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1	Fully-dynamic seismic cycle simulations in co-evolving fault damage zones
2	controlled by damage rheology
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### 11 Abstract

12

13 Both short-term coseismic off-fault damage and long-term fault growth during interseismic periods 14 have been suggested to contribute to the formation and evolution of fault damage zones. Most previous 15 numerical models focus on simulating either off-fault damage in a single earthquake or off-fault plasticity 16 in seismic cycles ignoring changes of elastic moduli. Here we developed a new method to simulate the 17 damage evolution of fault zones and dynamic earthquake cycles together in a 2D anti-plane model. We 18 assume fault slip is governed by the laboratory-derived rate-and-state friction law while the constitutive 19 response of adjacent off-fault material is controlled by a simplified version of the Lyakhovsky-Ben-Zion 20 continuum brittle damage model. This newly developed modeling framework opens a window to simulate 21 the co-evolution of earthquakes and fault damage zones, shedding light on the physics of earthquakes on 22 natural faults. Our models generate coseismic velocity drop as evidenced by seismological observations 23 and a long-term shallow slip deficit. In addition, the coseismic slip near the surface is smaller due to off-24 fault inelastic deformation and results in a larger coseismic slip deficit. Damage, here refers to both rigidity 25 reduction and inelastic deformation of the off-fault medium, mainly occurs during earthquakes and 26 concentrates at shallow depths as a flower structure, in which a distributed damage area surrounds a 27 localized, highly damaged inner core. With the experimentally based logarithmic healing law, coseismic 28 off-fault rigidity reduction cannot heal fully and permanently accumulates over multiple seismic cycles. The fault zone width and rigidity eventually saturate at long cumulative slip, reaching a mature state without 29 30 further change.

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33 Key words: Seismic cycle, Numerical modeling, Earthquake dynamics, Rheology and friction of

34 fault zones, Elasticity and anelasticity, Transform faults

#### 35 **1. Introduction**

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#### 37 1.1 Co-evolution of fault damage zone and earthquakes

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39 Fault zone co-evolves with fault slip over multiple seismic cycles (Faulkner et al., 2011, Preuss 40 et al., 2019). Both major strike-slip faults and subduction interfaces are surrounded by fault damage zones 41 (Chester and Logan, 1986, Caine et al., 1996, Ben-Zion and Sammis, 2003, Rowe et al., 2013, 42 Chester et al., 1993, Huang et al., 2025). Field measurements show that fracture density and inelastic 43 strain decrease rapidly with distance from the fault core (Shipton and Cowie, 2001, Mitchell and 44 Faulkner, 2009, Savage and Brodsky, 2011, Chester et al., 2005, Anders and Wiltschko, 1994, 45 Rodriguez Padilla et al., 2022, Scott et al., 2018), suggesting that most damage occurs within a zone 46 that is tens-to-hundreds of meters wide. The concentration of microfractures as a function of distance from 47 the fault matches the power-law decay of seismicity away from major faults in California (Hauksson, 48 2010), suggesting that seismicity and fault damage zone are spatially associated. In addition, the width of 49 the damage zone increases with cumulative slip but eventually reaches a saturation (Faulkner et al., 2011, 50 Savage and Brodsky, 2011, Torabi et al., 2020).

51 Stress concentration due to fault slip causes damage accumulation by loading the adjacent material 52 beyond its yielding limit. The long-term cumulative damage surrounding fault zones results from various 53 stress concentration mechanisms operating over different timescales. Both short-term coseismic off-fault 54 damage associated with rupture propagation, as evidenced by pulverized rocks (Dor et al., 2006, Rempe 55 et al., 2013), and long-term fault zone growth during the interseismic loading period (Cowie and Scholz, 56 1992, Childs et al., 2009, Lyakhovsky and Ben-Zion, 2009, Faulkner et al., 2011) have been 57 suggested to contribute to fault zone formation and evolution. The cumulative damage occurring over 58 multiple timescales contributes to the development of fault zone structure from an immature fault zone to

59	a more localized mature fault zone (Chester et al., 1993, Ben-Zion and Sammis, 2003, Mitchell and
60	<u>Faulkner, 2009, Perrin <i>et al.</i>, 2016</u> ).
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62	1.2 Properties of fault damage zones constrained by geophysical observations
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64	In geophysical observations, fault damage zones are manifested by low-velocity, low-rigidity zones
65	that generate high-frequency seismic reflections (e.g. (Ben-Zion et al., 2003)) and/or anomalously high
66	shear strain rate from geodetic observations (Chen and Freymueller, 2002, Fialko et al., 2002, Barbot
67	<u>et al., 2009, Jolivet et al., 2009, Lindsey et al., 2014, Xu et al., 2020, Xu et al., 2023</u> ). Major fault
68	zones are 100-400 m wide with 10-60 per cent velocity (i.e. rigidity) reduction, as shown by seismic
69	imaging analysis based on trapped or guided waves (Mizuno et al., 2008, Lewis and Ben-Zion, 2010,
70	Eccles et al., 2015, Qiu et al., 2021, Li et al., 2016, Catchings et al., 2016), head waves (Allam et
71	al., 2014, McGuire and Ben-Zion, 2005, Qiu et al., 2023), regional tomography (Thurber et al., 2006,
72	Allam and Ben-Zion, 2012, Froment et al., 2014, White et al., 2021), travel time modeling (Yang et
73	al., 2014, Li et al., 2007), noise correlations (Hillers and Campillo, 2018), controlled source seismic
74	reflection imaging (Alongi et al., 2024, Alaei and Torabi, 2017, Alongi et al., 2022) as well as DAS
75	(Distributed Acoustic Sensing) observations (Atterholt et al., 2022, Atterholt et al., 2024). Different
76	methods lead to various depth extents of fault damage zones that range from 2-10 km. Seismically observed
77	fault zone properties are confirmed by the borehole data of the San Andreas fault (Zoback et al., 2011)
78	and the Nojima fault (Boullier et al., 2011) at shallow depths.
79	Seismic wave velocities in major fault zones are also observed to decrease after large earthquakes,
80	a manifestation of coseismic damage, and then gradually recover during postseismic and interseismic
81	periods (Vidale and Li, 2003, Li et al., 2006, Gassenmeier et al., 2016, Qin et al., 2020, Wang et
82	al., 2021, Qiu et al., 2019, Brenguier et al., 2008). Coseismic damage is caused by the stress
83	concentration at the rupture tip of an earthquake (Scholz et al., 1993, Rudnicki, 1980, Swanson, 1992,
84	Ampuero and Mao, 2017). During the passage of a seismic rupture, stresses exceed the yielding limit of

adjacent rocks and produce a narrow damage zone with distributed opening fractures spontaneously.
Subsequently, multiple mechanisms including mechanical (Brantut *et al.*, 2013) and chemical processes
(Aben *et al.*, 2017) are responsible for the fracture closure and recovery of seismic velocity. Particularly,
the temporal change of seismic velocity and associated fault zone pore pressure evolution (Qin *et al.*, 2020,
Steidl *et al.*, 2014) suggest that fluids play an important role in modulating fault zone damage evolution.

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#### **1 1.3 Simulating earthquake cycles in fault damage zones**

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93 Recent earthquake cycle simulations have incorporated the fault zone structure to understand its 94 effects on earthquake nucleation, rupture propagation, and recurrence patterns. Kaneko et al. (2011) found 95 through fully-dynamic seismic cycle simulations that a damaged fault zone with low rigidity resulted in 96 reduction of earthquake nucleation size and amplification of peak slip rates. With a quasi-dynamic seismic 97 cycle model, Abdelmeguid et al. (2019) showed that sufficiently compliant fault zones contribute to the 98 emergence of subsurface events, which may cause irregular earthquake recurrence patterns. Through static 99 rupture scaling arguments and quasi-dynamic earthquake cycle simulations, Idini and Ampuero (2020) 100 found that the (pre-existing) low-velocity fault-zone structure can promote pulse-like rupture and back-101 propagating fronts via quasi-static effects even without dynamic effects of reflected waves. Thakur et al. 102 (2020) systematically investigated the effects of pre-existing fault damage zones on earthquake cycles and 103 found that the presence of elastic damage leads to variability in earthquake sizes and hypocenter locations 104 along a single fault. Nie and Barbot (2022) also demonstrated that the existence of low rigidity fault zones 105 altered the earthquake nucleation size and recurrence pattern using quasi-dynamic seismic cycle models. 106 Furthermore, Thakur and Huang (2021) found that the coseismic rigidity reduction and its interseismic 107 recovery may explain the differences of earthquake behavior between immature and mature fault zones. 108 The acceleration of fault deformation before major earthquakes can also induce precursory velocity changes, 109 which significantly reduce the nucleation size of earthquakes and influence the evolution of fault stress in 110 dynamic earthquake cycle simulations (Thakur and Huang, 2024). Recently, Flores-Cuba et al. (2024)

explored the damage zone effects on earthquake rupture thoroughly in fully-dynamic seismic cycle modelsand revealed potentially observable signatures of damage effects on seismic slip.

113 Besides the above-mentioned elastic models, there have been a few numerical studies concentrating 114 on modeling seismic cycles with off-fault inelastic deformation. Erickson et al. (2017) simulated dynamic 115 change of elastic properties and off-fault plasticity with a quasi-dynamic seismic cycle model and 116 demonstrated the importance of inelasticity on the evolution of shallow slip deficit. With a continuum 117 mechanics-based numerical model, Preuss et al. (2020) simulated both earthquake ruptures and off-fault 118 viscoelastoplastic deformation on propagating faults. They found that faults predominantly localize and 119 grow due to aseismic deformation, but off-fault deformation is typically formed during dynamic earthquake 120 ruptures. With a fully-dynamic seismic cycle model based on a hybrid scheme, Abdelmeguid and 121 Elbanna (2022) found that at low cohesion, off-fault plasticity may occur during aseismic slip and 122 therefore alter the nucleation characteristics and earthquake sequence pattern. Their results emphasize the 123 importance of off-fault long-term inelastic deformation in seismic cycle simulations. With a similar in-124 plane fully-dynamic seismic cycle model, Tal and Faulkner (2022) explored the effects of fault roughness 125 and earthquake ruptures on fault zone evolution and found that the extent and distribution of plasticity 126 depend on the characteristics of fault roughness, amount of slip and the characteristics of dynamic rupture. 127 They suggest that quasistatic slip on rough faults may dominate the early development of off-fault plasticity 128 with small cumulative slip.

