - p'_{y(p_f)} = \frac{1}{3}(q_{y(0)} - q_{y(p_f)}) + p_f \quad (29)$$

301 Also, from the graphical definition of the friction angle α we obtain:

$$\tan \alpha = \frac{q_{y(0)} - q_{y(p_f)}}{p'_{y(0)} - p'_{y(p_f)}} \quad (30)$$

302 which in turn yields:

$$q_{y(p_f)} = q_{y(0)} - p_f \left(\frac{3 \tan \alpha}{3 - \tan \alpha} \right). \quad (31)$$

303 By substituting equation (31) in equation (26), we arrive at the final
 304 equation that will be used to invert for the material properties of the model:

$$q_{fit} = \left(q_{y(0)} - p_f \left(\frac{3 \tan \alpha}{3 - \tan \alpha} \right) \right) \left(1 + A \exp \left(\frac{E + p_f V_{act}}{mRT} \right) \right) \quad (32)$$

305 In order to model the experimental data for those three types of materials
 306 (sandstone, limestone and marble) equation (32) is then used to invert for
 307 q_{fit} by using the following as inversion parameters: 1) the friction angle of
 308 the yield surface, α 2) $A = \left(\frac{\dot{\epsilon}_{yp}^i}{\dot{\epsilon}_{ref}^i} \right)$, 3) the activation energy $\Delta E/m$ and 4) the
 309 activation volume V_{act} . Note that out of all these parameters the activation
 310 volume is the most poorly constrained.

311 3.3.2. Parameter inversion from drained triaxial experimental data

312 Starting with the sandstone data (figure 3a,b) it is observed that the ma-
 313 terial remains pressure sensitive throughout the experiments and the results
 314 are fairly regular. As such, it seems reasonable to assume that the composi-
 315 tion of the material remains the same despite the significant increase in the
 316 temperature. For this series of data, the inversion was made with respect to
 317 the activation volume, while searching for the optimal values of the friction
 318 angle the strain rate ratio and the activation energy. The values used to fit
 319 the data at $10^{-4} s^{-1}$ and $10^{-5} s^{-1}$ strain rate are summarized in tables (1)
 320 and (2) respectively.

321 The corresponding results of the calibration are shown in figure (3a,b).
 322 Note that the nature of the activation volume is unknown in the thermo-
 323 mechanical context at the laboratory scale so far, and as such it is used as
 324 a free parameter inverted from the fitting exercise. Significant variation in
 325 V_{act} could be explained as the result of the debonding of grains for instance.
 326 Note that the change of the parameter A from 0.5 to 0.2 at $10^{-4} s^{-1}$ and

Strain Rate $10^{-4} s^{-1}$					
$T(K)$	$q_y(MPa)$	α	A	$\Delta E/m(J/mol)$	$V_{act}(J/Pa.mol)$
293	340	35°	0.5	1390	-0.001816
473	340	35°	0.5	1390	-0.001235
673	340	35°	0.5	1390	-0.00254
873	340	35°	0.5	1390	-0.004898

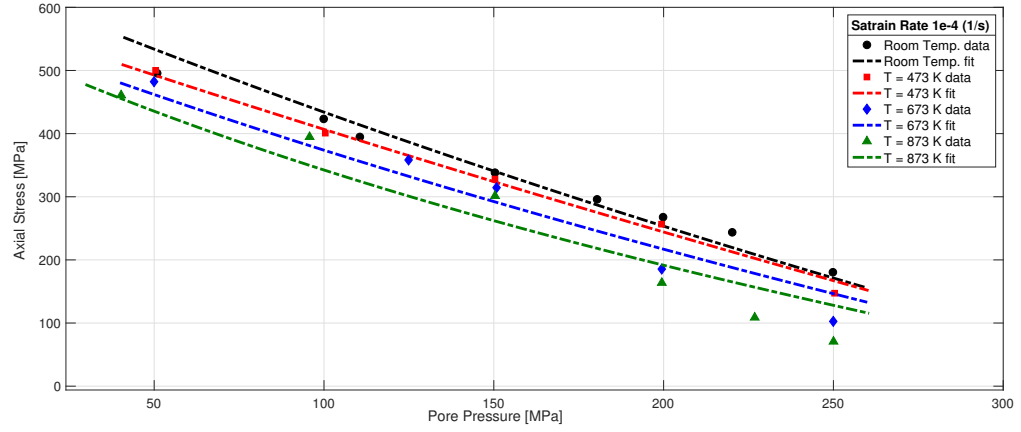
Table 1: Parameters used to fit experimental data for sandstone at $10^{-4} s^{-1}$ strain rate

Strain Rate $10^{-5} s^{-1}$					
$T(K)$	$q_y(MPa)$	α	A	$\Delta E/m(J/mol)$	$V_{act}(J/Pa/mol)$
293	380	40.11°	0.2	2936	-8.86e-14
473	380	40.11°	0.2	2936	-4.02e-12
673	380	40.11°	0.2	2936	-7.072e-13
873	380	40.11°	0.2	2936	-0.01349

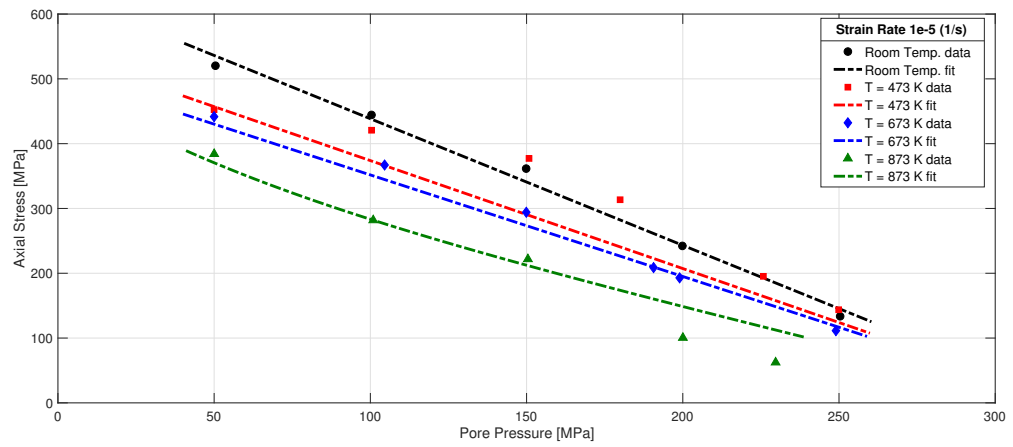
Table 2: Parameters used to fit experimental data for sandstone at $10^{-5} s^{-1}$ strain rate

327 $10^{-5} s^{-1}$ strain rate, respectively represents the viscous effect triggered from
328 the change in the loading rate.

329 By looking at the reported data of limestone and marble (Fig. 4a,b and
330 5), it can be observed that the pressure sensitivity changes significantly with
331 increasing the temperature. The materials become more pressure insensitive
332 (i.e. undrained), indicative of excess pore pressure generation inside the sam-
333 ple. A possible candidate for a mechanism causing excess pore pressure under
334 high temperatures in carbonate-rich rocks is the presence of a fluid-release



(a)



(b)

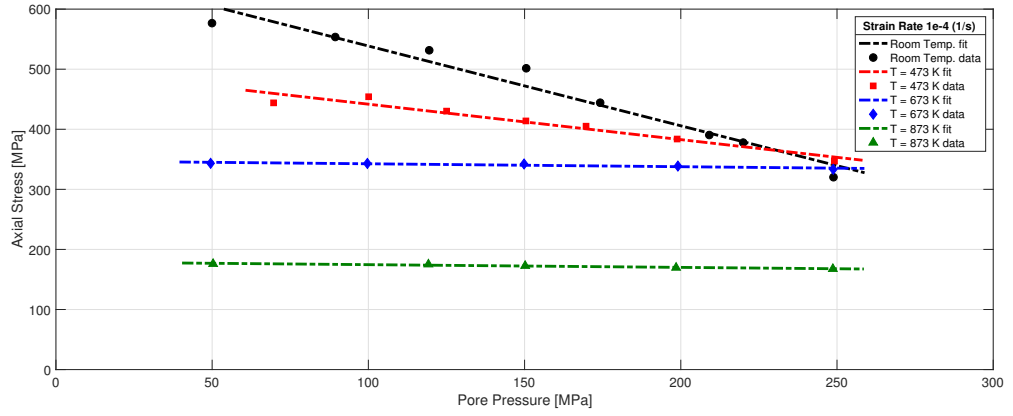
Figure 3: (a) Fitting sandstone data at 10^{-4} s^{-1} strain rate, (b) Fitting sandstone data at 10^{-5} s^{-1} strain rate

335 chemical alteration, potentially producing excess pore fluid pressure during
336 chemical decomposition. This chemical change has been reported by Fischer
337 and Paterson (1989), who stated that the limestone material was uncontrol-
338 lable at high temperature and higher strain rate. The chemical alteration
339 leads to the change of the yield surface, decreasing the friction angle α and
340 the viscosity as expressed by the ratio of strain rates A . Therefore, in the
341 optimization process those two parameters were allowed to vary for each tem-
342 perature to capture the behaviour for limestone and marble, while V_{act} and
343 E/m were kept constant. Setting the value of V_{act} at very low values renders
344 the hydraulic effects inactive, which seems reasonable since the experiments
345 are drained and the pressure sensitivity is negligible at high temperatures.