Most aforementioned seismic cycle simulations with off-fault inelasticity adopt an elasto-plastic Drucker–Prager rheology, which does not account for changes of elastic properties (e.g. reduction of shear modulus and seismic wave speeds). In addition, to save computational resources and focus on theoretical analysis, the plastic deformation region is limited to a very narrow strip (~0.1 nucleation size), whereas a natural fault damage zone could be wider.

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135 1.4 Simulating co-evolution of fault damage zone and earthquakes using the continuum damage136 model

138 To combine the off-fault rigidity variation and permanent plastic deformation together in seismic 139 cycle simulations, we adopt a continuum damage model (CDM) which relates damage to the elastic 140 response in an internally consistent manner (Lyakhovsky et al., 1997). The CDM may also include a 141 healing mechanism supported by laboratory experiments to capture the rigidity recovery accompanied by 142 slow deformation during interseismic periods. Moreover, Lyakhovsky et al. (2005) have shown that the 143 CDM can capture main features of rate-and-state friction validated by numerous rock friction experiments. 144 Recently, the applicability of CDM to explain the observed rock moduli change has been further verified 145 via both laboratory experiments and wave propagation simulations (Niu et al., 2024).

146 The CDM has been successfully used to simulate the dynamic rupture of a single earthquake 147 (Lyakhovsky et al., 2016, Kurzon et al., 2019, Xu et al., 2015, Zhao et al., 2024). Other CDM 148 formulations have been also proposed and used in such simulations (Bhat et al., 2012, Thomas et al., 149 2017, Thomas and Bhat, 2018, Jara et al., 2021, Ferry et al., 2024). For a longer timescale, 150 Lyakhovsky et al. (2001) modeled the coupled evolution of earthquakes and faults within one earthquake 151 cycle governed by CDM and found that the healing timescale plays an important role in the simulated 152 seismic activity. Using a similar 3D quasi-static seismic cycle model without dynamic seismic radiation, 153 Finzi et al. (2010) studied the structural properties and deformation patterns of evolving strike-slip faults 154 and produced realistic fault zone geometries, including step-overs and flower structures. In the following context, we will simply use the terminology "damage" to represent both rigidity reduction associated with 155 156 brittle fracture and the related permanent plastic deformation.

Here we aim to simulate the co-evolution of fault damage zones and earthquakes by capturing both coseismic damage formation and subsequent intersesimic healing through the implementation of the CDM in 2D fully-dynamic earthquake cycle models. We introduce the specific governing equations of fullydynamic cycle simulations in **Section 2** and the numerical framework of the spectral element method in **Section 3**. We present the application of this framework to simulating seismic cycles in **Section 4**. The examples demonstrate that seismic cycle models with the CDM provide important physical constraints on

## 166 **2.** Governing equations

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#### 168 2.1 Constitutive response of the fault: rate-and-state friction

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We consider a pre-existing fault governed by rate-and-state friction with the aging law (Dieterich,
171 1979, Ruina, 1983). The spatial-and-time-dependent shear strength on the fault is expressed as

172 
$$\tau = -\sigma_n \left[ f_0 + a \ln \frac{v}{v_0} + b \ln \frac{v_0 \theta}{D_{\rm RS}} \right]$$
(1)

173 
$$\frac{\mathrm{d}\theta}{\mathrm{d}t} = 1 - \frac{V\theta}{D_{\mathrm{RS}}} \qquad (2)$$

174 where  $\sigma_n$  is the effective normal stress, V the slip rate,  $f_0$  the reference steady-state friction coefficient at 175 the reference slip rate  $V_0$ , a and b are rate-and-state parameters,  $\theta$  the state variable often interpreted as the 176 average age of micro-contacts between two rough surfaces, and  $D_{RS}$  the characteristic weakening distance 177 for state evolution. If a - b < 0 the fault is velocity-weakening (VW) at steady state and can produce 178 dynamic slip instabilities (earthquakes), whereas if a - b > 0 the fault is velocity strengthening (VS) at 179 steady state and tends to produce stable sliding and aseismic slip. The actual shear strength is given by a 180 rate-and-state friction regularized at zero slip velocity (Text S1). Even though eqs. (1) and (2) are derived 181 from low-velocity friction experiments, they behave similarly to linear slip-weakening friction at coseismic 182 slip rates (Cocco and Bizzarri, 2002). For simplicity, here we exclude the enhanced dynamic weakening 183 at high slip rates (Rice, 2006, Noda et al., 2009, Di Toro et al., 2004).

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#### 185 2.2 Constitutive response of off-fault material: damage rheology

- 186
- 187 2.2.1 A modified damage rheology framework for 2D anti-plane deformation

To simulate the fracturing process of the rocks surrounding the fault using continuum mechanics, we adopt a modified version of the original continuum damage model introduced by Lyakhovsky *et al.* (1997) (Text S2). The following modified damage rheology framework for 2D anti-plane deformation is inspired by analytical results of a 1D simple shear model (Lyakhovsky *et al.*, 2005). For the case of a constant volumetric strain ( $I_1 = \varepsilon_{kk}$ ), the free energy of a damaged solid becomes

194 
$$F = \frac{\mu}{\rho} (I_2 - I_{2_cr})$$
 (3)

195 where  $\mu$  is the shear modulus,  $\rho$  is the mass density,  $I_2 = \varepsilon_{ij}\varepsilon_{ij}$  is the second invariant of the elastic strain 196 tensor  $\varepsilon_{ij}$  and the critical strain invariant  $I_{2,cr}$  separates states of material degradation from healing. With 197 the relation between stress tensor, free energy and strain tensor:  $\sigma_{ij} = \rho \frac{\partial F}{\partial \varepsilon_{ij}}$ , we obtain the stress-strain 198 relation:

199 
$$\sigma_{ij} = 2\mu\varepsilon_{ij} \qquad (4)$$

200 The shear modulus is assumed to evolve as

201  $\mu = \mu_0 (1 - \mu_r \alpha)$  (5)

where  $\alpha$  is the non-dimensional damage variable in [0,1] that represents the density of small faults in a crustal domain,  $\mu_0$  is the initial shear modulus and  $\mu_r$  is the maximum allowed damage ratio which ranges from 0 to 1. Thus,  $\mu_0(1 - \mu_r)$  is the minimal possible shear modulus, obtained when  $\alpha = 1$ , and convexity of the elastic energy ( $\mu > 0$ ) is always guaranteed with  $\mu_r < 1$  given  $\mu_0 > 0$ .

According to thermodynamic analysis (<u>Lyakhovsky *et al.*, 1997</u>), the damage accumulation rate is given by

 $\frac{\mathrm{d}\alpha}{\mathrm{d}t} = -C\frac{\partial F}{\partial \alpha} \tag{6}$ 

209 where C a positive coefficient describing the temporal rate of the damage process.

210 Substituting the free energy in eq. (6) with eqs. (3, 5) we obtain

211 
$$\frac{\mathrm{d}\alpha}{\mathrm{d}t} = \frac{c}{\rho} \mu_0 \mu_r (I_2 - I_{2\mathrm{cr}}) = C_\mathrm{d} (I_2 - I_{2\mathrm{cr}}) = C_\mathrm{d} Y(\varepsilon) \qquad (7)$$

where the rate of damage evolution is  $C_d = \frac{c}{\rho} \mu_0 \mu_r$  and  $Y(\varepsilon)$  is the yield function. When the yielding 212 213 threshold is exceeded,  $Y(\varepsilon) > 0$ , damage accumulates. 214 The critical value  $I_{2_cr}$  is time-independent and related to the yield stress by  $I_{2_{\rm cr}} = 0.5 \left[\frac{\tau_{\rm y}}{\mu_{\rm o}}\right]^2$  (8) 215 where  $\tau_y$  is the yield stress of the Drucker-Prager plasticity model (Drucker and Prager, 1952) 216  $\tau_{v} = -\sigma_{m} \sin(\phi) + c \cos(\phi)$ 217 (9) 218 Here  $\sigma_m$  is the mean compressive stress,  $\phi$  is the internal friction angle with internal friction coefficient 219  $\tan(\phi)$ , and c is the rock cohesion. 220 221 2.2.2 Damage-related plastic deformation 222 223 The CDM framework provides an efficient way to simulate both the brittle fracture and the resulting off-224 fault plastic deformation. When  $Y(\varepsilon) > 0$ , the plastic strain rate is proportional to the damage accumulation 225 rate:  $\frac{\mathrm{d}\varepsilon_{ij}^p}{\mathrm{d}t} = \tau_{ij} C_{\mathrm{v}} \frac{\mathrm{d}\alpha}{\mathrm{d}t} \qquad (10)$ 226  $\tau_{ij} = 2\mu \Big(\varepsilon_{ij}^{tol} - \varepsilon_{ij}^p\Big) \qquad (11)$ 227 where  $\varepsilon_{ij}^{tol}$  is the total strain,  $\varepsilon_{ij}^{p}$  the plastic strain.  $\tau_{ij}$  is the deviatoric stress and only results from the elastic 228 strain tensor  $\varepsilon_{ij}$ . The damage-related inelastic strain accumulation parameter  $C_v = \frac{R}{\mu_0}$  is characterized by 229 230 the non-dimensional value R, which is in the order of 1 and determines the seismic coupling coefficient  $\chi = 1/(1+R)$  as given by <u>Ben-Zion and Lyakhovsky (2006)</u>. When R = 0 (i.e.  $\chi = 1$ ), the model 231 232 behaves elastically without inelastic energy dissipation due to plastic strain accumulation. 233 234 2.2.3 Logarithmic healing law

The CDM also allows the damage (i.e. shear modulus) to heal over time, which is especially important during the postseismic period. Healing occurs when  $Y(\varepsilon) < 0$ . The damage healing rate (a negative value) is proportional to the exponential of the current level of damage variable  $\alpha$  explicitly and no prescribed permanent damage is considered in this form (Lyakhovsky *et al.*, 1997):