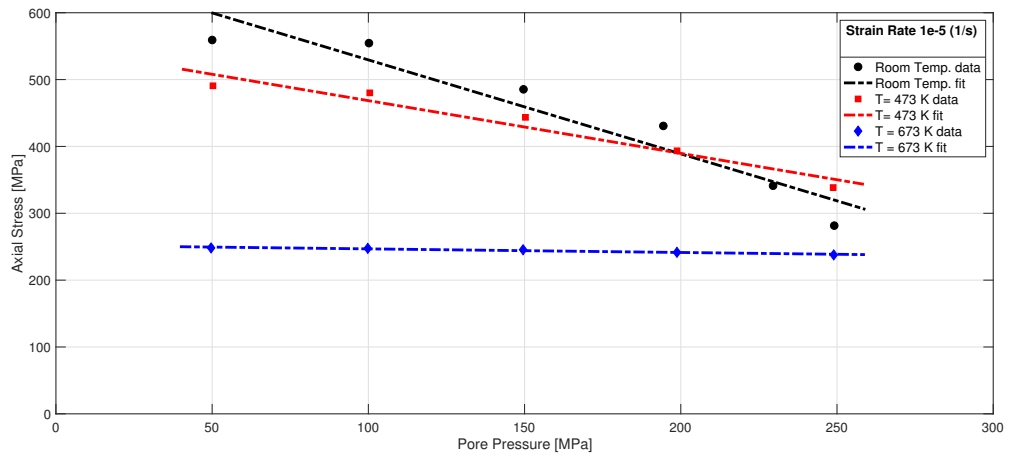
Strain Rate $10^{-4} s^{-1}$					
$T(K)$	$q_y(MPa)$	α	A	$\Delta E/m(J/mol)$	$V_{act}(J/Pa/mol)$
293	61.55	6.674°	0.04737	1000	-1.274e-11
473	61.55	4.049°	0.2606	1000	-1.274e-11
673	61.55	0.4929°	0.4536	1000	-1.274e-11
873	61.55	0.8898°	0.3181	1000	-1.274e-11

Table 3: Parameters used to fit experimental data for limestone at $10^{-4} s^{-1}$ strain rate

346 The values used to fit the limestone data at $10^{-4} s^{-1}$ and $10^{-5} s^{-1}$ strain
347 rates are summarized in tables (3) and (4), respectively. The corresponding
348 results of the calibration are presented in figure (4a,b). Finally, the values
349 used to fit the data for marble at $10^{-4} s^{-1}$ strain rate are summarized in
350 table (5), and the corresponding results of the calibration can be found in
351 figures (5).



(a)



(b)

Figure 4: (a) Fitting limestone data at $10^{-4}s^{-1}$ strain rate, (b) Fitting limestone data at $10^{-5}s^{-1}$ strain rate

Strain Rate $10^{-5} s^{-1}$					
$T(K)$	$q_y(MPa)$	α	A	$\Delta E/m(J/mol)$	$V_{act}(J/Pa/mol)$
293	110	12.1°	3.376	1000	-3.916e-14
473	110	8.562°	3.083	1000	-3.916e-14
673	110	1.334°	1.081	1000	-3.916e-14

Table 4: Parameters used to fit experimental data for limestone at $10^{-5} s^{-1}$ strain rate

Strain Rate $10^{-4} s^{-1}$					
$T(K)$	$q_y(MPa)$	α	A	$\Delta E/m(J/mol)$	$V_{act}(J/Pa/mol)$
293	153	17.6°	1.554	1000	-1.333e-11
473	153	11.64°	1.273	1000	-1.333e-11
673	153	10.39°	0.9774	1000	-1.333e-11
873	153	7.093°	0.01495	1000	-1.333e-11

Table 5: Parameters used to fit experimental data for marble at $10^{-4} s^{-1}$ strain rate

352 In summary, all calibrations in this section show that the model can cap-
353 ture adequately the rate, temperature, and pressure dependency of different
354 materials. They can be included just by changing the yield surface as in
355 classical thermo-plasticity. The assumptions used here are crude as in the
356 lab scale, thermo-elastic effects are important. The fact that the model does
357 a good job despite that should be noted here. However, the fact that the
358 same model, with reasonable and comparable parameter values, can capture
359 adequately the behaviour of a variety of materials at different temperature
360 and pressure conditions, suggests that this model is sufficiently rich to be

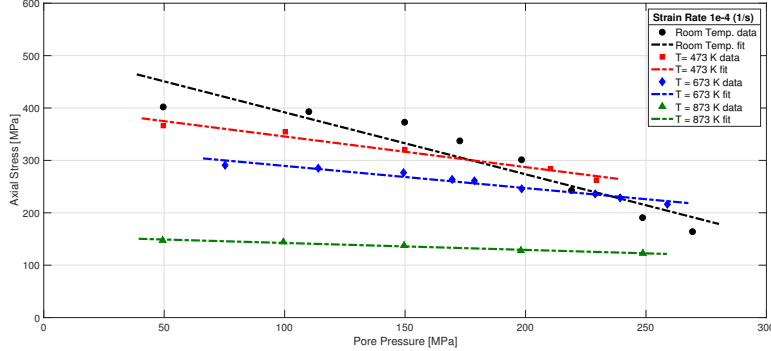


Figure 5: Fitting marble data at $10^{-4} s^{-1}$ strain rate

361 used across materials and loading conditions.

362 4. Numerical Implementation and Behaviour of the Framework

363 This section presents the numerical approach used to solve the theoretical
 364 framework described previously using REDBACK, an open-source paral-
 365 lel simulator for Rock mEchanics with Dissipative feedBACKs (Poulet and
 366 Veveakis, 2016). An indicative suite of benchmarks is also reported to test
 367 some of the key capabilities of the model. In particular we are showing the
 368 model's response: 1) in isotropic compression, retrieving the slope of vir-
 369 gin consolidation and over-consolidation cases, as well as performing velocity
 370 steps; 2) in cyclic isotropic compression, to show how isotropic hardening
 371 ensures appropriate cyclic response of the model; 3) in simple shear, to show
 372 that considering the energy equation provides an internal length scale that
 373 regularizes the localization problem during softening of the material; 4) in
 374 biaxial loading, to show the progressive localization of plastic deformation
 375 stemming from the multi-physical feedbacks.

376 *4.1. REDBACK: A Parallel Finite Element Simulator*

377 The complexity of the model presented previously makes it necessary
378 to employ adequate numerical methods to solve the system of equations
379 presented in section 2. The main challenge is the tight coupling between all
380 variables in those equations - displacement $u_i(u_x, u_y, u_z)$, pore pressure and
381 temperature - as well as the highly non-linear evolution of material properties
382 such as porosity and permeability. As such, the traditional solving of all
383 equations sequentially can lead to insurmountable numerical instabilities and
384 convergence issues (Poulet et al., 2012).

385 Considering the continuum scale of the mechanical problem and the non-
386 linearity of the feedbacks points to the Finite Element Method as an appro-
387 priate technique to solve that problem. The Multi-physics Object Oriented
388 Simulation Environment MOOSE (Gaston et al., 2009) provides the flexi-
389 bility to code very rapidly and investigate more complex physics implicitly,
390 in a tightly coupled manner, therefore accounting accurately for nonlinear
391 feedbacks. It also provides the computational scalability to simulate large
392 3D scenarios using High Performance Computing facilities. Specifically, the
393 REDBACK simulator (Poulet and Veveakis, 2016) is an application based on
394 MOOSE which was designed exactly for the purpose of solving the type of
395 THMC systems that described previously, expressed in dimensionless form to
396 properly account for the relative importance of the various physical processes.

397 *4.2. Overstress Plasticity Return Map Algorithm*

398 Within the final system of equations equations (8, 13, 14), the momentum
399 balance plays a particular role as its corresponding variables (displacement

400 $u_i(u_x, u_y, u_z)$ are not represented explicitly, but through the stress diver-
401 gence. It is the role of the return map algorithm to compute the value of
402 stress for a given displacement (Poulet and Veveakis, 2016). The main al-
403 gorithm is briefly summarized here to show explicitly the links between the
404 theoretical model and the numerical implementation.

405 The displacement (u_i) is firstly converted to strain (ϵ_{ij}) using a finite
406 strain approach (Rashid, 1993) and an overstress plasticity formulation im-
407 plemented following the generic approach from Wang (Wang et al., 1997) to
408 update the stress by using a fully implicit integration scheme as shown in
409 figure (1). This algorithm uses a Newton-Raphson loop to find the values of
410 the plastic strain rate and stress satisfying the selected flow law. Figure 1
411 shows the central importance of the flow law in the resolution of the me-
412 chanical problem and highlights the choice in this study of working on the
413 formulation of that flow law to integrate multi-physical processes.