240 
$$\frac{\mathrm{d}\alpha}{\mathrm{d}t} = C_1 \mathrm{e}^{\frac{\alpha}{C_2}} Y(\varepsilon) \qquad (12)$$

For simplicity,  $Y(\varepsilon)$  is assumed as a constant during the short time step for healing. More details about the time step constraints will be discussed in **Section 3.1**. Under this assumption, the damage variable evolves as

244 
$$\alpha = \alpha_0 - C_2 \ln \left[ 1 - \frac{C_1}{C_2} e^{\frac{\alpha_0}{C_2}} Y(\varepsilon) t_0 \right]$$
(13)

where  $\alpha_0$  is the damage state at the beginning of this healing period and  $t_0$  is the time since the beginning of this healing period. Both  $C_1 > 0$  and  $C_2 > 0$  are constants estimated by comparing the CDM to the rateand-state friction law, in which the static friction coefficient is found to recover logarithmically with static contact time (Dieterich, 1979). Lyakhovsky *et al.* (2005) suggested that  $C_2$  is closely related to the parameter *b* of rate and state friction ( $b \approx 10^{-1}$ ,  $C_2 \approx 10^{-2} - 10^{-1} \text{ s}^{-1}$ ), and  $C_1$  depends on  $C_2$  as

250 
$$C_1 = BC_2 \frac{\exp\left(\frac{-\alpha_0}{C_2}\right)}{\gamma(\varepsilon)}$$
(14)

where  $B (\sim 1-2 \text{ s}^{-1})$  is the timescale responsible for the evolution of static friction with hold time in laboratory experiments (Dieterich, 1972, Dieterich, 1978).

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## **3.** Numerical framework of the Spectral Element Method

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A Spectral Element Method (SEM) is used to simulate seismic cycles constrained by damage rheology and rate-and-state friction. <u>Kaneko *et al.* (2008)</u> initially implemented in SEM the capability to simulate spontaneous earthquake ruptures on rate-and-state faults together with wave propagation. <u>Kaneko</u> 259 et al. (2011) further incorporated an implicit solver for quasi-static deformation to simulate long-term 260 fully-dynamic (including wave-mediated effects) seismic cycles. The ability of SEM to simulate long-term 261 seismic cycles in heterogeneous and inelastic media comes at a high computational cost compared to 262 methods with a more limited scope such as the boundary element method (Lapusta et al., 2000). Thakur 263 et al. (2020) rewrote the previous code with Julia, a high-performance programming language especially 264 for scientific computing, and significantly improved its efficiency. Liang et al. (2022) incorporated the 265 seismic cycle modeling algorithm into sem2dpack (Ampuero, 2012, Ampuero et al., 2024), a 2D SEM 266 code in Fortran that has been widely used to simulate spontaneous earthquake rupture in 2D. Building up 267 on this work, we further developed a new numerical framework to simulate seismic cycles with off-fault 268 inelasticity controlled by a damage rheology.

269

#### 270 **3.1 Time stepping**

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272 To simulate different timescales between spontaneous earthquake rupture and aseismic slip, we 273 alternate between a quasi-static solver and a dynamic solver. The switch between solvers is based on a 274 maximum slip rate threshold, which correlates with the relative importance of radiated waves and the inertial terms of the governing equations (Kaneko *et al.*, 2011). The slip rate threshold is  $\sim 10^{-3}$  m s<sup>-1</sup> as 275 276 suggested by Kaneko et al. (2011). For the quasi-static solver without inertial forces, an adaptive time 277 marching is used (Lapusta et al., 2000). During the coseismic periods, where wave-mediated stress 278 transfer is considered, the time step satisfies the Courant-Friedrichs-Lewy (CFL) condition (Courant et al., 279 1928).

In the damage rheology with plasticity, an intrinsic visco-plastic regularization, which helps to reduce the potential mesh dependence, is introduced through eq. (10). The stresses (or strains) are allowed to overshoot beyond the rate-independent yield surface and subsequently relax back to it over a timescale  $t_v$ . The time step must be smaller than  $t_v$  so that the stress relaxation and damage process have sufficient time resolution when plastic deformation occurs. The default adaptive time marching (Lapusta *et al.*, 285 2000) may yield a time step larger than  $t_{\rm v}$  when the plastic deformation rate is high enough. Thus, an extra 286 constraint on the quasi-static time step is necessary and we propose to constrain the maximum allowed time 287 step by limiting the maximum allowed damage increment d $\alpha$  within the time step, so called  $\Delta \alpha_{max}$  (Text 288 S3). If the practical damage increment per time step is smaller than  $\Delta \alpha_{max}$ , the damage variable is updated 289 using dt given by the default adaptive time marching (Lapusta et al., 2000). Otherwise, dt must be further 290 decreased before the damage variable can be updated. This time step constraint also works when  $I_2 < I_{2_cr}$ 291 and results in a small time step for healing. Thus,  $Y(\varepsilon)$  can be approximated as a constant within each small 292 healing time step and the analytical eq. (13) holds.

For the dynamic scheme, we do not apply this extra constraint because the dynamic time step constrained by the CFL condition is typically smaller than 0.01 s. However, during coseismic rupture,  $t_v$ might become smaller than the dynamic time step if the plastic deformation rate is high due to a relatively large  $C_d$ . We currently do not consider this scenario because  $C_d$  during dynamic rupture is typically smaller than  $10^{10}$  s<sup>-1</sup> as evidenced by experimental results (Bhat *et al.*, 2012). We will discuss this in detail in the parameter selection Section 4.1.5.

299

#### 300 3.2 Dynamic and quasi-static schemes

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The dynamic scheme to simulate spontaneous earthquake rupture with rate-and-state friction was presented first by <u>Kaneko *et al.* (2008)</u>. It requires solving the following system of equations at every time step. The discretized weak form of the equation of motion in its matrix form:

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$$\mathbf{M}\ddot{\mathbf{u}} = -\mathbf{K}\mathbf{u} + \mathbf{B}\mathbf{\tau} \tag{15}$$

where **M** is the mass matrix and **K** the stiffness matrix. **B** is the fault boundary matrix-a sparse rectangular matrix obtained by assembling the contributions  $\mathbf{B}_{e}$  from each fault boundary element.  $\mathbf{\tau} = \mathbf{\tau}^{tot} - \mathbf{\tau}_{0}$  is the relative traction vector on the fault.  $\mathbf{\tau}^{tot}$  is the total traction while  $\mathbf{\tau}_{0}$  is the reference traction in the staticequilibrium state. Note that in the current algorithm, the elastic term **Ku** is computed by assembling

310	contributions from each element on-the-fly, without pre-computing and storing the global stiffness matrix			
311	K. Here we write the matrix form to help readers understand our method.			
312	The quasi-static scheme to simulate seismic cycles was implemented first by Kaneko et al. (2011)			
313	During periods of quasi-static deformation, we drop the inertial term in eq. (15) and obtain:			
314	$\mathbf{K}\mathbf{u} = \mathbf{B}\mathbf{\tau} \tag{16}$			
315				
316	3.3 Implementation of damage rheology response			
317				
318	The CDM was first implemented in sem2dpack for dynamic rupture by Ampuero et al. (2008)			
319	and further developed by Xu et al. (2015). Building up on their work, we implement the damage rheology			
320	response for seismic cycle simulations including both dynamic deformation and quasi-static deformation.			
321	We use a return mapping algorithm to compute the visco-plastic response. The return mapping			
322	involves first integrating the elastic equations under prescribed total strain increments to obtain an elastic			
323	predictor (trial deviatoric stress). The elastically predicted stresses are then relaxed onto a suitably updated			
324	yield surface by correcting the plastic strain increments. When plastic deformation happens, the total strain			
325	is partitioned into an elastic and a plastic component in eq. (11). For quasi-static deformation, this			
326	introduces a modification to the discretized system of equations:			
327	$\mathbf{K}\mathbf{u} = \mathbf{B}\boldsymbol{\tau} + \mathbf{F}^p \qquad (17)$			
328	The visco-plasticity contribution is described using a plastic force term denoted by $\mathbf{F}^p$ , which is			
329	computed at an elemental level and then assembled globally. The predicted plastic forces $\mathbf{F}^p$ , which are			
330	given in Algorithm 1, are added at each quasi-static time step explicitly. Then we follow the quasi-static			
331	time stepping algorithms presented in Kaneko et al. (2011) to solve the quasi-static deformation.			
332	For the dynamic scheme, because the internal elastic forces are computed using the elastic strain			
333	(total strain minus plastic strain), the contribution of plastic forces is accounted implicitly. We follow the			
334	algorithm by (Abdelmeguid and Elbanna, 2022) and show the workflow in Algorithm 1.			

The shear modulus is updated at each time step based on eq. (5) at an elemental level. Besides, the global stiffness matrix **K** in eq. (17) should also be updated during quasi-static deformation. For numerical convenience, we update **K** every 10 time steps, because no significant modulus changes can happen within only 10 time steps. The upper limit of modulus changes within 10 time steps is estimated to be 1 per cent of the initial value with  $\mu_r = 0.5$  and  $\Delta \alpha_{max} = 0.002$ :

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 $\mu_{\rm r} \times \Delta \alpha_{\rm max} \times {\rm number of time steps} = 0.5 \times 0.002 \times 10 = 0.01$  (18)

Algorithm 1. Off-fault Damage and Healing Algorithm			
Require: Total element number N, current time step number n			
Ensure: Computes <b>F</b> <sup><i>p</i>,<i>n</i></sup>			
1: for s from 1 to N do	# for each element		
2: Compute $\sigma_{trial}^{n}$ , assuming $\varepsilon^{vp,n} = \varepsilon^{vp,n-1}$	# purely elastic response		
3: $Y_{\text{trial}}^n = I_{2,\text{trial}}^n - I_{2_cr}$	# yield function		
4: <b>if</b> $Y_{\text{trial}}^n \leq 0$ then			
5: $()^{n} = ()^{n}_{\text{trial}}$	# the trial values are adopted		
6: $\mathbf{F}^{p,n} = \mathbf{F}^{p,n-1}$	# no update of plastic force		
7: $\alpha^n = \alpha^{n-1} - C_2 \ln \left[ 1 - \frac{C_1}{C_2} \exp \left( \frac{\alpha^{n-1}}{C_2} \right) Y^n \Delta t \right]$	# logarithmic healing		
8: $\mu = \mu_0 (1 - \mu_r \alpha^n)$	# update the shear modulus		
9: else	# damage and plasticity generation		
10: $\alpha^n = \alpha^{n-1} + C_{\rm d} Y^n_{\rm trial} \Delta t$	# update damage		
11: $\mu = \mu_0 (1 - \mu_r \alpha^n)$	# update the shear modulus		
12: $\Delta \varepsilon^{vp} = \tau^n_{\text{trial}} C_v \Delta \alpha$	# calculate the plastic strain increments		
13: $\varepsilon^{\nu p,n} = \varepsilon^{\nu p,n-1} + \Delta \varepsilon^{\nu p}$			
14: $\tau^n = \tau^n_{\text{trial}} - 2\mu\Delta\varepsilon^{vp}$	# correct the deviatoric stress		

15:
 
$$\mathbf{F}^{p,n} = \int \nabla L \cdot \mu \varepsilon^{\nu p,n} dV_s$$
 # plastic force at elemental level

 16:
 end if

 17:
 end for

 18:
  $\mathbf{F}^{p,n} = A_{s=1}^{N} \mathbf{F}_{s}^{p,n}$ 

 # assemble the global plastic force

 \*  $\nabla L$  is the spatial gradient of Lagrange basis function for each element

## **4.** Application

## 346 4.1 Numerical model and parameter selection



349 Fig. 1 (a) Model geometry and (b) Drucker-Prager yielding criterion for off-fault damage. Modified from

- 350 fig. 2 of Kaneko and Fialko (2011).
- 352 4.1.1 Model geometry



356 km by 30 km) is restricted as the medium on one side of the fault ( $x \ge 0$ ) due to symmetry. In addition to 357 the fault boundary (x = 0) and free boundary (z = 0), the other two boundaries are absorbing boundaries 358 (Clayton and Engquist, 1977) during the dynamic deformation. We apply the following material properties: density  $\rho = 2670 \text{ kg m}^{-3}$  and shear modulus  $\mu = 32 \text{ GPa}$ . We use an off-fault bulk friction 359 360 coefficient tan ( $\phi$ ) of 0.6 (Byerlee, 1978) and the same value for the on-fault reference friction  $f_0$ . The 361 computational domain is discretized using unstructured spectral elements with an average on-fault node-362 spacing of 37.5 m, which is small enough to solve the dynamic rupture on the fault (Text S3). The elastic 363 part of the seismic cycle code has been verified via a similar anti-plane benchmark problem (Erickson et 364 al., 2023). The results from elastic models and damage rheology models will be compared in section 4.2.





Fig. 2 Depth distribution of (a) rate-and-state parameters (a, b and a - b), (b) on-fault normal stress  $(\sigma_n)$ and initial shear stress  $(\tau_0)$ .

- 369
- 370 4.1.2 Rate-and-state parameters a and b
- 371

372 The assumed distributions of rate-and-state parameters a and b with depth are shown in Fig. 2a. They are derived from laboratory experiments (Blanpied et al., 1991, Blanpied et al., 1995) but without 373 374 a shallow velocity-strengthening region, which is commonly used to generate coseismic shallow slip deficit 375 (SSD) and postseismic slip (after-slip) in elastic models (Lapusta et al., 2000). Since major earthquakes 376 with SSD were not associated with resolvable shallow interseismic creep or robust shallow afterslip, 377 inelastic off-fault response is considered to partially account for the existence of SSD (Kaneko and Fialko, 378 2011). Hence, we use a pure velocity-weakening fault to isolate and understand the contribution of off-379 fault deformation to the generation of SSD in our simulations.

380



Fig. 3 Depth distribution of (a) the absolute value of off-fault mean compressive stress ( $|\sigma_m|$ ) and (b) the corresponding  $I_{2_cr}$ . The hydrostatic pressure state and the related  $I_{2_cr}$  (blue dash lines) are also plotted for reference.  $\lambda$  is the pore-pressure ratio, which represents the ratio between the actual fluid pressure within a rock formation and the total overburden pressure at a given depth. Thus, its value is from 0 (absence of fluid circulation) to 1 (water pressure reaches lithostatic pressure) and  $\lambda = 0.375$  represents a hydrostatic pressure state.

#### 389 4.1.3 Stress state

390

The mean compressive stress is set as:  $\sigma_m = -[5.0 + 10.0 z]$  in MPa, where z is in kilometers. 391 392 The mean compressive stress used in this study (indicated by red line in Fig. 3a) is below the hydrostatic 393 pressure state (indicated by blue dash line in Fig. 3a) because of fluid overpressure in fault zone (Sibson, 394 1994, Faulkner and Rutter, 2001, Suppe, 2014). The distribution of initial fault stresses with depth is displayed in Fig. 2b. The effective normal stress is equal to the mean stress:  $\sigma_n = \sigma_m$ . An initial on-fault 395 396 shear stress (indicated by red line in Fig. 2b) is given to reduce the spin-up time (initial warming phase) in 397 seismic cycle simulations. Besides, no extra background shear stress (or strain) exists within the 398 computational domain at the beginning for computational convenience.

The corresponding distribution of  $I_{2_cr}$  with depth is shown in **Fig. 3b**.  $I_{2_cr}$  increases with depth, which makes damage more difficult to generate in the deep crust. Around the seismogenic depth of the shallow crust (<15 km), the critical second strain invariant  $I_{2_cr}$  in this study (indicated by red line in **Fig. 3b**) is typically in the order of  $10^{-6}$ . Note that this study focuses on the brittle-plastic deformation of the shallow crust without considering the brittle-plastic transition of the lithosphere caused by high temperature.

### 405 4.1.4 Damage rheology parameters $\mu_r$ and R

The shear modulus of rocks near the surface may drop to near zero values (unconsolidated) after earthquakes. But for numerical stability, the maximum allowed damage ratio  $\mu_r$  is set as 0.5 in this preliminary model. The preferred range of the damage-related inelastic strain accumulation parameter  $C_v$ is  $10^{-4} - 5 \times 10^{-6}$  MPa<sup>-1</sup> based on the analysis of aftershock sequences in southern California and comparison to damage rheology predictions (Yang and Ben-Zion, 2009). With the initial shear modulus  $\mu_0 = 32$  GPa used in this study, the preferred range of the non-dimensional variable  $R = \mu_0 C_v$  is 0.16-3.2. Therefore, a constant value of R = 1 is applied in this study.

#### 414 4.1.5 Strain-rate dependent C<sub>d</sub>

415

416 Another significant damage rheology parameter is the damage rate parameter  $C_d$ , which determines 417 the damage accumulation rate as well as the plastic deformation rate. By fitting the results of acoustic 418 emission experiments on Darley Dale sandstone (Sammonds et al., 1992) and fracture experiments on Westerly granite at a similar strain rate around  $10^{-5}$  s<sup>-1</sup>, Lyakhovsky et al. (1997) found that the 419 preferred range of  $C_d$  is 0.5-5 s<sup>-1</sup> but also suggested that additional constraints with different strain rates are 420 421 needed. Furthermore, in order to obtain a good fit to the experimental data on Westerly granite under different confining pressures (0-1000 MPa) and loading rates  $(10^{-5} - 10^{-4} \text{ s}^{-1})$ , Lyakhovsky et al. 422 (2005) proposed that  $C_d$  should be pressure-dependent and has a larger value (>10 s<sup>-1</sup>) at shallow depth (< 423 5 km). It should be noted that all the above experiments were conducted at small strain rates  $< 10^{-4} \text{ s}^{-1}$ ; 424 however, the coseismic strain rate caused by rapid fault slip may be several orders larger (e.g.  $> 1 \text{ s}^{-1}$ ). 425

Based on the comparison between calculated rock strength and measured data for different rocks, Lyakhovsky *et al.* (2016) suggested that  $C_d$  should be strain-rate dependent and proposed the following power-law relation:

429

$$\log_{10}\hat{C}_{\rm d} = 1 + C_{\rm dm}\log_{10}(\hat{e}) \quad (19)$$

Where  $\hat{C}_{d} = \frac{C_{d}}{C_{d0}}$  is a non-dimensional damage rate parameter normalized by  $C_{d0} = 1 \text{ s}^{-1}$ ,  $C_{dm}$  is a constant, 430  $\hat{e} = \frac{\dot{\varepsilon}}{\dot{\varepsilon}_{ref}}$  is a non-dimensional strain rate where the strain rate  $\dot{\varepsilon}$  is normalized by the reference value  $\dot{\varepsilon}_{ref} =$ 431  $10^{-4}$  s<sup>-1</sup>. At reference strain rate ( $\hat{e} = 1$ ),  $C_d = 10 C_{d0} = 10$  s<sup>-1</sup>. The suggested  $C_{dm}$  is 0.8. 432 433 However, there still exists a large uncertainty in the C<sub>dm</sub> value suggested by Lyakhovsky et al. (2016) due to the scatter of laboratory data and also the lack of constraint on coseismic  $C_d$ . To get a more 434 accurate strain-rate dependency of  $C_d$  in our model, we further evaluate the two parameters  $C_{dm}$  and  $\dot{\varepsilon}_{ref}$ 435 436 by fitting the peak stress-strain rate relation reported by Bhat et al. (2012)). With a micromechanics based constitutive model, the simulated peak stress data under high coseismic strain rates (>  $10^{-1}$  s<sup>-1</sup>) match the 437

438 experimental data on Dionysus-Pentelicon Marble well (**fig. 12** in <u>Bhat *et al.* (2012)</u>). More details about 439 the derivation can be found in **Text S5**, and only the resulting quantitative relation between  $C_d$  and strain 440 rate is reported here.