414 *4.3. Simple Shear: Regularising the Post-Bifurcation Regime*

415 Geomaterials exhibit a spontaneous change of the deformation mode from
416 uniform deformation towards either diffuse or localized failure patterns in the
417 inelastic regime (see (Vardoulakis and Sulem, 1995) for a comprehensive sum-
418 mary of the main results on this topic). Within the framework of bifurcation
419 theory, this phenomenon can be modelled as a mathematical instability and,
420 given an elasto-plastic constitutive law with a non-associative flow rule, it
421 was shown that its onset can occur either in the strain hardening or in the
422 strain softening regime (Rudnicki and Rice, 1975). As such, predicting a
423 finite thickness of localization bands (Muhlhaus and Vardoulakis, 1987) is a
424 necessary feature of any model designed to describe the inelastic behaviour

```

1 Compute elastic guess  $\sigma_{ij}^g = \sigma_{ij}^t + E_{ijkl}\Delta\epsilon^{t+\Delta t}$ 
2 if  $f(\sigma_{ij}^g) \geq 0$  (plasticity) then
3    $\Delta\lambda^{(m=0)} = 0$ 
4    $\sigma_{ij}^{(t+\Delta t, m=0)} = \sigma_{ij}^{(t)} + E_{ijkl} \left( \Delta\epsilon_{kl} - \Delta\lambda^{(m=0)} \frac{\partial f}{\partial \sigma_{kl}} \right)$ 
5    $r^{(m=0)} = \Pi \left( \sigma_{ij}^{(t+\Delta t, m=0)} \right) - \frac{\Delta\lambda^{(m=0)}}{\Delta t}$ 
6   while  $|r| \geq \textit{tolerance}$  do
7     Compute yield values  $p_Y^{(m+1)}$  and  $q_Y^{(m+1)}$ 
8     Compute flow increment  $\frac{\partial f}{\partial \sigma_{ij}}^{(m+1)}$ 
9     Compute plastic multiplier  $\delta\lambda$  from jacobian of residual with
       respect to stress
10     $\Delta\lambda^{(m+1)} = \Delta\lambda^{(m)} + \delta\lambda$ 
11     $\sigma_{ij}^{(t+\Delta t, m+1)} = \sigma_{ij}^{(t)} + E_{ijkl} \left( \Delta\epsilon_{kl} - \Delta\lambda^{(m+1)} \frac{\partial f}{\partial \sigma_{kl}} \right)$ 
12     $r^{(m+1)} = \Pi \left( \sigma_{ij}^{(t+\Delta t, m+1)} \right) - \frac{\Delta\lambda^{(m+1)}}{\Delta t}$ 
13  end
14 else
15    $\sigma_{ij}^{t+\Delta t} = \sigma_{ij}^g$ 
16 end
17 =

```

Figure 6: Return mapping routine used to compute a stress value at a given time step of the simulation. See (Poulet and Veveakis, 2016) for details.

425 of geomaterials (see also Sulem et al., 2011; Veveakis et al., 2012, 2013; Rat-
 426 tez et al., 2017, 2018a,b). As shown by (Needleman, 1988), the combination
 427 of the momentum balance law and the rheology of a viscous material under
 428 simple shear fails to provide a finite thickness at the quasi-static limit of the
 429 equations. In such a case, the latter is equal to the size of a predetermined
 430 imperfection, contradicting the concept that localization stems from the con-
 431 stitutive description of the material and is a material property. Indeed, when
 432 neglecting the energy and mass balance laws, it is only by introducing inertia
 433 terms in the momentum balance law that one can "regularise" the problem
 434 of shear banding for a rate-dependent material by delaying its arrival to the
 435 stationary wave limit, as shown by (Sluys, 1992). That study also showed
 436 that the shear band thickness l for a rate-dependent J2- material following a
 437 Perzyna-type law can be calculated as:

$$l = \frac{4\sigma_Y c_s}{3\gamma E} \quad (33)$$

438 where γ is the reference shear strain rate of the material, E is the Young's
 439 modulus, $c_s = \sqrt{G/\rho}$ is the elastic shear wave speed velocity (G is the
 440 elasticity shear modulus and ρ is the density of the material). Using the
 441 formulation equation (17a), $\gamma = \dot{\epsilon}_0 \exp(-Q_{mech}^d/RT)$ and therefore

$$l \propto \exp\left(\frac{Q_{mech}^d}{RT}\right) \quad (34)$$

442 One question that remains is whether including the remaining basic prin-
 443 ciples of Continuum Mechanics, i.e. the energy and mass balance laws, the
 444 length scales associated with these laws can extend the suitability of rate-
 445 dependent models to the quasi-static case as suggested by (Paesold et al.,

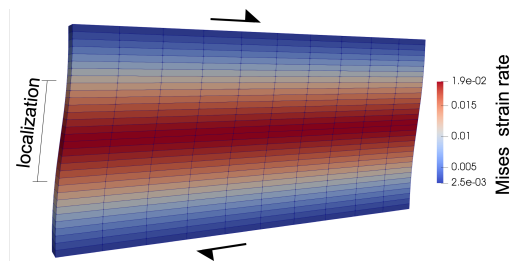


Figure 7: Simple shear of a von Mises material. Constant temperature and velocity boundary conditions were used.

446 2016). In particular, whether adopting a thermoplastic flow rule similar to
 447 equation (17a) and including the temperature diffusion equation (9), is suf-
 448 ficient for regularising the problem in the quasi-static case.

449 To answer this question, we consider the problem of simple shear of a layer
 450 with isothermal and constant velocity boundary conditions (see Figure 7).
 451 The material obeys the visco-plastic flow rule of equation (17a) with a von
 452 Mises yield function. The equations are discretised and solved using the
 453 REDBACK simulator. As shown in Figure (8a), after a short-lived strain
 454 hardening regime, the material enters a softening phase and subsequently
 455 reaches a constant-stress residual state. This behaviour is driven by the
 456 evolution of temperature, which, as can be seen in Figure (8b), increases because
 457 of shear heating and then stabilises to a residual state clearly associated with
 458 the heat diffusion process. After 1% plastic strain, both the temperature and
 459 stress profiles have equilibrated.

460 Figure (9a) presents a mesh sensitivity analysis by varying the number of
 461 elements across the layer and plotting the corresponding profile of deviatoric
 462 strain rate. The results show that convergence is reached for 16 elements to a
 463 profile of localised deformation around the center of the layer. The thickness

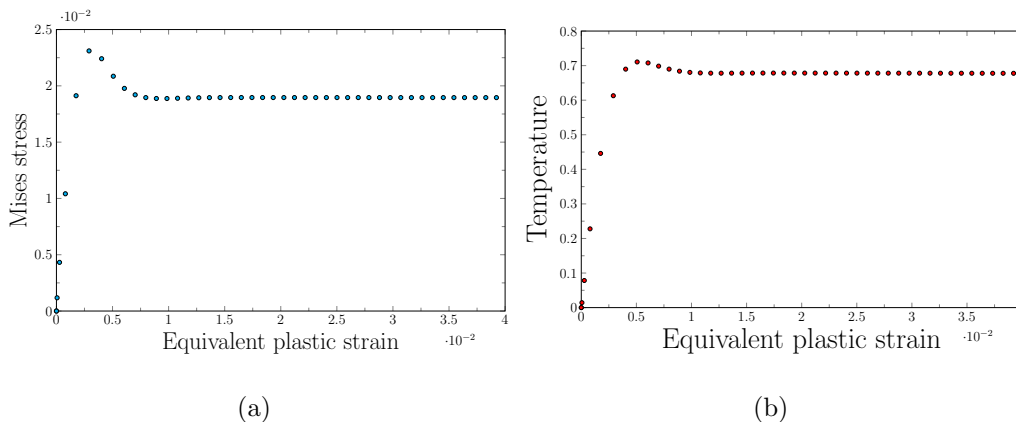


Figure 8: a) Deviatoric stress at the core of the sample and b) normalized core temperature vs plastic shear strain. At first, the material appears to be in softening due to the temperature increase induced by shear heating until it reaches a residual regime. Notice that the shear band thickness is measured at this residual regime.

464 of localisation, which is mesh insensitive (see figure (9a)), is computed as
 465 the distance between the inflection points of the shear strain rate profile and
 466 plotted in figure (9b) for different values of the activation enthalpy Q_{mech}
 467 (normalised by the boundary temperature). The results show that we retrieve
 468 the exponential dependency of the localisation thickness on the Q_{mech} of
 469 equation 34.

470 4.4. Biaxial loading: Progressive Thermo-Mechanical Localization

471 A key feature of the presented framework is that localization is not spon-
 472 taneous. Rather than that, deformation is progressively localizing, follow-
 473 ing the time-scales of the diffusion-reaction equations of temperature and/or
 474 pore-pressure. To demonstrate this, we summarize in Fig. 10 the results of a
 475 biaxial experiment (displacement controlled axial load, constant confinement
 476 on the sides, zero displacement on the out-of-page direction) performed at a

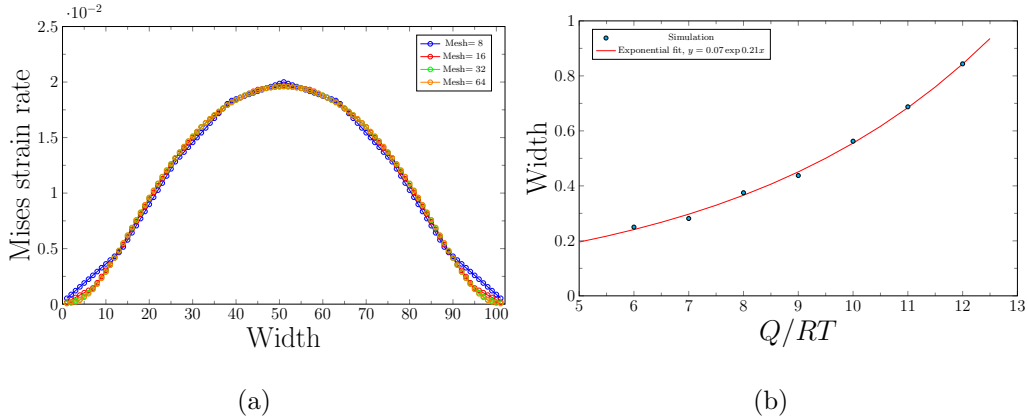


Figure 9: (a) Profile of temperature at the residual state for different number of finite elements ($horizontal \times vertical = 10 \times 8, 10 \times 16, 10 \times 32, 10 \times 64$). The thickness of the localisation is measured from the inflection points of the profile. (b) Shear band thickness as a function of Q_{mech}/RT . The thickness of the band appears to have an exponential dependency on Q_{mech}/RT .

477 rectangular mesh with a weak element on one side.

478 We observe in Fig. 10 that with increasing axial displacement (or time),
 479 a pair of conjugate shear bands -in equivalent plastic strain and temperature-
 480 are emerging immediately after the material is loaded beyond its yield point.
 481 With increasing axial strain, the shear bands are propagating towards the
 482 boundaries of the sample, where they eventually reflect around 10% axial
 483 strain. It is notable that the localization is progressive, rather than sponta-
 484 neous, following the timescale of the temperature equation. Also, the thick-
 485 ness of the shear band is evolving with increasing strain. Initially it is de-
 486 termined by the size of the weak element, but with increasing axial strain
 487 the shear band's thickness increases to admit the thickness calculated in the
 488 previous section.

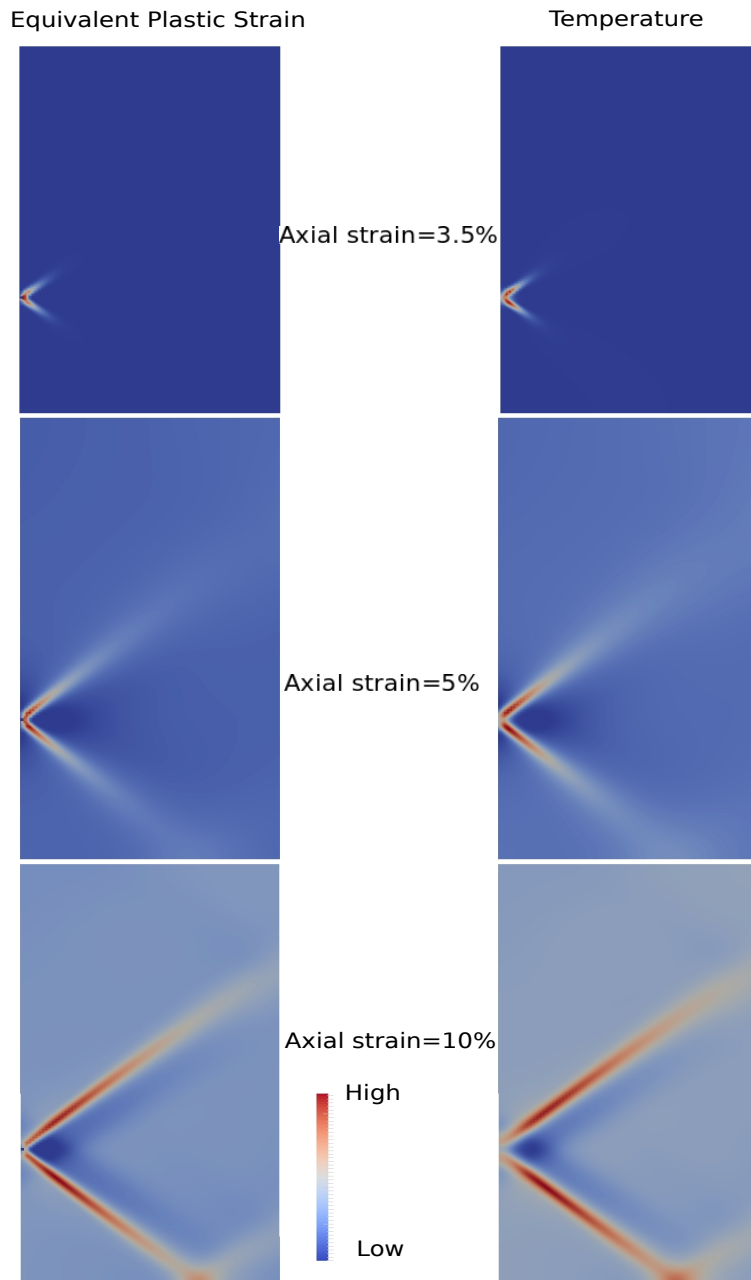


Figure 10: Biaxial loading in a Drucker-Prager elasto-viscoplastic material with thermal sensitivity. The friction coefficient was set to 0.7, normalized cohesion equal to 1, $Ar = 6$, Young's modulus 500 times the cohesion, Poisson ratio 0.2, $Gr = 0.335$, $\dot{\epsilon}_0 = 1e5$, $m = 2$ normalized loading velocity 1. Left column is the equivalent plastic strain and right column the temperature profiles, at different axial strains.

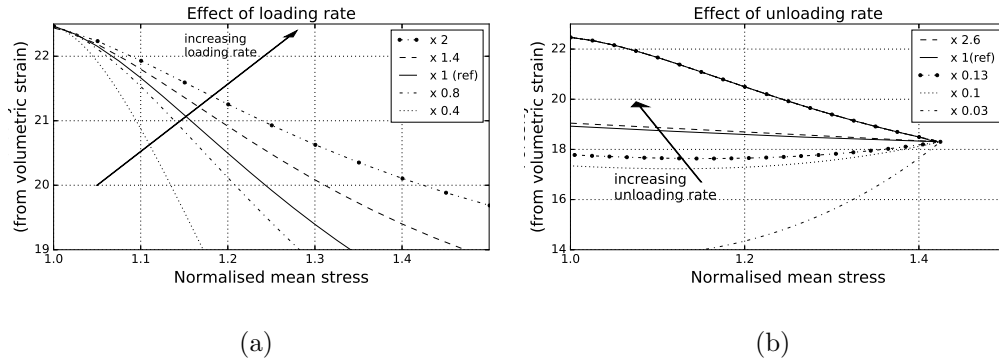


Figure 11: Effect of loading rate on porosity evolution with respect to normalised mean stress in the compaction regime, under (a) loading and (b) unloading conditions. All comparison are made with respect to a reference case corresponding to the isotropic compression results of dry sandstone from Fortin et al. (2007) (for more details see section 5.1.1 and figure 13).

489 4.5. Effect of Loading Rate

490 To demonstrate the rate dependency of the model, two series of isotropic
 491 compression simulations were run at different loading and unloading rates
 492 and the corresponding evolution of porosity results are shown in Figure (11a,b).
 493 In both cases, for loading and unloading, the results are compared with a
 494 single reference simulation on sandstone presented in detail in the following
 495 sections. For the series of loading simulations, the resulting porosity evo-
 496 lution curves are shown on figure (11a) from the onset of plasticity as the
 497 elastic response is rate independent. The results highlight the evolution of
 498 the rate of hardening, increasing with the loading rate as expected. Simi-
 499 larly, for the unloading simulations, the results of figure (11b) only show the
 500 porosity curves after (and close to) the onset of unloading. Those results
 501 highlight the more pronounced creep effect at lower unloading rates.

502 4.6. Cyclic Loading and Isotropic Hardening

503 A common limitation of visco-plastic approaches is their difficulty to
504 model cycles of loading and unloading. We test therefore our model on
505 cycles of loading and unloading performed during isotropic compression of
506 rectangular shaped soil specimens of 8 cm high and 4 cm side. The mono-
507 tonic loading response can be seen in red in figure (12a). When cycles of
508 loading-unloading are performed, however, the creep effects can dominate
509 the response and the model cannot approach the normal consolidation line
510 figure (12a). To alleviate this issue, a mechanism needs to be introduced to
511 account for the re-hardening of the material due to over-consolidation. In
512 consistency plasticity, this is achieved by adjusting the yield surface with an
513 isotropic hardening law. Here, we select instead the equivalent approach of
514 regulating the dissipation of the material when it is over-consolidated. As
515 such, the following formulation is adopted for the activation enthalpy,

$$\Delta Q_{mech} = \alpha(OCR)^\beta P'_C \quad (35)$$

516 where $OCR = \frac{P'_{C,max}}{P'_C}$ is the over-consolidation ratio, $P'_{C,max}$ is the maximum
517 (global) confining pressure that the material has experienced. This power-
518 law model contains two empirical constants, α that controls the hardening
519 of the normally consolidated material and the exponent β that regulates the
520 creep effects in the re-loading phase, as shown in figure (12b).