441



Fig. 4. Damage rate parameter  $C_d$  versus effective strain rate fitted with (a) fixed reference strain rate 10<sup>-8</sup> s<sup>-1</sup> but different  $C_{dm}$  and (b) fixed  $C_{dm} = 0.8$  but different reference strain rate. Black open circles indicate the inferred  $C_d$  based on the experimental data and simulated data extracted from (Bhat *et al.*, 2012).

447

We find the optimized parameters are  $C_{dm} = 0.8$  and  $\dot{\varepsilon}_{ref} = 10^{-8} \text{ s}^{-1}$  (indicated by the purple line in Figs. 4a and 4b). Note that to estimate the reasonable range of  $C_d$  during interseismic periods, the fitting line has been extrapolated to lower tectonic strain rates ( $<10^{-5} \text{ s}^{-1}$ ). Though the obtained  $C_{dm} = 0.8$  is the same as previous results, the estimated  $\dot{\varepsilon}_{ref}$  here is 5 orders smaller than that given by Lyakhovsky *et al.* (2016). In our multi-timescale seismic cycle simulations, strain rate spans a wide range from a very low interseismic strain rate of  $\sim 10^{-10} \text{ s}^{-1}$  to a high coseismic strain rate of  $> 1 \text{ s}^{-1}$ . Here the allowed range

454 of  $C_d$  is from  $10^{-4}$  to  $10^7 \text{ s}^{-1}$  compulsively for numerical stability. The maximum allowed  $10^7 \text{ s}^{-1}$ 455 approximately corresponds to a typical coseismic strain rate of ~1 s<sup>-1</sup> (Fig. 4).

456

#### 457 4.1.6 Logarithmic healing parameters

458

The logarithmic healing law (eq. 20) is compatible with rate-and-state slide-hold-slide experiments (Dieterich, 1979) where very fast healing occurs at the beginning of a hold time. As suggested by Lyakhovsky *et al.* (2005), the preferred range of  $C_2$  is ~0.01 – 0.1, and  $C_1$  depends on  $C_2$ . In this study, we assume that  $C_2 = 0.05$ , with  $B = 1 \text{ s}^{-1}$ ,  $\alpha_0 \sim 1$ ,  $Y(\varepsilon) \sim 10^{-6}$ , and it is further derived from eq. 14 that  $C_1 = 10^{-4} \text{ s}^{-1}$ . All key parameters used in this study are summarized in Table 1.

465 Table 1 Key parameters description

Material properties	Symbol	Value	Reference
Density (kg m <sup>-3</sup> )	ρ	2670	
Initial shear modulus (GPa)	$\mu_0$	32.04	
On-fault friction parameters			
Reference friction coefficient	$f_0$	0.6	( <u>Byerlee, 1978</u> )
Reference slip rate (m s <sup>-1</sup> )	$V_0$	10 <sup>-6</sup>	( <u>Lapusta <i>et al.</i>, 2000</u> )
Direct effect, evolution effect	a, b	Variable in Fig. 2a	( <u>Blanpied <i>et al.</i>, 1991,</u>
			<u>Blanpied <i>et al.</i>, 1995</u> )
Characteristic weakening distance	$D_{\rm RS}$	16	(Lapusta and Rice, 2003)
(mm)			
Plate loading rate (m s <sup>-1</sup> )	$V_{\rm pl}$	10 <sup>-9</sup>	$\sim 30 \text{ mm yr}^{-1}$
Off-fault damage rheology			
parameters			
Maximum allowed damage ratio	$\mu_{ m r}$	0.5	
Bulk internal friction coefficient	$tan(\phi)$	0.6	( <u>Byerlee, 1978</u> )
Rock cohesion (MPa)	С	1	( <u>Byerlee, 1978</u> )

Damage accumulation rate (s <sup>-1</sup> )	C <sub>d</sub>	Variable in Fig. 4	( <u>Lyakhovsky <i>et al.</i>, 2016,</u>
			<u>Bhat <i>et al.</i>, 2012</u> )
Plastic deformation ratio	R	1	(Yang and Ben-Zion,
			<u>2009</u> )
Healing parameter (s <sup>-1</sup> )	<i>C</i> <sub>1</sub> , <i>C</i> <sub>2</sub>	10 <sup>-4</sup> , 0.05	(Lyakhovsky et al., 2005)
4.2 Results			
In this section, we compare re	sults from dam	nage rheology models	with the reference elastic model.
The basic characteristics of on-fault c	umulative slip	and coseismic slip are	displayed in Section 4.2.1. The
spatial and temporal evolution of off	-fault damage	is presented in Section	on 4.2.2. More details about the
temporal evolution of off-fault damag	ge during cosei	smic ruptures and inte	erseismic periods are depicted in
Section 4.2.3.			
4.2.1 On-fault cumulative slip			
Compared with the elastic mo	odel, one impo	rtant difference is that	the damage rheology model has
a cumulative long-term SSD over set	veral seismic c	cycles. This deficit, m	anifested as a lag of slip in the
shallow 2 km (Fig. 5b), increases with	h time. In other	r words, the fault slip i	n the shallow crust cannot catch
up with the slip of the deeper portions	of the fault in	a long timescale spani	ning several seismic cycles. This
phenomenon is also seen in previous e	arthquake cycl	e simulations with off-	-fault plasticity ( <u>Erickson <i>et al.</i>,</u>
<u>2017</u> ).			



Fig. 5 Cumulative slip of (a) the elastic model and (b) the damage rheology model. The red lines indicate the slip during coseismic rupture (every 2 s) while the blue lines are slip during the interseismic period (every 30 yr). Black stars indicate the hypocenter location where the slip rate first exceeds the seismic threshold  $(10^{-3} \text{ m s}^{-1})$ .

The coseismic slip profiles of the elastic model and the damage rheology model are similar except at very shallow depth (shallower than 2 km), where the coseismic slip of the damage rheology model is up to 0.1 m smaller (**Fig. 6**). The coseismic slip in the damage rheology model has a more significant reduction near the surface, which causes a larger coseismic SSD. This agrees with the results of <u>Kaneko and Fialko</u> (2011), where the contributions of off-fault plasticity on coseismic shallow slip deficit has been explored through dynamic rupture simulations of a single earthquake.







503 Fig. 7 Spatial distribution of off-fault damage variable  $\alpha$  right after the first, fourth, seventh and tenth 504 earthquakes.

506 Here the off-fault rigidity reduction is quantified by the non-dimensional damage variable α (eq.
507 5). The fault zone width and absolute rigidity reduction (i.e. α) grows with increased cumulative fault
508 displacement caused by repeated earthquake ruptures. From the first event to the 11<sup>th</sup> event, the maximum

509 post-earthquake damage variable  $\alpha$  increases from 7 per cent to over 25 per cent. The off-fault rigidity 510 reduction pattern gradually changes from a narrow zone with a low damage level (**Fig. 7a**) to a wider area 511 but with more concentrated damage near the shallow surface (**Fig. 7d**).



**Fig. 8** Spatial distribution of **(a)** damage variable and **(b)** equivalent cumulative plastic strain ( $\gamma_{eq} = \sqrt{\epsilon_{ij}^{p} \epsilon_{ij}^{p}}$ ) after the 10<sup>th</sup> event. The gray dotted line in panel (a) represents the selected area to calculate the average velocity drop and the corresponding shear modulus in **Fig. 9**.

We take the off-fault damage distribution after the tenth earthquake as an example to show more details. The fault zone rigidity reduction and the related permanent plastic strain concentrate at shallow depths as a flower structure, in which a distributed damaged area surrounds a localized, highly damaged inner core (**Fig. 8**). Within a distance of 1 km from the fault, the damage variable at the surface (z=0 km) is larger than 0.1. It attenuates rapidly as the distance to the fault increases while its attenuation along dip

is slower. Like the damage variable, the permanent plastic strain remains presents at a depth up to 6 km and
its half-width near the surface is ~2 km (Fig. 8b). The overall thickness of the fault zone, indicated by the
extent of positive rigidity reduction and plastic strain, narrows with depth and stabilizes at approximately
200 to 300 m around 6 km deep. The thickness of the spontaneously generated fault damage zone (kilometer
scale at the shallower part to hundreds of meters at the deeper part) is consistent with the low-rigidity zone
(or compliant zone) identified along major strike-slip faults.



Fig. 9 Shear wave velocity drop and shear modulus evolution of the 1 km squared shallow area near thefault.

531

528

To compare with seismic observations of seismic wave speed drop after major earthquakes (Vidale and Li, 2003, Li *et al.*, 2006, Gassenmeier *et al.*, 2016, Qin *et al.*, 2020, Wang *et al.*, 2021, Qiu *et al.*, 2019), we calculate the damage evolution of a selected shallow near-fault 1 km squared area (dotted line box in **Fig. 8a**), and convert the rigidity reduction to the shear wave speed drop (dv/v) relative to the wave speed of the intact host rock. We find a peak coseismic velocity drop of 1-3 per cent in our simulations, which agrees with the values reported by seismic observations. The coseismic velocity drop heals only partially in the initial earthquake cycles, leaving a permanent reduction after each earthquake, which leadsto a long-term fault zone growth from an immature fault zone to a low-rigidity mature fault zone.

For the set of parameters used in the damage rheology models, the fault zone rigidity saturates to a relatively stable level after ~7 events (i.e. 1500 yr). This is in line with the reality that the fault zone rigidity cannot keep decreasing and should approach a stabilized mature state (Mitchell and Faulkner, 2009, Savage and Brodsky, 2011). However, the final saturated velocity drop in this model is small (~ 2.5 per cent). A slower healing rate may cause a larger saturated velocity drop and deserves a further investigation of parameter space, which is out of the scope of this methodology study.