521 5. Numerical Analysis of Isotropic and Triaxial Compression Tests

522 In this section, the theoretical and numerical framework described pre-
523 viously is used to fit a series of laboratory tests for different types of rocks

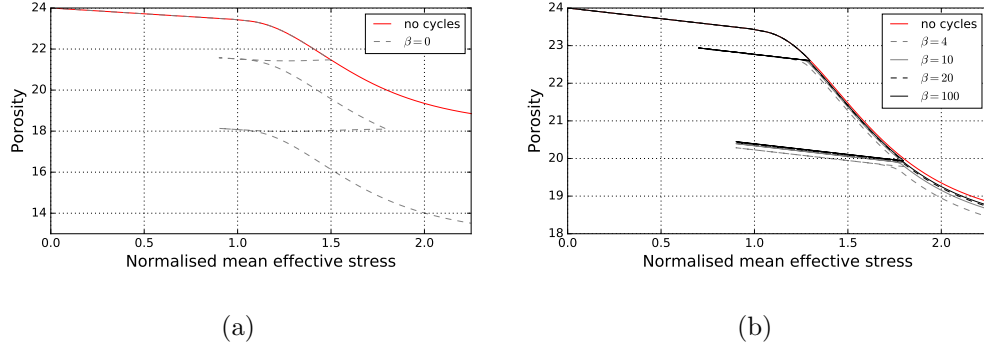


Figure 12: (a) Figure shows the creep effect in the loading-unloading-reloading cycles if the isotropic hardening doesn't into account for isotropic consolidation. (b) figure showing the loading-unloading (3 cycles) for isotropic consolidation by using OCR.

524 (sandstone and mudstone), saturating fluids (dry, wet) and stress paths (tri-
 525 axial, isotropic). Through this fitting exercise we want to constrain the pre-
 526 viously unconstrained variable of our visco-plastic flow law, the activation
 527 volume V_{act} of Eq. 25. Since this parameter was already discussed to be rep-
 528 resenting effects like the response of inter-granular interfaces/bonds to the
 529 mechanical loading, we expect to obtain critical information on the physics
 530 underlining this parameter through the numerical analysis of these tests.

531 The first sets data to calibrate against concerned the isotropic compres-
 532 sion of sandstone and mudstone. This step is performed in order to validate
 533 the parameters of the flow law Eq. (16b) from tests in which there is no devi-
 534 atoric deformation. Thus reducing the complexity of the problem. Once the
 535 mechanical parameters of the flow law are constrained, triaxial tests are then
 536 fitted to fully constrain the expression of the activation enthalpy presented in
 537 equation (16). Following this methodology, the exact form of the activation
 538 enthalpy is retrieved. Furthermore, our findings for the two different rocks

539 are compared and the underlying Physics represented by the aforementioned
 540 form of the activation enthalpy is discussed.

541 *5.1. Isotropic Compression Tests*

542 *5.1.1. Wet/Dry Sandstone*

543 The isotropic compression tests for sandstone that we are calibrating
 544 against are the ones reported by (Fortin et al., 2007). The material used was
 545 Bleuswiller sandstone, reporting the variations of porosity and the evolution
 546 of elastic wave velocities (shear and compressional wave velocities) for wet
 547 and dry situations. Cylindrical sandstone specimens were used of 4cm di-
 548 ameter and 8cm height, with 25% initial porosity, a grain size between 80
 549 and $180\mu m$, and a permeability (in water) of $200 \times 10^{-16} m^2$. The loading
 550 tests were conducted at increasing confining pressures up to 280 MPa for
 551 both the wet and dry cases, followed by an unloading phase decreasing the
 552 confinement back to 0 MPa.

553 The results of these experiments are shown as dots on figure (13) and
 554 show a similar porosity evolution for both the wet and dry scenarios. In
 555 both instances indeed, a linear decrease of the porosity with increasing con-
 556 finement can be observed initially, up to a clearly defined threshold marking
 557 the preconsolidation pressure, after which decrease per pressure increment
 558 is much larger and no longer linear (during primary and secondary consoli-
 559 dation). The numerical curve was obtained solving the system of equations
 560 described earlier for the volumetric part of the flow law:

$$\dot{\epsilon}_v^i = \dot{\epsilon}_0 \left\langle \frac{p' - p'_Y}{\sigma_{ref}} \right\rangle^m \exp\left(-\frac{\Delta Q_{mech}}{RT}\right), \quad (36)$$

561 Note that the mean stress values presented in this figure are normalised,
562 against the respective preconsolidation pressure value p'_Y for each of the sce-
563 narios ($\sigma_{ref} = p'_Y$). Since the experiments were performed under isothermal
564 and drained boundary conditions, temperature variations are negligible, and
565 no excess pore pressure can build up in this quasi-static process so the pore
566 pressure can be ignored altogether. As such, the system degenerates into
567 a classical viscoplastic approach with no feedbacks. As a consequence the
568 pore pressure dependency of the activation enthalpy can be omitted. Fur-
569 thermore, since under isotropic compression condition there is not deviatoric
570 stress, the activation enthalpy can only be a function of the volumetric work
571 produced per unit area,

$$\Delta Q_{mech} = \Delta E_0 + P_c^{max} \Delta V_{act}^{iso} \quad (37)$$

572 where P_c^{max} is the maximum pressure that the material experienced (i.e. the
573 OCR). The results of the model for isotropic compression of sandstone can
574 be seen in figure (13).

575 *5.1.2. Isotropic Compression Test for Mudstone*

576 Isotropic compression and triaxial compression test have also been previ-
577 ously performed on Noto diatomaceous mudstone (Oka et al., 2011). In that
578 instance, rectangular-shape specimens were used with 8 cm high and 4 cm
579 side. Similarly to Section 5.1.1, this experiment was simulated numerically
580 and the results, presented in figure (14), show excellent agreement between
581 the simulation and experiments. The porosity evolution follows indeed the
582 exact same pattern as described in section (5.1.1).

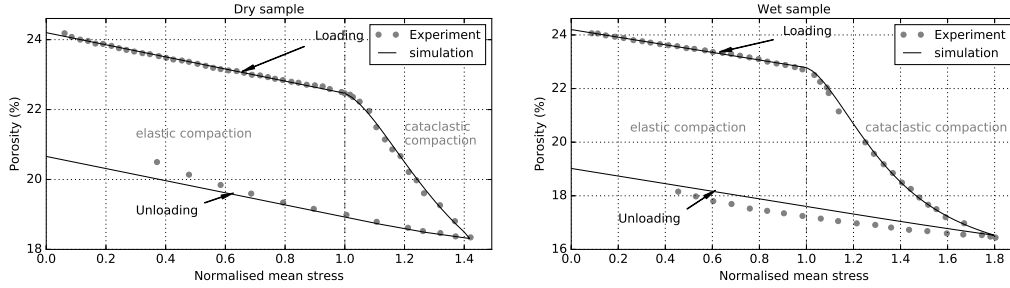


Figure 13: Comparison of numerical and laboratory results for isotropic compression experiments from Fortin et al. (2007) on wet (left) and dry (right) samples. The nice match in both cases is obtained with the same model, with normalization pressures of 132 MPa and 190 MPa respectively for the wet and dry cases. The inverted parameters for the flow law of equation (36) are $\dot{\epsilon}_0 = 10^{-6} 1/s$, $m = 3$ and $V_{act}^{iso} = 4.95(J/Pa/mol)$.

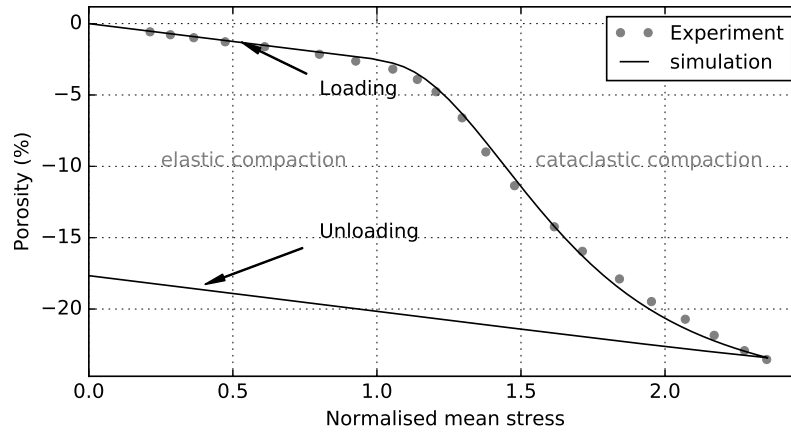


Figure 14: The porosity evolution with increase the effective pressure for mudstone. The inverted parameters for the flow law of equation (36) are $\dot{\epsilon}_0 = 10^{-6} 1/s$, $m = 3$ and $V_{act}^{iso} = 5.4(J/Pa/mol)$.

583 *5.2. Triaxial Compression Tests*

584 Triaxial compression experiments represent another important type of
585 tests to validate the model against, especially for sedimentary rocks. Having
586 established the mechanical properties $\dot{\epsilon}_0$, m and V_{act}^{iso} of the visco-plastic
587 flow law of equation (36), this section presents the calibrations of the model
588 against conventional triaxial tests for different types of rocks: sandstone,
589 mudstone. The goal of this section is to use these triaxial experiments where
590 excess pore pressure is generated in the sample, to constrain the form of the
591 activation enthalpy ΔQ_{mech} of the flow law. Recalling the discussion of the
592 introduction and section 3.1, ΔQ_{mech} is expected to have a generic form of
593 the following type for wet experiments:

$$\Delta Q_{mech} = \Delta E_0(q) + P_c^{max} \Delta V_{act}^{iso} + \Delta p_f V_{act} \quad (38)$$

594 where ΔE_0 is a (stress path dependent) reference value of the activation
595 energy, p_f is the excess pore pressure and V_{act} the activation volume for
596 the pore volume deformation processes. When dry cases are considered,
597 equation (38) is modified to account for density variations instead of the
598 excess pore pressure. Given the above considerations, in this section the
599 values of $\dot{\epsilon}_0$, m and ΔV_{act}^{iso} inverted from the isotropic compression tests are
600 used to invert for E_0 and V_{act} from drained triaxial compression experiments.

601 *5.2.1. Triaxial Compression Test for Sandstone*

602 The first case considered in this section was conducted by (Wong et al.,
603 1997), who conducted a series of triaxial experiments on Adamswiller sand-
604 stone under a broad range of effective pressures to identify the transition in

605 failure mode from brittle faulting to cataclastic flow. Six cylindrical sam-
606 ples were used, cored parallel to the bedding, 38.1 mm long and 18.4 mm in
607 diameter, with 22.6% porosity. The experiments were performed at a fixed
608 loading rate of 5×10^{-5} /s, under confining pressures of 5, 20, 40, 60, 100 and
609 150 MPa respectively.

610 Figure (15a) shows the stress paths from the laboratory experiments
611 (Wong et al., 1997) with the corresponding yield points identified by the
612 original authors. See (Wong et al., 1997) for all details regarding the exper-
613 iments. The data was fit with a cap envelope consisting of a Drucker Prager
614 (Drucker and Prager, 1952) surface in shear and a Modified Cam Clay model
615 as a cap (Roscoe and Burland, 1968), expressed as $\left(\frac{q}{M}\right)^2 + p(p - p_0) = 0$.
616 The preconsolidation stress p_0 and the slope of the critical state line M were
617 inverted from the experimental data and set to $p_0 = 210$ MPa and $M = 1.35$.
618 The Modified Cam Clay was selected as it is more stable numerically than
619 the original Cam Clay formulation.

620 Those experiments are then modelled numerically following the method-
621 ology described previously (see also section 5.2 Poulet and Veveakis (2016)).
622 The experimental curves reported for this sandstone have been fitted by
623 using the material properties listed in table (6) and varying only V_{act} at dif-
624 ferent confining pressures (see figure 18a) and the formula of ΔQ_{mech} was
625 as shown in equation (38). The results are shown in figures (16a,b) for a
626 constant value of ΔE_0 , noticing the derived logarithmic dependence of V_{act}
627 on confining pressure shown in figure (18a):

$$V_{act} = \alpha_0 \left(1 - \frac{\ln P_{c(max)}/P_0}{\ln P_{cs}/P_0}\right) RT = \alpha_0 \frac{RT}{\ln P_{cs}/P_0} \ln \frac{P_{cs}}{P_{c(max)}} \quad (39)$$

628 In this expression P_{cs} is the effective confining pressure corresponding to

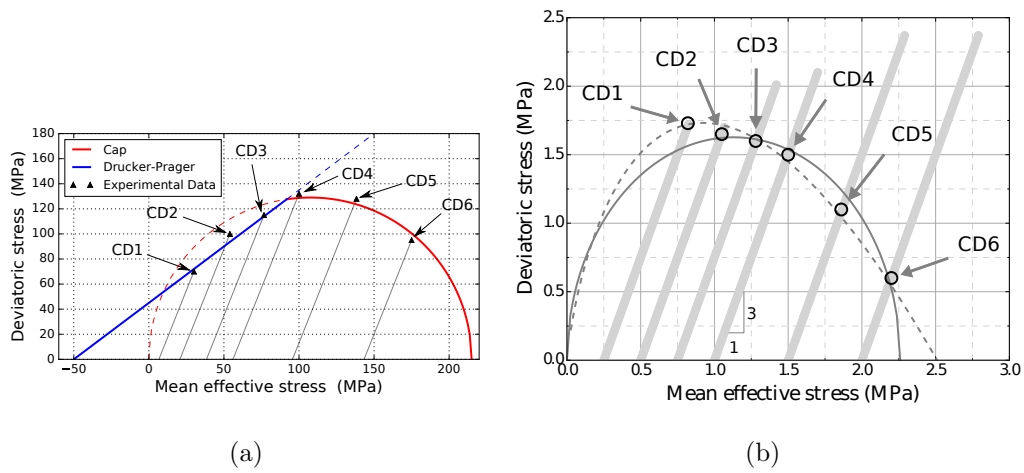


Figure 15: (a) The experimentally derived yield points (circles) for experiments performed at 6 different confinements (CD 1-6) by (Wong et al., 1997) and the modified cam-clay yield envelope used in modelling the tests (solid line), (b) Best fits of the data using the original Cam Clay (dashed line) and Modified Cam Clay (solid line) models. The experimental stress paths and corresponding yield points were taken from figure 5 in (Oka et al., 2011)

Parameter	Sandstone	Mudstone
$c_{th} [m^2/s]$	1.3×10^{-6}	1.43×10^{-7}
$k_{\pi} [m^2]$	1.48×10^{-14}	1.55×10^{-9}
$\mu_f [Pa.s]$	8.9×10^{-4}	8.9×10^{-4}
$\beta_m [Pa^{-1}]$	2.5×10^{-10}	9.34×10^{-8}
$\dot{\epsilon}_0 [s^{-1}]$	1.3×10^{-2}	1.36×10^{-3}
$E_{mech} [J/mol]$	1000	1345
$\lambda_m [K^{-1}]$	3.88×10^{-5}	5.18×10^{-5}
$\sigma'_{ref} [MPa]$	189	2.26
$T_{ref} [K]$	300	300
$x_{ref} [m]$	0.01	0.02
$m [-]$	2	2
$\chi [-]$	0.65	0.65

Table 6: Parameters used in order to fit the experimental data for sandstone and mudstone. The expression $c_{hy} = k_{\pi}/\mu_f\beta_m$ have been used for the hydraulic diffusivity where k_{π} the permeability and μ_f the fluid viscosity.

629 the critical state for a given stress path. From figure (18a) it can be seen
630 that for the yield envelope used during the inversion (figure 15a), $\alpha_0 = 29.4$.
631 It is to be noted that V_{act} changes sign with confinement, being negative
632 when $P_{cs} < P_{c(max)}$ (i.e. at the "dilatant" shear part of the yield envelope
633 where "brittle" failure is observed in rocks), positive when $P_{cs} > P_{c(max)}$ (i.e.
634 at the "contractant" cap of the yield envelope where "ductile" response is
635 encountered), and zero at critical state $P_{cs} = P_{c(max)}$.

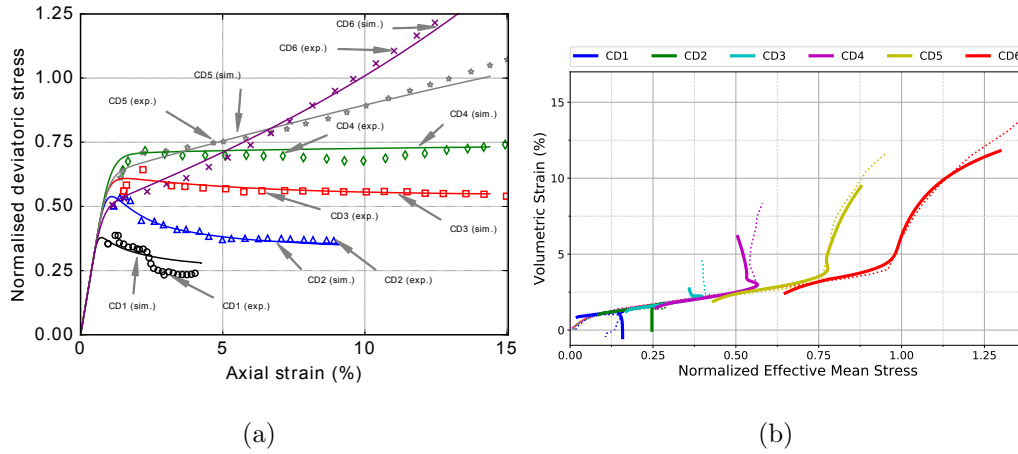


Figure 16: (a) The deviatoric stress (τ) vs. axial strain results for the experiments (symbols) and the numerical simulations (lines) for sandstone, (b) The volumetric strain versus the effective mean stress results for the experiments (dashed lines) and the numerical simulations (solid lines) for sandstone.