546

#### 547 4.2.3 Damage budget (interseismic vs. coseismic)

548

549 We also evaluate the respective contributions of interseismic and coseismic damage to the temporal 550 evolution of fault zone damage in our simulations. We compare the damage generated by the coseismic 551 rupture of the eighth event and the subsequent interseismic period. The eighth event is chosen because off-552 fault damage evolution reaches a steady state since this event (Fig. 9). We find damage mainly occurs during 553 seismic rupture propagation and is almost complete within 2 s (Fig. 10a) when the rupture front passes 554 through. The interseismic period is dominated by the healing process with increasing seismic wave speed 555 near the fault. Most of the coseismic velocity drop heals during the first quarter of the interseismic period 556 (difference between black and red lines in Fig. 10). For events occurring after 1500 yr, the coseismic 557 velocity drop of the fault zone at depth (> 1 km) heals almost completely. The final depth distribution of 558 velocity drops at the end of the interseismic period (pink line with stars in Fig. 10b) serves as the beginning 559 state of the next earthquake event.



Fig. 10 Depth distribution of S-wave velocity drop during (a) the coseismic phase and (b) the interseismic phase of the eighth event. Different curves in (a) correspond to different times since earthquake onset (t=0 s indicates the first time the seismic slip velocity threshold is exceeded). Different curves in (b) represent different interseismic stages (0: beginning of the interseismic period and T: inter-event time). The velocity drop is averaged within each 0.25 km (dip direction) by 1 km (horizontal direction) rectangle near the fault.

- •

#### 577 **5. Discussion**

578

#### 579 5.1 Comparisons with previous earthquake model with damage rheology

580

581 The damage rheology framework has been successfully applied to simulate quasi-static seismic 582 cycles in 3D continuum media (Lyakhovsky et al., 2001, Lyakhovsky and Ben-Zion, 2009, Finzi et 583 al., 2010) and dynamic rupture simulations that focus on the effects of single earthquake rupture (Xu et 584 al., 2015, Lyakhovsky et al., 2016, Zhao et al., 2024). However, previous earthquake models are not 585 able to capture both long-term earthquake recurrence and short-term dynamic earthquake rupture together 586 in a unified model. In the quasi-static model with 3D continuum media, only continuous deformation is 587 simulated and there is no pre-existing fault surface where fault slip (i.e. dislocation) could happen. Thus, 588 the quasi-static models can not explicitly simulate earthquake dynamic rupture, which is enabled by fault 589 constitutive friction laws (e.g. rate-and-state friction). On the other hand, dynamic rupture models only 590 simulate single earthquake rupture without providing insights into long-term earthquake recurrence patterns. 591 In our multi-timescale seismic cycle simulations, fault slip is controlled by rate-and-state friction 592 while the off-fault material evolution is governed by a damage rheology. Both the short-term coseismic 593 rupture dynamics and long-term interseismic stress loading are captured in one single model, which 594 contributes to a better understanding of the co-evolution of on-fault slip and off-fault damage. Compared 595 with seismic cycle models with only off-fault plastic deformation, the temporal evolution and spatial 596 distribution of shear moduli (i.e. shear wave velocities) are also simulated in our models and can be directly 597 compared with seismic observations from natural fault zones. The parameters of the damage rheology 598 framework can also be directly estimated from laboratory experiments. For instance, the strain-rate 599 dependent C<sub>d</sub> can be constrained by rock loading experiments as proved in Section 4.1.5 and the non-600 dimensional plastic deformation ratio R might be estimated through regional seismicity analysis (Yang 601 and Ben-Zion, 2009).

#### 603 5.2 Mechanisms of off-fault damage generation

604

605 In our study, off-fault damage is mainly caused by the stress concentration induced by rapid 606 propagation of the earthquake rupture tip along a pre-existing fault plane, which is called the "fifth model" 607 by Mitchell and Faulkner (2009). In contrast, the interseismic period is dominated by the recovery of 608 fault zone rigidity. However, this is not in conflict with the migrating process zone model, where off-fault 609 damage is created by the development and propagation of a 'process zone' around the tips of a quasi-610 statically growing fault (Mitchell and Faulkner, 2009). They share the same mechanism that the process 611 zone where stress concentrates, at either the rupture tip or the fault tip, leads to damage. The concept that 612 the process zone of both earthquake ruptures and aseismic fault growth contribute to off-fault plastic 613 yielding has been verified by simulating seismic cycles on continuum models with growing faults (Preuss 614 et al., 2019, Preuss et al., 2020).

615 In addition, cumulative fault wear with increasing displacement on rough faults may facilitate off-616 fault damage generation (Mitchell and Faulkner, 2009) and deserves further studies. Fault surface 617 roughness caused by either geometrical complexity or heterogeneous frictional property result in off-fault 618 damage at various scales. For example, with seismic cycle simulations on a rough fault surface, Tal and 619 Faulkner (2022) found that the scaling of damage zone width relative to slip during quasistatic slip aligns 620 with field observations, whereas earthquake rupture on smooth faults alone does not account for the field 621 data. Their results suggest that quasistatic slip on rough faults plays an important role in the development 622 of damage for small displacement faults.

623

#### 624 5.3 Shallow slip-deficit caused by coseismic off-fault damage

625

626 In the elastic model without off-fault damage, surface slip always catches up the tectonic loading627 rate, whereas in the damage rheology model a long-term SSD accumulates throughout multiple seismic

628 cycles due to the cumulative plastic strain near the surface (Fig. 5b). Coseismic SSD has been recognized 629 by slip inversions of geodetic data from several large (magnitude  $\sim$ 7) strike-slip earthquakes, though the 630 underlying physical mechanism remains debated. On the one hand, laboratory experiments suggested it 631 could be caused by velocity-strengthening friction properties at shallow depth, which lead to a deficit of 632 coseismic slip, subsequently relieved by post-seismic slip and interseismic creep. One limitation of this 633 model is that coseismic SSD is not always associated with significant post-seismic afterslip and interseismic 634 creep (Wang and Bürgmann, 2020, Fialko et al., 2005, Brooks et al., 2017, Pousse-Beltran et al., 635 2020). Kaneko and Fialko (2011) studied the contribution of inelastic deformation on coseismic SSD 636 and found that the amount of shallow slip deficit is proportional to the amount of inelastic deformation near 637 the Earth surface. With a refined slip model for the 2019 Ridgecrest, California, earthquakes, Antoine et 638 al. (2024) also found that SSD positively correlates with the occurrence of diffuse deformation at the 639 surface.

640 Under the framework of damage rheology, the plastic strain is associated with a spontaneously 641 generated rigidity reduction. However, if only assuming linear elasticity, a pre-existing rigidity reduction 642 tends to increase earthquake slip for a given stress drop (Fialko et al., 2002, Duan et al., 2011). One 643 question would be the individual effects of coseismic rigidity reduction and permanent plastic strain on 644 earthquake slip. We test two limiting cases with only either modulus evolution (R=0) or plastic strain ( $\mu_r =$ 645 0) and find the damage rheology model with only plastic strain is capable of producing shallow slip deficit 646 while the rigidity reduction alone does not (Fig. S8). Therefore, our results emphasize the important 647 contribution of inelastic strain caused by coseismic rupture on the generation of coseimsic SSD in 648 earthquake sequences. Moreover, the long-term SSD are compatible with the previous quasi-dynamic 649 seismic cycle simulations with off-fault plasticity (Erickson et al., 2017) that a small amount of tectonic 650 offset near the surface is accommodated by inelastic deformation ( $\sim 0.1$  m per rupture).

651

#### 652 5.4 Limitations of the presented results and potential future improvements

654 5.4.1 2D anti-plane model controlled by a simplified CDM

655

656 In our 2D anti-plane strike-slip seismic cycle model, we only considered the shear strain evolution 657 with the assumption of a constant volumetric strain. However, in the original damage rheology framework 658 (Text S2), the type of deformation (dilatation or contraction) governs the generation of damage where 659 dilatation favors degradation. A relatively low shear strain could result in degradation under dilatation (1 < 1 $\xi < \sqrt{3}$ ) while it only leads to healing under contraction ( $-\sqrt{3} < \xi < -1$ ). Fault zone deformation type 660 661 may also play an important role in modulating fault slip modes from stable slip to slow and fast earthquakes, 662 as evidenced by discrete element simulations (Caniven et al., 2021). The original damage rheology 663 framework can be applied to a 2D in-plane strain problem where the volumetric strain is not a constant. For 664 example, in a 2D in-plane strain dynamic rupture model with off-fault damage rheology, off-fault damage 665 are prone to concentrate around the tensile side (Zhao et al., 2024, Xu et al., 2015).

666 Moreover, the damage rheology framework used in this study is modified from the classical 667 continuum brittle damage framework (Lyakhovsky et al., 1997) and it does not have the representation 668 of granular phase of elasticity, which was later incorporated into a damage-breakage model (Lyakhovsky 669 et al., 2016). In future research, we plan to develop a 2D in-plane seismic cycle model controlled by the 670 damage-breakage rheology to further quantify the effects of deformation styles (dilatation and contraction) 671 on long-term off-fault damage evolution over seismic cycles. We also recognize that the road to 3D seismic 672 cycle simulations with a comprehensive consideration of damage is methodologically and computationally 673 challenging but necessary. With a 3D seismic cycle model controlled by both damage rheology and rate-674 and-state friction, muti-scale (spatial and temporal) structural properties and deformation patterns of 675 evolving fault zones can be better understood.

676

#### 677 5.4.2 Single planar fault without fault roughness

679 Though off-fault material heterogeneity including rigidity variation and plasticity generation have 680 been captured by the damage rheology framework, our seismic cycle model considers a single fault, 681 controlled by simple rate-state friction properties. In addition to material heterogeneity, natural faults have 682 other complexities (e.g. fault roughness) that can influence slip modes as well as off-fault damage. The 683 increase of fault roughness on natural faults may lead to larger characteristic weakening distance  $(D_{RS})$ 684 (Scholz, 1988, Ohnaka, 2003), which affects earthquake nucleation and rupture style significantly (Zhai 685 and Huang, 2024, Nie and Barbot, 2022). In our model, rate-and-state friction properties are uniform 686 in the shallow seismogenic crust. However, frictional properties on natural faults may be considerably 687 heterogeneous due to fault roughness. Normal stress heterogeneity leads to a range of slip behaviors 688 including system-size ruptures, widespread creep, localized slow slip as well as microseismicity (Cattania 689 and Segall, 2021) while heterogeneity of rate-and-state friction parameter (a - b) could explain the 690 temporal decrease of the Gutenberg-Richter b-value prior to a large earthquake (Ito and Kaneko, 2023).