636 5.2.2. Triaxial Compression Test for Mudstone

637 The second series of experiments used to validate the model in triaxial
 638 compression was performed by (Oka et al., 2011) on diatomaceous mudstone.
 639 The test was aiming to demonstrate the existence of compaction bands in
 640 this rock and how the variation of the confinement pressure affect on the
 641 direction and the inclinations of the strain localization. A series of triaxial
 642 tests was performed on six rectangular shaped-prismatic specimens with 8
 643 cm high and 4 cm side. In order to avoid the effect of the initial anisotropy
 644 the specimens were taken with their longitudinal direction perpendicular to
 645 the plane of sedimentation. Various levels of confining pressure to observe
 646 different deformation patterns and the scenarios are listed in table (7). All
 647 the tests were conducted up to roughly 20% axial strain.

648 Following the same methodology described in Section 5.2.1 for sandstone,

Table 7: The selected confinement pressures used in the triaxial test experiment from (Oka et al., 2011)

Case No.	CD1	CD3	CD3	CD4	CD5	CD6
Effective confining pressure (MPa)	0.25	0.5	0.75	1.0	1.5	2.0

649 a series of numerical experiments are performed using a Modified Cam Clay
650 yield envelope. To match the experimental data, the values of $p_0 = 2.26$
651 MPa and $M = 1.44$ were selected (see figure (15b)). The activation en-
652 thalpy ΔQ_{mech} is used as a free parameter which is inverted for in such a
653 way such that its pressure dependency fits the experiment data, as seen in
654 figure (17a,b). The experimental curves reported for this sandstone have
655 been fitted by using the material properties listed in table (6) and varying
656 only V_{act} at different confining pressures (see figure 18b). It can be seen
657 from figure (18b) that in mudstone V_{act} is also following equation (39), with
658 $\alpha_0 = 22.9$.

659 It needs to be noted that the results are indeed mesh independent. A mesh
660 sensitivity analysis was performed by running multiple simulations with dif-
661 ferent mesh size scenarios as shown for the stress-strain response of figure 19,
662 for the three-dimensional finite element simulation of the low-confinement
663 CD1 test, which exhibits material softening (Figure 19).

664 **6. Synthesis of the Results**

665 In this work the suggested flow law has been calibrated for triaxial and
666 isotropic experiments in various materials. The dependence of the material's
667 parameters on pressure, temperature and strain rate has been shown to be

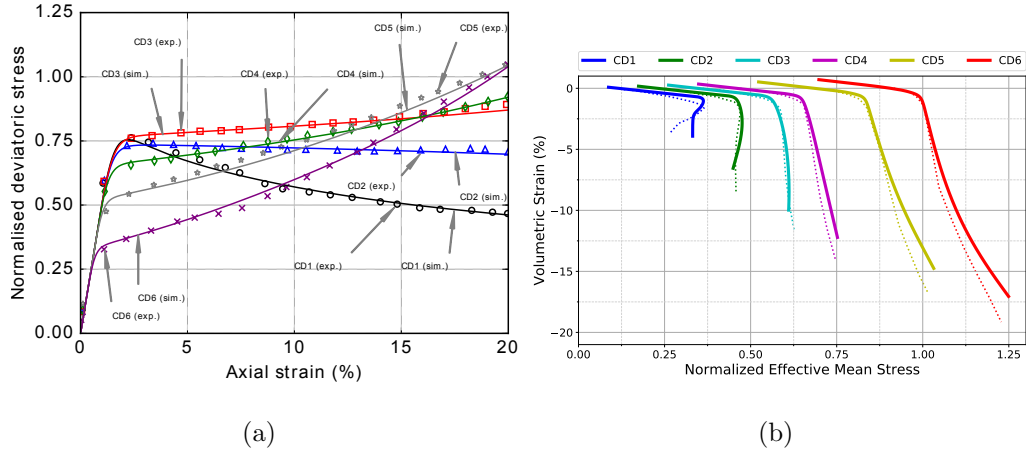


Figure 17: (a) The deviatoric stress (τ) vs. axial strain results for the experiments (symbols) and the numerical simulations (lines) for mudstone, (b) The volumetric strain versus the effective mean stress results for the experiments (dotted lines) and the numerical simulations (solid lines) for mudstone.

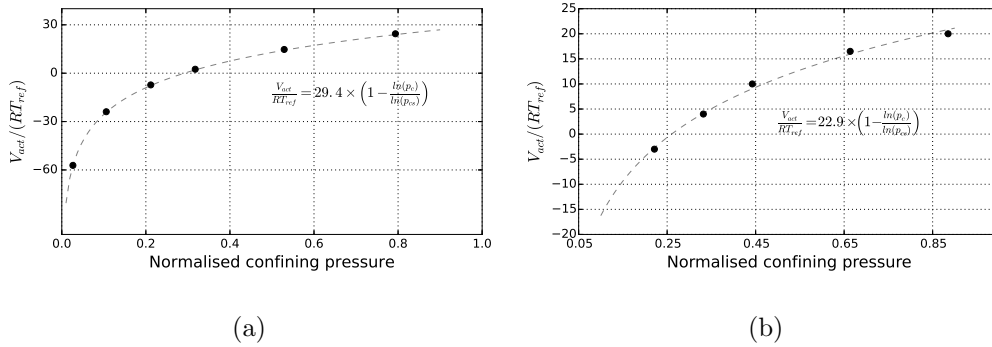


Figure 18: (a) Dependence of V_{act} with confinement (depth) for sandstone. The condition $V_{act} = 0$ is met at the experiment labelled CD and for lower confinements (CD 1-3) $V_{act} < 0$ and for larger confinements (CD 5-6) $V_{act} > 0$, (b) Dependence of V_{act} with confinement (depth) for mudstone. The condition $V_{act} = 0$ is met at the experiment labelled between CD 2 and CD 3 and for lower confinements (CD 1 for mudstone) $V_{act} < 0$ and for larger confinements (CD 3-6 for mudstone) $V_{act} > 0$.

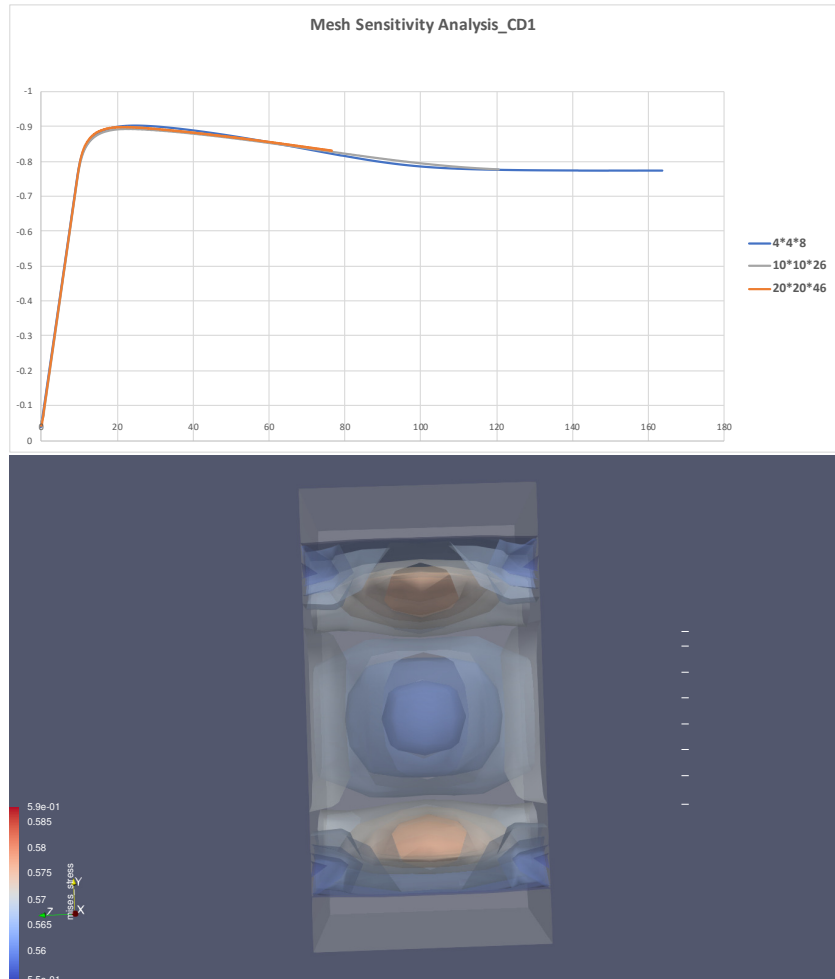


Figure 19: (top) Mesh sensitivity analysis showing the deviatoric stress (τ) vs. axial strain results different simulations of CD1 with different mesh sizes, (bottom) Distribution of Mises stress on a centered vertical slice of models CD1 showing the shear bands

668 captured adequately by model in its present form, with the power law pa-
 669 rameters $\dot{\epsilon}_0$ and m encapsulating the strain rate effects and the activation
 670 enthalpy Q_{mech} of the material encompassing thermal and pressure sensitiv-
 671 ity:

$$\Delta Q_{mech} = \Delta E_0(P_c^{max}, q) + \Delta p_f V_{act}(P_c^{max}, T) \quad (40)$$

672 where $\Delta E_0(P_c^{max}, q)$ is a stress path dependent activation energy. It has been
 673 shown that ΔQ_{mech} in the present framework acts as a hardening function for
 674 the visco-plastic flow law, encompassing physical information of the system
 675 on its state variables (temperature and pore pressure). It was therefore
 676 shown that accurately determining the mechanisms operating in ΔQ_{mech} and
 677 constraining the values of the respective parameters is important for this
 678 model to be able to have predictive capability.