691 Fault roughness also includes geometric irregularities in addition to frictional heterogeneity. It was 692 found that extra shear resistance in addition to friction resistance can be introduced by fault roughness on 693 geometrically complex faults (Fang and Dunham, 2013). The geometrical complexity of fault surfaces 694 complicates the earthquake nucleation process (Tal et al., 2018), modulates the evolution and scaling of 695 fault damage zones (Tal and Faulkner, 2022) and gives rise to both slow slip events and fast earthquakes 696 (Romanet et al., 2018). In laboratory experiments, fault roughness promotes aftershock-like clustering 697 (Goebel et al., 2023), controls slip instability (Morad et al., 2022, Harbord et al., 2017) and may be 698 an indicator for earthquake nucleation potential (Eijsink et al., 2022).

Real-world faults are additionally complex because they are often part of networks of faults. The pivotal effects of the complexity of fault networks, such as bends, branches, gaps and stepovers on earthquake rupture process have been revealed by both numerical models (Bhat *et al.*, 2007, Harris and Day, 1999, Poliakov *et al.*, 2002, Jia *et al.*, 2023, Okuwaki *et al.*, 2023, Li and Liu, 2020) and field observations (Chu *et al.*, 2021, Gauriau and Dolan, 2021). Particularly, a detailed investigation of the link between fault-network geometry and surface creep rates in California reveals that surface fault traces

of creeping regions tend to be simple, whereas locked regions tend to be more complex and indicates that
geometrical locking resulted from complex fault-network may promote earthquakes behaviors (Lee et al.
<u>2024</u> ).
6. Conclusion
We have developed a framework for simulating seismic cycles controlled by a continuum damage
model and rate-and-state friction. We apply it to simulate seismic cycles with co-evolving fault damage
zones. The main findings are:
• Our seismic cycle model with rate-and-state friction and off-fault damage generates coseismic
velocity drops and subsequent recovery as evidenced by seismological observations, and coseismic
shallow slip deficit as suggested by geodetic observations.
• Coseismic damage concentrates at shallow depths as a flower-like structure, in which a distributed
damaged area surrounds a localized, highly damaged inner core.
• Damage mainly occurs during the short-term coseismic rupture phase while the interseismic phase
is dominated by healing (i.e. rigidity recovery). With a logarithmic healing law, the fault zone
rigidity reaches a relatively stable level at large cumulative slip, which may represent a mature faul
zone.
• Our results confirm the fundamental effects of dynamic earthquake ruptures on off-fault damage
generation around a pre-existing fault. Other mechanisms such as fault growth and fault wear
effects may mainly cause off-fault damage via quasi-static effects with a small cumulative faul
displacement.
• The new-developed fully-dynamic seismic cycle model can capture the co-evolution of fault slip
and off-fault material properties and may significantly deepen our understanding of fault zone
evolution over seismic cycles in the future.

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#### 742 **Data availability Statement** 743

All data are generated by numerical simulations. The source code associated with the simulation cases are
 contained in the Github repository at <a href="https://github.com/jpampuero/sem2dpack/tree/rate\_state\_damage">https://github.com/jpampuero/sem2dpack/tree/rate\_state\_damage</a>
 (Ampuero, 2012, Ampuero et al., 2024)

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2 3	Supplemental information for
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5	Fully-dynamic seismic cycle simulations in co-evolving fault damage zones
6	controlled by damage rheology
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## 23 Text S1 Regularized form of standard rate and state friction

24

To avoid the singularity when slip velocity approaches zero (V=0) in expression (1), we utilize the
regularized form of RSF in our seismic cycle simulations (Ben-Zion & Rice, 1997; Lapusta et al.,
2000; J R Rice & Ben-Zion, 1996):

28 
$$\tau = -a\sigma_n \operatorname{arcsinh}\left[\frac{V}{2V_0} \exp\left(\frac{f_0 + b\ln(V_0\theta/D_{RS})}{a}\right)\right] \quad (1)$$

29 which is obtained by using a thermally activated creep model of the direct effect term  $a\ln(V/V_0)$ . This

30 regularization produces nearly the same results with eq. (1) for the slip velocities explored by laboratory

experiments. The difference in V at  $V \sim V^*$  is of the order of  $e^{-2f_0/a}$  or less and the typical value of  $f_0/a$  is 40 (with  $f_0 = 0.6$  and a = 0.015).

- This regularized form of RSF has been widely used to simulate seismic cycles (*Erickson et al.*, 2023). However, this physical justification based on *James R. Rice et al.* (2001) is not compatible with laboratory experiments because it predicts an increasing "*a*" with temperature. On the other hand, a new multiplicative form of RSF is well-posed for any range of sliding velocity and does not require regularization (*Barbot*, 2022).
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- 39

## 40 Text S2 The original damage rheology framework

41

42 A nondimensional intensive damage variable,  $\alpha$  in [0,1], represents the density of microcracks or 43 secondary faults in a representative elementary rock volume. According to thermodynamic analysis, the 44 damage accumulation rate is given by

45  $\frac{\mathrm{d}\alpha}{\mathrm{d}t} = -C\frac{\partial F}{\partial \alpha} \qquad (2)$ 

where *F* is the free energy and *C* a positive coefficient describing the temporal rate of the damage process.
For simplicity, *F* is substituted by the elastic potential *U* without considering temperature effects:

48 
$$U(\varepsilon_{ij},\alpha) = \frac{1}{\rho} \left(\frac{\lambda}{2} I_1^2 + \mu I_2 - \gamma I_1 \sqrt{I_2}\right) \quad (3)$$

49 Where  $I_1 = \varepsilon_{kk}$  and  $I_2 = \varepsilon_{ij}\varepsilon_{ij}$  are the first and second invariants of the elastic strain tensor  $\varepsilon_{ij}$ ,  $\rho$  is the

- 50 mass density,  $\lambda$  and  $\mu$  are the Lamé constants, and  $\gamma$  is the third modulus of a damaged solid (responsible
- 51 for the coupling between volumetric and shear strain). The resulting non-linear stress-strain relation is

52 
$$\sigma_{ij} = \left(\lambda - \frac{\gamma}{\xi}\right) I_1 \delta_{ij} + 2\left(\mu - \frac{\gamma\xi}{2}\right) \varepsilon_{ij} \quad (4)$$

53 where  $\xi = I_1 / \sqrt{I_2}$  is the strain invariant ratio,  $\lambda - \frac{\gamma}{\xi}$  and  $\mu - \frac{\gamma\xi}{2}$  are effective elastic moduli of a damaged 54 solid.

The above equations provide a general form of damage evolution and non-linear stress-strain
relations compatible with thermodynamic principle. Practical use of this framework requires the
following assumed linear relations between elastic moduli and damage:

$$\lambda = \lambda_0 \tag{5}$$

59 
$$\mu = \mu_0 + \alpha \gamma_r \xi_0 \qquad (6)$$

$$60 \qquad \qquad \gamma = \alpha \gamma_{\rm r} \qquad (7)$$

61 where  $\lambda_0$  and  $\mu_0$  are the initial Lamé constants. Here  $\lambda$  is a constant while  $\mu$  and  $\gamma$  are linearly related to 62  $\alpha$ .  $\gamma_r$  is a scaling factor that sets the maximum damage level of the third modulus  $\gamma$ . The parameter  $\xi_0$ 63 determines the elastic limit for the onset of damage, related to the angle of internal friction (*Lyakhovsky* 64 *et al.*, 1997):

$$\xi_0 = \frac{-\sqrt{3}}{\sqrt{1 + 2q^2(\frac{\lambda_0}{\mu_0} + \frac{2}{3})^2}} \quad (8)$$

66 Where  $q = \frac{\sin(\phi)}{1-\sin(\phi)/3}$ . Taking the Poisson's ratio of the rocks close to 0.25 ( $\lambda_0 \approx \mu_0$ ) and internal 67 friction angle as 30°, the corresponding value of  $\xi_0$  is -1.

#### 68 Combining eqs. (2), (3) and (6-7), the damage accumulation rate is described as:

69

$$\frac{\mathrm{d}u}{\mathrm{d}t} = C_{\mathrm{d}}I_{2}(\xi - \xi_{0}) \qquad (9)$$

where  $C_d = \frac{c}{\rho} \gamma_r$  describes the rate of damage evolution for a given deformation. The  $\xi - \xi_0$  term serves as a yielding threshold:  $\xi > \xi_0$  leads to damage accumulation while  $\xi < \xi_0$  results in healing. Thus, the type of deformation ( $\xi$ ) governs damage onsets and healing. As shown by Fig. 1 of *Lyakhovsky et al.* (1997), high shear strain relative to compaction ( $\xi_0 < \xi < 0$ ) or extension ( $0 < \xi < \sqrt{3}$ ) leads to degradation while high compaction with absence of or low shear strain ( $-\sqrt{3} < \xi < \xi_0$ ) leads to healing of the material.

78

#### 79 Text S3 Quasi-static time step constraint

80

81 We first derive the stress-relaxation time  $t_v$  and related viscosity  $\eta$  responsible for plastic 82 deformation under the damage theology framework. The equivalent plastic strain rate is defined as

83 
$$\dot{\gamma}_{eq} = \sqrt{\dot{\varepsilon}_{ij}^p \dot{\varepsilon}_{ij}^p} = C_v C_d \sqrt{\tau_{ij} \tau_{ij}} Y(\varepsilon) = 2\mu C_v C_d \sqrt{I_2^e} Y(\varepsilon)$$
(10)

where the dot indicates the time-derivative and  $I_2^e$  is the elastic part of the second strain invariant. At the onset of plastic deformation (i.e.,  $Y(\varepsilon) > 0$ ),  $I_2^e = I_{2_cr}$  holds, then

86 
$$\dot{\gamma}_{eq} = 2RC_{d}\sqrt{I_{2_cr}}Y(\varepsilon) = 2R\sqrt{I_{2_cr}}\frac{d\alpha}{dt}$$
(11)

87 With the associated stress excess amount  $2\mu(\sqrt{I_2} - \sqrt{I_2_{cr}})$ , the viscosity  $\eta$  of plasticity can be 88 represented as their ratio:

89 
$$\eta = \frac{2\mu(\sqrt{I_2} - \sqrt{I_{2_cr}})}{\dot{\gamma}_{eq}}$$
 (12)

90 Next, the stress-relaxation time is written as the ratio of viscosity and shear modulus

91 
$$t_{\rm v} = \frac{(\sqrt{I_2} - \sqrt{I_2 \, {\rm cr}})}{\dot{\gamma}_{\rm eq}} \qquad (13)$$

92 Considering eq. (11,13), and writing  $\frac{d\alpha}{dt} = \Delta \alpha / \Delta t$ , the conditions that the quasi-static timestep should be 93 smaller than the stress relaxation time,  $\Delta t < t_v$ , yields the following condition:

94 
$$\Delta \alpha < \frac{(\sqrt{I_2} - \sqrt{I_2}_{cr})}{2R\sqrt{I_2_{cr}}}$$
(14)

95 We propose to constrain the maximum allowed timestep by limiting the maximum allowed 96 damage increment  $d\alpha$  within the timestep. With the assumptions of R = O(1) and  $I_2 \sim I_{2_cr}$ , 97  $(\sqrt{I_2} - \sqrt{I_{2_cr}}) = 1$  is obtained

97  $\frac{(\sqrt{I_2} - \sqrt{I_2 - cr})}{2R\sqrt{I_2 - cr}} \sim 1$  is obtained.

98

99

## 100 Text S4 Selection of a spatial resolution for well-resolved simulation

The element size near the fault segment where friction acts is 150 m (the average node space is
 37.5 m with 5 nodes in each element). The process zone size is estimated with the following equation

103 
$$A_0 = \frac{9\pi}{32} \frac{GD_{RS}}{b\sigma_n} \quad (15)x$$

104 With x=32 GPa, b=0.019,  $D_{RS} = 16$  mm and  $\sigma_n = 100$  MPa at the seismogenic zone depth (~10 105 km), the estimated process zone size is about 238 m, which includes at least 7 grid points and guarantees 106 a well-resolved spontaneous rupture (*Day et al.*, 2005).

107 To reduce computational cost, we adopt unstructured mesh with mesh coarsening strategy,

108 which is provided by gmsh (*Geuzaine & Remacle*, 2009). The near-fault and near ground surface

- 109 region where the plastic deformation mainly occurs has a uniform element size of 150 m while the
- 110 element size away from the fault can be larger. We conduct a mesh coarsening test to find a reasonable

111 coarsening ratio. We adopt the same benchmark method with *Erickson et al.* (2023) and both long-term

112 (recurrence time and cumulative moment) and short-term (rupture arrival time and absolute velocity of

113 the 5th seismic event) characteristics are compared in Fig. S1 and Fig. S2, respectively. With

114 consideration of the computational cost, we decide to use the mesh (Fig. S3) with largest element size of

115 600 m, which only has a limited difference from the uniform mesh.

116

## 117 Text S5 Timestep constraint for quasi-static damage and plasticity

118

119 In quasi-static solver, we update the damage variable and plastic strain explicitly. The applied 120 quasi-static timestep must be significantly smaller than the relaxation time to get a well-resolved plastic 121 deformation. This is realized by making sure the maximum allowed damage per timestep smaller than 122 0.001. Here we test the convergence of this constraint and find that this constraint doesn't make effects and  $\Delta \alpha_{max} = 0.002$  and  $\Delta \alpha_{max} = 0.0002$  generate completely the same results with very limited 123 124 difference of long-term characteristics (Fig. 4) and short-term characteristics (Fig. 5). This is because 125 with current selected parameters in this study, interseismic plastic strain rate is small enough (i.e. large 126 enough relaxation time). As a result, the default adaptive time marching (Lapusta et al., 2000) already meets the requirements. However, with a larger interseismic plastic strain rate  $\dot{\gamma}_{eq}$ , this extra constraint on 127 128 quasi-static timestep length may become necessary.

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- 130

## 131 Text S6 Quantitative relation between $C_d$ and strain rate

132

133 At first, we have a try to find the relation between the peak shear stress and damage rate 134 parameter  $C_d$ . We consider the homogeneous damage driving by constant strain rate loading, which is in 135 line with the laboratory conditions. In this case, we start with an initial state  $I_2 - I_{2_cr} = 0$ ,  $\varepsilon_e - \varepsilon_{cr} = 0$ . 136 Please note here,  $I_2 = \varepsilon_e^2$  and  $I_{2_cr} = \varepsilon_{cr}^2$  and this represents a critical state with elastic strain=critical 137 strain. The total strain rate is partitioned into the elastic strain rate part and plastic strain rate part:

138  $\dot{\varepsilon} = \dot{\varepsilon}_e + \dot{\varepsilon}_p \quad (16)$ 

139 And the plastic strain rate and elastic strain rate is defined respectively as following:

140 
$$\dot{e}_p = 2\mu C_v e_e \dot{\alpha} = 2\mu_0 (1 - \mu_r \alpha) C_v \varepsilon_e \dot{\alpha} \quad (17)$$

141 
$$\dot{\varepsilon}_e = \dot{\varepsilon} - \dot{\varepsilon}_p = -2R\varepsilon_e(1 - \mu_r \alpha)\dot{\alpha} + \dot{\varepsilon} \quad (18)$$

142 where  $R = C_{\nu}\mu_0$ .

143 Then the elastic strain is normalized with the critical strain and the ratio is defined as:

144 
$$\varepsilon_r = \frac{\varepsilon_e}{\varepsilon_{cr}}$$
 (19)

145 With this defined non-dimensional elastic strain  $e_r$ , the derivation of damage rate relative to time 146 can be expressed as:

147 
$$\dot{\alpha} = C_d \left( \varepsilon_e^2 - I_{2_cr} \right) = C_d I_{2_cr} (\varepsilon_r^2 - 1) \quad (20)$$

148 And the normalized elastic strain rate can also be represented by the normalized elastic strain:

149 
$$\dot{\varepsilon}_r = -2R\varepsilon_r(1-\mu_r\alpha)\dot{\alpha} + \dot{\varepsilon} \quad (21)$$

150 where *R* is a parameter that is on the order of ~1. Then, numerical integration is used to solve this 151 equation with  $\varepsilon_r = 1$  at t = 0. To simplify this question, we can also normalize t using  $1/(C_d I_{2_cr})$ , so 152 called  $t^* = tC_d I_{2_cr}$ , then we can also get the normalized time-derivative of damage rate parameter:

153 
$$\dot{\alpha} = (\varepsilon_r^2 - 1) \quad (22)$$

154 Use the real-time shear modulus:  $\mu = \mu_0(1 - \mu_r \alpha)$ , a normalized shear stress is:

155 
$$s_r = \frac{s}{s_0} = \frac{s}{2\mu_0\varepsilon_{cr}} = (1 - \mu_r \alpha)\varepsilon_r \quad (23)$$

156 Here *s* is the deviatoric elastic stress:  $s = 2\mu\varepsilon_e$  and  $s_0 = 2\mu_0\varepsilon_{cr}$ . Note that the current 157 dimensionless total strain rate is  $\dot{\varepsilon} = \frac{strain rate}{\varepsilon_{cr}C_d I_{2,cr}}$ . The calculated time evolution of non-dimensional peak 158 shear stress versus non-dimensional time with different non-dimensional strain rates is displayed in **Fig.** 159 **S6a.** A higher strain rate leads to a higher peak shear stress. Further, the maximum (or peak) stress versus 160 a wide range of non-dimensional strain rate is shown in **Fig. S6b**.

To further obtain the relation between Cd and strain rate, we first extract both the experiment data and simulated data from (*Bhat et al.*, 2012), which are distributed in a wide range of strain rate from  $10^{-6} s^{-1}$  to  $10^4 s^{-1}$ . With the assumption that  $s_0 = 50$  MPa (the critical stress at the beginning is close to the peak stress level for a very small strain rate) and  $\varepsilon_{cr} = 10^{-3}$  (the critical strain level at seismogenic zone depth as shown by **Fig. 3** in the main text), the corresponding  $C_d$  for each data point in **Fig. S7a** can be estimated by fitting the curve in **Fig. S6b**. Then we can get a quantitative relation between the estimated damage rate parameter  $C_d$  and a wide range of strain rate (**Fig. S7b**).

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Fig. S1 Difference of long-term characteristics: (a) interevent time and (b) coseismic moment with the reference case with 150 m
 uniform element size. 5 cases with largest element size of 300-900 m are benchmarked here, respectively.



180 Fig. S2 Difference of short-term characteristics: (a) velocity and (b) rupture arrival time with the reference case with 150 m

181 uniform element size. 5 cases with largest element size of 300-900 m are benchmarked here, respectively.

182



Fig. S3 Unstructured mesh with coarsening. The near-fault smallest mesh size is 150 m, while the largest mesh size in the far field is 600 m.



**189** Fig. S4 The differences of long-term characteristic between two cases with  $\alpha = 0.002$  and  $\alpha = 0.0002$ , repectively.



**192** Fig. S5 The differences of short-term characteristic between two cases with  $\alpha = 0.002$  and  $\alpha = 0.0002$ , repectively.



194

**Fig. S6** (a) the time evolution of non-dimensional shear stress  $s_r$  versus non-dimensional time  $t^*$  for 4 examples of different nondimensional strain rates. (b) the resulted continuous relation between the peak shear stress versus non-dimensional strain rate.



Fig. S7 (a) Extracted laboratory data and simulated from (*Bhat et al.*, 2012) and (b) Estimation of Cd versus strain rate by
 fitting data with the curve in Fig. S6b.



203Fig. S8 Cumulative slip of two limiting cases with only either (a) modulus evolution and (b) plastic strain. The red lines indicate204the slip during coseismic rupture (every 1 seconds) while the blue lines are slip during the interseismic period (every 20 years).205Black stars indicate the hypocenter location where the slip rate first exceeds the seismic threshold  $(10^{-3} m/s)$ . Plastic strain results206in shallow slip deficit.

- \_ . \_

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