679 *6.1. Internal interface mechanisms expressed through the activation volume*

680 From the analysis of all the experimental results, the activation volume
 681 V_{act} was shown to obtain a logarithmic dependency with the confining stress
 682 (39), that has the form:

$$V_{act} = \alpha_0 \frac{RT}{\ln P_{cs}/P_0} \ln \frac{P_{cs}}{P_{c(max)}} \quad (41)$$

683 where P_0 is the reference (preconsolidation) pressure, and P_{cs} is a stress path
 684 dependent quantity, representing the initial confining pressure corresponding
 685 to the critical state for a given stress path. One may immediately observe
 686 that this is a relationship akin to Kelvin's equation (F.R.S., 1871) for curved
 687 liquid-vapour interfaces,

$$\gamma = \frac{rRT}{2V_m} \ln \left(\frac{p}{p_0} \right), \quad (42)$$

688 where p and p_0 represent the actual and saturated vapour pressures, r the
689 radius of a droplet, V_m the molar volume of the liquid, γ the surface ten-
690 sion, R the universal gas constant and T the temperature. Since Kelvin's
691 law describes the pressure in a liquid-vapor interface, like water bridges in
692 unsaturated samples, the inverted logarithmic law for V_{act} of equation (41)
693 could be seen as expressing the pressure experienced by any grain interface,
694 like solid bridges (cement), water bridges (capillary forces), etc, as discussed
695 in Section 3.2. What remains to be yet evaluated is the physical meaning and
696 processes represented by the fugacity coefficients assumed in the theoretical
697 construction of the model.

698 *6.2. Comparison with the theoretical results of Section 3.2.*

699 Indeed, the considerations of the energetics of the interface processes be-
700 tween the fluid phase and the solid phase in Section 3.2 led to the following
701 expression for V_{act} :

$$V_{act} = \phi_0 \beta_\phi n_c \frac{\rho_f}{\rho_0} \left(\ln \nu_f - \frac{\rho_{sk}}{\rho_f} \ln \nu_{sk} \right) RT \quad (43)$$

702 Comparing the outcomes of the inversion process (Eq. 41) with the theoret-
703 ical result of Eq. 43 allows us to equate the two expressions. This procedure
704 provides the following expressions for the coefficient α_0 and the fugacity co-
705 efficients ν_{sk}, ν_f :

$$\alpha_0 = P_0 \frac{\rho_f}{\rho_0} \phi_0 \beta_\phi n_c \ln \frac{P_{cs}}{P_0} \quad (44)$$

$$\ln \frac{P_{cs}/P_0}{P_{c(max)}/P_0} = \ln \frac{\nu_f}{\frac{\rho_{sk}}{\rho_f} \nu_{sk}} \iff \nu_f = \frac{P_{cs}}{P_0} \text{ and } \nu_{sk} = \left[\frac{P_{c(max)}}{P_0} \right]^{\frac{\rho_f}{\rho_{sk}}} \quad (45)$$

706 For a modified Cam-Clay (mCC) type of yield envelope in triaxial loading,
 707 $P_{cs} = \frac{P_0}{2} \left(1 - \frac{M}{\omega}\right)$, where ω is the slope of the stress path ($\omega = 3$ in triaxial
 708 loading).

709 We are therefore deducing that:

- 710 1. α_0 is a stress-path pore compressibility quantity, expressing how com-
 711 pressible the porous structure is under a given loading-path. It is max-
 712 imum ($\alpha_0 \rightarrow \infty$) when the material is loaded in isotropic conditions
 713 ($\omega \rightarrow 0$) and minimum ($\alpha_0 \rightarrow -0.69 \frac{P_0 \rho_f \phi_0 \beta_\phi n_c}{\rho_0}$) when the material is
 714 loaded in purely deviatoric conditions ($\omega \rightarrow \infty$). This intuitive result
 715 confirms the experimental observations in sedimentary rocks, suggest-
 716 ing that when materials are loaded in direct shear (i.e. under purely
 717 deviatoric conditions) they can deform with minimum pore structure
 718 change. This phenomenon (pore structure collapse) is the most pro-
 719 nounced at isotropic compression, as the present approach also con-
 720 cluded.
- 721 2. the fugacity coefficient of the fluid phase ν_f is also stress-path depen-
 722 dent and equal to $\frac{P_{cs}}{P_0} = \frac{1}{2} \left(1 - \frac{M}{\omega}\right)$, for a mCC-like material. It de-
 723 termines the effective pressure in the chemical potential of the fluid
 724 phase, expressing that the vigorousness of the fluid phase to partici-
 725 pate in interface processes depends on the type of mechanical loading

726 the material undergoes. It can only admit positive values, as it con-
 727 sists the argument of the logarithmic part of the chemical potential,
 728 something achieved when $\omega > M$, i.e. when the material is loaded at
 729 stress-paths with slopes larger than the critical state line's. This means
 730 that skeleton-fluid interface processes are only possible when the devi-
 731 atoric component of the loading path is preponderant with respect to
 732 its isotropic counterpart.

733 3. the fugacity coefficient of the skeleton ν_{sk} is equal to $\left[\frac{P_{c(max)}}{P_0}\right]^{\frac{\rho_f}{\rho_{sk}}}$, i.e. a
 734 power of the maximum pressure the material has experienced $P_{c(max)}$, or
 735 equivalently of the minimum Overconsolidation Ratio (OCR) a mCC-
 736 type material can admit, $\frac{P_{c(max)}}{P_0}$. The power law is a ratio of the den-
 737 sities, $\frac{\rho_f}{\rho_{sk}}$, becoming linear when the fluid phase has the same density
 738 as the solid phase, i.e. at processes like debonding where parts of the
 739 solid skeleton get debonded and released in a "fluidized" state.

740 6.3. Transition from brittle to ductile regime

741 As it became apparent from the performance of the suggested theory
 742 against triaxial data in Section 5.2, the model can transition from a brittle
 743 to a ductile response with increasing confinement. The main driver for the
 744 model to be able to transition between the two regimes is the change of sign
 745 of V_{act} , being negative in the brittle and positive in the ductile regime, as
 746 shown in Fig. 18.

747 By comparing the experimentally derived expression of V_{act} , Eq. (41), we
 748 conclude that this change of sign is happening when $P_{cs} = P_{c(max)}$, with
 749 $P_{cs} < P_{c(max)}$ being in the brittle regime. This outcome is confirming the
 750 experimental observations based on stresses. From the theoretical one of

751 Eq. (43), we obtain that this change of sign is happening when $\frac{\nu_f}{\nu_{sk}^{\frac{\rho_{sk}}{\rho_f}}} = 1$, with
752 $\nu_f < \nu_{sk}^{\frac{\rho_{sk}}{\rho_f}}$ being in the brittle regime. This in turns means that, when the
753 partial pressure experienced by the skeleton part of the interface is larger than
754 the partial pressure experienced by the fluid (within a power law exponent
755 $\frac{\rho_{sk}}{\rho_f}$), then the material will follow the predominant solid component and
756 exhibit brittle response. We are therefore able to explain the macroscopic
757 response of rocks based on the microscopic interface process at hand.

758 **7. Conclusions**

759 In conclusion, in this study an elasto-visco-plastic model was suggested
760 based on multiphysical considerations and used to capture the behaviour of
761 sedimentary rocks both in the brittle and ductile regimes. The model was
762 validated against a suite of multi-physics tests in different materials, showing
763 remarkable agreement for a realistic range of material parameters.

764 Following the performance of the framework against benchmark tests and
765 experimental data, additional conclusions were reached:

- 766 1. the dominant mechanism controlling the response of the model in tri-
767 axial compression tests is an internal interface mechanism between the
768 skeleton and the pore fluid, akin to the mechanisms expressed through
769 Kelvin’s law in water-air capillary interfaces (Eq. 41).
- 770 2. the interface process between skeleton and fluid is stress path depen-
771 dent, being only active when the mechanical loading involves significant
772 deviatoric component. In loadings like isotropic compression, the pro-
773 cess is suspended.

774 3. the introduction of the energy balance equation regularizes the prob-
775 lem of localization of plastic deformation during mechanical softening,
776 providing an internal length and a characteristic time of propagation
777 of the shear band.

778 The interface model introduced offers some physical intuition about the
779 different mechanisms at play under volumetric and shear-enhanced loading
780 conditions. It allows some quantification of the underlying processes re-
781 sponsible for the different behaviours observed - and intuitively expected -
782 between those two types of deformation. This opens the door to exciting
783 future work to constrain and fully validate the stress-path dependency of the
784 model parameters.

785 **Acknowledgements**

786 This work was supported by resources provided by the Australian Re-
787 search Council (ARC Discovery grants no. DP170104550, DP170104557),
788 UNSW Sydney and the Pawsey Supercomputing Centre with funding from
789 the Australian Government and the Government of Western Australia. M.V.
790 acknowledges support by the DE-NE0008746- DoE project.

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